

OBITUARIES

Agnes Y. "Yvonne" Hawks

Feb. 5, 1943 - Jan. 18, 2012

Agnes Y. "Yvonne" Hawks, 68, of Smolan, KS, passed away peacefully at her son's home on Wednesday, Jan. 18, 2012 after a long courageous battle with cancer.

She was born in Alabama on Feb. 5, 1943, a daughter of the late Eva (Thompson) Stoddard and Ralph Sanders.

On Dec. 8, 1962, she married Tom Hawks in Yuma, Ariz. While Tom was in the military they made their home in several communities, but spent almost 20 of those years in Norton raising their four boys. Following Norton they moved to the Salina and Abilene areas. In recent years, Yvonne attended New Community Christian Church in Salina and was a member of the Eagles Auxiliary in Salina.

Yvonne is survived by four sons Tom (Eva) Hawks, of Smolan; Tim (Teresa) Hawks, of Shelton, Neb.; Tony (Ann)



Hawks, of Osborne; Terry (Tina) Hawks, of Warrensburg, Mo.; three sisters: Jeannie (Larry) Rosenlieb of Assaria, Fran Sanders of El Cajon, Calif., Patricia Senart of Ellsworth; three half brothers: Curtis Sanders, Danny Sanders, Glen Sanders; half sister Candy Strength; grandchildren; Anthony, Brandon, Amanda (Anthony), Jor-

dan, Aaron (Adrianna), Tiffany, Tanner, Alison, Cody, Taryn, Chandler, Andrew, Ashlee, Brandon, Zachary, and Eric; great-grandchildren, Aundrea, Cadence, Kinsley, Taelynn, and Braylon; as well as several nieces, nephews, friends, and her faithful companion (dog), Hope.

She is preceded in death by her parents; husband, Tom in 2006; and grandson, Tyler Hawks in 2010.

Memorial contributions may be made to Hospice of Salina, 730 Holly Lane, Box 2238, Salina, Kansas or Sunflower Adult Day Service, 401 W. Iron St., Salina, Kansas.

A memorial service was held at New Community Christian Church, Salina, Kansas, at noon on Saturday, Jan. 21, with Dave Henry, Minister, officiating.

Phyllis Smart Dixon

July 25, 1926 - Feb. 3, 2012

Phyllis Smart Dixon, daughter of George and Margaret (Saunders) Martin, was born July 25, 1926, in Scotland, and passed away in Hays on Feb. 3, 2012 at the age of 85.

Phyllis grew up with her sisters, Margaret and Jessie, in Scotland living in the West Calder and Edinborough communities and attended the local schools. In Edinborough on May 17, 1945, she married Leland Leroy Dixon, whom she met during World War II. They moved to Norton, where they raised their family. Her husband, Leland, passed away in 1993.

Phyllis attended the Norton Christian Church and enjoyed playing bingo and bowling. Her greatest joy was her family.

Survivors include four children, Allan, and wife, Becky Dixon, San Antonio, Texas; Kathryn, and husband, Craig Martlock, Modesto, Calif.; Lela,

and husband, Ralph Hackney, and Patricia, and husband, Barney Northern, all of Hays; two sisters, Margaret and Jessie, Edinborough, Scotland; seven grandchildren; 14 great-grandchildren; three step-grandchildren; three step-great-grandchildren; other relatives and friends.

Phyllis was preceded in death by her parents, her husband, nieces, and nephews.

A funeral service will be held Wednesday, Feb. 8, at 2 p.m. at Enfield Funeral Home, 215 W. Main, Norton. Burial will be held at the Norton Cemetery.

Gifts and contributions can be made to the Phyllis Dixon Memorial Fund.

Friends may call at the Enfield Funeral Home on Wednesday, Feb. 8, from 10 a.m. until noon.

Arrangements were made by Enfield Funeral Home of Norton.

Frisbee weather?



Braving the cold and snow Saturday, six disc golfers gathered at the Elmwood Park disc golf course Saturday for a tournament to raise money for God's Pantry. The golfers played two rounds and raised \$540 for the cause. Pictured, Kent Lockhart, who took fourth place in the tournament, takes a shot at the basket at the disc golf course.

—Telegram photo by Dana Paxton

Irrigation expo to be held Feb. 21-22

The Central Plains Irrigation Conference and Exposition will be held Feb. 21-22 at the City Limits Convention Center in Colby.

