

OBITUARIES

Irene Mae McFarland

Aug. 30, 1922 - Jan. 1, 2013

Irene Mae McFarland, daughter of Elmer and Estella Blanche (Mathes) Mapes, was born Aug. 30, 1922, in Norton, and passed away at the Andbe Home in Norton, on Jan. 1, 2013, at the age of 90. She was a lifelong resident of Norton County.

Irene attended the District 19 rural school and the Norton Junior and Senior High Schools, graduating with the class of 1942. She worked as a receptionist for Bertha's Beauty Shop and married Leo Wright in 1943, and to this union one daughter, Marilyn, was born. She later worked with her husband, Leo, at a service station. Mr. Wright passed away and Irene later married Arthur Floyd McFarland in 1975. Irene worked at J.M. McDonald's Clothing Store before going to work at Norton-Decatur Electric, now known as Prairieland Electric. She retired on Jan. 30, 1987.

Irene was a member of the First Church of God in Norton. Following her retirement, she enjoyed making quilts, vacationing with her husband, spending time with her family and friends, and at-

tending her grandchildren's sporting events.

Survivors include: three stepdaughters, Carolyn Knapp, Kansas City; Roberta Fischer, San Antonio, Texas; Gwendolyn Graham, Los Angeles, Calif.; nine grandchildren; many great-grandchildren; one brother and his wife, Loyal and Creta Mapes, Norton; one sister, Dorothy Gooden, of Idaho; other relatives and friends.

Irene was preceded in death by her parents, her two husbands, Leo and Floyd, and one daughter, Marilyn Schrum, two brothers, Hiram and Eugene, and three sisters, Marie, Mildred, and Ivalde.

A funeral service was held on Friday, Jan. 4 at the First Church of God in Norton and burial was at the Norton Cemetery.

Memorials are suggested to the First Church of God.

Condolences can be sent to www.enfieldfh.com

Arrangements were by Enfield Funeral Home of Norton.

L. Shane Brady

Dec. 30, 2012

L. Shane Brady, 72, of Hays, died at his home on Sunday, Dec. 30, 2012. Born in Denver, Colo., Shane was raised on a family dairy and dry land wheat farm in north central Colorado.

After graduation from Brighton High School, Shane served in the United States Air Force Reserve. At the same time, his business career began and spanned many roles and entities, including American National Bank and Pet Milk in Denver, Colo., dairy farming in Johnstown, Colo., and then, in a surprise move to Kansas, he changed roles one last time to become owner and operator of three grain elevators in Edmond, Norton, and Stuttgart - a role he shared for over 30 years with his best friend, business partner, and wife of 48 years, Jane (O'Connor) Brady. Upon "retiring" from the grain business, Shane and Jane moved to Hays, where he worked at Orscheln Farm and Home for nearly 10 years until the time of his death.

Shane was mayor of Edmond, and an active board member, director, and trustee for many businesses, industry, and community groups including the Kansas and National Grain and



Feed Associations, Rural Telephone Association, and the Norton County Hospital. He was an avid reader and cruciverbalist (an enthusiast of word games, especially of crosswords) with a lifelong love of western movies.

His personal ethic of "do things right" shone through in his dedication to his family and friends, his job, and his other endeavors. Quietly, he demonstrated charity and concern for others by his actions.

Shane is survived by his wife, Jane; his son, Matthew and his wife Meili; his three granddaughters, Maura, Michael Jane, and Meriel, all of Olathe; his sis-

ter Dorothy (Brady) Struck and her husband James of Brighton, Colo.; many nieces, nephews, and cousins; and myriad of friends.

He was preceded in death by his parents, Sidney and Lucille (Kallsen) Brady and two brothers, Sidney and Eldon "Bud" Brady.

Memorial services will be at 11 a.m. on Saturday, Jan. 5, 2013 at the Comeau Catholic Campus Center, Hays. Military honors by the Hays American Legion will follow. The family will receive friends from 6 until 7 p.m. on Friday and from 10 a.m. until service time on Saturday, all at the Catholic Campus Center. A rosary will be at 7 p.m. on Friday at the Catholic Campus Center.

Friends and family are encouraged to make memorial donations to the Mary Elizabeth Maternity Home, P.O. Box 132, Hays, KS 67601, the Salina Diocesan Seminarians, or to simply find something that needs doing and make sure it is done right.

