

Health reform scams now on web

Fraudsters are now using the Internet to target Americans who may be confused about the Affordable Care Act, also known as Obamacare.

There are recent reports that fake, confusing websites pretending to offer new health care benefits are trying to trick people into giving personal information.

There was no legitimate reason for anyone to contact you before October 1 to sell you health insurance coverage as part of the Affordable Care Act. The most reliable source of information regarding the new law and how to enroll in the marketplace is at www.healthcare.gov.

Consumers should report suspected fraud to the U.S. Federal Trade Commission by calling 1-877-FTC-HELP. Additional tips to protect yourself include:



Home ed
Tranda Watts,
Extension specialist

- Know who you are dealing with. Telemarketers must tell you it is a sales call, the name of the seller, and what they are selling before they make their pitch. Hang up if you do not hear this information.
- Protect your personal information. Do not share your bank account, credit card, or Social Security numbers in response to a phone call, email message, text message, or an ad.
- Do not send cash. If you send cash by messenger, overnight mail, or money transfer

and later discover the charge was fraudulent, the money will be gone and you may lose your right to dispute the transaction.

· Resist pressure to make an immediate decision. Ask to have all information in writing before you agree to buy. If it is an unsolicited offer, research it with the state attorney general's office, the Federal Trade Commission, or someone you trust.

Consumers can call 1-800-318-2596, 24 hours a day, seven days a week with questions about the insurance marketplace.

If you have questions relating to the Affordable Care Act, please feel free to contact your local K-State Research and Extension Office or Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety at twatts@ksu.edu or phone 785-443-3663.

Time to reflect on the summer's garden

Kay Melia

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Let me see now....it's the 3rd week of October, and time for me to sit down for a couple of hours and review what happened out in my garden last summer. I mean, really concentrate on the good things and the bad things that took place out there before the holidays and snow and other distractions cause me to forget about what I need to remember. I make notes about what I should have done as well as the good things that happened, and it helps me to get on the right road come next spring.

So, let me share with you some of my successes and failures of the past summer.

For the second straight year, my green beans quit on me. Can you imagine anybody having problems with green beans, normally one of the most prolific crops in the garden? For now, I will blame it on my choice of variety. I planted a European favorite of filet bean, when I should have stayed with the tried and true varieties such as Derby or Blue Lake 274. No more filet beans for me.

The peas weren't much better. I planted my usual favorite variety called Maestro, but failed

to get a decent stand. Peas are like that sometimes, and convincing them to germinate can be difficult depending on soil temperature, and early growing conditions. I probably won't plant any next year and use their space for something else.

The cantaloupes failed to live up to expectations this summer. We had many to enjoy, but they never attained the size expected from an Ambrosia melon.

Yes, there were a number of "Gardener pleasers" out there this year, so please allow me to talk about about five of the most pleasant successes.

1- My star performer this year was cabbage, the Megaton variety. I set out 16 home grown plants on April 18th, and harvested enough cabbage for son Marty and I to make 8 gallons of that wonderful crunchy homemade goodness! (I actually find a few folks who do not care for sauerkraut, homemade or otherwise. Can you imagine?) A couple of heads weighed over 12 pounds, and there were several heads utilized for slaw and cooked cabbage.

2- I plant both slicing and pickling varieties of cucumbers, but it was the picklers that performed so well this summer. I

plant the Burpee Pickler variety and production every year has been sensational. There are 62 pints of three or four different kinds of pickles on the shelf to prove it.

3- While not the best crop of tomatoes I've ever had, my tomatoes performed exceptionally well, particularly early in the season. The Super Tasty variety stole the show, with Northern Exposure and Shady Lady not far behind. I credit any tomato success I have to starting my own plants from seed, which gives me the choice of some of the superior varieties. Early planting in the garden also greatly improves overall yield.

4 and 5- I was blessed with another outstanding onion crop this year with good size and early maturity. The Candy variety (yellow) and the Sierra Blanca variety (white) stole the show. And finally, my early season Spinach crop was excellent. I plant the Melody variety each year, and it has never failed me yet.

