STUDENTS OF THE MONTH



Norton Community High School For the Month of January Student : Sierra Black Parents : Kevin and Tami Black Grade: Senior Nominating Staff Member: Mr. Garrett Beydler Comment from nominating Staff Member: "Sierra is a good student who sets a good example for others." Factoids about Sierra Favorite Class : English

Favorite Drink : Water Favorite Color : Blue Favorite Food : Prime Rib Favorite Movie : Taken Favorite Saying : "What's going on?"

Favorite Song : Don't Blink by Kenny Chesney

Favorite Hangout: My house.

Personal Hero : Lisa Donovan

Future Plans : I have my mind set on being a Certified Registered Nurse Anesthetist.



Student: Kolton Harting Parents: Chris and Mindy Harting Grade: Junior Nominating Staff Member:

Mrs. Vicki Robison

Comments from nominating staff member: "He has been working hard in class. He always has his assignments done and even though he is involved in lots of activities, he comes to class prepared."

Factoids about Kolton Favorite Class : Ag Favorite Drink : Dr. Pepper Favorite Color : Lime Green Favorite Food : Prime Rib Favorite Movie : 8 Seconds Favorite Saying : "Hey Jack!"

Favorite Song : Cruise Favorite Hang out : Roping arena.

Personal Hero : My dad. Future Plans : College rodeo

HONOR ROLL

Norton Junior High School 3rd Nine Weeks Honor Roll **Highest Honors 4.00** 7th Grade Jace Ruder Callie Uehlin 8th Grade Caitlyn Cox Wilson Ellis Josephine Otter Jena Risewick Honor Roll I 3.50-3.99 7th Grade Mariah Addington Jessica Ambrosier Anna Burge Kara Frack **Dustin Harting** Ryan Johnson Seth Otter

Cale Patterson **Tevin** Petrie Justis Posson Nicole Thrailkill 8th Grade Alexzandria Aldridge Brian Clavijo Jacob Green Mitchell Hickman Macayla Kent Kennedy Leibbrandt Koby McEwen Miah Melvin **Baylee Miller** Layton Miller Landon Porter Kira Robertson Julian Snyder Kade Unterseher Harrison Woodyard

Trenton Wright Honor Roll II 3.00-3.49 7th Grade Collyn Auker Jessie Dawley Johnathan Gassmann Dallas Gosselin Weston Harting Kalaina Karnes Denni (Raye) Kasson **Emily Riley** Nicole (Vahling) Rumback Jace Smothers 8th Grade Caleb Gregerson Tyus Henson Tyler Karabin Cruz Leon Taylor Wahlmeier

Sports symposium to be held April 20

HaysMed Education Department, High Plains Sports Regis Medicine and The University of Kansas Medical Center AHEC-Northwest will hold its 11th Annual Sports Medicine Symposium on April 20. The program will be held at the Hadley Con-

Assistants, Nurse Practitioners, Registered Nurses, Licensed Practical Nurses, Physicians, Physician Assistants and all allied health care professionals with an interest in sports medicine

Seven hours of continuing education credit are available for

CNE and CME. This program is

also approved for seven contact

hours for Athletic Trainers. Ap-

plication has been submitted to

KPTA, NSCA and ASRT. Ap-

Medical Center Office Of Con-

The University Of Kansas

proval is pending.

fication of cancellation is made 24 hours prior to the workshop. HaysMed reserves the right to cancel any workshop that does not meet enrollment quota. All pre-registered attendees will receive a full refund.

To register call 800-248-0073

Festival winners announced

Kansas First Lady Mary Brownback announced the winners of the 2013 Kansas Book Festival Grants during a news conference recently at the Statehouse in Topeka.

"The Kansas Book Festival works year round to promote literacy and encourage a life-long love of reading," First Lady Brownback said. "These grants will help preserve and improve local and school libraries across the state."

The 16 public and school libraries will share in receiving a portion of the \$12,555 in grants.

2013 Technology Grants Norcatur Public Library Norcatur \$1,000 "These grants will help libraries to purchase new technology like computers, iPads and eBooks as well as a wide range of reading materials for a wide range of reading levels," Mrs. Brownback said.

Kansas Book Festival Fund is a 501c3 organization through the Topeka Community Foundation. The grants themselves are funded through corporate sponsors and monies raised at the annual book festival.

The 2013 Kansas Book Festival will be held Sept. 7, at the Kansas State Capitol in Topeka. All age groups are invited to attend the free, day-long event. To learn more, visit kansasbookfestival. com.

Forensics students at Smith Center

Spring break in the valley ... kids everywhere look forward to this time of the year. Ask them what they plan on doing and the answers range from travel to playing games; all involve sleeping in and relaxing. Who would have thought that nine out of twelve forensic students from Northern Valley would volunteer to spend one of those days competing in a meet? You have to admire the focus and commitment of the following students: Makayla Smith, Alex Tharman, Jon Compton, Camden Cox, Sarah Baird, Macy Kasson, Lance Armbrister, Dakota Hilburn, and Kortney Cunningham. Dani Wuest went along to act as driver, sponsor, and judge.

This meet was in Smith Center and was our first weekday meet of the year. When schools host a weekday meet, they typically start after the regular school day. Because the time is then shortened, the tournament only has two preliminary rounds and a final round. These competitions can be more challenging because both rounds have to be spot on to get you into the finals. Those making it to the finals,

their events, and placings were: Dakota – Serious Solo Acting (6th place), Macy – Humorous Solo Acting (5th place), Alex and Makayla – Improvised Duet Acting (4th place), and Alex – Oration (1st place).