Condolences may be left for the family at www.haysmemorial.com

Lester Dean Bausch

Jan. 9, 1945 - Jan. 2, 2013

Lester Dean Bausch, son of Lester H. and Mildred C. (Tatum) Bausch, was born Jan. 9, 1945, in Bakersfield, Calif., and passed away at the Hays Medical Center in Hays, on Jan. 2, 2013, at the age of 67.

Lester attended the Burr Oak, Kansas elementary school and graduated from the Burr Oak High School. On Sept. 23, 1978, Lester and Faye Ann Reese were united in marriage in Norton. They made their home in Norton where Lester was an officer with the Norton Police Department and later an officer with the Kansas Department of Corrections. In 2007, they moved to Kearney, Neb., and returned to Norton in 2010.

Lester had been a member of the Norton Christian Church and had recently transferred his membership to the Norton First Church of God. He had also been active with the Boy Scouts and Girl Scouts with his children. He collected old toys and enjoyed fishing, drawing, and researching family

history, but his greatest love was his family.

Survivors include: his wife, Faye Ann Bausch, Norton; three daughters, Jennifer Karabin and fiancé, Tad Hartsough, Heather Bausch and J.P. Rice, Amber and Alan Brown, all of Norton; one son, Roger Bausch and Crystle Mansfield, Scottsbluff, Neb.; four grandchildren, Tyler, Audrey, Lauren, and Natalie; other relatives and many friends.

Lester was preceded in death by his parents. Funeral services were held on Friday, Jan. 4 at Enfield Funeral Home in Norton and burial was at the Norton Cemetery.

Memorials are suggested to Gift Life House in Rochester, Minn.

Condolences can be sent to www.enfieldfh.com

Arrangements were by Enfield Funeral Home of Norton.

HANSEN MUSEUM

The Dane G. Hansen Memorial Museum presents a Dual Showing "Brush Strokes by Bobbi Kerth and "Paintings by Staci Hartman."

The exhibit opened Dec. 7, 2012 and will run through Feb. 3, 2013.

Bobbi Kerth lives in Wa-Keeney. She paints in her home studio in the mediums of oil and watercolor. Her family and her love of nature are great inspirations for her award winning paintings. Bobbi continues to participate in workshops by renowned artists such as Arleta Pech, Susan Blackwood, Howard Freidland, and John Cody.

Staci Hartman has spent the majority of her life in North Central Kansas in Logan. Her work shows typical scenes of rural life. She loves to travel and extend her subject venue.

Her creative work is done in oil and pastel. Staci continues to work with well known national artists such as Kaye Franklin, Howard Freidland, and David Vollbracht.

Our January Artist of The Month is Melissa Stramel from Colby. She will have on display patterns and book, sewing, crafting and recipes. Stop in and check out her many items.

Kerry Ferguson from Kensington will be instructing dance classes again this year on Sunday afternoons, starting Jan. 6, 2013. They will be held at the Logan City Building with Beginning Dance from 2 - 3:30 p.m. and Advanced Dance from 3:30 - 5 p.m. The cost is \$50 for single and \$90 for couples. Participants must be 13 years or older.



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First Come, First Serve — Wheelchair Accessible

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'Sittercise'



'Sittercise' is an activity enjoyed by several residents at the Norton Andbe Home. Eleanor Jensen, Barb Baltzell, Mabel Nyland and Ruth Richardson work on hand eye coordination by hitting the tip of their raised toe with a noodle. Several activities are done during 'sittercise' to keep the muscles loose and the body limber.

— Telegram photo by Dana Paxton

JENNINGS NEWS

Twinkling lights, snowmen, and Santa greeted Book Club members on December 18 at the home of Sue Long. To celebrate the holiday season, members feasted on Red Velvet Cake, Christmas meatballs, veggies and dip, nuts, cheese and crackers, cranberry bread and sipped wine, coffee and tea. The book "Cold and Sassy Tree" by Oliue Ann Burns was discussed by Ruth Chance, Patty Foster, Violet Foster, Pat Hall, Terri Hanke, Lila Jennings, Carla Latimer, Joan McKenna, Shelley McKenna, Lynn Tacha, and the hostess Sue Long. Those attending also participated in an ornament exchange.

Playing cards Wednesday at the Sunflower Senior Center were: Diane Carter, Eleanor Morel, Carla Latimer, Ramona Shaw, Scott Taylor, Wayne and Louise Cressler. Danny and Cindy Black and Bowen, Carlsbad, N.M.; Brandon Wagoner and Noah, Granby, Mo.; Kevin and Colleen Wagoner, Sharon Springs; Jeff and Mary Wahlmeier, rural Clayton were last weekend guests at the home of

Stan and Ramona Shaw.

