

THE NORTON TELEGRAM



Tuesday

September 18, 2012

Briefly

Booster Club will meet Wednesday

The fourth meeting of the Norton Blue Jay Booster Club in the new fall sports season will be held Wednesday at 7:30 p.m. in the high school cafeteria.

Speaking about the results of their team's recent competition will be head tennis coach Jim Green, head volleyball coach Kevin Jilka, head cross country coach George Rossi and head football coach Lucas Melvin.

All fans of Norton Community High School sports are invited to the meetings, which will be held every Wednesday evening at the same location. You do not have to be a member of the booster club to attend.

3-D shoot planned for Sunday morning

The Norton Archery Club will hold a 3-D archery shoot at the Prairie Dog State Park archery range on Sunday. The day begins with a trickle start from 9-10 a.m. at the course. For more information, call 877-3253 or 877-5629.

Schools to report on student progress

Norton Community Schools will send out student progress reports on Wednesday to inform parents of student progress early in the school year.

Tailgate party set for Friday evening

The Decatur County Chamber of Commerce will host a homecoming tailgate party on Friday from 5:30-7:15 p.m. behind the stadium east of the swimming pool in Oberlin. The party is to celebrate Oberlin's homecoming game. Sloppy joes, chips, cookies and brownies will be served. For more information, call 785-475-3441.

Markets

Tuesday, September 18, 2012

Wheat	\$8.28
Milo	\$6.89
Soybeans	\$15.71
Corn	\$7.29

Markets Courtesy of Norton Ag Valley Co-Op

Weather

Tuesday Night - Clear with a low of 50. Winds from the SSE at 5 to 10 mph.
 Wednesday - Clear with a high of 91. Winds from the West at 5 to 15 mph shifting to the NW in the afternoon.
 Wednesday Night - Clear with a low of 48. Thursday - Clear with a high of 84.
 Thursday Night - Clear in the evening, then overcast. Low of 55.

Kingham Report

Friday, Sept. 14	Low 43, High 79
Saturday, Sept. 15	Low 43, High 81
Sunday, Sept. 16	Low 47, High 84
Monday, Sept. 17	Low 52, High 69

(Readings taken at the Kingham farm 9 miles northwest of Norton)

Prayer

Dear God of compassion, help us to see the needs of those around us and serve them with a joyful heart. Amen.

Arts Council opens with illusion show

To open the 2012-2013 season, the Norton County Arts Council hosted the Reza illusionist show Sunday afternoon at the East Campus auditorium.

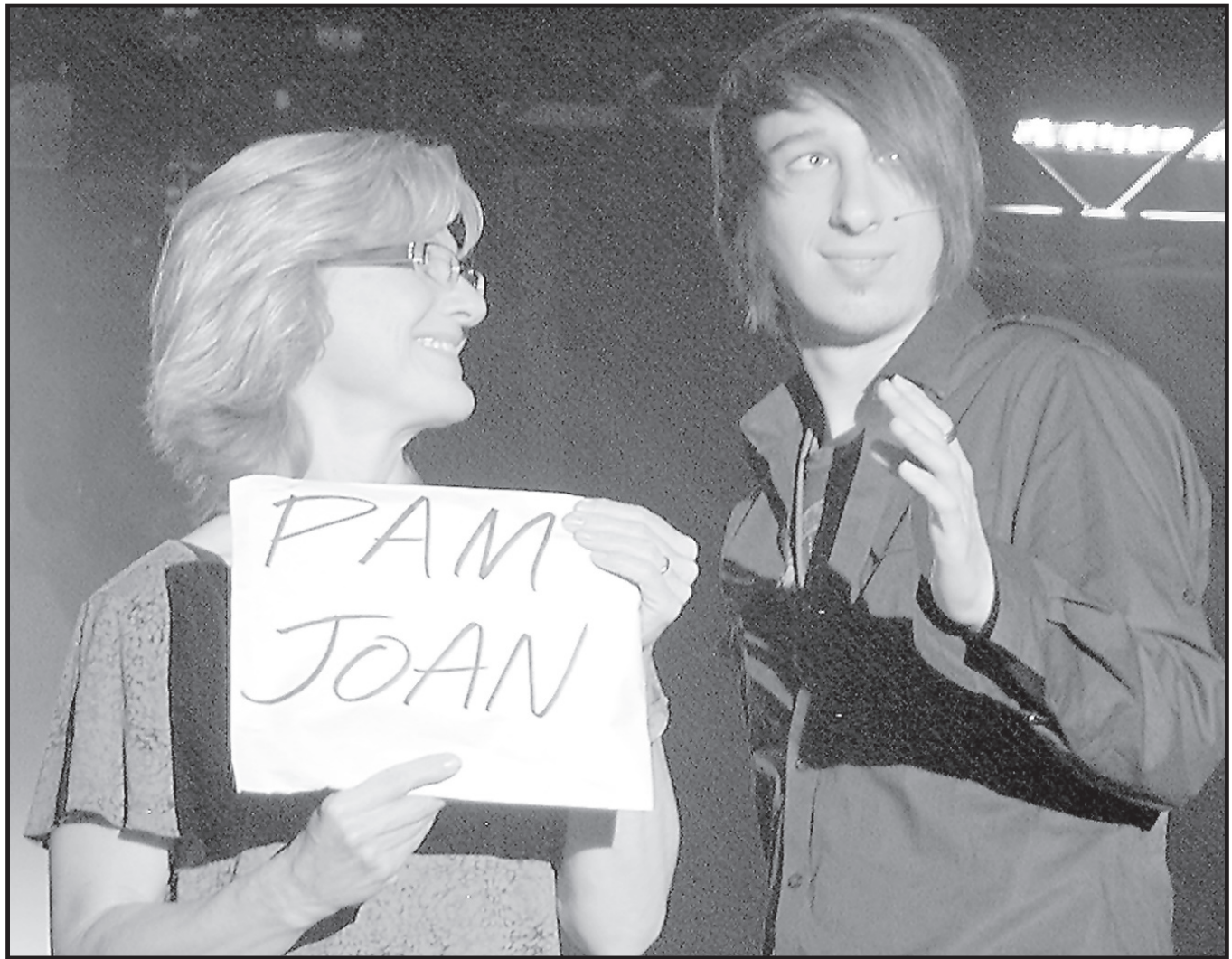
The show featured a high-energy magic and illusion show, such as making a marked \$100 bill disappear from an audience member's pocket into a sealed box of popcorn. With lights and fog and a selection of music, Reza, a Brookings, S.D. native, used several audience volunteers to demonstrate his illusion tricks for the large audience.

