

SCHOOL CALENDAR

NCHS

Monday, March 19
M.A.P., A.P.
Site council at EES Band Room, 5:30 p.m.
Spring sports practices begin
FFA officer interviews, 7 p.m.

Tuesday, March 20-Tuesday, March 27
Cheerleader try-out practices: Stull Gym, 7 a.m.

Tuesday, March 20
Jay Singers, 7:30 a.m.
M.A.P., A.P.
Cheerleader parent information meeting, 6 p.m.
FFA meeting, 7 p.m.

Wednesday, March 21
National Honor Society Induction Ceremony: Stull Gym, 3 p.m.

Thursday, March 22
Jay Singers, 7:30 a.m.
KAYS, A.P.
M.A.P., A.P.
Forensics at Osborne, 2 p.m.
8th Grade Parents' Meeting:

Music Room, 7 p.m.

Friday, March 23
Faculty meeting, 7:45 a.m.
M.A.P., A.P.
Artist of the Month

NJHS

Monday, March 19
Awards Assembly: Basketball, wrestling and cheerleading, A.P.
Site council meeting at EES Band Room

Tuesday, March 20
Dance sponsored by JH Cheerleaders: JH Gym, 7-9 p.m.

Thursday, March 22
8th Grade Parents' Meeting: Music Room, 7 p.m.

EES

Monday, March 19
Site council meeting at EES Band Room, 5:30 p.m.

Wednesday, March 21
5th Grade KMO, 3 p.m.
TEAM, 3:40 p.m.

Thursday, March 22
5th and 6th Grade level meeting, 3:40 p.m.

Friday, March 23
Early childhood screening, 8 a.m.-4 p.m.

Northern Valley

Monday, March 19
HS Cheer and Dance tryout meeting in the lunchroom at Almena with parents, 5:30-6 p.m.

Tuesday, March 20
Robotics class in Mr. Tharman's room, 3:30-5 p.m.
Lifetouch spring pictures
FFA officer elections, 6:30 p.m.

Wednesday, March 21
HS activity schedule
9th Grade Science Assessment prep, 10th Grade English Assessment prep, 11th and 12th Grade class meetings.

Thursday, March 22
HS Forensics meet at Phillipsburg

Friday, March 23
Senior/Faculty Games in Almena, 7 p.m.

SCHOOL MENU

Norton Jr.-Sr. High Schools Menu

Monday, March 19
Breakfast-Breakfast pocket, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-BBQ meatballs, whipped potatoes, carrots, rolls w/margarine, pineapple chunks, or chef salad, and milk.

Tuesday, March 20
Breakfast-Granola snack bar, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Spaghetti and shredded cheese, garlic bread, garden salad, peaches, or chef salad, and milk.

Wednesday, March 21
Breakfast-Egg muffin sandwich, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Steak fingers, whipped potatoes and country gravy, carrots, peanut butter and celery, hot roll w/margarine, peaches, or chef salad, and milk.

Thursday, March 22
Breakfast-Yogurt parfait, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Grilled chicken sandwich, lettuce and tomato, corn, applesauce, or chef salad, and milk.

Friday, March 23
Breakfast-Cinnamon bun, fruit or juice or choice of assorted cereal, toast w/margarine and jelly, and milk.
Lunch-Toasted cheese sandwich, green beans, pasta salad, combo salad, Mandarin oranges, or chef salad, and milk.

Breakfast-Homemade pancakes, warm syrup, apple juice and milk.
Lunch-Chicken fry, whipped potatoes, gravy, green beans, whole wheat roll, fruit cocktail and milk.

Tuesday, March 20
Breakfast-Rolled-up sausage links, tater tots, grape juice and milk.
Lunch-Western bean bake, cheese stick, corn, jell-o with pears, cornbread and milk.

Wednesday, March 21
Breakfast-Blueberry muffin, peaches, orange juice and milk.
Lunch-Pigs in a blanket, french fries, dill spear, baby carrots, rosy applesauce and milk.

Thursday, March 22
Breakfast-Warm cereal w/toppers, apple juice and milk.
Lunch-Hamburger gravy, whipped potatoes, warm peas, peaches, peanut butter twist and milk.

Friday, March 23
Breakfast-Breakfast cake, grape juice and milk.
Lunch-Tunatini, tossed salad, apricots, french bread and milk.

