



All around

A group of about 50 people on a bank tour visited Norton County Friday to visit several places around the area, including downtown Norton and Prairie Dog State Park, the Also Ran Gallery and the industrial park east of Norton, among other spots. Pictured, the group stopped at the Roadside Park to view Station 15 and the Veterans Memorial and checked out the maps and information board at the park.

-Telegram photo by Carleen Bell

CLUB NEWS

The Oberlin Chapter of the National Association of Federal Active and Retired Employees met on Saturday, June 9 at the Midwest Energy room in Atwood. President Rob McFee of Oberlin conducted the business meeting.

State Representative Ward Cassidy of St. Francis presented an interesting program and spoke of experiences as a newly-elected official in Topeka. David Swank reported that \$903 in donations were given this year to the Alzheimer's fund from the garage sale held in May in Oberlin.

Ron Katt of Victoria, area 5 vice president,

presented three awards to the chapter from the state convention in Salina in April. They were for the chapter's outstanding contributions to the Alzheimer's program; for highest dollar per member contributions in the state for Alzheimer's and also a certificate in recognition of an eight percent total membership gain for 2011 and 2012.

The next meeting will be at 4 p.m. on Sunday, Sept. 16 at Sappa Park near Oberlin. Members of the chapter include active and retired federal employees of Norton, Decatur and Rawlins counties.

Museum hosts quilting class exhibit

The Dane G. Hansen Memorial Museum presents "The Midwest Transplant Network's Donor Memorial Quilt" and the "Local Quilting Class Exhibit." The exhibit opened June 1 and will run through July 1.

Midwest Transplant Network's Donor Memorial Quilt is dedicated to the memory of all those who have given gifts of life through organ, tissue or eye donation. Since its beginning in the year 2000, hundreds of families have chosen to honor their loved one by creating a quilt square in his/her memory.

Many families choose to adorn their loved one's quilt square with special details such as a photograph, poem, quote

or symbol of the donor's life. A story can be submitted along with the quilt square. The nine quilts each have 45 squares. The quilts are 6' x 8' and represent 396 donors. There is a limit of one square per donor and it takes about one year for a quilt to be completed.

The Local Quilting Class Exhibit features the quilts created in the annual quilting class offered through the Continuing Education Program at the Dane G. Hansen Museum. Janie Lowry of Stockton, has led the class for several years and is well known in the area for her quilting expertise. The quilters have worked very diligently on their projects using different

techniques, patterns, fabrics and designs and have eagerly awaited the opportunity to display their talents and finished product. Students represented in the exhibit are Carol Bales, Logan; Deb Berg, Logan; Jean Boyd, Speed; Sandra Gottschalk, Logan; Renee Shaw, Logan; Gloria DeWitt, Prairie View; Verlene Childers, Agra; Edith Schick, Logan; Marty Roberts, Phillipsburg; Jackie Wright, Hays and instructor Janie Lowry, Stockton.

Our June Artist of the Month is Paula Rumbach from Oakley. Paula has quilts, tote bags and purses on display and for sale.

Financial abuse costs seniors \$2.9 billion per year

The Office of the Kansas Securities Commissioner urges Kansans to join them in taking stand for seniors by contacting authorities in cases of suspected abuse of seniors. The announcement was today in recognition of World Elder Abuse Awareness Day.

Elder financial abuse is an under-recognized problem with devastating consequences. The growing senior population is increasingly targeted for abuse with studies showing that women were twice as likely as men to be victims of elder financial abuse. Studies show that family members and caregivers are all too often the perpetrators of the abuse in many cases.

To help fight this problem, the Office of the Kansas Securities Commissioner is joining the North American Securities Administrators Association

to offer tools to identify and report financial abuse or exploitation. Investment fraud is an area of particular concern, as victims can see their life savings depleted with little opportunity to recover financial stability.

Elder financial abuse can be reported to the Kansas Securities Commissioner's Office at 800.232.9580. Investors may also use this number to verify registration of financial services professionals and the investment products they sell in Kansas. Other types of elder abuse should be reported to the Kansas SRS Office-Protection Report Center at 1-800-922-5330 or to local authorities. In the United States, you may also report abuse through the national Eldercare Locator at 800-677-1116.