Along with Reza, the show featured the comedy and magical stylings of Mike Bliss, who also pulled volunteers from the audience to help him complete his act.

The Norton County Arts Council season continues on Saturday, Oct. 20 at 7 p.m. at the East Campus auditorium. The show will feature Rick Bultze, a comedy hypnotist. Tickets are \$10 for adults, Reciprocity is \$5 and student admission is \$3.

(Right) Pam Shelton of Norton helps Reza demonstrate an illusion that involved audience participation and a complex series of predictions.

-Telegram photo by Dana Paxton



Five fans turn in perfect Pigskin entries

By Dick Boyd

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The Pigskin Pick-Em Contest for last week was the closest it's been this season with five fans turning in perfect entries but none guessing correctly on the tiebreaker winner and two tying on the tiebreaker, requiring a drawing to determine the winner.

Winning the drawing and first place prize of \$15 in scrip money was Starla LeClair, Norton. Stanford defeated Southern Cal 21-14 in the tiebreaker game and Starla chose Southern Cal by 31-22 or a total of 18 points off the actual scores of the two teams.

Losing the drawing for first but earning the second prize of \$10 in scrip money was Kerri Ray, Norton. She chose Southern Cal over Stanford by 31-20, also 18 points off.

Amanda Ray, Norton, who was last week's winner, placed third this time around and will receive the \$5 scrip prize. She also had a perfect score but missed on the tiebreaker winner and was just 20 points off on the actual scores of the two teams.

Submitting the other two perfect entries and points off on the tiebreaker were: Jacob Green, Norton, 23; Chelle Millan, Norton, 25.

Every entrant received a free game since the Wichita Word of Life vs. Hill City game was canceled by

Word of Life.

Missing one game were: Lisa Mussman, Phillipsburg; Theresa Knapp, Bird City; Aaron McDowell, Hill City; Jenni Winchell, Linda Covington, Bob Covington, all of Almena; Ryan Hopkins, Chase Rice, Abby Rice, Keegan Smith, Tobi Boller, Clint Hammond, Shara Dukes, Chad Gasper, Baylee Miller, Virginia Carlton, Charlotte Stephenson, Travis Ray, Dustan Daniels, Paul Myers, Rick Green, Garret Otter, Doug Ray, all of Norton.

