

OBITUARIES

Alberta Mae Metheny

March 12, 1934 - July 14, 2013

Alberta Mae Metheny, daughter of Grove Cleveland and Rosa (Glennemeier) Edgett, was born March 12, 1934, southeast of Densmore. She passed away at her home in Norton, on July 14, 2013, at the age of 79, at which time her loving husband, Laird Metheny, came down and took her by the hand and led her back to heaven to celebrate his birthday on July 15.

Alberta attended the Edmond Grade School and graduated from Edmond High School. On Aug. 3, 1952, Alberta and Laird Lee Metheny were united in marriage in Hill City. They made their home in Lenora, until 1966, at which time they moved to Norton. Alberta was a CMA and worked the night shift for 33 years where she enjoyed caring for the elderly at the And-be Home. Her husband, Laird, passed away July 4, 2004.

Alberta was the loving mother

of Sheryl Smith, Deona Cook, and Connie Holliday. She was very active in the lives of her daughters and grandchildren. She taught them all how to yell "Bingo" at the top of their lungs. She was a member of the Rebekah Lodge for over 60 years and she would collect aluminum cans and donate those funds to the Rebekahs. For many years she called Bingo at the Eagles where she was an auxiliary member. She enjoyed fishing and camping and talking to her friends at the Senior Center for lunch every day during the week.

Survivors include: three daughters, Sheryl (Michael) Smith, Golden, Colo.; Deona Cook, Norton; Connie Holliday, Great Bend; four brothers, Floyd and Henry Edgett, both of Oberlin; Louis (Ila Mae) Edgett, Americus; Norman (Bernice) Edgett, Plainville; one brother-

in-law, Delmar (Beth) Metheny, Vienna, Va.; one sister, Cecilia Metheny, McPherson; eight grandchildren and 13 great-grandchildren and one on the way; other relatives and many friends.

Alberta was preceded in death by her parents, her husband, two brothers, Joseph and Leonard Edgett, and one great-grandson, Parker Holliday.

Funeral services will be Saturday, July 20 at 5 p.m. at Enfield Funeral Home, 215 W. Main in Norton. Burial will follow at the Norton Cemetery.

Memorial contributions are suggested to the Norton Senior Center, the Rebekahs and the Norton County Health Department.

Condolences may be sent to www.enfieldfh.com.

Arrangements are by Enfield Funeral Home of Norton.

Know your medical history

When providing emergency care, doctors, nurses, and emergency personnel like paramedics will have many questions about the patient's medical history. Many times it may not be possible to remember the details of a medical history in a stressful situation.

That's why it's important to keep a comprehensive record of your medical information nearby. In many cases, this information can help a medical professional make quicker diagnoses and decisions during an emergency, when each second counts.

Keeping Track of Medical Information - Refer to the categories below to create a complete health record.

Keep one copy of the record in an accessible place at home (such as on the refrigerator) or by the phone, one in each car, one at the workplace, and one in the bag or wallet. Also send a copy to your kid's schools or childcare, and one to any regular care givers, along with the name and number of your doctor.

Allergies - Record on your list any known allergies to medications, both prescription and non-prescription, and any known allergic reactions to insect stings and bites and food allergies. In addition some people have latex allergies. In many cases, allergy information helps medical

Home ed
Tranda
Watts,
Extension
specialist



personnel discover a cause for problems like swelling or difficulty breathing.

Medications - Certain medications can't be taken together, so paramedics need to know all medications (prescription and nonprescription) that are being taken before they can administer certain drugs. A person's symptoms also could be due to side effects of medications, which is another reason it's important to report everything being taken. In addition, you need to know the doses, the dosing schedules, and when and how much of the medications were recently taken.

Pre-existing Illnesses or Conditions - Pre-existing illnesses or conditions can have a great impact on the kinds of tests or treatments administered during an emergency. If there is a health problem - from diabetes to epilepsy to asthma - emergency medical personnel must know. For additional protection, those with chronic conditions (long

term) should wear an identifying bracelet with this important information on it. This kind of immediate notification can help doctors save a life.

Hospitalizations and Operations - List the dates the person has been hospitalized, the reasons for hospitalization, treatments received, and the types of operations performed. This information may help during and after an emergency situation.

Immunization - Keeping an updated record of all immunizations is important. If you need help remembering or compiling this, the staff at your doctor's office can assist you. Be sure to include information about any reactions to an immunization, such as seizures, high fever, or severe discomfort.

Height and Weight - When calculating medication doses, it's very helpful for doctors to know approximate height and weight. (Be sure to keep this updated.)