Call Mike with your Society News!

Grants to help create rural jobs

Agriculture Secretary Tom Vilsack recently announced that the US Department of Agriculture is accepting applications for grants to help promote sustainable economic development and job creation in rural communities.

The department is offering Rural Cooperative Development Grants to non-profit corporations and institutions of higher education. The grants also may be used to conduct feasibility studies, create and implement business plans, and help businesses develop new markets for their products and services.

One-year grants up to \$175,000 are available. In most cases, grants may be used to pay for up to 75 percent of the cost of establishing and operating rural cooperative development centers. Recipients are required to match 25 percent of the award amount. The grant period should begin no earlier than Oct. 1, and no later than Jan. 1, 2013.

Through this notice, USDA may award up to \$5.8 million in grants. The deadline for grant applications is Aug. 6.

For additional information, see the June 7 Federal Register or contact the USDA Rural Development state office.

In addition, the department is offering almost \$2.37 million in grants through Rural Development's Rural Business Opportunity Grant. The program promotes sustainable economic development in rural communities and regions with exceptional needs.

The grant program provides training and technical assistance grants for business development, entrepreneurs and economic development officials and assists with economic development planning. Funding is available to rural public bodies, nonprofit corporations, Native American tribes and cooperatives with primarily rural members that conduct activities for the mutual benefit of the membership.

Applications for Rural Business Opportunity Grants are due Aug. 6. Application instructions may be obtained from the Rural Development State Office.

Beans, a metaphor for nature

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When the 19th century naturalist and writer Henry David Thoreau went off to Walden Pond to contemplate his existence, one of his main sources of sustenance was beans. He planted lots and lots of beans to help him sustain his solitude. For Thoreau, green beans were a reliable and bountiful crop, requiring only a little hoeing to keep back the weeds, and a hawkish vigilance against hungry woodchucks, who also enjoyed green beans. But his bean fields provided the philosophical Thoreau with more than food. They were a metaphor for nature. In his book titled "Walden," his literary classic about his years at the pond, Thoreau dedicated an entire chapter to his musings on beans. "I was determined to know beans," he wrote.

If there is a sure bet in our backyard garden, it has to be green beans. You don't have to be transcendental about beans to grow a good crop or appreciate

their flavor and usefulness. Green beans require a soil temperature of over 60 degrees in order to germinate, but other than that, they're a sure thing in your garden.

When buying bean seed, you must choose between bush beans and those climbing pole beans. The majority of us prefer the bush type that typically grow to a height of about 15 inches. They mature faster than pole beans and have a mild bean flavor. Pole beans are a good choice for smaller gardens and require some kind of climbing support or they likely end up visiting the tomatoes and the cucumbers. They mature a little later and have a beanier flavor than the bushies.

Despite the name, green beans aren't always green. If you want some color in your bean patch, consider varieties that bear purple pods, which remarkably enough, turn green when cooked. And then there are the wonderful yellow wax beans that many gardeners plant and enjoy. Remarkably, they re-

main yellow when cooked.

I remember when green beans were very stringy and took hours to snap a sizable picking. In about 1948, the Burpee Seed Co. developed the first stringless bean, and, logically, named it Stringless Green Pod. Green bean lovers were overjoyed! Unfortunately, Henry David Thoreau grew his beans about a century too soon.

My green bean of choice in the garden is an All America winner from 1990 called Derby. But please know that there are a dozen or more that are extremely flavorful and reliable in the High Plains garden. If I ever plant a pole bean I would probably plant Kentucky Blue or a filet bean called Fortex, a favorite in Europe.

Every gardener should plant a row or two of green beans. When you bring in that first picking, you'll surely agree with Thoreau, who considered gardening to be a sacred art. In his book "Walden" he wrote, "It was a singular experience, that long acquaintance with beans."

Traffic has switched on bridge project

Traffic has moved to the westbound/north lanes of U.S. 36 on the bridge replacement located just east of the intersection of U.S. 36/K-67 (roadway into the Norton Correctional Facility).