Family at the Tom Votapka farm were Mary Votapka, Cedar Living Center, Oberlin; Lori Schiefen and Katlyn, Overland Park; Rex and Ann Rowh, Jodi Inguanza, Meagan and Christopher, Cimarron; Rollie and Jean Hallagin, Goodland; Josh and Michele Ivans, Brooklyn and Alianna, Spring Hill; Jason Rowh, Drake and Brecken, Sue Long, Tom Votapka and Terri Hanke, Jennings.

Lori Schiefen and Katlyn, Overland Park, spent Christmas weekend at the home of Sue Long. Darlene and Martin LaRue enjoyed having Troy and Ann LaRue, Fulton, Mo.; Jessica and Chris Jaeger, and Emerson; Jared LaRue, Nashville, Tenn., visit for several days during the Christmas week. Darlene and Martin especially enjoyed seeing their five month old great-grandchild, Emerson.

Visitng Wayne and Louise Cressler Christmas Day were their son, Russell Cressler, Bison and Mary Kinser, rural Jennings.

Shopping with fitness in mind

With the holidays over, we can focus on using those gift cards that so many of us received this year. Maybe we have gained a few pounds, so why not use that gift card and choose a gift for yourself that promotes health and wellness. Here are some gift ideas that can really get people motivated to be more active.

1. Workout Attire - Nothing is more exciting than getting a few new outfits to wear when being physically fit. This can include shorts, sports bras, or brand new athletic footwear. Many of these items come in a variety of prices and forms. If you like to run, why not buy a pair of tennis shoes that you've customized. Many of the popular brands of shoes have websites where you can choose the shoe, color, and even add a name or favorite sports team. If you are into yoga, why not buy a new pair of yoga pants and matching top. Fun colors will really brighten up the workout experience.

2. Exercise Equipment - Don't let the title make you think you have to spend a lot of money. This can range from a new set of free weights to a balance ball to fit bands. Anything that promotes physical activity. If you are willing to spend more money, try an exercise bike, a treadmill, or an elliptical machine. Just make sure if you are purchasing a larger item that you have the space to accommodate

Home ed
Tranda
Watts,
Extension
specialist



the equipment.

3. Fun Fitness DVDS - Some people like to do their physical activity in the privacy of their own home. There are a million and one different workout regimens available. Some have up to three months' worth of workout routines along with tips and nutrition advice. There are also video games out there that promote physical fitness in one's home, just make sure to check what gaming device the game uses.

4. Gym Membership - Sign your whole family up for the gym. Make it a habit to go with your loved ones so that it creates accountability. If you sign up with a friend, you will be more likely to encourage each other to use it. If you already have a membership, maybe a fun fitness class you wanted to

try. Many of the deal of the day websites have deals that are for yoga, Zumba, Pilates, and other different classes.

5. Other Memberships - Buy the gift of membership to a place that has room to move such as the zoo or a nature center. This will encourage physical activity in the form of long walks with loved ones. Not only will you be active, but you will also learn about different topics. Plus it's fun to get outside.

6. Music - If you like to do physical activity with music, try buying a music gift card to your favorite online or in-store music store. Nothing's better than adding some new tunes to your mp3 player for your morning jog.

Whatever you decide to buy this year, try to do a little something to promote physical activity. It doesn't have to be big. Even small changes lead to results in the end. Please feel free to contact your local K-State Research and Extension Office or you may contact Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety at twatts@ksu.edu.

Jan. 4 -
Jan. 9

Showing at the
NORTON THEATRE

Jack Reacher
PG-13) - 2 Hours, 20 Minutes
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Monday, Tuesday and Wednesday: 7:00 p.m.

Parental Guidance
(PG) - 1 Hour, 55 Minutes
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Monday, Tuesday and Wednesday: 7:00 p.m.



COMING SOON

Jack Reacher is a non-premiere movie \$7 and \$6. \$3/tx on Sunday
Parental Guidance is Premiere Price of \$7 and \$6 - No Sunday Discount

Coming soon to the Norton Theatre:
Lincoln (PG-13) and Les Miserables (PG-13)
Playing Sun. Jan. 20 and Jan. 27 at 1:00 p.m.
and sponsored by local area churches:
For Greater Glory (R)

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