

Cancer Society turns 100

May 22 will mark the 100th anniversary of the American Cancer Society. Relay For Life is the American Cancer Society's primary event for raising money to be used for research, education and a wide variety of services.

Leaps and bounds have been made over the years to reduce the number of fatalities associated with cancer. In the early 1990's, one out of three people diagnosed with cancer survived. Today, thanks in part to the

American Cancer Society two out of three will survive. Join Relay For Life of Norton County as we work to finish the fight and make the survival rate three out of three.

Watch for fundraising signs around Norton County and support the relay teams as they raise money to help end cancer. An upcoming event on Thursday is when Las Canteras will donate 15 percent of their sales to Relay For Life.

Relay For Life of Norton

County will take place from 7 p.m. on June 7 through 7 a.m. on June 8, at the Norton County Courthouse Square. For more information on Relay For Life of Norton County, to purchase a luminaria or to register a team for Relay, call Event Chairmen, Karen Wright at 785-877-2707 or Lee Russell at 785-877-2383, or Team Development Chairman, Stephanie Cookson at 785-202-9133. To donate online, visit RelayForLife.org/nortoncountys.

There is no mystery to success

By Ron Wilson

Huck Boyd Institute

Guests are gathering for dinner at a vineyard in Napa Valley, Calif., when suddenly disaster strikes. The owner of the vineyard has been murdered! Is this a mystery novel? A new TV show? No, it's the scenario for a murder mystery dinner, hosted by an innovative, historic bed and breakfast and retreat center in the middle of Kansas.

Clare and Nancy Moore are owners of the Henderson Inn and Retreat Center in Stafford, Kan. Clare grew up in a truly rural location, between Pratt and Stafford and northwest of the rural community of Preston, population 163 people. Now, that's rural.

As a kid, Clare and his family frequently visited his grandparents in Stafford. His great-grandmother, Sarah Henderson, had a beautiful older home. Another house, an abandoned building south of town, was sometimes called the haunted house or the Governor's mansion because it was partially modeled after the original Governor's mansion in Topeka. These houses caught Clare's attention.

Clare went on to Wichita State and began a career in real estate. In Wichita he became active in the Victorian Society and became deeply interested in historic preservation and restoration.

In 1978, after his great-aunt passed away, Clare had the opportunity to buy his great-grandmother's house in Stafford. The house had been built in 1905,

and Clare's great-grandmother, Sarah Henderson, acquired it in 1906. Sarah's daughter Mary, Clare's grandmother, was married in the front parlor in 1912.

Clare painstakingly restored this gorgeous home and also purchased and restored a nearby home known as the Weide House. In 1990, he opened the Henderson House Bed and Breakfast. He subsequently bought and restored two other nearby homes, the Spickard House and the Littlefield House, with all of these serving as places for lodging.

In 2000, he bought a former church building in the same neighborhood. This structure provided a place for groups to have meetings, small conferences, or retreats. The name of his enterprise was changed to the Henderson Inn and Retreat Center. In 2005 he built another building called the Pavilion. Together, these houses offer 18 rooms with private baths, plus meeting space at Ye Olde Church.

As we have profiled previously, Stafford created a community-owned store in 2012. Clare played a major role in the design, development, and creation of the store. He added artifacts to the store which came from the old haunted house, the so-called Governor's mansion, which he had driven by as a kid. Those artifacts had been in storage since that building was torn down in the 1960s.

Meanwhile, Clare's collection of historic homes is what he refers to as a "neighborhood." All of these houses are on the same

street, in close proximity to the retreat center. Through the years, Clare has had guests from coast to coast - literally from New York to California - and from as far away as Australia and South Africa.

Back in 2001, some friends in Clare and Nancy's Sunday School class had an idea for a fun evening. They had heard of murder mystery dinners, so they gave one a try at the Henderson House. It was a lot of fun, and when Clare was seeking to grow business in 2010, he started offering those for the public.

Now murder mystery dinners have become a signature for the Henderson Inn. Guests may come in costume and participate as a murder scenario plays out over dinner. Almost every guest is a suspect. They all have clues to reveal and alibis to proclaim. In the course of the evening, the mystery is solved.

These fun dinners have different themes, such as Hawaiian or Wild West. The Napa Valley scenario (called "A Taste of Wine and Murder") has been an especially popular one.