It's relatively easy to compile a medical history, and it could mean saving critical minutes - when they count the most. Information from KidsHealth.org.

If you have questions, please feel free to contact Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety at twatts@ksu.edu or phone 785-443-3663.

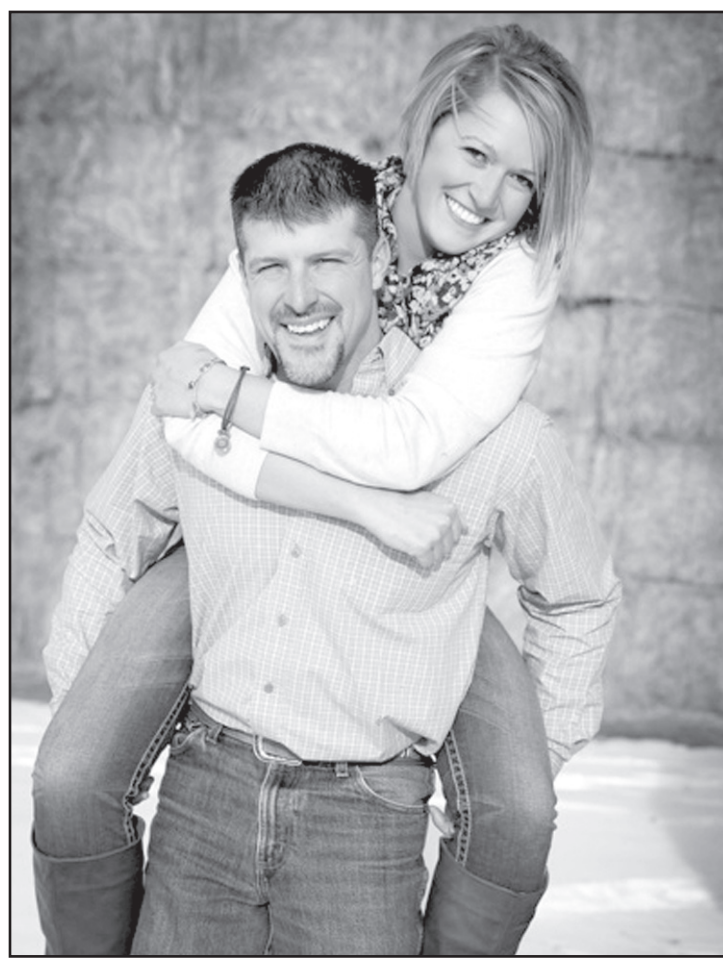
Wolf-Schultz Engagement

The parents of Heather Wolf and Brandon Schultz happily announce the engagement and upcoming marriage of their children on Aug. 10, 2013.

Heather Wolf is the daughter of Julie and Brad Niles of Cozad, Neb., and Stacey and Kim Wolf, Darby, Mont. She is the granddaughter of Melvin and Lavonne Juenemann, Norton, and the late James and Elsie Wolf, also of Norton.

Heather graduated from Cozad High School in 2007, and graduated from the University of Nebraska at Kearney in 2012 with a degree in Secondary Education in Language Arts. She is currently teaching English and coaching track at Brady High School in Brady, Neb.

Brandon graduated from high school in 2002 in northeast Pennsylvania, then graduated from Kansas State University with a degree from the College of Agriculture in 2007. Upon graduating he worked for All Points Cooperative in Lexington, Neb. as the Seed and Chemical Ware-



house Manager. He is now co-owner of M&S Hay LLC in Cozad, Neb.

The couple will reside in Cozad, Neb.

Small watermelons for small gardens

Kay Melia
vkmelia@yahoo.com

Most gardeners opt out of planting watermelon in their gardens these days. Most gardeners will tell you that their garden is too small to handle those rambling vines. Watermelons have been a very notable part of my gardening life. But not lately. I have the space but lack the interest. But when I was a second grader back in the depression year of 1937, watermelons were big...literally.

My family installed an irrigation system on the south bank of the Arkansas River just north of Bucklin in southwest Kansas where they owned a small plot of river bottom land. They did that to assure that they would raise a feed crop for the cattle to eat in the winter, and during the 30's, there was very little rain and no feed crop to speak of. But the water poured out of the river on to that 40 acre field of Atlas Sorgo, a rather coarse but sweet sorghum with huge heads of white grain.

But Atlas Sorgo was far from the mind of this seven year old, because my Dad would plant a few rows of watermelon from end to end of the field. There would also be a row of cantaloupe there, and my brother and I would utilize our sharp hoes to keep everything weed free.

