

'Eat smart and play hard'



The Eisenhower Elementary third graders spent Thursday morning making snacks as part of a Power Panther grant the district received. Awarded by the Kansas Department of Education, the Power Panther program runs for eight weeks and encourages students to "Eat Smart and Play Hard." Each week, students learn the importance of healthy eating by focusing on healthy snacks and play games that emphasize the importance of daily physical activity. The third grade students made "apple smiles" from apple wedges, peanut butter and miniature marshmallows as part of the program Thursday morning.

-Telegram photo by Carleen Bell

Writing the book on collaboration

By Ron Wilson,
Huck Boyd Institute

"He wrote the book on it." That's a saying we use to describe someone who is truly an expert on a topic. Today we'll learn about a gentleman from rural Kansas who is a national expert on making communities better and encouraging more civil discourse in our society. When it comes to collaborative leadership, he wrote the book on it, and I mean that literally.

David Chrislip is a nationally-known scholar, author, consultant, and speaker on the topic of collaborative leadership. For the last five years, he has served as director of faculty development for the Kansas Leadership Center in Wichita. As of March 2012, he is planning to scale back his duties although he will continue to be engaged in this work.

David graduated from Oklahoma State University in economics and history, received his master's from Wichita State University in economics, and earned a MPA degree from the Kennedy School of Government at Harvard.

For 20 years, he was a senior Course Director with the Colorado Outward Bound School and the National Outdoor Leadership School.

"My role as an instructor was to teach the skills necessary for safe travel in the wilderness and help the group learn to work together and make sound decisions in potentially risky situations," David wrote. "Rather than guiding participants through these experiences, I helped the group develop the skills and capacities to meet the challenges they would face on their own." In other words, instead of directing them, he helped them build their own capacity collaboratively.

Then he began to work with groups of civic leaders from various regions. "I began to realize the power of community building as a way of transforming civic culture," David wrote.

David was a senior associate of the National Civic League, vice president of research and development for American Leadership Forum, and taught graduate courses in leadership and ethics at the University of Denver and at the University of Colorado at Denver.

He co-founded a venture called Skillful Means. For more than 30 years, he has helped people to enhance their leadership capacities and create visions and strategies for their organizations and communities by working together. He describes the broader purpose of his work as being "to build civil society."

In 1989, when David and a colleague were asked to evaluate a leadership development program, they wanted to compare its work to the best practices of collaborative leadership. But there was one problem: There were no best practices of collaborative leadership in the literature.

Still, David knew that there were many people practicing collaborative leadership, although their work had not been documented, so he and his colleague launched a research initiative. They conducted six in-depth case studies and 46 additional studies of successful community collaborations and wrote a book titled Collaborative Leadership. David later produced another text called the

Collaborative Leadership Fieldbook.

The books provide many examples and strategies. They are based on what David calls the collaborative premise: "If you bring the appropriate people together in constructive ways with good information, they will create authentic visions and strategies for addressing the shared concerns of the organization or community." That foundational idea has helped collaborative efforts across the nation make dramatic progress on tough issues.

Five years ago, when the staff of the new Kansas Leadership Center was getting organized, they called on David to help shape this new initiative in Kansas. This was especially fitting, because David had grown up in the rural Kansas town of Abbyville, population 127 people. Now, that's rural.

"David Chrislip is so many things to the Kansas Leadership Center - mentor, scholar, teacher and sage," said Ed O'Malley, president of the KLC. "His impact on KLC, Kansas and this nation is profound. Put simply, he is a rock star in civic leadership development and we have benefited significantly from his presence at KLC."

It's time to leave David Chrislip, but we are thankful for the contributions he has made. As the subtitle of David's book says, Collaborative Leadership is about how citizens and civic leaders can make a difference. David should know - he wrote the book on it.

Gas prices at record highs for February

Economic uncertainty in Europe, tensions in Iran and the world's growing appetite for gasoline products have placed pressure on crude oil prices recently, pushing prices upwards of \$108 per barrel. The current average price for regular gasoline in Kansas is \$3.48 per gallon. As gasoline prices continue to climb with the switch to summer blends, increased demand and periodic closures for refinery maintenance, AAA would like to help drivers save money this weekend and throughout the year.

