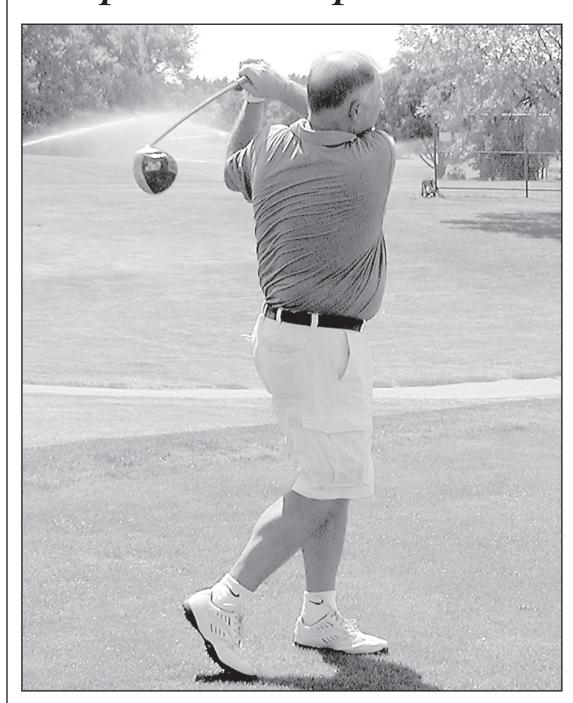
Grip it and rip it



Bright sunshine, warm temperatures and a cloudless sky made Wednesday a perfect day for some outdoor activity. Chuck Look of Norton shows good form as he tees off on the par 4, 357-yard first hole at Prairie Dog Golf Club. Chuck's drive was straight and true so no mulligan was necessary.

-Telegram photo by Mike Stephens

Young adults power up rural communities

By Ron Wilson

Huck Boyd Institute PowerUps. What are PowerUps? Is that what happens after the electricity has been off? No, according to rural advocate Marci Penner, the term PowerUps refers to a particular demographic category of people in rural Kansas. They are a vitally important part of our rural communities, and they are rural

by choice.

Last week we learned about Marci Penner, author and founder of the Kansas Explorers Club, the Kansas Sampler Foundation, and the We Kan! initiative. Marci facilitated a gathering and discussion known as the Big Rural Brainstorm. A central goal of the Big Rural Brainstorm was to engage the group of people she calls PowerUps.

What are PowerUps? PowerUps are young people ages 21 to 39 who, as Marci would say, are rural by choice. These are young persons, often well educated, who have lots of alternatives for locating their homes or careers but who choose to live or work in a rural setting.

This initiative began when Marci noticed that those communities which embraced and engaged their young people seemed to generate more community energy. So, she invited a number of active young people in various rural communities to come together for a meeting to discuss these issues. In keeping with the principles of the Kansas Sampler Foundation, the meeting was held in a truly rural community: The town of Reading, population 231 people. Now, that's rural.

That meeting was the beginning of what is now called the PowerUp movement. The movement is not only about involving young people, it is especially about those people who are choosing to live and work in a rural place.

"The PowerUp movement is about recognizing the value of PowerUps who have made a conscious decision to embrace and enhance the rural communities in which they live," Marci

For a lot of these PowerUps, the organization provides a peer support network, kind of like

the young professionals organizations in our larger cities. The PowerUps espouse five

principles: To empower, connect, engage, sustain, and enjoy. Specifically, the five goals are to create an environment that helps PowerUps live up to their potential and live their dreams in rural Kansas, to connect PowerUps socially online and/or face to face within communities and across the state, to stimulate all generations with PowerUp leadership in rural communities, to peers so as to give PowerUps a collective voice on important community and statewide rural issues, and to help create a quality of life that is desirable to PowerUps.

There are also five core values of PowerUps. PowerUps are positive yet constructive. They are constructive speakers and thoughtful listeners. PowerUps act with purpose. They aim to be proactive and take deliberate steps to sustain the viability of rural communities. PowerUps respect ideals. They respect the ideals of others by remaining neutral in terms of political, religious and social views. PowerUps appreciate history. They appreciate and respect the builders of our communities. Finally, PowerUps believe in supporting locally-owned businesses.

While the goal is to encourage

young people who are rural by choice, it is not intended to exclude others. In fact, Marci uses different terms for different age groups. PowerOns are described as impassioned rural citizens age 40+ who choose to support the next generation through listening, mentorship, guidance, and active support of new initiatives. Similarly, Sparks is the term for those younger than 21 build an inclusive network of who aspire to grow and sustain the rural communities in which they were raised or where they hope to live.

"Everyone has a role as we forge ahead," Marci said. "The PowerUp movement will be successful if it is supported by those who have come before them and those that will follow."

For more information, go to

www.ruralbychoice.com. PowerUps. No, that doesn't mean restarting your computer. PowerUps are these vitally important young adults who choose to live in rural Kansas. We commend all those who are making a difference by choosing to live rural.