The conference is sponsored by Kansas State University, the University of Nebraska, Colorado State University and the Central Plains Irrigation Association.

Tracy Streeter, director of the Kansas Water Office, will represent Kansas Gov. Sam Brownback in giving the general session address, "Legislative Initiative to Manage the Ogallala" on Feb. 21. Dan Rogers, agricultural engineer state leader with K-State Research and Extension, will present "Kansas Irrigation Trends and Impacts" during the Feb. 22 general session.

The conference begins with registration and the opening of the expo at 9 a.m. on Feb. 21. Technical sessions start at 10 a.m. on Tuesday. The Feb. 22 program begins earlier, with registration at 8 a.m. and technical sessions starting at 8:30 a.m. All technical sessions will

be offered both days, but in different order.

Speakers from several universities, as well as the U.S. Department of Agriculture's Risk Management Agency will present eight technical sessions, including:

*Crop Water Budget - Effects of Tillage Systems;

*Crop Water Budget - Effects of Irrigation Management;

*Optimizing Crop Water Productivity When Irrigation Water is Limited;

*Optimizing Crop Water Productivity Using Center Pivot Irrigation;

*Optimizing Crop Water Productivity Using Subsurface Drip Irrigation;

*Emerging Irrigation Scheduling Technologies;

*Decision Support Software for the Irrigation Manager; and

*Crop Insurance and Economic Issues.

The cost to attend the conference and expo is \$85 for participants who are not seeking crop consultant advisor continuing education unit credit. For those seeking CEU credits, the cost is \$100.

More information is available on the Central Plains Irrigation Association website www.krsr.edu/irrigate/cpia.htm or by contacting Donna Lamm at 785-462-3833 or donnalamm@yahoo.com.

Eight ways to celebrate Heart Month

In 2002, research revealed a serious misconception among American women "that heart disease was a man's disease."

Awareness of heart disease as the number one killer of women has nearly doubled recently. Recent research shows that more women are seeking information about their personal risk for heart disease and taking actions to reduce it, such as by increasing physical activity.

Here are ways to celebrate heart health throughout American Heart Month this February.

1. Wear red. Put on a favorite red dress, shirt, tie or Red Dress pin, and spread the critical message that heart disease doesn't care what you wear. It's the number one killer of women.

2. Talk to your doctor about your heart health. Your doctor can be an important partner in helping you set and reach goals for heart health. Don't wait for your doctor to mention heart disease or its risk factors. Speak up, ask questions, and if you don't understand something your doctor says, ask for an explanation in simple language. Review a list of questions to ask your doctor. At www.nhlbi.nih.gov/educational/hearttruth/lower-risk/ask-doctor.htm

3. Share these statistics with your family and friends:

- One in four women in the U.S. dies of heart disease, while one in 30 dies of breast cancer.

- Heart disease is the number one killer of both men and women in the U.S.

- In 2009, 50 percent of women aged 25 - 34 years were aware of heart disease as their number one killer, up from just 16 percent in 1997.

- By leading a healthy lifestyle, you can reduce your risk of heart disease by up to 82 percent.

4. Learn about heart attack warning signs in a new video, and listen to Maria as she shares her personal heart attack experience. To watch, visit www.nhlbi.nih.gov/educational/hearttruth/index.htm

5. Learn about coronary heart disease risk factors. Certain traits, conditions, or habits, known as risk factors, may raise your risk. The more risk factors you have, the higher your risk is to develop disease. Eighty percent of women aged 40 to 60 have one or more risk factors for heart disease. Having just one risk factor doubles your chance of developing heart disease.

6. Learn how your heart works. Your heart is vital to your health and nearly everything that goes on in your body. It's located under your ribcage

in the center of your chest between your right and left lungs. A normal, healthy, adult heart usually is the size of an average clenched adult fist. Find out what's behind the "lub-DUB" sound. View an animation to see how your heart pumps blood, at www.nhlbi.nih.gov/health/health-topics/topics/hhw/contraction.html

7. Share stories from the heart. Heart disease affects women in every community in the U.S. and may affect you. It can alter or damage your life, or even take it away. If you have heart disease, you are not alone. Explore stories that women have shared about how heart disease has changed their lives and outlooks by visiting www.nhlbi.nih.gov/educational/hearttruth/about/stories-heart.htm

