A fun fair play day



The Open Class Horse Show and Fun Day were held Saturday at the Norton County Equine Facility. This was an early event for this year's fair and a day of fun and play for the competitors. Pictured, competitor Jenna Rowland takes her second turn going around the barrels. She earned a purple ribbon with a time of 16.65.

- Telegram photo by Dana Paxton

Gloom, despair, and agony...not

My fellow columnist, Mary Kay Woodyard, recently wrote about "fear of living." The phrase struck a chord with me, so I discussed the topic with a group of friends here at The Carlyle. Granted, a retirement home is probably not the best hunting ground for optimists so I was amused, surprised and occasionally distressed at some of their comments. What some may fear the most seems only an irritation or a fact to be dealt with to others but every one of us agreed that the path out of this world is a rough and rocky

Every one of us lives in fear of falling. Cane, walker or wheelchair, we know a fall all too often leads to nursing home care. Antique bones don't heal quickly. Every one of us lives in fear that our money will run out before we die. Every one of us sees our savings shrinking in this savage economy. We read about Social Security and Medicare going broke, see rent rising every year, see our children struggling financially, unable to help us or we to help them. We joke that we're arranging things so the check to the funeral home bounces although sometimes the laughter is a little hollow.

We can cope with the gradual losses of hearing, vision, mobility. The loss every person fears the most is that of self. Alzheimer's and dementia lurk in outer darkness, waiting to strike without warning. They are the "monsters under the bed". transplanted from our childhood terrors into senior citizen uncertainty. We see beloved spouses

Pieces of life's puzzle Liza Deines



turn into strangers, sometimes almost overnight, and our fervent prayers rise, "Oh dear Lord, not that, please, please, not that, dear Lord."

When my youngest was diagnosed with diabetes his doctor told him "If you feel sorry for yourself, just take a look around. You won't have to look far to find someone with a problem tougher than yours". It was true then and is today. It's been said if we could toss all our troubles in a heap and could choose a new problem, most folks, after looking over the alternatives, would retrieve their own familiar trials.

Daily I see friends and acquaintances managing problems ranging from broken bones to paraplegia and crippling rheumatoid arthritis, still with smiles on their faces and hope in their hearts. What keeps us going? Faith in the Almighty God helps me to accept that He puts me exactly where He wants me at all times in my life. A daily devotions group meets here in which we read scripture, pray, share sorrows and joys. My day is not complete without that early morning time, heart-to-heart with other believers. If you are not involved in a small group Bible study, I urge you to start one of your own. The benefits

Our days are filled with activities to keep our minds active. Book club discussions, exercise class, jigsaw and crossword puzzles, bingo and card games, all designed to stimulate the brain and keep us from vegging out in front of so-called "reality" shows. Almost all these activities are things you, too, can do at home. They not only ward off brain rot but they keep your mind off fear of the future.

Community living helps. Giving up your long time home, the independence of driving, of eatment, the advantages of securi- as amended, 2. Guilty; Other ty, safety and a simpler life style action: 1. Amended to battery, not one of us, however, who wouldn't turn back time if we could live as we once did. Yet we know it would never be the same. The music changes, the tempo slows, but if we are willing to listen, the melody of life

Don't allow "fear of living" to control you as you age. Loving and giving makes life worth living, as Mama used to say. Benjamin Franklin agreed, saying each morning, "What good can I do today?" And when evening came he asked himself, "What good have I done today?" We would do well to follow his example.

Liza Deines 1098 NE Independence Ave. #230 Lee's Summit, MO 64086 childofthe40s@gmail.com 816-554-0398

AANSEN MUSEUM

The Dane G. Hansen Memorial Museum presents "Between Fear and Faith: John Steuart Curry." This exhibit opened July 6 and will run through Aug. 26. It consists of approximately 40 works with an emphasis on the forces of nature.

Born in Dunavant, John Steuart Curry trained at the Chicago Art Institute and the Academie Julian in Paris. Although he taught at the Art Students League and Cooper Union in New York City, Curry rejected the impersonal quality of industrialism and instead favored subject matter reflective of his agrarian background.

