OBITUARIES Winona 'Nona' (Stevens) Graf Amen Nov. 24, 1924 - June 16, 2013

Winona "Nona" (Stevens) Graf Amen, 88, of Iliff, Colo., entered the gates of Heaven on Sunday, June 16, 2013. A celebration of her life will be held at Christ United Methodist Church in Sterling, Colo. on Friday, June 21, 2013 at 10:30 a.m. with Reverend Ed Bigler officiating.

Nona was born Nov. 24, 1924 to Mary Pauline (Dodge) Danielsen and Leon Claire Stevens. She graduated from Alma, Neb., and attended Kearney State College. She taught two years in a one-room school house in Woodruff, Kan., until she married Ruben Harold Graf on April 8, 1944 at the Lutheran Church in Hays.

To this union four children were born: Dennis Ruben Graf, Joyce Pauline Lofgreen, Steven Leon Graf, and Julie Graf Frye. She also considered their foreign exchange student from Linares, Mexico, Javier Williams Tancredi, as a son.

They lived and farmed near the Almena area until Ruben's death on April 17, 1980. She then married Walter Amen of Iliff, Colo., on Nov. 6, 1982 at the Congregational Church in Almena. With this union she gained two sons, Kenton Carl Amen and Edwin Allen Amen. They lived and farmed near



Iliff, Colo., until the time of her death.

Nona felt blessed to have two wonderful husbands, Ruben for 36 years and Walter for 31 years. She enjoyed her travels with both husbands, as both sold Pioneer Seed. Her life revolved around her family, especially spending time with her children and grandchildren, and she loved planning the yearly family reunion.

She was an active member of the Order of Eastern Star Chapter #89 and served as Worthy Matron. After moving to Colorado she became a member of the Proctor Extension Homemakers

Club. She was also a member of the Congregational Church of Almena and the Christ United Methodist Church of Sterling.

She was an excellent seamstress and cook, helping many 4-Hers with their clothing and foods projects. She was also well known for her wonderful rolls, pies, cookies and beef and noodles. She enjoyed reading and Big Band music. She took great joy in helping and living on the farm.

Her loving legacy is her husband Walter, sons Dennis (Judy) Graf, Steve Graf, Ken (Bonnie) Amen, Ed Amen, and Javier Williams Tancredi, and daughters Joyce (Dennie) Lofgreen and Julie (Steve) Graf Frye, and also 16 grandchildren and 28 great grandchildren. She is also survived by her brother, Leon H. "Steve" Stevens (Marlene).

She was preceded in death by her parents, first husband Ruben, and one grandchild, Heather Lofgreen.

Memorials may be made to Christ United Methodist Church Parking Lot Fund or Logan County 4-H Foundation.

There will be a graveside service at the Long Island Cemetery at a later date.

Brush fire ignites



Early Wednesday evening, the Norton Rural Fire Department was paged to a fire at the Elvin Conard farm six miles north of Norton and three and a half miles east on Road E. At 6:15 p.m. the call came out and seven trucks and 13 firemen responded. According to Rural Fire Chief Steve Otter, it is believed that the wind re-ignited an ember in the Conards' trash burning pit. The fire was contained within 30 minutes of arrival on the scene and the department worked for another hour and a half to finish the job.

- Telegram photo by Dana Paxton

Agency nominations accepted

Agriculture Secretary Tom Vilsack announced recently that the nomination period for local Farm Service Agency (FSA) county committees began on Monday, June 17.

"I encourage all eligible farmers and ranchers to participate in this year's county committee elections by nominating candidates by the Aug. 1 deadline," said Vilsack. "County committees are a vital link between the farm community and the U.S. Department of Agriculture and provide an opportunity to farmers and ranchers for their opinions and ideas to be heard. We have been seeing an increase in the number of nominations of women and minority candidates and I hope that trend continues."

To be eligible to serve on an FSA county committee, a person must participate or cooperate in a program administered by FSA, be eligible to vote in a county committee election and reside in the local administrative area in which the person is a candidate.

received in the local USDA Service Center by close of business on Aug. 1, 2013. Elections will take place this fall.

While FSA county committees do not approve or deny farm ownership or operating loans, they make decisions on disaster and conservation programs, emergency programs, commodity price support loan programs and other agricultural issues. Members serve threeyear terms. Nationwide, there are about 7,800 farmers and ranchers serving on FSA county committees. Committees consist

of three to 11 members that are elected by eligible producers.

FSA will mail ballots to eligible voters beginning Nov. 4. The voted ballots are due back to the local county office either via mail or in person by Dec. 2. Newly elected committee members and alternates take office on Jan. 1, 2014.

Call Mike with all your social news. 877-3361 mstephens@nwkansas.com



Dolores Jean 'Dee' Altman Oct. 2, 1938 - June 17, 2013

Dolores Jean "Dee" Altman, daughter of Lloyd and Fleta (Getz) Long, was born Oct. 2, 1938, in Phoenix, Ariz., and passed away at her home in Norton, on June 17, 2013, at the age of 74.

On May 24, 1975, Dee and Lee Altman were united in marriage at the Norton Christian Church in Norton. They made their home in Norton where they raised their four children and where Dee was a waitress for many years.

Dee enjoyed spending her spare time reading, knitting, and doing puzzles but her greatest 17 great-grandchildren; other

love was spending time with her family. She was also a past president of the Eagles Auxiliary in Norton.

Survivors include: her husband, Lee Altman, Norton; four children, Harmon Davis, and wife, Deena, Brookville; Carrie Fentiman, Norton; Nathan Davis, and wife, Tonya, Salina; Bobby Jones, and wife, Cheryl, Temple, Texas; one brother, Lloyd Long, Wichita; three sisters, Savella Gallentine, Norton: Opal Smith, Sterling; Sheila Reiger, and husband, Mike, Butte, Mont.; 13 grandchildren;

relatives and friends.