And now I must work hard to prepare next year's seed bed by adding gobs of leaves and other organic materials and plowing them deeply into the soil before winter comes calling!

Making a difference



United Northwest Federal Credit Union, as part of its "make a difference" event, was giving away \$25 gift cards on Wednesday morning at the Ag Valley Co-op in Norton. (Pictured) Kendra Baker, United Northwest employee, gave Justin Lindsey a \$25 gift card as he filled his vehicle with gas.

-Telegram photo by Mike Stephens

PUBLIC RECORD

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse.

Traffic and Wildlife and Parks cases are given to the paper when the fines are paid.

Sept. 26

Aug. 17-Clifford Bradley Schroeder, Wichita; Charge: Speeding 74 in 65; Found: Guilty; Fine: \$153.

Aug. 20-Galen E. Wentz, Norton; Charge: Speeding 80 in 65; Found: Guilty; Fine: \$171.

Aug. 6-Amy Sue Wesley, Oberlin; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Oct. 4

Sept. 8-Mark E. Baker, Clayton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Aug. 30-Catherine A. Bechtler, Plattsmouth, Neb.; Charge: Speeding 79 in 65; Found: Guilty; Fine: \$165.

Sept. 26-Robert Eichelbrenner, Cincinnati, Ohio; Charge: Speeding 76 in 55; Found: Guilty; Fine: \$210.

Sept. 21-Jeremy Ray Franz, Stratton, Colo.; Charge: Speeding 76 in 65; Found: Guilty; Fine: \$147.

Sept. 20-Terry Lee Hanna, Toronto, S.D.; Charge: Speeding 78 in 65; Found: Guilty; Fine: \$159.

Sept. 21-Robert Jack Harman, Brush, Colo.; Charge: Speeding 80 in 65; Found: Guilty; Fine: \$171.

Sept. 7- James Edward Harper, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 29-Ken Dewayne Highberger, Rye, Colo.; Charge: Speeding 82 in 65; Found: Guilty; Fine: \$183.

Sept. 26-James Horesky, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 26-John Robert Horesky, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 22-Galen Dean Hormann, Marysville; Charge: Speeding 77 in 65; Found: Guilty; Fine: \$153.

Sept. 17-Macy Allen Kason, Almena; Charge: Speeding 45 in 35; Found: Guilty; Fine: \$141.

Sept. 8-Joshua Kane Largent, Almena; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Oct. 1-Jay John Lentz, Almena; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Aug. 31-Shane Matthew Lentz, Arapahoe, Neb.; Charge: Speeding 77 in 65; Found: Guilty; Fine: \$153.

Sept. 12-Henry L. Leonard, Beaver City, Neb.; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 7-Floyd Julious Maulding, Jr.; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 6-Terry L. Petrie, Sr.; Charge: Speeding 74 in 65 (amended by county attorney); Found: Guilty; Fine: \$147.

Sept. 21-Elbert E. Pywell, Wilsonville, Neb.; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Oct. 2-Donald Ray Sprague, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Sept. 8-Mikayla J. Stadler, Holdrege, Neb.; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Oct. 10 Sept. 6-Larry Day Abarr, Savannah, Mo.; Charge: Speeding 78 in 65; Found: Guilty; Fine: \$159.

Sept. 21-Jade Kirsten Cressler, Norton; Charge: Failure to wear seatbelt; Found: Guilty; Fine: \$10.

Medicare Open Enrollment Educational Seminar by INSURANCE CENTRAL

"Insuring Generations"

Standard Medicare - Medicare Advantage - Prescription Drug Plans
New Exchange Plans
Come have coffee and cookies and learn from the experts

NORTON
Mon., Oct. 21, 7 p.m., Parish Center, 108 S. Wabash

OBERLIN
Thurs., Oct. 24, 7 p.m., Golden Age Center, 105 W. Maple

For Reservations Call 785-874-5122 or Toll Free 1-877-273-2734

Hines-Hazlett Reunion

The annual Hines-Hazlett reunion was held Sunday, Sept. 1, 2013, at the 4-H Building, with 76 relatives and friends gathering for a potluck lunch.

