

Carrots aren't easy to grow

Kay Melia
Master Gardener

So you head down to the supermarket, and on your grocery list, usually added as an afterthought, is carrots. Yeah, carrots. Remember them? Carrots are those little two inch long orange things in the fresh produce department that are displayed in 1 or 2 pound plastic bags, and really taste good! You quietly wonder why you can't seem to grow those little beauties in your backyard garden that are so uniformly perfect and you are grateful to the commercial carrot grower for his ability to do so. They are so perfect for those holiday trays of dippers.

You have been misled. Those beautiful little carrots were harvested at full size and then machine trimmed into their perfect baby shape. They are indeed tasty. And sooo handy. No need to get out the potato peeler or the paring knife and spend a half hour cleaning them up. Say goodbye to all that good healthful outer fiber that was peeled away in the process, although most of it is saved and used for other foods or juices.

I suppose the discovery of "baby carrots" is a good thing. If their appearance or taste entices you to buy a bag of them, that's good, because most of us don't eat nearly enough carrots. They are literally jam-packed with Vitamin A. A single (full size) carrot contains enough beta carotene for our bodies to manufacture all our vitamin A needs each day. Despite the carrots rather benign ability to draw much attention to our shopping routine, nearly 70 percent of all backyard gardeners grow a few of them each year. I think that's good evidence that most of us are aware of the carrots

dietary value. Unfortunately, carrots aren't the easiest vegetable to grow. The seed is very slow to germinate and must be planted in a very shallow mode, else they may never emerge. And they must be kept damp until they sprout. Carrots need a deeply worked, fine soil in which to thrive. If the ground isn't well worked, the growing root may show deformity and grow in strange shapes which certainly won't hurt their taste. Insects seldom bother them, except in late fall when fly maggots burrow into the roots and render them unusable.

As with several other garden vegetables, the seed of the carrot is difficult to sow evenly, and despite our best efforts, we plant it too thickly. It then becomes absolutely necessary to thin out some of the plants as they grow, else the spindly plants will not mature into good size.

Basically, there are two types of carrots, one called Chantenay, and the other, Nantes. The Chantenay grow long and slender, while the Nantes types are shorter and generally smaller, which I prefer. Most of the newer introduced varieties are of the Nantes type since the shorter root seems to thrive well in shallow worked soils.

A newer Nantes type carrot that I think raises the bar for quality, sweetness, and growth habit, is one called Yaya. Yayas are smooth, offer good bright orange color, and have great carrot flavor. One more thing...when you buy your carrot seed, always look for pelleted seed. It's so much easier to handle.

Plant a short row of carrots this year. Forget about the manufactured baby carrots at the supermarket...if you can.

It's a good look

Norton Community High School Senior Royce Fanders takes his shot at one of the many games offered during Saturday's post prom gathering at the Norton East Campus following this year's Junior/Senior Prom. A large majority of the prom-goers attended the post prom, which provided games, food, prizes and a safe environment for celebration.

- Photo by Shylo Paxton



PUBLIC RECORD

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse.

Traffic and Wildlife and Parks cases are given to the paper when the fines are paid.

April 12

Jan. 21-Matthew C. Dorr, Dakota City, Neb.; Charge: Speeding 76 in 65; Found: Guilty;

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. These cases were given to the paper with the date of the hearings.

April 15

March 30-Meaghan Peterson, Norton; Charge: Loud stereo system; Plea: Guilty; Found:

Fine: \$149.

Jan. 21-Matthew C. Dorr, Dakota City, Neb.; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

March 23-Joseph C. Gilbert, Alma; Charge: Driving while license cancelled/suspended/revoked; Found: Guilty; Fine: \$423.

March 23-Joseph C. Gilbert, Alma; Charge: Driving on right side of roadway required;

Guilty; Sentence: Fine \$30, costs \$76, total \$106.

March 1-Tad Hartsough, Norton; Charge: Stop sign violation; Plea: No contest; Found: Guilty; Sentence: Fine \$100, costs \$76, total \$176.

April 5-Eric Wilkins, Holdrege, Neb.; Charge: Speeding 30 in 20-school zone; Plea: Guilty; Found: Guilty; Sen-

Found: Guilty; Fine: \$0.

March 9-Wilbert W. Mai, Lenora; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

March 4-Kara Miller, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

April 5-Quinton A. Richards, Sylvan Grove; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

tence: Fine \$100 school zone, costs \$76, total \$176.

Jan. 12-Tad Hartsough, Norton; Charge: 15 counts-criminal use of financial card; Other action: Diversion with city prosecutor; Sentence: One year diversion and probation-restitution to Whitney Farms, 894.06, diversion fee \$100, costs \$76, total \$1070.06.