There were three varieties of watermelon my Dad chose to

plant each year. There was the big striped Crimson Sweet, the dark green Black Diamond, and the light green Charleston Gray. All of those varieties are still available in seed form today. Unfortunately, at least in my opinion, those who plant watermelon today seem to favor the small seedless varieties, for the good reason that the small ones fit in small gardens.

We raised hundreds of melons (and tons of Atlas Sorgo) in those days. We would haul them to town to the sale barn on Saturdays and sell them there in the parking lot. They would appear at church socials and club meetings and most everyone's picnic Kids would eventually locate the field down by the river and help themselves. But nobody cared because there were plenty

to go around.

But the fun was short lived. In the spring of 1942, the old Arkansas flooded, and the irrigation system was washed away. Floods were seemingly regular events in those days, until the John Martin dam and reservoir was built in eastern Colorado near La Junta. Almost unbelievably, the Arkansas River has been bone dry for many years all the way from somewhere in eastern Colorado to somewhere southwest of Great Bend.

Today, the small watermelon is King. They seem to be available at the Supermarket year around. Shell out about \$3.50 or more and take home a watermelon that fits easily in the fridge. They must be pretty good. They seem to fly off the grocery shelves!

July 19-
July 22

Showing at the
NORTON THEATRE
Turbo - in 3D
1 Hour, 47 Minutes, (PG)
Fri. and Sat.: 7:00 and 9:20 p.m.
Sunday: 5:00 and 7:20 p.m.
Monday Only: 7:00 p.m.
Closed for Fair Tues.-Thurs.
The Heat
2 Hours, 8 Minutes
Playing 4 Days Only
(R)



Turbo is a Premiere movie - \$7.00 and \$6.00. No Sunday Discount
The Heat is a Non-Premiere movie - \$7.00 and \$6.00. \$3/tx on Sunday

Coming to Norton
Friday, July 26
Grown Ups 2 (PG-13)

Let's Go
to the
Movie

This ad is brought to you by The Norton Telegram

Galvan-Adams Engagement

Melissa Dawn Galvan and Steven Edward Adams have announced their engagement and upcoming wedding.

Parents of the bride-to-be are Elaine Schukman and Micheal Lamb.

Parents of the groom-to-be are MarDee and Larry Adams.

The couple will be wed Thursday, Aug. 1 at the Nauvoo Temple in Nauvoo, Ill.

A reception will be held on Saturday, Aug. 3 at the Adams residence, 208 North Blakely St., Logan, KS.



Roadwork in Oberlin begins on Monday

On Monday, July 22, KDOT will perform some maintenance roadwork on U.S. 83 Highway within the city limits of Oberlin - weather permitting.

Kansas Department of Transportation (KDOT) crews will be patching the section of U.S. 83 from Commercial Avenue north to the U.S. 36 junction.

During the construction work, West Elm Street will be closed.

The width restriction of the open lane will be posted at a maximum of 14 feet during construction. The height restriction will be posted at 15 feet.

During construction, traffic will be guided through the work zone using timed stop lights during daylight hours. Delays will be encountered. The public should plan their travels accordingly. KDOT urges drivers to pay attention to the signs and workers within any road construction zone. Slow down and "Give 'Em A Brake!"

For questions concerning this project, please contact Kristen Brands, KDOT Northwest Kansas Public Affairs Manager, at (785) 877-3315 or mail to: kristenb@ksdot.org in Norton.

Classes offered for rural community project

The Kansas Sampler Foundation announced upcoming classes for the "Rural Kansas: Come & Get It" project.

Communities that seek a web site presence to promote local attractions are encouraged to take the class. More than 80 communities are already on the web site at getruralkansas.org.

Foundation staff Marci Penner and WenDee LaPlant will teach

how to research a town for explorer-y attractions, write copy, populate the web site, download pictures, and start a community Facebook page. The class fee is \$40. There is no additional cost to be on the web site.

Classes will be held in Concordia on July 25; Hays on July 26; Chanute on August 1; and Inman on November 4. Deadline is five days before each

class. Sign up at kansassampler.org or call 620.937.2101.



Oberlin Community 5K 2nd Annual Patriotic Run

5K Run/Walk
1/2 Mile Kids Fun Run
Saturday, August 10

Registration 7:15 to 7:45
5K Run/Walk at 8 a.m.
Kids 1/2 Mile run 9:15 a.m.
Free Swim 9:30 to 10:30

Oberlin City Park
124 S. Mark Ave.
Oberlin, KS 67749

Get a form by e-mailing oberlin5k@gmail.com

Registration fees are non-refundable
\$15 per person if received by July 25th
\$20 per person if received after July 25th

