

Relay for Life's team the "Brave Ones" held its "Baking for Boobies" fund-raiser on Saturday at Jamboree Foods to raise money and awareness for cancer research. Abbie Smith, Norton, looks over the baked goods for sale. "Brave Ones" team captain Barb Ballinger, Norton, and Robert Anderson, Edmond, raised over \$80 selling cookies, caramel corn, chex mix and rice krispy treats.

-Telegram photo by Mike Stephens

entire clinic."

`We have only one cup for the

Compassion for those less for-

tunate has been a driving force

for the Grains for Hope project.

It has also been a life-changing

experience for a number of stu-

ing? Grains for Hope is help-

ing process crops into products

for needy families, but it is also

producing something else. We

commend Carol Spangler, Todd

Evans, and all those involved

for making a difference in the

lives of those served, as well as

those who are doing the serv-

ing. For Sabetha High students,

Grains for Hope is producing an

abundant harvest of caring and

More information is available

at http://grainsforhope.com/in-

MMMMM

The Family of

Beth

Mustoe

Requests a Card

**Shower for her** 

100th Birthday

on Sunday, April 22

Send Birthday Greetings

and Well Wishes

to Her at the

Andbe Home

201 W. Crane Street

Norton, Kansas 67654

THANK YOU!

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achievement.

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What crop are you produc-

## Compassion drives Grains for Hope

By Ron Wilson,

Huck Boyd Institute

What crop are you producing? Many Kansas farmers produce wheat, corn, and soybeans which can be processed into various products. Now, extruded grain products are traveling from rural Kansas to needy families around the world, thanks to an innovative Kansas school system, a pioneering private sector grain processing company, and a creative teacher with some caring students. That's the subject of today's Kansas Profile.

Last week we learned about Sabetha High School teacher Carol Spangler and Grains for Hope, a Sabetha student organization which helps ship extruded grain products to needy families in Mozambique and Haiti. After Carol learned about Wenger Manufacturing, a world-leader in grain extrusion technology based in Sabetha, she suggested a school research project to determine which countries could best use the extruded grain products generated by Wenger. That became the organization known as Grains for Hope which has led the effort to ship these products overseas.

Grains for Hope has involved an estimated 200 students and shipped 25 tons of enhanced grain products overseas. This innovative project benefitted many poor, malnourished families in these developing countries and has led to Sabetha High School receiving numerous awards.

But in visiting with Carol Spangler and Sabetha High principal Todd Evans, it's clear the awards are not what is most important to them.

"It's amazing what kids can accomplish if you open the doors," Carol said. She proudly points to the achievements of those students who have been involved with Grains for Hope.

nvolved with Grains for Hope. "In education today, project-

#### Hays will host annual Roundup research meeting

The 98th annual Roundup Program will be held on Thursday in Hays at the Kansas State Agricultural Research Center.

Registration will begin at 9:30 a.m. and the morning program will begin at 10 a.m. The morning program will focus on the results of current research projects and will conclude with a market outlook for beef cattle.

Complementary lunch will be served at noon.

The afternoon program will focus on the current and long-term effects of drought and recommended management practices.

The day's schedule is as follows:
9:30 a.m.-Registration

9:30 a.m.-Registration 10 a.m.-Welcome, greetings, four educational topics

Noon-Lunch 2 p.m.-Break, two educational

programs
4 p.m.-Adjourn

based education is one of the major directions," said principal Todd Evans. In addition to the community engagement in Sabetha and the humanitarian benefits for needy families overseas, he sees the beneficial learning outcomes which result from stu-

studies in a real world setting.

"A project like this gives relevance and meaning to their studies," Todd said. "All of a sudden, students see that physics make sense, or it dawns on them that trigonometry can be used on an actual project."

dents applying their classroom

So what have students learned? Ben Koch is a senior at Sabetha High. "Incorporating this has been very meaningful," he said. "You get to see a more global picture and you get encouraged to find a rewarding career, not just a job." He received a scholarship to attend and speak to the American Association of Cereal Chemists annual meeting, and Carol Spangler saw his confidence and professionalism grow through that experience.

Another student gained a career-building internship through Grains for Hope. He came from the nearby rural community of Morrill, population 270 people. Now, that's rural.

Anna Sunderland is a sophomore at Sabetha. After an earthquake in Haiti, she traveled there through her church and worked in a Haitian hospital. The experience helped her see the importance of these food products and realize how fortunate people are in the U.S.

"I remember that we had a baby who needed medicine," Anna said. "I put Tylenol in the baby's mouth with a plastic disposable cup like those which come with the bottle in the U.S. I was going to throw it away, but a lady from the clinic stopped me because she needed to clean the cup and save it. She said,

#### FYI

The Norton Practical Nursing Program will hold a golf tournament fund-raiser Saturday, April 21 at the Norton Golf Course. Registration is at 9 a.m., at \$50 per team member. Tee off is at 9:30 a.m. There will be a three man scramble and cash prizes.