The preview for the John Steuart Curry Exhibit was held Sunday, July 15, at 2 p.m. Our guest

speaker, Bill North, former senior curator of the Beach Museum of Art and friend of the Curry family, held a gallery talk.

The David Vollbracht Oil Painting Workshop was held on July 11, 12, 13 and 14. David resides in Medicine Lodge, and has earned a degree in art from Fort Hays State University. He is a representational landscape painter of the west. For more information call 785-689-4846 or www.hansenmuseum.org

Our July Artist of the Month is Nancy Williams from Stockton. Nancy has mosaics on display and

The Dane G. Hansen Memorial Museum presents "Eat Well, Play Well." This exhibit runs from Aug. 31 through Dec. 2.

"Eat Well, Play Well" is a highly interactive exhibit that encourages healthy living by teaching the science of making healthy food choices and help-

ing children and adults discover there are many fun and interesting ways to stay active. Visitors will discover what an appropriate serving size looks like, see firsthand what it takes to burn off calories, test their flexibility and balance, review the latest clinical research and realize that

they can reduce their risk of disease with healthy choices that are within their reach.

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Haying and grazing approved

Adrian J. Polansky, State Executive Director of US Department of Agriculture's Farm Service Agency in Kansas, has announced that emergency haying and grazing of Conservation Reserve Program acreage has been authorized in 91 Kansas Counties, effective Monday.

The Kansas State Committee used their authority with the D2 Severe and D3 Extreme drought designations on U.S. Drought Monitor map to authorize the following counties following the end of the nesting season on July 15:

Allen, Anderson, Barber, Barton, Bourbon, Butler, Chase, Cheyenne, Clark, Clay, Cloud, Coffey, Comanche, Cowley, Decatur, Dickinson, Douglas, Ellsworth, Edwards, Ellis, Finney, Ford, Franklin, Geary, Graham, Grant, Gray, Greenwood, Gove, Greeley, Hamilton, Harper, Harvey, Haskell, Hodgeman, Jefferson, Jewell, Johnson, Kearny, Kingman, Kiowa, Lane, Leavenworth, Lincoln, Linn, Logan, Lyon, Marion, McPherson, Meade, Miami, Mitchell, Morris, Ness, Norton, Osage, Osborne, Ottawa, Pawnee, Phillips, Pratt, Pottawatomie, Rawlins, Reno, Republic, Rice, Riley, Rooks, Rush, Russell, Saline, Scott, Sedgwick, Seward, Shawnee, Sheridan, Sherman, Smith, Stafford, Stanton, Stevens, Sumner, Thomas, Trego, Wabaunsee, Wallace, Washington, Wichita, Woodson and Wyandotte Counties.

Eighteen of these counties were previously approved for Emergency Grazing based upon forty percent loss in moisture and forage.

Emergency having in approved counties is allowed through Aug. 15. Participants must leave at least 50 percent of each field or contiguous fields un-hayed for wildlife. Hay must be removed from the field within 30 days from end of the having period. Hay cannot be sold. Producers without livestock may rent or lease the haying privileges.

Emergency grazing in approved counties is allowed through Sept. 30. Participants shall leave at least 25 percent of each field or contiguous fields un-grazed for wildlife, or graze not more than 75 percent of the stocking rate. All livestock must be removed by the end of this grazing period. Producers without livestock may rent or lease the grazing privileges.

The payment reduction cost for Emergency haying and grazing has been reduced from 25 percent of the rental payment per acre to 10 percent for the 2012 year.

Emergency having and grazing is not allowed on the same acreage, and any other approved haying or grazing is not allowed on the same acreage. Practices eligible are CP-1, Establishment of Permanent Introduced Grasses and Legumes, CP-2, Establishment of Permanent Native Grasses, CP4B, Permanent Wildlife Habitat (Corridors), Non-easement, CP4D, Permanent Wildlife Habitat Non-easement, CP10, Vegetative Cover-Grass Already Established, CP18B, Establishment of Permanent Vegetative Cover (Contour Grass Strips), Non-easement, CP18C, Establishment of Permanent Salt Tolerant Vegetative Cover, Noneasement, CP38E, SAFE.