And there's more. Marci has yet another brainstorm: ERV. Who is ERV? We'll learn the answer to that question next



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Control weeds in wheat stubble

Some areas in Kansas have received just enough rainfall to have large broadleaf and grassy weeds actively growing in harvested wheat stubble, said Curtis Thompson, K-State Research and Extension weed management specialist. This should be a red flag to producers.

"These weeds are utilizing moisture and nutrients that would be available for a subsequent crop. It is a good idea to control these weeds before they set seed," Thompson said.

Kochia and Russian thistle are day-length sensitive and usually begin flowering in late July and early August, and set seed shortly after that, he said. It is important to control kochia and Russian thistle now before viable seed can form. If these weeds are allowed to form seed, the seed will likely cause a problem in following crops.

"It is especially important to prevent seed production on fields that will be planted to crops with limited options for weed control, such as grain sorghum, sunflower, or annual forages," Thompson said. "It is difficult to control broadleaf weeds in sunflower and grassy weeds in sorghum that emerge after crop emergence. Preventing weed seed production ahead of these crops is essen-

Seed of some weed species can remain viable for several years so allowing weeds to produce seed can create weed problems for multiple years.

If the field will be planted to Roundup Ready corn or soybeans, producers may decide they can wait and control any weed and grass seed that emerges next season with a post-emergence application of glyphosate.

However, with the concerns over the development of glyphosate-resistant weeds, it would be far better to control these weeds and grasses now

in wheat stubble, the K-State weed scientist said. That way, other herbicides with a different mode of action can be tank-mixed with glyphosate to ensure adequate control.

"To control weeds in wheat stubble fields, producers should start by applying the full labeled rate of glyphosate with the proper rate of ammonium sulfate additive. It is also a good idea to add 2,4-D or dicamba to the glyphosate. Do not apply the growth regulator herbicides around cotton," Thompson said.

"Tank mixes of glyphosate and either 2,4-D or dicamba will help control weeds that are difficult to control with glyphosate alone, and will help reduce the chances that glyphosate-tolerant weed populations will develop," he added.

What about adding atrazine for residual weed control in fallow? Although atrazine provides residual control of weeds, it is best applied later in

"Atrazine residual is quite short and will not provide adequate control of fall emerged weeds or winter annuals if applied in late July or early August. An application of atrazine needs to be made in the fall -- early October into November -depending on the weeds being targeted," Thompson said.

Also, keep in mind that atrazine antagonizes glyphosate.

"Do not apply atrazine with reduced rates of glyphosate. Atrazine can be synergistic with Gramoxone; however, the spectrum of weeds controlled with this combination will be less than with glyphosate," the weed scientist said.

Finally, remember that an application of atrazine may limit subsequent crop selection.

Norton Correctional Facility employees' work recognized

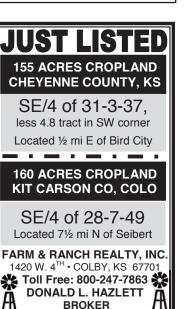
Employees of the 2nd Quarter 2012

The uniformed employee is COI Wyatt Daniels. Wyatt has been at Norton Correctional Facility since June 2010, working several different posts on the evening shift. Staff and supervisors describe him as highly professional, diligent, honest and a trustworthy team player who is a self-starter. He has done well learning the job but teaching new staff through OJT and mentoring. Officer Daniels has earned the respect of staff and inmates.

The non-uniformed employee is Jolene Andrews who has served as an Administrative Assistant in the Business Office since February 2011. Jolene has been described as a quick learn-

Duplicate Bridge

The results of Duplicate Bridge played Wednesday night at Norton Manor are as follows: Taking first place was the pairing of David Graham and Janice Persinger and finishing in second place were Jackie Porter and Mary Lue Archibald.



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er, very skilled, organized, and efficient and a person with great work ethic. Jolene has been completing additional duties, and has done so with a positive and professional attitude, which is characteristic of her everyday demeanor. She attempts to learn and understand facility operations to better understand and perform her duties. Jolene performs her work very professionally, and looks for ways to assist others through employee activities, offering encouragement or helping others.



CALL FOR A CHANGE IN THE TIME AND LOCATION OF THE AUGUST MEETING FOR THE NORTON COUNTY ECONOMIC DEVELOPMENT BOARD

August 3, 2012

To: Economic Development Board Members; Scott Sproul, Press and the Public

That this notice is a call for a change in the time and location of the regular August Norton Economic Development Board Meeting. That upon call of the Chairman, the meeting shall be held on Tuesday, August 14, 2012 at 5:45 p.m. at the Colby Community College Norton Campus building at 711 N. Norton, Norton, Kansas, for the object and purpose of discussing the normal and regular business and affairs of the Board.

All on this 3rd day of August, 2012. Aaron Herman, Chairman







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