POLICE LOG

April 2

Report of someone ringing bells
Speak to officer concerning ex-roommate
Keys locked in vehicle
Report of theft
Vehicle stop
Welfare check
Investigate theft report, turned out to be civil matter
Report of smoke, NFD training
Report of erratic driver
Report of possible scam
Individual called because bank was closing their account

April 3

(4) four keys locked in vehicle
Motorist assist
Request to speak to officer, concerning child did not want to go to school
Suspicious activity at Norton Co. Hospital
Request for extra patrol

April 4

(2) keys locked in vehicle
Report of trespassing
Funeral escort
Report of individual with machete in yard
Report of two vehicle accident
Report of someone ringing bells

April 5

Report of someone ringing bells
(4) four vehicle stops
911 hang-up, kids playing with phone
Two vehicle accident
Civil standby
Report of phone harassment

April 6

Report of three individuals with flashlights looking in cars
Report of accidental stabbing, took place at Logan Ks
Report of someone ringing bells
Report of individual being harassed
Report of open pop machine
Keys locked in vehicle
Report of hit and run accident
Motorcycle parked in no parking zone

April 7

Report of fight, Attitudes
Report of suspicious vehicle
Report of someone ringing bells
Dog running at large
Report of keys locked inside garage
Report of small children playing beside highway
Request for extra patrol
Noise complaint
Report of someone ringing bells

April 8

Report of erratic driver
Report of missing dog
Report of verbal altercation
Report of break-in over week-

April 9

Report of someone ringing bells
Barking dog complaint
Removed debris from roadway
(2) two vehicle stops
Dog running at large
Report of theft
Keys locked in vehicle
Report of vehicle being door dinged
Report of shattered windshield
Report of forgery, one arrest
Complaint on neighbor for using BBQ grill

April 10

Marked trailers within the city limits
Motorist assist
Parking complaint
(2) two vehicle stops
Traffic control for Midwest Energy, State St.
911 hang-up, child playing with phone
Report of identity theft
Two vehicle accident
Report of break-in

April 11

Contact with individuals in Elmwood Park
Vehicle stop
Keys locked in vehicle
Request to remove individual from residence

April 12

Activated alarm, Car Quest
Report of kids fighting
Report of suspicious activity
Noise complaint
Vehicle stop
Issues with situation occurring at school
Report of damage to vehicle
Report of individual trying to buy drugs
Vehicle stop, vehicle then backed into patrol car
Motorist assist
Keys locked in vehicle
Request by Oakley PD concerning stolen 4-wheelers
Civil issues concerning genealogical society
Assist Sheriff's Dept. with blood kit
Report of individual bumping their vehicle with another vehicle
Report of erratic driver in Elmwood Park

April 14

Noise complaint
Vehicle stop
Received questions concerning driver's license
Report of missing dog
Keys locked in vehicle
Verbal dispute
Report of suspicious vehicle

American Legion Members, American Legion Auxiliary Members, SALS, and RIDERS:

Please send your current email address, mailing address and daytime phone number to the post home email account: Post63@ruraltel.net

Newsletters and Calendar of Events will be sent to you on a monthly basis. We would like to have the majority of the membership in place before Convention on April 21, 2012 here in Norton.

Sudoku Puzzle #2509-M

1			2			3		4
		3	1			5		
	6	5	3			1		
		4	6		5			2
	7							1
8			3		9	4		
		2		8		6	4	
		8			1	7		
3		9			4			5

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Medium

OUR Spring Sale

Going On Now At Sander Furniture

12 Month/ 0% Available

W. Hwy. 36 and Downtown Norton Highway 283

"Bringing Nice Things To You!"

IN LOVING MEMORY

William L. Goscha

June 20, 1941 - April 17, 2011

One year ago today you went to live with the Lord. You were always so brave and courageous through all of your illnesses. You fought so hard to get well, but it was not to be.

We love you and miss you so much!

Donna, Kelly, Tim, Kim, Doug, Kaye and Grandchildren

ACROSS

- Plod through the mud
- Ketch's pair
- Places to shape up
- "Damn Yankees" siren
- China's Zhou
- New Ager John
- Edward VIII's action of 1936
- Feel sore
- Like most new drivers
- Rainbow-shaped
- Like a boiled lobster
- "West Side Story" tune
- More steamed
- Indian nationalist
- Thumb-turning critic
- Orange variety
- Out of sorts
- One on your side
- Tribal symbol
- Ballet bend
- Emeritus: Abbr.
- Schlepped
- Did some cobbling
- Daddy-longlegs, for one
- Blacks out
- Short and sweet
- Seashell seller, in a tongue twister
- Beantown skater
- Playing for time
- O.K. Corral name
- Passionate sort
- Take a shine to
- garde
- Spelunker's spot
- Some microbrews
- Rundown and filthy
- Had down pat

Muscle Heads

1	2	3	4	5	6	7	8	9	10	11	12	13	
14				15					16				
17				18					19				
20								21					
22							23	24					
25	26	27	28			29				30	31		
32					33					34			
35					36					37			
38					39				40				
41			42					43					
44								45					
46	47						48			49	50	51	52
53					54	55							
56					57					58			
59					60					61			

American Profile Hometown Content

4/15/2012

DOWN

- Jalousie part
- Stud spot
- Shoppe sign word
- Put on a spare tire?
- Piddling
- Fed the kitty
- Rode the banister
- Lao-tse's "way"
- Gluttony or sloth
- Head the cast of
- Small transgression
- 1975 Wimbledon champ
- Cast off
- Insertion mark
- Sea fed by the Amu Darya
- Pulled up stakes
- "Beg pardon ..."
- Stiller's mate
- More proficient
- "Designing Women" costar
- Like some martinis
- Whipped, à la Kasparov
- Little green man
- Mushers' vehicles
- "I can help it!"
- Muscular fitness
- Nanki- of "The Mikado"
- Like a dime
- Blow up
- "Gee!"
- Crude digs
- Scorpion attack
- Composer Bartók
- Third (track adjunct)
- Getz or Kenton
- Canal feature
- Dr. Pavlov
- "Scream" actress Campbell
- Shot up
- Flight from justice
- Ex of Mickey, Artie and Frank