-Slow down. The faster a vehicle travels the more fuel it burns. The US Department of Energy estimates motorists pay an extra 24 cents per gallon for every five miles per hour driven over 60 mph.

-Inflate tires according to manufacturer recommendations. Under-inflated tires are a safety hazard and can cut fuel economy by as much as two percent per pound of pressure below the recommended level.

-Lighten the load. A heavier vehicle uses more gas. An extra 100 pounds of weight in the passenger compartment, trunk or cargo area can reduce a vehicle's miles-per-gallon up to 2 percent.

-Choose routes that enable cars to travel at constant speeds and bypass congested areas as much as possible. Drivers should look for alternate routes that allow them to drive at consistent speeds to maximize fuel efficiency.

-Stick to a routine maintenance schedule. Keeping tires properly inflated, moving components lubricated and ignition and emission systems in good operating order will help ensure maximum fuel efficiency and extend the life of a vehicle.

Call Mike with all your social news.
877-3361
mstephens@nwkansas.com

Sudoku Puzzle #2460-M

			1	2				
	2			3		4	1	
5				4	6	7		8
	1		8		4			
7		8				9		3
			3		5		6	
9		4	7	1				5
		8	5		6			3
				2		8		

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Medium

POLICE LOG

Feb. 20
One vehicle accident
Welfare check
EMS assist
911 hang-up
Report of down telephone line

(2) Keys locked in vehicle
Feb. 21
Located individual for interview
Assist KDOC with inmate
Activated alarm
Traffic control for funeral
Traffic control for semi tractor-trailer broken down on US 36

Request for welfare check, individual living out of state
Noise complaint
Vehicle stop

Feb. 22
Report of 4 deer running west on Waverly
Funeral escort
Picked up lifeline key
Suspicious vehicle
Vehicle stop

Feb. 23
Report of someone ringing doorbell
Report of two children playing on highway
Traffic control for two vehicle accident

Keys locked in vehicle
Presentation with Norton Fire Dept. for Headstart
Assist. Norton Sheriff's Dept. with oversized load
Complaint of individual in apartment above theirs being loud

Feb. 24
Parking complaint
Information concerning repo vehicle
Report of vehicle being keyed
Vehicle stop

Feb. 25
Motel checks
(3) Damaged to mailboxes
Report of door ding to vehicle in parking lot
Noise complaint
(2) Vehicle stops

Feb. 26
Motel checks
Removed dead cat from roadway
Activated alarm 1st Security Bank
Barking dog complaint

•PUBLIC NOTICE•

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The Norton Housing Authority has developed its 5 year Agency and Action Plan in compliance with the Quality Housing and Work Responsibility Act of 1998. It is available for review at the Authority's Office located at 213 Horace Greeley Ave., Norton, Kansas 67654. The Authority's hours of operation are 9:00 a.m. to 3:00 p.m., Monday through Friday. In addition, a public hearing will be held on March 9, 2012 at the Authority's office at 11:30 a.m. Everyone is invited.

FHSU Kansas Small Business Development Center (KSBDC) in partnership with Norton City/County Economic Development is offering the following FREE classes:

- Business Plan Essentials
Thursday, March 15, 4:00-5:00 p.m.
- Profit Visioning and Goal Setting
Thursday, March 15, 5:15-6:15 p.m.
- Succession Planning
Friday, March 16, 4:00-5:00 p.m.
- Financial Basics Workshop
Friday, March 16, 5:15-6:15 p.m.

All classes will be held in the Norton Public Library Community Room. Space is limited, advanced registration is required. Register online at <http://ksbdc.ecenterdirect.com/>. Registration deadline is March 14. Questions may be directed to Megan Horinek, email mlhorinek@fhsu.edu or (785) 734-2592.