Those attending were: Gertrude and Linda Hazlett, North Platte, Neb.; Elaine Schukman, Norton; Melissa and Steven Adams, Wendy Adams, Alyssa and Phillip Bryant, Josh and Lacey Hansen, Jeremiah, Haley, and Lucas, all of Almena; Charlotte and Cox, Weatherford, Texas; Gloria and Ron Zwickle, Norton; Jule Shearer, Luke and Jennifer Leibbrandt, Dane and Alex Simoneau, Kennedy and Carter Leibbrandt, Norton; Randy and Deana Shearer, Amy and Owen Stong, Ellie and Bryson, Almena; Terrel and Gary Crawford, Fall Branch, Tenn.; June Crouse, Arlene Lynch, Decem-

ber and Zak Lynch, Eric Crouse, Riley and Ryan Hott, all of Aurora, Colo.; Clayton Turman, Caleb Turman, Brittnie Schock, Lucas, Keira, and Wyatt, Shawn Schock, and Terry Billings, Norton; Deena Breeden, Cory Breeden, and Cassy William, Bennett, Colo.; Joe Black, and Jonathan Mattison, Colby; Sarah Crawford and Leonrdas Mattison, Utica; Mark and Rachel Van Patten, Tea, Khrianna, and Serenity, Haley Graham and Levi, Almena; Heath and Samantha Pinzenscham, and Spencer, April and Jarrod Moppin, Aaron Pinzenscham, Adam and Lori Moppin, Norton; Chris Pinzenscham, Katherin Stillion, and Aiden Barnes, Norman, Okla.; Dan Hazlett, Norton, and Joyce Quinn, Almena. Also joining the group were Don and

Connie Grove, Edison, Neb. Many of the relatives also gathered on Saturday evening and enjoyed visiting, playing cards, and board games. Plans are underway for the 65th annual reunion to be held Labor Day weekend, 2014.

Notice about WIC Clinics

In the 10-11-13 Issue of the Norton Telegram it stated that WIC Clinics were closed. **This is INCORRECT. October checks will be available but the November and December checks will be withheld until further notice. Sorry for the mis-information**

CLUB NEWS

Chapter AA, PEO met at Destination Kitchen on Oct. 8, 2013. Twenty-four members enjoyed a pizza party, program and brief meeting.

U.S.D. 211 Superintendent Greg Mann gave an interesting and informative talk about the important and challenging education/school issues he, the school board, principals, teachers, students and citizens are facing.

Members shared upcoming community activities and brags. A lucky lady won the door prize; cute fall kitchen towels.

The Nov. 12 meeting will be held at the Methodist Church. Members will enjoy and participate in a thrift shop style show.

PEO is a philanthropic, educational organization that promotes educational opportuni-

ties for women and continues to work through six projects of the international chapter.

For help with your advertising needs please give Dana a call 877-3361 email: dpaxton@nwkansas.com

Oct. 11- Oct. 16

Showing at the **NORTON THEATRE**

Cloudy with a Chance of Meatballs 2:
Revenge of the Leftovers (3D) 1 Hr, 45 Min. (PG)
Friday and Saturday: 8:00 p.m.
Sunday: 5:00 p.m.
Mon., Tues., Wed.: 7:00 p.m.

Insidious CHAPTER 2
1 Hour, 56 Minutes (PG-13)

Insidious is \$7.00 for adults and \$6.00 for children 12 and under. \$3/tx on Sunday. Meatballs is \$7.00 for adults and \$6.00 for children 12 and under. No Sunday Discount.

COMING SOON

FRIDAY, OCTOBER 18 GRAVITY (PG-13) IN 3D
Gravity stars George Clooney and Sandra Bullock

This ad is brought to you by The Norton Telegram