## The tale of the royal typist

The day I walked into a class-room full of new Royal type-writers was the highlight of my sophomore year in high school. We had an old typewriter at home but I was never allowed to use it because Dad said I'd develop bad finger patterns. From the moment I figured out it could be used to put words on paper, I wanted to learn to type.

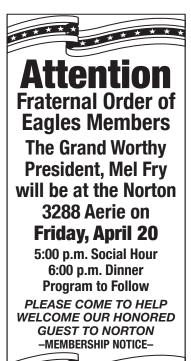
There were so many preliminaries it took a week of classes before we got to touch the keys. We had to learn the parts of a typewriter, how each worked, how to insert paper and all that. When we finally got to type a line it was only "a;sldkfjgh" which every new typist learns. Every day something new, but class was always over before I was ready to stop.

For the first time in my life my short fingers and pudgy paws were a benefit rather than a handicap; they just danced over the keys. The boy sitting beside me had quite a struggle getting his big, capable farmer hands and fingers on the keys, much less getting them to cooperate or coordinate to type. Creative barnyard cuss-words widened my previously limited vocabulary in the first few days of his battle Royal!

As the weeks went on, we learned "The quick brown fox jumps over the lazy brown dog", a famous phrase using the entire alphabet. Speed tests came along next. It was a joyful day for me when our teacher announced "You now know everything any professional typist knows. From now on it's just a matter of practice, speed and accuracy."

Several girls quickly rose to the top of the class but I was always best. I'd never been best at anything before. It's fortunate I had that ego boost to balance out algebra, which was a dismal disaster, or I could have become permanently discouraged. It was soon quite apparent I'd never earn a penny with my algebra skills

Typing well really paid off in





my junior year when I took secretarial training. We learned to take and transcribe shorthand, which was also easy for me, but, best of all, we typed stencils for the school newspaper and learned how to use a mimeograph machine. After graduation that ability got me a job at a grade school, which paid my way through business college.

During my senior year a local office contacted the school asking for a good, accurate typist to fill in for a month while their secretary was away. The principal recommended me and I spent a month in a real office, typing and learning to handle a multi-line phone system. And they paid me! With the check-you guessed it - I bought my first typewriter, a Royal portable.

Fifty plus years now and I'm still tapping away, through good jobs to better jobs, through manual to electric to computer keyboards. Even in the years I was a stay-at-home mom I took on any typing project I could do to make money at home, plus

ten years of typing church bulletin stencils and running them off on a mimeo machine that came over on the ark with Noah. There was a nice benefit to that volunteer job, however, since the counting device was broken and three-year-old Daniel learned his numbers counting copies for me.

But now, alas, my skills have all become obsolete. Speed, accuracy, spelling, and neat corrections are no longer necessary now that it's so easy to correct on a computer, run SpellCheck or simply delete and redo. They tell me keyboarding is taught in kindergarten these days. I wonder how their finger patterns develop? Do they meet the quick brown fox?

My proudest accomplishment, touch typing 120 perfect words a minute on blind cap keys, is gone with the winds of time. No one remembers or cares because the only certainty in life is change. In fifty years I expect machines with keyboards will no longer exist and my grand-children will be communicating by mind wave transfers.

Liza Deines 1098 NE Independence Ave. #230 Lee's Summit MO 64086 childofthe40s@gmail.com 816-554-0398

The Norton County Arts Council held its Annual Meeting on Tuesday, April 3, where the future of the Arts Council was discussed extensively. The Board of Directors has determined that a public meeting will be held Thursday, May 3, 2012, at 7:00 p.m. in the Norton Library Community Room to get input as to whether the Arts Council should continue. The Arts Council has been in existence since 1974 and in recent years has faced declining attendance and an increasing concern in filling vacant board positions. As a result, the prevailing facts that need to be considered are whether or not there is sufficient public interest in continuing the Council programs. If interest is favorable, volunteers will be needed to serve on the Board of Directors.

PLEASE BRING YOUR IDEAS AND OPINIONS TO THE MEETING ON THURSDAY, MAY 3. Norton County Arts Council Board of Directors





## THE NORTON and the Norton Area FIFCRAM Chamber of Commerce welcome

# Elements of Massage LLC to the business community

Elements of Massage LLC is located at 104 S. State, Norton, KS 67654 and 207 E 7th Street, 102 Hadley Center, Hays, KS 67601. Massage therapists are Cenna Owens and Amber Nuttycomb. Massages are by appointment only. Phone (785) 301-2218. Visit our website at: www.elementsofmassagehays.com or elementsofmassage@hotmail.com