

Plan ahead for severe weather

Severe weather season is upon us and Kansans have compelling reasons to be prepared, according to Mary Knapp, who serves as the state's climatologist.

More than 90 tornadoes were reported Saturday into Sunday, April 14-15 in Kansas alone, said Knapp, who is the director of the Kansas Weather Data Library based at Kansas State University.

She noted that a number of people heeded warnings and took cover, particularly at a mobile home community in Wichita.

"That definitely saved lives," said Knapp, who added that the tornadoes resulted in extensive damage to homes in the neighborhood and some injuries, but no fatalities were reported.

"Based on the Storm Prediction Center data from 1980-2009, Kansas ranks first in the number of severe tornadoes (EF4 & EF5)," said Knapp, who is director of the Kansas Weather Data Library based at Kansas State University. "Tornadoes are most common in the early afternoon to late evening, and during the spring from March to June. However, they can occur at any time."

She recommends that families and businesses, alike, take steps to be as prepared as possible.

Review your severe weather safety plans. Consider how you will monitor changing weather conditions. It is a good idea to have more than one method to receive the warning. That way if one system isn't operational, you have another available.

Buy a weather radio. Using a NOAA (National Oceanic and Atmospheric Administration) Weather Radio brings a nationwide network of radio stations broadcasting continuous weather information directly into your home or business. These radios now feature special area messaging called "SAME", which allows you to select the area of interest when receiving warnings and alerts. Sign up to receive text messages and other alerts over the phone. Local radio and television stations also are a good way of getting up-to-date information. Remember tornado sirens are designed to alert people to danger in an outdoor setting. They are not designed to be heard inside of buildings.

Determine where you will seek shelter. If there is a designated storm shelter near where you live or work, that would be the first choice. If one is not available, seek shelter at the lowest level, placing as many walls between you and the outside as possible. Interior rooms,

such as closets and bathrooms, are good choices. Planning this location in advance and talking to family members and/or work colleagues allows you to respond quickly when needed.

Store emergency supplies in the area in which you will seek shelter. Those supplies should include a flashlight, portable radio and batteries, water and other essentials. A detailed list can be found at the Federal Emergency Management Agency (FEMA) website at www.ready.gov/

When traveling, be alert to conditions that may develop along your route. In many cases, it is safer to stop and allow the storm to pass rather than try to drive through it. Remember that a highway overpass is not a safe shelter in the event of a storm. In addition to the danger from the storm, you are at risk from other vehicles.

"Remember that not all tornadoes have the clear, visible funnel," Knapp said. "Tornadoes can be completely wrapped in rain, making them difficult to detect with the naked eye."

A final caution is that severe storms, whether or not they include a tornado, are also a source of lightning, high winds, hail and flash floods. Any of these hazards can be just as deadly as a tornado, she added.

School of rock



Fifth and sixth graders from Eisenhower Elementary School performed a concert Monday evening before a packed house at the East Campus Auditorium. Under the direction of Joyce Morel, the students sang and played guitar to classic rock songs, much to the delight of the crowd.

-Telegram photo by Mike Stephens

Facility recognizes employees' efforts

Contract Employee

Carolyn Caudry is our excellent Mental Health Professional at Norton Correctional Facility and is an integral part of that department. Mrs. VanPatten describes Carolyn as an exceptional and effective clinician who is always willing to accept additional assignments and be flexible in adjusting her work processes in response to the nearly constant changes that accompany her position. She is in charge of more counseling groups than are required by contract and juggles her schedule to meet the needs for the clients. Inmates consistently provide positive feedback for her wisdom and caring attitude. She also does well sharing her knowledge with staff through training and other contact.



Non-Uniformed Employee

BilliJo Gressley started her career with Kansas Department of Corrections as a Corrections Officer and currently serves as the Administrative Assistant in the Policy, Procedure and Compliance Office. However, this is a bit misleading. Since all other employees of this office have retired, BilliJo really is the PPC office. Since that time she has done everything in her power to ensure the responsibilities of the department have been completed. This includes collections and filing of accreditation documentation and working with other departments to ensure information is received. She is doing a good job of keeping MSDS updated, conducting inspections and communicating other needs to those temporarily assigned. BilliJo has exhibited a good work ethic, friendly demeanor, and is very tactful and conscientious when working with others.