Correct on all but two contests were: Barbara Brooks, Clayton; Trey Millan, Hays; Jim Springer, Long Island; Brody McDowell, Lexi McDowell, both of Hill City; Jasmine Covington, Sandi Winchell, Tiffany Compton, Brenda Husted, all of Almena; Laquita Smith, Cory Martin, Ken Gregoire, Taryn Graham, Jennifer Boller, Keely Millan, Fig Millan, Tiffney Yeager, Heather Simmons, David Riemann, Tom Davis, Craig Knapp, Mary Ann Hager, Dalton Miller, Betty Rossouw, Kennedy Yeager, Len Coady, Douglas Daniels, Wilson Ellis, Lynn Nelson, Steve Vollertsen, Bob Beadle, all of Norton.

Incorrect on three games were: Dorothy Becker, Logan; Brenda Lenker, Phillipsburg; Ann Becker, Lenora; Hank Kaiser, Long Island; Bob L. Cass, Beaver City; Ja'Nee Moore, Julie Hilburn, Blaine

Marble, Alberta Geil, all of Almena; Dalton Smith, Lisa Shearer, Andrew Lantz, Darin Williams, Jeris Norman, Regina Beikman, Brenda Beutler, Devon Gasper, Wilma Wiseman, Scott Ellis, Cassie Walker, all of Norton.

Nathan Morse, Patty Gall, Deanna Gallentine, all of Norton, each missed four contests. Charlotte Gasper was incorrect on five.

This week's entries

The fourth week's entries must be postmarked by 5 p.m. Friday and received in the mail no later than Monday or you may bring them to the Telegram office before 5 p.m. on Friday.

See the Pick-Em page advertisement in today's Telegram for this week's high school and college games.

The fan who picks the most winners during the 12-week contest will receive \$50 in scrip money plus an engraved trophy.

Scores of last week's games were: Plainville 22, Norton 14; Northern Valley 56, Palco 6; Thunder Ridge 66, Logan, 16; Phillipsburg 54, Oakley 6; TCU 20, Kansas 6; Kansas State 35, North Texas 21; Notre Dame 20, Michigan State 3; Nebraska 42, Arkansas State 13; Stanford 21, Southern Cal 14.

Almena native breaks Leadman course record

By Carleen Bell

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Capitalizing on a passion that began at a young age, a Northern Valley High School graduate recently broke the course record and won the Leadman race in Colorado.

A 1989 Northern Valley graduate, Tim Waggoner of Golden, Colo. ran the Leadman race on Aug. 18 in Leadville, Colo. The race consists of a marathon, a 50 mile mountain bike race, a 100 mile mountain bike race, a 10-kilometer run and 100 mile run. Prior to Waggoner competing this year, the previous course record was about 41 hours. He was able to complete the course in about 36 hours, though, setting a new record.

Waggoner said he started running in high school and excelled at track and cross country for Northern Valley High School.

"In Almena, there was (the) idea that you just went out for all the sports because your friends did," Waggoner said, "but once I did start (running) I enjoyed it completely. My coach, Bill Lowry, was also very supportive and I was influenced by him to continue with it and see what I could do."

In 1996, he began racing in Ironman triathalons and went on to become a professional Ironman competitor, which he did until 1997 when his oldest son was born.

"When my son was born, I went back

to just running, which takes much less time," he said. "I ran my first ultra race in 2008, a 50 mile trail run, and I won and broke the course record."

Waggoner explained that the Leadville race series is made up of the Marathon/ 50 mile mountain bike/ 50 mile run/ 100 mile mountain bike/ 10k run/ 100 mile run all within 2 months. The Leadman race is all of the races, except the 50 mile run, attempted in one continuous race.

"The 100 mile run is the first 100 mile run that I ever tried and I placed sixth overall out of 800 runners in 2010," Waggoner said. "Most people only choose one or two of the races in the series. Only about 100 people actually attempt the Leadman each year."

The Leadman race course consists mostly of jeep track, trail and dirt road running. The marathon portion was all jeep track and climbed up to over 13,000 feet of altitude. The 100 mile run is about 70 percent jeep track and trail and 30 percent dirt road. It has 12,000 feet of total vertical climb and is held entirely between 9,800 and 12,600 feet in altitude. It climbs over four mountain passes. The mountain bike portion of the race is similar terrain and climbing.

Though the Leadman is a competition against other athletes, Waggoner said he is primarily competing with himself.

"In a 100 mile trail race it's very

much against yourself," he said. "You get to a point where your body is completely broken and exhausted and you have to make it continue. You can also run for hours and not see another person so it's tough to actually 'compete' against someone else. I also believe

that winning comes more from simply giving 100 percent and that comes from within."

To train for such a challenging race, Waggoner said his strategy is primarily

(Leadman - Continued on Page 5)



Almena native Tim Waggoner (above right) recently broke the course record by nearly five hours in the Leadman race in Leadville, Colo. He is pictured with his pacer, Tim Long.

-Photo courtesy of joghard.blogspot.com