8. Spread the word: Teach others about heart disease.

*Need to advertise?
Give Dana a call.
877-3361*

Sweetheart Home Based Craft Business EXPO
SATURDAY, FEBRUARY 11, 2012
10:00 A.M. - 5:00 P.M.
NORTON NATIONAL GUARD ARMORY
NORTON, KANSAS

Many Vendors will be Available! - Door Prizes (Must Be Present To Win)
•Topsy Gypsy, •Miche Bags, •Raggy Andys and Annies, •Face Painting by Cathy, •Nana's Comfort Foods and Crafts, •Papas Collectibles-Sharing the Bounty, •H2O Beads and Canes, •Fancy's Just for Fun, •Usborne Books, •Watkins, •Pampered Chef, •Tastefully Simple, •Jockey, •The Crafty Nut Hut, •Offerings, LLC, •Scentys, •Tupperware, •Jewels by Park Lane, •Safety Pin Watches and Lanyards, •Mia Bella, •Pressed 4 Time Crafts, •Cookie Lee Jewelry, •Relay for Life Team of Jailhouse Rocker Team, •Phoenix Fashion, •Longenberger, •Avon, •Rag Rugs, •Scrubbies

FOR YOUR VALENTINE
Friendship/Valentine Prime Rib Dinner and Dance
DINNER BY RESERVATION ONLY
SATURDAY, FEBRUARY 11
Supper Served from 6:00 to 8:00 p.m. and Dance is 8:00 p.m. to midnight. Music is JAM Session and Cost for the dance is \$6.00 a person or \$10.00 a couple.
Call and leave a message for reservations at 871-0464 or 877-5662
Prime Rib Dinner includes Prime Rib, Potato, Vegetable, Roll and Salad Bar
Harmonson Redd Post #63
NORTON AMERICAN LEGION
Phone: 785-877-5662 - Members and Guests Welcome

Huelskamp seeks summer interns

The Office of Congressman Tim Huelskamp is now accepting applications for internships for Summer 2012. Interested college-aged students are invited to apply to serve the people of the First District either in the Dodge City, Hutchinson, Salina, or Washington, D.C. office.

In the Kansas offices, interns may be asked to do a variety of things, including day-to-day office work such as answering phones, writing letters and assisting with media clips. In addition, interns may be assigned to assist in various constituent case work or work on District-based projects of importance.

In Washington, interns' responsibilities will vary. They will be asked to answer phones, run errands, research legislation for the Member and legislative staff, attend hearings and briefings and answer constituent letters on various issues before the House. As a result, interns learn about the legislative process and the many other functions of a congressional office.

Although all internships in all offices are unpaid, students gain invaluable work experience. More information - including the application - can be found at huelskamp.house.gov/internships. The application deadline for summer internships is March 15.

Do you ever have questions about how your infant or toddler is growing and developing? Would you like to receive some developmental information? Please attend our early childhood screening clinic: **Friday, February 17** 9:00 a.m. - 12:00 p.m. **NORTON ELEMENTARY SCHOOL** Call 785-0877-5113 to Make an Appointment. (APPOINTMENTS ARE REQUIRED)

The screening process takes approximately 1 hour to complete. Your child will be seen by professionals trained in child development. Areas screened will be cognitive, communication, personal-social, and motor. Vision and hearing screenings may also be included. If you have any questions or need more information, please contact the Kid-Link office at 785-425-6766. If the above day/times won't work for your schedule - please call the Kid-Link office and we'll arrange an individual screening for your child at a time that will work for you.

Showing at the **NORTON THEATRE** We Bought A Zoo (PG) 2 Hours, 10 Minutes Special Showtime on Sunday-Movies play at 2:00 p.m. Friday and Saturday: 8:00 p.m. Sunday: 5:00 p.m. Monday, Tuesday, Wednesday: 7:00 p.m. **Joyful Noise** 2 Hours, 4 Minutes (PG-13) Since both movies are non-premieres, all passes are accepted. Joyful Noise is General Admission Price of \$6.00 and \$5.00-\$3.00 on Sunday. We Bought A Zoo is General Admission Price of \$6.00 and \$5.00-\$3.00 on Sunday. **Visit our Website: nortontheatre.com** This ad is brought to you by The Norton Telegram