Uniformed Employee

Officer Kelly Karnopp has been at Norton Correctional Facility many years and currently serves in the Wheels for the World program. Kelly brings a great deal of knowledge in mechanics and design (and occasionally an engine) to the shop for both the handicap equipment and the bikes programs. He takes a lot of pride in the work accomplished and goes the extra mile to teach and help inmates learn work ethic and how tasks are performed. It is obvious he takes great pride in safety, production and making a difference in the lives of those he works with, supervises and those receiving the products from the shop. Production of the shop increased 47 percent from 2010 to 2011 in part due to Kelly's dedication, attention and supervision. The shop has won several awards over the years both on the state and national level.



Call Mike with all your social news.
877-3361
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UPCOMING EVENTS in Kansas

Brought to you in part by Kansas Department of Wildlife, Parks & Tourism

South Kansas Symphony - On the Prairie
April 20, Winfield
Narrated by Larry Hatteburg. Outdoor concert, bring a picnic and lawnchair. Tickets: \$6, Time: 4:00 PM - 10:00 PM
Bonfy Ranch, 24011 141st Rd., Winfield
www.sckans.edu/sks-band
(620) 229-6272

Kansas Storytelling Festival
April 27-28, Downs
The power of a story is celebrated! Humor, history, music & tall tales for all ages. Imagination brings them to life!
kansastorytelling.com
(785) 454-6648

Kansas Byways
Kansas has eleven byways, eight scenic, two of which are National Scenic Byways and three historic byways. In addition to being beautiful drives, the byways each have a fascinating history and an abundance of activities to enjoy. ksbyways.org

KANSAS! Magazine
Every quarterly issue of KANSAS! tells a story through inspiring words and exceptional photography that captures the beauty and essence of the state. Features and photo galleries showcase a variety of topics. Discover what KANSAS! gems await you and subscribe today! kansasmag.com

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Norton Practical Nursing Program Golf Tournament Fundraiser
SATURDAY, APRIL 21
At the Norton Golf Course
REGISTRATION 9:00 A.M.
Tee Off 9:30
3-MAN SCRAMBLE \$50 Per Team Member
CASH PRIZES

OUR Spring Sale
Going On Now At **Sander Furniture**
12 Month/ 0% Available
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SCHOOL CALENDAR

NCHS
Monday, April 23
JV Track at Hill City, 4 p.m.
NCHS Band to Phillipsburg for workshop with the "Dallas Brass," noon
Dental re-checks, p.m.
Tuesday, April 24
Jay Singers, 7:30 a.m.
FFA Livestock Judging at Hays, 9 a.m.
JV Golf at Smith Center, 3 p.m.
Wednesday, April 25
Spring KMO: Library (Library is closed all day), p.m.
Problem Solving Activity, 8:30 a.m.
Job Olympics at Phillipsburg, 9 a.m.
FFA Field Trip to Kensington Locker, 9 a.m.
Band Council, A.P.
Site Council, 5 p.m.
Thursday, April 26
Jay Singers, 7:30 a.m.
Varsity Golf; I-70 Classic at Trego and Ellis, 9 a.m.
FCCLA, A.P.
FFA NW District Banquet at Atwood, 4 p.m.
Friday, April 27
Western Kansas Tech Fair at FHSU, 10 a.m.
Varsity Track at Trego, 3:30 p.m.
Saturday, April 28
State Music: Solos and small ensembles at S.E. of Saline

Sunday, April 29-Tuesday, May 1
FFA State Contests at KSU in Manhattan
NJHS
Monday, April 23
Dental re-checks
Track at Hill City, 10 a.m.
6th Grade parents' meeting-Music Room, 7 p.m.
Tuesday, April 24
JH Cheer Tryout practice: JH Gym, 7-8:30 p.m.
Wednesday, April 25
Spring KMO: Library (Library is closed all day), a.m.
Job Olympics at Phillipsburg, 9 a.m.
JH Cheer Tryout practice: JH Gym, 5:45-6:45 p.m.
Thursday, April 26
JH Cheer Tryout Practice: JH Gym, 7-8:30 p.m.
Friday, April 27
6th Grade students visit NJHS, 2:45 p.m.
JH Cheer Tryout Practice: JH Gym, 7-8:30 p.m.
Saturday, April 28
EES
Monday, April 23
Dental re-checks, a.m.
6th Grade parents' meeting
JH-SH Music Room, 7 p.m.
Tuesday, April 24
CBMs: Grade 2
Wednesday, April 25
CBMs: Grade 3
Thursday, April 26
CBMs: KDG