Kansas has been authorized to permit emergency grazing on practice CP-25, Rare and Declining Habitat. Emergency. Haying is not authorized on practice CP-25.

Participants shall contact the local Farm Services Agency county office to request emergency haying or grazing on an individual contract basis prior to having or grazing. Participants shall work with the Natural Resources Conservation Service to develop a forage management plan prior to haying or grazing. If the cover is destroyed, the practice must be re-established at their own expense to remain in compliance with the program

Participants accept a 10 percent reduction in the annual rental payment for the acres actually haved or grazed in 2012. Having and grazing policies will be posted on-line at www.fsa.usda.gov/ks.

RECORD թանևնն

Municipal Court

These transactions were taken from the records of filings in the offices of the Norton Municipal Court. These cases were given to the paper with the date of the hearings.

July 12

July 7-Mark Saintz, Norton; Charge: Cruelty to animals, 2. Maintain a nuisance, 3. Fail to display dog tag; Plea: Not guilty; Other action: Trial set.

June 13-Sherri Boo, Almena; Charge: 1. Leave scene of accident, 2. Illegal tag; Plea: Guilty; Found: Guilty; Sentence: 1. Fine \$200, 2. \$200, costs \$76, total \$476.

May 20-Samantha Rojas, ing what, when and where you Norton; 1. Domestic battery, 2. want, is definitely hard to do. Obstructing official duty, 3. Dis-Although it is a difficult adjust- orderly conduct; Plea: Guilty Found: 1. Guilty as amended, 2. Guilty; Sentence: 1. \$250, 2. \$250, costs \$76, total \$576.

June 20-Richard Hageman,

Norton; Charge: Dog at-large with no license; Other action: Dismissed; Sentence: Dismissed with proof of shots and obtaining city dog tag for costs, total \$76. June 10-Tricia Dick, Phil-

lipsburg; Charge: Speeding 43 in 35; Plea: Guilty as amended; Other action: Amended to 63 in 55 by city prosecutor; Found: Guilty as amended; Sentence: Fine \$30, costs \$76, total \$106.

June 19-Nicholas Eisele, Phillipsburg; Charge: Speeding 43 in 35; Plea: Guilty; Found: Guilty; Sentence: Fine \$30, costs \$76.

June 19-Debra Summers, Hill City; Charge: Speeding 40 in 30; Plea: No contest; Found: Guilty; soon become apparent. There's 3. Dismissed/plea agreement; Sentence: Fine \$30, costs \$76,

total \$106.

June 19-Kayla Chambers, Holbrook, Neb.; Charge: Speeding 43 in 30; Plea: No contest; Found: Guilty; Sentence: Fine \$48, costs \$76, total \$124.

ver, Colo.; Charge: Speeding 44 in 35; Plea: No contest; Found: Guilty; Sentence: Fine \$30, costs \$76, total \$106. July 5-Donna Foley, Norton;

June 28-Robert Heiss, Den-

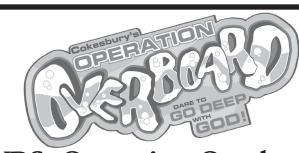
Charge: Speeding 44 in 35; Plea: No contest; Found: Guilty; Sentence: Fine \$30, costs \$76, total \$106. July 8-Dale Reicks, Cozad,

Neb.; Charge: Speeding 40 in 30; Plea: Guilty; Found: Guilty; Sentence: Fine \$30, costs \$76, total \$106.

June 21-Shylo Paxton, Norton; Charge: Stop sign violation; Plea: Guilty; Found: Guilty; Sentence: Fine \$100, costs \$76, total \$176.



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VBS: Operation Overboard Pre-school through Sixth Grade

July 18-19-20, 6-8 p.m.

First United Methodist Church-805 W. Wilberforce, Norton TO REGISTER CALL 877-2196



Diana Smith and Tom Baumann September 15, 2012 Ashley Waldrep and Ryan Kats September 22, 2012 Pamela Foley and Kevin Brennan..... September 22, 2012 Jessica Peterson and Brian Luft September 29, 2012 Kelli Johnson and Matthew Wyatt September 29, 2012

estination 115 W. MAIN NORTON, KANSAS PHONE 785-877-2911