Construction, which began Feb. 27, is progressing as crews continue to replace this box and extend other drainage structures along this route. The box replacements and extensions are part of a 4.5 mile project which begins at the east city limits of Norton, and continues east to the US-36/K-383 junction.

Most of the construction is currently taking place off the roadway and does not impact traffic; but the structure located near the prison utilizes a traffic light and halts traffic for a brief period of time.

Additional earthwork will soon be underway to prepare for the mainline reconstruction and provide flatter shoulders along the project.

Beginning in September, the 4.5 miles of roadway will be reconstructed on the existing alignment - utilizing a cold recycle operation, followed by a five-inch overlay of new asphalt material. and a pilot car operation will guide one-lane traffic through the early autumn work zone during daylight hours. Delays of 15 minutes or less will be expected throughout the construction time frame. Please plan your travels accordingly, especially those commuting to/from work, during all phases of the construction.

Weather permitting the construction work will be completed by January, 2013.

For questions concerning this project, please contact Jim Riener at (785) 543-2163 or jriener@ksdot.org in Phillipsburg; or Kristen Brands, Northwest Kansas Public Affairs Manager, at (785) 877-3315 or kristenb@ksdot.org in Norton.

Former Almena man joins High Plains Farm Credit

Josh Mussman has joined the staff of High Plains Farm Credit in its Phillipsburg office. Mussman grew up in Almena and is a graduate of Kansas State University where he obtained his Bachelor's Degree in Agribusiness. Prior to joining the organization, he worked as an insurance agent for an independent insurance agency in Phillipsburg.

He and his wife, Lisa, live in Phillipsburg. In his spare time, Mussman enjoys spending time with family, hunting, fishing, playing basketball and golf and attending K-State sporting events. He looks forward to establishing business relationships with area farmers and ranchers.

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THE NORTON TELEGRAM

Moffet Drug Pharmacy

THIRD ANNUAL

Shred Day

Saturday, June 23

From 9:00 a.m. until NOON (or until truck is full)

Bring all of your personal documents that you would like shredded and have them destroyed on site for FREE by a state of the art shredding truck

250 lb. limit per person. If you expect to have more, please talk to the Moffet staff about making arrangements

JUNIOR GOLF Starts Monday, July 2

Junior golf will start on Monday, July 2 with registration at 5:30 and begin at 6:00 to 8:00 p.m. and runs July 2 - July 9 - July 16

July 23 will highlight the year with a **Pizza Party at 5:15, followed by a 9-hole golf tournament at 5:45 and a swimming party following golf**

Cost this year is \$20.00 per participant aged 7 to 14. Registration this year will include a golf shirt. Come and learn the lifelong game of golf. Adults are welcome to come, watch, and help mentor the junior golfers

Pre-register for only \$20.00 by mailing it to: Tyler Rutherford, 1014 Truman Drive, Norton, KS 67654, 785-202-0214 or Connie Miller, 806 N. Valley Vista Dr., 785-877-5649 with the name, age, and shirt size of the participant.

June 15- June 20

Showing at the

NORTON THEATRE

Madagascar 3

(PG) 1 Hour, 43 Minutes

Friday and Saturday: 7:00 and 9:05 p.m.
Sunday: 2:00 and 5:00 p.m.
Monday, Tuesday, Wednesday: 7:00 p.m.

What to Expect When You're Expecting

2 Hours (PG-13)
Presented in Digital Sound
Playing 1 Week

Let's Go to the Movie

Madagascar 3 is premiere Admission Price of \$7.00 and \$6.00 - No Sunday Discount
What to Expect is General Admission Price of \$6.00 and \$5.00 - \$3.00 on Sunday
PREMIERING FRIDAY, JUNE 22
Brave (PG)
COMING TO NORTON, FRIDAY, JUNE 22
Snow White and the Huntsman (PG-13)
Premiering in Norton, Tuesday, July 3
The Amazing Spiderman (PG-13)

POPcorn

COMING SOON

This ad is brought to you by The Norton Telegram