Grade 4 Field Trip to Kearney, 8:15 a.m.
Grade 5 Field Trip to Alma, 8:15 a.m.
Friday, April 27
2012-13 KDG Screening
6th Grade students visit NJHS, 2:45 p.m.
Northern Valley
Monday, April 23
Grade 6-8 Track Meet at Hill City, 10 a.m.
Tuesday, April 24
Job Olympics at Phillipsburg, 9 a.m.-2 p.m.
Coordinated School Health Meeting in Alma, TBD
Wednesday, April 25
Spring music concerts in Alma, K-4 at 7 p.m., HS at 8 p.m.
Thursday, April 26
FFA Northwest District Banquet in Atwood, 4 p.m.
5th and 8th Grade plays at Long Island (includes dinner and a show), 6 p.m.
Friday, April 27
Senior class mock trial in the HS Auditorium, 8:30-11:30 a.m.
7th and 8th Grade track meet at Quinter, 10 a.m.
HS track meet at Quinter, 3 p.m.
Saturday, April 28
HS State solo's and small ensembles at Wichita, TBD

SCHOOL MENU

Norton Jr.-Sr. High School Menu
Monday, April 23
Breakfast-Long John, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly and milk.
Lunch-BBQ beef sandwich, baked beans, cottage cheese, carrots, peaches or chef salad and milk.
Tuesday, April 24
Breakfast-Biscuit w/ham and cheese, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly and milk.
Lunch-Ham slice, scalloped potatoes, green beans, rolls w/margarine, apples w/peanut butter or chef salad and milk.
Wednesday, April 25
Breakfast-Breakfast quesadilla, hash brown patty, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly and milk.
Lunch-Sausage pizza, combo salad, peaches, no bake cookie or chef salad and milk.
Thursday, April 26
Breakfast-Granola snack bar, fruit or juice, or choice of assorted cereal, toast w/margarine and jelly and milk.
Lunch-Chicken strip sandwich, lettuce, tomato and cheese slice, potato salad, rolls w/margarine, apples and oranges or chef salad and milk.
Friday, April 27
Breakfast-Pancakes w/syrup,

fruit or juice, or choice of assorted cereal, toast w/margarine and jelly and milk.
Lunch-Chili fito and shredded cheese, vegetable salad, garlic bread, rosy applesauce or chef salad and milk.
EES Menu
Monday, April 23
Breakfast-Blueberry muffin, peaches, orange juice and milk.
Lunch-Chicken fry, whipped potatoes, gravy, green beans, whole wheat roll, fruit cocktail and milk.
Tuesday, April 24
Breakfast-Rolled-up sausage links, tater tots, grape juice and milk.
Lunch-Western bean bake, cheese stick, corn, jell-o with pears, cornbread and milk.
Wednesday, April 25
Breakfast-Homemade pancakes, warm syrup, orange juice and milk.
Lunch-Pigs in a blanket, french fries, dill spear, baby carrots, rosy applesauce and milk.
Thursday, April 26
Breakfast-Hard cooked eggs, warm toast, apple juice and milk.
Lunch-Hamburger gravy, whipped potatoes, warm peas, peaches, cinnamon rolls and milk.
Friday, April 27
Breakfast-Breakfast cake, grape juice and milk.
Lunch-Cavatini, tossed salad,

banana spears, garlic bread and milk.
Northern Valley Menu
Monday, April 23
Breakfast-Waffles, sausage, hash browns, fruit or assorted cold cereal.
Lunch-Shaved turkey, bun, tri-tator, buttered spinach and vanilla pudding.
Tuesday, April 24
Breakfast-Krispie treats, juice, scrambled eggs, ham slice or assorted cold cereal.
Lunch-Monterey Jack sandwich, french fries, California blend vegetables and pineapple ring.
Wednesday, April 25
Breakfast-Breakfast casserole, toast, fruit cup or assorted cold cereal.
Lunch-Sloppy Joe's, bun, ranch wedges, buttered broccoli, banana cream pie.
Thursday, April 26
Breakfast-Sausage gravy, biscuit, grape juice or assorted cold cereal.
Lunch-Ham patty, bun, dill spear, mashed potatoes, buttered green beans and chocolate cake.
Friday, April 27
Breakfast-Sausage in a blanket, hash browns, applesauce or assorted cold cereal.
Lunch-Spaghetti, tossed salad w/dressing, french bread, buttered cauliflower and sliced peaches.

American Legion Members, American Legion Auxiliary Members, SALS, and RIDERS:
Please send your current email address, mailing address and daytime phone number to the post home email account: Post63@ruraltel.net
Newsletters and Calendar of Events will be sent to you on a monthly basis. We would like to have the majority of the membership in place before Convention on April 21, 2012 here in Norton.