For more information, go to www.hendersonbandb.com.

The mock dinner in Napa Valley is over and the mystery is solved. The guests go home well-fed and happy. We commend Clare and Nancy Moore of the Henderson Inn and Retreat Center for making a difference through historic preservation of these houses and then sharing these historic homes with others. Their positive results are no mystery.

Sewing history



Shelly Burge of Lincoln, Neb. was the guest speaker for the Heritage Quilting Club on May 6. She spoke about several of her antique toy sewing machines that she brought with her. There were 80 quilt members in attendance coming from Kansas and Nebraska. Everyone enjoyed a meal of salads and bread followed by the speaker.

— Telegram photo by Dana Paxton

Heritage Quilt Club has big draw

By Beverly Kindler

Members of the Heritage Quilt Club hosted area quilters for the May meeting. Nearly 100 quilters from Oberlin, Hoxie, Phillipsburg, Hill City, Holdrege, club members and guests of members gathered in the Fellowship Hall at the United Methodist Church for a salad supper and program.

Judy Luft, president, welcomed guests and members. The Door Prize Committee did the first drawing for door prizes. Pastor Lyn Linde, offered prayer before the meal. After dinner the remainder of the 40-plus door prizes were awarded. Each person received a copy of a pattern for a quilted article and two fabric bookmarks. Area quilt clubs were recognized.

Judy introduced the guest speaker, Shelly Burge of Lincoln, Neb. Her presentation was a trunk show of toy sewing machines as well as quilts and other fabric items to compliment to sewing machines. Shelly has a collection of 300-plus toy machines and shared about 30 in this trunk show. Currently, part of her collection is one display at the International Quilt Study Center in Lincoln, Neb.

The first toy sewing machine was made about 1875. The Singer Company first made adult sewing machines in 1851 and the first toy machines in 1910. Toy machines usually have no bobbin, the stitch is a chain stitch of thread that must be knotted at the end, or it will pull out.

Toy sewing machines are operated by hand cranks, wheels and there are battery operated and electric models. Machines were made of metal and some cast iron; then changed to plastics in the 1960's and 70's. In the 70's, 80's and 90's machines

were made in Japan and China.

Toy sewing machines have been made in 14 different countries, but many were manufactured in Germany. Mueller is a German manufacturing company that made only toy machines for about 100 years.

Shelly shared quilted items that featured toy machine motifs, some with the sewing done on a toy machine, some miniature quilts, doll quilts with vintage fabrics, and some with special themes that she had designed and made for contests. She also shared some embroidered treadle machine covers that she has collected.

Shelly's first quilts were made to use up scraps of fabric she had left over from making clothing for her family. She started entering her work in the Nebraska

State Fair in 1977. Her pieces have earned nearly 150 ribbons, including four Pride of Nebraska awards and five Best Original Design awards. Her quilts have received recognition in quilt competitions across the United States, Europe and Japan.

Shelly started teaching quilt making in 1984. She has taught for guilds, quilt conferences and fabric shops, both nationally and internationally. In 2000, she served on the teaching staff of the Quilt Expo in Strasburg, France. She has been honored by being inducted into the Nebraska Quilters Hall of Fame.

To conclude the meeting a pieced, quilted, autographed pillow was presented to Judy Luft as she concludes her term as president of the Heritage Quilt Club.

Turn lunchtime boredom into smiles

Are you running into lunchtime boredom with the same old sandwiches? Or perhaps despairing of getting your child to eat anything but chicken noodle soup? Maybe you'd like to introduce some different fruits, vegetables, or meats into your child's diet without a hassle. Foodies are for you! Making foodie faces with your children can be amusing, educational and nutritious for all of you.

We started doing face lunches by accident one day when I found the sandwich bread had mysteriously turned green and hairy overnight. With no car available for a quick trip to the market and two hungry kids wanting some lunch, I was forced to fall back and punt. While putting the sandwich makin's out on a couple of salad plates, inspiration hit and foodie faces were born.

Using two halves of hard-boiled eggs for eyes and half a slice of bologna for a smiling mouth below them I pieced out the rest of the features with a pickle slice nose and some green pepper strips for ears. The children were delighted and munched down every bite, giggling as they bit "teeth" into the smile and chewed up the "piggle" nose. From that emergency beginning we came up with a lot of creative variations for an occasional treat. Sometimes the children chose, sometimes I surprised them, but they asked every day if it was face day again. Wisely kept for a special treat, we didn't burn out the enthusiasm with over familiarity.