Several of the students had personal best scores for the day as well. With the help of the whole team, the Northern Valley students finished in fourth place. Way to go team!!!! We are now down to the final three meets of the year and they are all in a one week time period (Phillipsburg – April 2/WKL League meet in Almena – April 3/Hays – April 6). Until next time, stick to the script.







ference Rooms at Hays Medical Center, 2220 Canterbury, Hays, Kansas. Registration begins at 7:30 a.m. and the program runs from 8 a.m. – 3:30 p.m.

Speakers for the symposium include Kayla Dortland, APRN, Heartland Dermatology, Robert Manske, PT, DPT, Med, SCS, ATC, CSCS, Wichita State University, Alex DeCarvalho, MD, Hays Orthopedic Institute and Toni Boyles, CEO, A Place in Time Training.

Topics to be addressed are: dermatologic findings in sports medicine, internal impingement in overhead athlete, pitching mechanics, elbow injuries in athletes and making good choices in difficult situations.

This program is designed for Athletic Trainers, Physical Therapists, Physical Therapist tinuing Education designates this educational activity for a maximum of seven AMA PRA Category 1 Credits. This course offering is approved for seven contact hours for certified athletic trainers. The fee for this program is

\$60 for non-HMC attendees, \$30 for HaysMed, Critical Access Hospital and Pawnee Valley Hospital attendees and \$25 for students. Lunch is included in the registration fee. Workshop fees are refundable if noti-

Relay for life gets five stars

For the second year in a row, the American Cancer Society has recognized the Relay For Life of Norton County as a Five Star relay.

Obtaining a Five Star status requires that relays meet five important goals set by the American Cancer Society. These goals focus on Leadership, Event Development, Team Development, Fundraising, and increased Survivorship. Relay For Life of Norton County thanks not only the committee and relay teams from the 2012 event, but everyone in Norton County. This recognition belongs to the county and represents our determination in not letting cancer win.

This is the year we Dream Big, Hope Big and Relay Big. We hope that Norton County will continue to support Relay For Life and help us to finish the race to find a cure for cancer.

The American Cancer Society Relay For Life of Norton County is just around the corner. Reg-

ister your team today by calling or texting Stephanie Cookson at 785-202-9133. For more information on Relay For Life or to donate, visit RelayForLife.org/ nortoncountyks. Relay For Life of Norton County takes place from 6pm on June 7 until 6am on June 8 at the Norton Courthouse Square.



ext 5500 or go to www.haysmed.com/education.



Norton County Commissioners, Norton County Courthouse-2nd floor, 9 a.m.noon

Rotary, Town & Country Kitchen, noon-1 p.m.

Monday at the Movies, Norton Public Library, 1:30-3:30 p.m.

Chess Club, Norton Public Library, 4-5 p.m.

TOPS, Lenora United Parish Church, 5-6 p.m.

Closed Alcoholics Anonymous, VFW Hall-north Highway 283, 6:30-7:30 p.m.

TOPS, Norton United Methodist Church-Fellowship Hall, 7-8 p.m.

Tuesday, March 26

Open God Squad, VFW Hall-north Highway 283, noon-1 p.m.

Norton Green Gardening Club, Attitudes, 7 p.m.

Open Alcoholics Anonymous, VFW Hall-north Highway 283, 8:30-9:30 p.m.

Wednesday, March 27

Open Alcoholics Anonymous, VFW Hall-north Highway 283, noon-1 p.m. Open Al-Anon-, VFW Hall-north Highway 283, 7-8 p.m.

Open Alcoholics Anonymous, VFW Hall-north Highway 283, 8:30-9:30 p.m.

Thursday, March 28

Preschool Story Hour, Norton Public Library, 10:30-11:30 a.m.

Open Alcoholics Anonymous, VFW Hall-north Highway 283, noon-1 p.m. Open Alcoholics Anonymous, VFW

Hall-north Highway 283, 8-9 p.m.

Friday, March 29 Open Alcoholics Anonymous, VFW Hall-north Highway 283, noon-1 p.m.

The Community Calendar is brought to you by

THE NORTON TELEGRAM

To get your event included on the calendar Call Mike at 785-877-3361 or send by email: mstephens@nwkansas.com

Christian Church-208 N. Kansas Ave., 7-8 p.m.

7th, 8th and 9th Graders at The Rock, corner of Main and State streets, 7-10 p.m.

Open Al-Anon, VFW Hall-north Highway 283, 7-8 p.m.

Open Alcoholics Anonymous, VFW Hall-north Highway 283, 8:30-9:30 p.m.

Saturday, March 30

Open Alcoholics Anonymous, VFW Hall-north Highway 283, 1-2 p.m.

Open Narcotics Anonymous, Norton United Methodist Church-805 W. Wilberforce, 8-9 p.m.

Sunday, March 31

God's Pantry, Trinity Episcopal Church-102 E. Waverly, 3-4 p.m.

Open Narcotics Anonymous, Norton United Methodist Church-Fellowship Hall, 7-8 p.m.

Monday, April 1

Norton County Commissioners, Norton County Courthouse-2nd Floor, 9 a.m.noon

Rotary, Town & Country Kitchen, noon-1 p.m.

Chess Club, Norton Public Library, 4-5 p.m.

TOPS, Lenora United Parish Church, 5-6 p.m.

Closed Alcoholics Anonymous, VFW Hall-north Highway 283, 6:30-7:30 p.m.

Clayton City Council, Clayton City Office, 7-8 p.m.

Almena City Council, Almena City Office, 7-8 p.m.

TOPS, Norton United Methodist Church-Fellowship Hall, 7-8 p.m.