Northern Valley Menu

Monday, March 19
Breakfast-Cinnamon butterflake biscuit, ham, eggs, juice or assorted cold cereal.
Lunch-Cavatini, tossed salad w/dressing, bread sticks, California blend vegetables and butterscotch pudding.

Tuesday, March 20
Breakfast-Oatmeal w/toppings, toast, links, hashbrowns, pears or assorted cold cereal.
Lunch-Pizza, tossed salad w/dressing, buttered carrots and chocolate cake.

Wednesday, March 21
Breakfast-Blueberry muffin, ham, scrambled eggs, peaches or assorted cold cereal.
Lunch-Beef-n-noodles, mashed potatoes, french bread, buttered spinach and rosy applesauce.

Thursday, March 22
Breakfast-Granola bars, sausage, hashbrowns, applesauce or assorted cold cereal.
Lunch-Soft shell taco, tossed salad w/dressing, buttered corn and cherry pudding pie.

Friday, March 23
Breakfast-Pizza bagel, scrambled eggs, fruit cup or assorted cold cereal.
Lunch-Macaroni-n-cheese, little smokies, hot roll, buttered green beans and peach half.

Keeping Time

P	A	N	A	M		U	N	O		T	H	O	S	E	
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3/11/2012

Sign up time



The old Conoco Station on the corner of West Main and South First streets in Norton is getting a facelift. The doors are being re-done and, on Wednesday, the original sign was put back into place. The Schamber Historic Preservation Company out of Damar and Hays re-did the sign and, with the help of Nelson Brothers Construction, it was once again erected in front of the building. Schamber employees Brian Luthes and Dave Turnbull guided the bottom of the sign while Tim Henry of Nelson Brothers assisted.

— Telegram photo by Dana Paxton

Basketball tourney open to students

The Southern Valley Booster Club is sponsoring "Slama Jama," a full court, five on five, basketball tournament to be held on Saturday, April 7 at 8 a.m. at Southern Valley High School in Oxford, Neb.

Brackets are for boys and girls, grades 5 and 6, 7 and 8, 9 and 10 and 11 and 12. The fee is \$15 per player which includes a tournament t-shirt.

Four team brackets and three games are guaranteed.

Contact Mike Quinn at 308-991-7652 or Darren Tobey at 402-366-3515 or go to www.sveagles.org.

Please include adult t-shirt sizes with roster. Entries due no later than March 30.

Sudoku Solution #2474-M

5	8	1	7	6	2	9	3	4
9	2	3	1	5	4	6	7	8
4	7	6	3	9	8	2	1	5
3	5	4	2	8	6	1	9	7
7	9	2	5	4	1	8	6	3
6	1	8	9	7	3	5	4	2
1	3	7	6	2	5	4	8	9
8	6	5	4	3	9	7	2	1
2	4	9	8	1	7	3	5	6

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More seats for \$99 or less than ever before.



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APRIL 22

Are You Tired of Paying High Hourly Rates for Computer and Network Support?

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Poetry contest open to Norton area residents

Central Point Fine Arts is sponsoring a Poetry Contest, which is free and is open to Norton area residents. There are 50 prizes totaling \$5,000 with a \$1,000 grand prize for the last poet standing. Poems of 21 lines or fewer on any subject and in any style will be judged by the contest director Dr. Joseph Cameron.

Entrants should include their name and address on the same page as the poem, and a winners' list will be sent to them.

Entries must be received by April 15 and can be submitted via mail to Free Poetry Contest, P.O. Box 3336, Central Point, Oregon 97502 or enter online at www.freecontest.com.

Call Mike with all your social news.
877-3361
mstephens@nwkansas.com



Kathy and her daughter, Christal

"My family has trusted Good Samaritan Hospital for generations."

Kathy Wilmot - Beaver City, Neb.

Cancer care you can believe in.

"When I was diagnosed with breast cancer in 1991, questions started flying through my mind. 'Am I going to be around to see my kids grow up? Will I see them graduate from high school?' I have always had faith in Good Samaritan Hospital, so that is where I wanted to go.

"My doctor was very good and he explained my treatment options to me. Our prayer was that the doctors would know exactly what to do, and they helped my family and me make the best decisions.

"I trust their diagnosis; I trust their treatment. I believe in Good Samaritan Hospital."

Kathy Wilmot, Breast Cancer

When cancer experience matters, believe in Good Samaritan Hospital.

Good Samaritan Hospital
Kearney, Nebraska www.gshs.org

The medical center, centered on you.

See more of Kathy's story at www.gshs.org/stories.