Here are just a few of the neat ideas we used. Cheese can be cut and adapted for use as almost any feature, as can diminutive sandwiches or leftover meats. Eggs are not the only eye mate-

Cook's Corner

Liza Deines



rials. Try large round dill slices or tomato slices in the summer. A black olive slice laid on each "eye" can effectively provide goofy facial expressions. Half of many things can form a mouth -- cheese slices or curved bread slices spread with peanut butter or raspberry jam. How about a curvy banana? Right side up for a smiley on a happy day; upside down for a sulky face. Little cheese crackers or cereals like Chex or Honeycomb can be used many ways.

Ears and hair are fun ways to introduce raw broccoli or cauliflower, pepper strips, carrot curls or radish slices, and crunchy Chinese noodles make a great hairdo. Snazzy earrings may be added using olives, too, or a couple of grapes, grape tomatoes or even tiny squares of cooked beets or carrot circles. A golden necklace of animal crackers was always a big hit. Noses are the very best. Try grapes here, too, sliced or whole, or a whole red radish, a little carrot point, and once in a blue moon, a tiny Milky Way or Snickers bar. Of course there was a bargain on candy noses -- if you chose to nibble that down first, you had to eat every bit of the rest of the face, no matter what it was. No problems ever came up over this since most faces were devoured in their entirety without a whimper.

Many new miniature products are on the market now which could be utilized in face sculptures. Think Baby Bell cheeses,

those little bitty sandwich cookies, or character crackers like goldfish or teddy grahams.

Hot dog slices work in a lot of places. Holidays offer special opportunities to do a bunny face with a marshmallow nose; zig zag teeth will make almost any face into a jack o'lantern. Scarecrows, cats, puppy dog faces and angels are easy to do and try a Santa Claus face with a red pepper hat and a shredded coconut beard. Because there is a variety yet not a lot of any new food, children are not intimidated and will learn to eat a wide range of foods.

Tired of fighting that "I'm not hungry" battle? Make a face at (and FOR) your kid!

Liza Deines

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KID-LINK Early Intervention Services and Developmental Screenings

The DSNWK Kid-Link program provides a full range of early intervention services to infant and toddlers from birth through two years of age in their natural living environment. One of the services provided is Individual Developmental Screenings.

If you are interested in scheduling a screening for an infant/toddler, please call
(785) 425-6766



SERVICES ARE OFFERED IN NORTON, OSBORNE, PHILLIPS, ROOKS, RUSSELL AND SMITH COUNTIES

"Parents and Professionals Working Together to Assist Infants and Toddlers Reach Their Full Potential"

Memorial Services for
Mary Lou Dietz, Sayer (Thomas)
will be held at the
Long Island United Methodist Church
on **Saturday, May 25**
at 10:30 a.m.

**Lenora Alumni Association
Banquet and Open House
Saturday, May 25, 2013**
Lenora Grade School Gym
Registration: 11:30 a.m. Meal: 12:30 p.m.;
Please R.S.V.P. to
Jana Wagoner (785) 567-4494
1913 - LHS Alumni Association - 2013
Celebrating 100 Years
OPEN HOUSE - CAKE AND PUNCH AT 3:00 P.M.
(ANYONE WISHING TO VISIT WITH ALUMNI IS WELCOME TO THE OPEN HOUSE)

May 10-
May 15

Showing at the
NORTON THEATRE
Iron Man 3-in 3D
2 Hours, 19 Minutes (PG-13)
SUMMER HOURS
Fri. and Sat.: 7:00 and 9:35 p.m.
Sunday: 5:00 and 7:35 p.m.
Mon., Tues., Wed.: 7:00 p.m.

Oblivion
2 Hours, 15 Minutes
(PG-13)

Let's Go to the Movie

Oblivion is a Non-Premiere movie - \$7.00 and \$6.00. \$3/tax on Sunday
Iron Man 3 is a Premiere movie - \$7.00 and \$6.00. NO Sunday Discount

EARLY BIRD PREMIERE
THURSDAY, MAY 16, 9:15 P.M.
Star Trek: Into Darkness-in 3D

COMING SOON

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