Computers are not required but feel free to bring your laptop. ADDITIONAL INFORMATION ABOUT THE CLASSES IS AVAILABLE ON THE discovernorton.com WEBSITE

ANNUAL

McMullen & Wyatt Auctions

Farm Consignment Auction

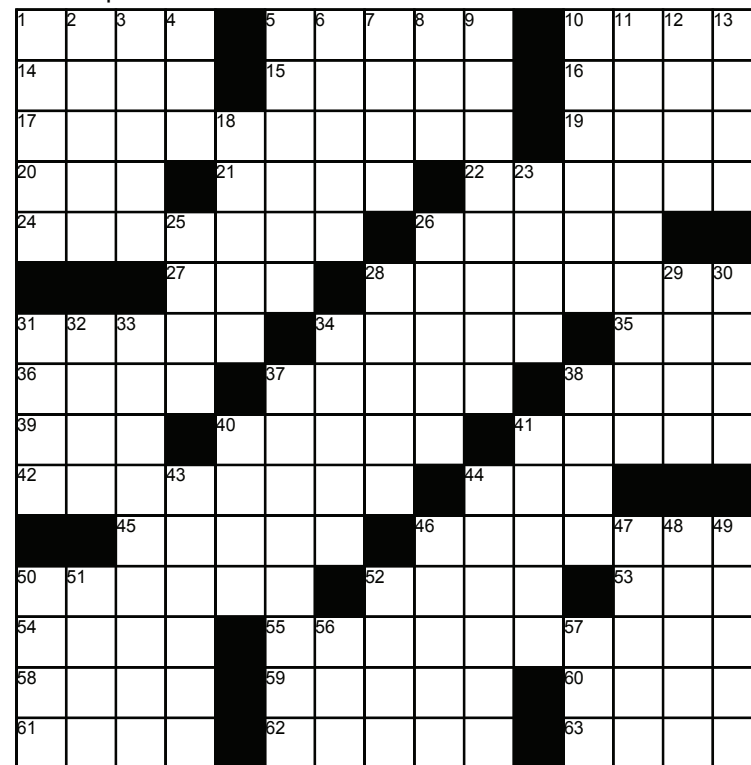
McMullen & Wyatt Auctions is now accepting consignments for our Annual Spring Auction. Any farm related items, livestock equipment, tools, machinery, tractors, or trucks accepted for the March auction. To consign or for more information, please contact Donald or Robert

785-877-3299 OFFICE
785-877-2731 ROBERT
785-877-2028 DONALD

ACROSS

- New arrival in the stable
- Sausalito's county
- Brown-wrapped stuff, sometimes
- "This can't be!"
- Lower in esteem
- Fish story
- Leno feature
- AAA suggestions
- It's opposite IX on some clocks
- Gazetteer datum
- Prepares for a crash
- Frankenstein, to his monster
- Ford's Theatre gunman
- Sound of a Siamese
- Builder's waterproofing
- Mark in an analogy
- 1,000 kilograms
- Vientiane native
- Word for poor Yorick
- Sticks in the mud
- Vena ___ (main vein)
- Sleep acronym
- Portugal gals
- Cake feature
- A-one
- ___ Quentin
- Archie Bunker sort
- Hirohito, e.g.
- Summer top
- "This ___ on me!"
- More than impress
- Food thickener
- Kind of bowling
- Condoleezza of the Bush cabinet
- Israel's Sharon
- "Why, of course!"
- Cartridge fillers
- Take another shot at

All Lit Up



American Profile Hometown Content

2/26/2012

63. Like a minx

18. Worm-___ (decrepit)

46. Omega, to the Greek alphabet

DOWN

- ___ acid (form of vitamin B)
- Atheist Madalyn Murray ___
- Gal with a gun, on Broadway
- Kit and caboodle
- Source of red blood cells
- Mammy Yokum's boy
- Big Indian
- "When ___ door not ...?"
- Nursery denizens
- Levels of society
- Method of scoring in golf
- 1997 Peter Fonda role
- Hardy heroine
- Weapon in Clue
- Israeli author Oz
- Ruinations
- Temple reading
- Gutter site
- Laugh loudly
- Shopper's aid
- Pancake topper
- Sooty stuff
- Touch of color
- Reo or Essex
- Bat Masterson's weapon
- Venetian honcho
- Memory malfunction
- Gunpowder ingredients, to Brits
- Like the stereotypical locker room
- Scrape together
- George W. Bush, to the Texas Rangers, once
- Put back to 000, say
- Mata ___
- Opposed to, in dialect
- "Don't bet ___!"
- "All the Things You ___" (Kern tune)
- "Great Expectations" hero