Dee was preceded in death by her parents, one daughter, Caprice Jean Baugher, and one grandson, Kiefer Eugene Baker.

Graveside services and burial were held on Thursday, June 20 at 10:30 a.m. at the Norton Cemetery in Norton.

suggested to the Norton Public Library.

Condolences may be sent to www.enfieldfh.com

Arrangements were by En-

Memorial contributions are

field Funeral Home of Norton.

Walk Kansas program has finished

The 2013 Walk Kansas fitness program, sponsored by Kansas State Research and Extension in most Kansas counties, has been completed. Here is a summary of the results as they have been turned in to the local Extension Office:

In Twin Creeks Extension District, 34 teams consisting of six individuals participated for a total of 204 participants.

In Norton County, there were nine teams or 54 participants. These people have been walking or doing some form of moderate physical exercise and reporting the amounts since March 17. The goal is to walk 423 miles (or the equivalent of walking across Kansas), to walk back and forth across Kansas (846 miles), or to walk around Kansas (1200 miles) as a team during the eight week period ending May 11.

Two of the nine teams chose walking across Kansas as their goal. Two teams chose to walk back and forth across Kansas and five teams chose to walk around Kansas as their goals. All teams met their goal of walking across Kansas, one team met its goal of walking across Kansas and back, and three teams met their goal of walking around the perimeter of Kansas. The teams and the miles walked are as follows: (captains in parentheses)

(Goal to walk around Kansas-1,200 miles)

1. WEWALKALOTTA-1,623 miles (Lisa Hardiek) 2. Fit to Go-1,450 miles (Lori Van Eaton) 3. Are We There Yet?-1,217 miles (Ann Becker) 4. The Hoofers-830 miles (Denise Schmitz) 5. Paws and Pedometers-627 miles (Amber Nuttycomb) (Top Twin Creeks District team-We Walkalotta-Norton-1,623 miles).

(Goal to walk across the state and back-846 miles)



1. The Borrowers-1,014 miles (Pat Hammond) 2. Purple Power Pacers-530 miles (Patsv Maddy). (Top Twin Creeks District team-Pacers-Hoxie-1,937 miles).

(Goal to walk across Kansas-423 miles)

1. TOPS Walkers-1,609 miles (Margaret Thomas) 2. Flatlanders & Mountaineers United-1,015 miles (Nancy Hager), (Top Twin Creeks District team-TOPS-Norton-1,609 miles).

Increased consumption of fruits and vegetables is also encouraged during Walk Kansas. The top five teams which reported eating the most fruits and vegetables (five cups are recommended daily) are:

1. Fit to Go 2. The Borrowers 3. WEWALKALOTTA 4. Are We There Yet?, and 5. Purple Power Pacers.

The top individual walkers (based on the team logs received) were:

1. Larry King-606 miles, 2. James King-460 miles (both from TOPS Walkers) 3. Rhonda Colip-426 miles (Fit to Go) 4. Sondra Petrie-425 miles and 5. Sally Thomas-340 miles (both WEWALKALOTTA), from (Many team logs were not returned to the office, so others may have had higher results, but could not be included).

The top seven individual consumers of fruits and vegetables (from those who

reported) were: Keith Van

Skike (Purple Power Pacers), Sally Thomas (WEWALKA-LOTTA), Marla Kuhn, Jane Burton, Rhonda Colip (all from Fit to Go), Ann Becker (Are We There Yet?) and Jenny Braun (WEWALKALOTTA). These individuals were the only ones who met the daily minimum of five, one cup servings of fruits and vegetables daily.

Incentive (prize) winners were :

Walking Team (Challenge 1-423 miles)-TOPS Walkers consisted of Larry, Carol and James King, Kandis Jackson, Cindy Linner and Margaret Thomas.

Walking Team (Challenge 3-1,200 miles)-WEWALKA-LOTTA consisted of Lisa Hardiek, Jenny Braun, Sondra Petrie, Sally Thomas, Barbara Thompson, and Sara Collins.

Individual walkers-Rhonda Colip-Fit to Go.

Individual fruit and vegetable consumers-Keith Van Skike -Purple Power Pacers.

Individual team prizes (randomly selected)

Fit to Go-Lori Van Eaton; Are We There Yet?-Jeris Norman and Heather Simmons; Flatlanders & Mountaineers United-Jennifer Wildeman and Vicki Bainter; The Hoofers-Alice Nelsen and Twila Dizmang, Paws and Pedometers-Jill Kriss, Purple Power Pacers-Glenda Mauer.

Congratulations to all 2013 Norton County Walk Kansas participants for a job well done. Plan to join us next year for 2014 Walk Kansas.

If you have further questions, please feel free to contact your local K-State Research and Extension Office or e-mail Tranda Watts at twwatts@ksu.edu.

Farmers and ranchers may nominate themselves or others, and organizations representing minorities and women also may nominate candidates. To become a candidate, an eligible individual must sign the nomination form, FSA-669A. The form and other information about FSA county committee elections are available online at www.fsa.usda.gov/elections. Nomination forms for the 2013 election must be postmarked or

This ad is brought to you by The Norton Telegram

215 S. Kansas Ave.

Norton, Kan.

67654



Please submit your events for the **Community Calendar** which is printed in the Monday EXTRA. **Events may be e-mailed to:** nortontelegram@nwkansas.com or the nortontelegram@nwkansas.com or mailed to 215 South Kansas Avenue

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