OBITUARIES

Esther Fern Ellis Dec. 15, 1916 - April 6, 2014

Esther Fern Ellis, daughter of Clarence and Dora (Sidman) Carr, was born Dec. 15, 1916, in Lenora, and passed away in the Andbe Home in Norton, on April 6, 2014, at the age of 97.

Esther was born and raised in Lenora, and attended Lenora schools. On April 24, 1937, Vale Ellis and Esther Carr were united in marriage in Norton. They made their home in Rexford, until 1941 when they moved to Lincoln, Neb. In 1942 they moved to Buffalo, N.Y. and later returned to Norton in 1944. Esther was a teacher in the

country schools. She was a

member of many clubs including the Lenora FCE, and she was also in Eastern Star.

Survivors include: four daughters, Virginia and Jeff Douglass, Fort Collins, Colo.; Mary and Jim Rowley, Lenora, Kan.; Dorothy and Terry Cary, Juneau, Ala.; and Connie and Ken Bott, Dorr, Mich.; one son, William and Lavera Ellis, Sheridan, Wyo.; three sisters, Doris Clydesdale, Norton, Kan.; Ruth Boatman, Paonia, Colo.; Elsie Shaffer, Buhl, Idaho; eleven grandchildren and twenty-three great-grandchildren; other relatives and friends.

Esther was preceded in death by her parents, husband Vale El-

lis, and her sister Alice Brooks. The funeral service will be held on Saturday at 10:30 a.m. in the United Parish Church in Lenora. The burial will follow the service at Lenora South Cemetery.

Friends may call at the Enfield Funeral Home in Norton on Friday from 5 - 7 p.m.

Condolences may go to www. enfieldfh.com.

Arrangements are by Enfield Funeral Home.

Lela Augusta (Haug) (Brooks) Martin Dec. 14, 1922 - April 1, 2014

Lela Augusta (Haug)(Brooks) Martin was born on Dec. 14, 1922, to Bernard "Barney" Pius and Mary Agnus (Widman) Haug, of Baileyville. Lela passed away April 1, 2014, at the age of 91 at the family farm.

She worked the family farm and sawmill until she left for nursing school in Colorado Springs, Colo. She returned to the Baileyville farm during World War II; as the eldest girl, she was needed to help when her brothers volunteered for the U.S. Army and Navy.

Lela married Robert Lee Brooks, on March 4, 1943 (he preceded her in death, 1977). They had four children.

Lela had lived in Baileyville, Marysville, Manhattan, Clayton, Norton, and Norcatur in Kansas; Colorado Springs in Colorado; and Newark, Fremont and Union City in California. Lela was married to George

Martin, from 1989 to 1996, in Union City, Calif.

Lela's occupations included farming, radio repairperson, traveling magazine salesperson, train depot warehouse worker, Hunt's cannery worker, and school bus driver.

Lela was a member of the Catholic Daughters. She was thrilled to be included to count and bank the profits from the annual St. Edward's bazaar. She volunteered driving the St. Mary of the Palms Convent's bus; a nurse's aide, camp-ground host, and the food pantry in the Tricity area of Alameda County, Calif.

Lela enjoyed camping, fishing, playing pinochle, playing guitar and harmonica, trap shooting, baking pies, bowling, and dancing.

Lela is survived by three sisters, Evelyn (Babe), Rita, and Mary Irene; four children, Lonnie and Lindy Eugene, Heatherglen, Calif.; Joan Aris, Hayward, Calif.; Gary Lee, Norton; and Patricia May, Norton; five grandchildren (Christopher, their children.

Lela chose to be cremated. Memorial services will be held at a later date at the Norcatur Cemetery family plot.

Arrangements are by Enfield

Start walking to better health

The path to better health begins with just one step...as long as it is followed by another and another as part of a regular walking program. Walking is one of the easiest and most effective forms of exercise; that is why Blue Cross and Blue Shield of Kansas is sponsoring the eighth annual National Walk at Lunch Day April 30 as a way to encourage busy Kansans to find 30 minutes a day to walk.

A brisk, 30-minutes walk five times a week can reduce stress and anxiety, lower blood pressure and be a positive influence on heart disease, diabetes and osteoporosis.

"You don't have to be a 'power walker' to receive the health benefits of walking," said Marlou Wegener, manager of community relations for Blue Cross. "The most important things are to schedule time to walk, put on a comfortable pair of walking shoes, pair up with a walking buddy for safety, bring a bottle of water for hydration, and get moving."

Blue Cross and its employees organizing are National Walk at Lunch

downtown workers for a rally and walk around the perimeter of the statehouse grounds. The first 300 participants who stop by the Blue Cross table at the event will receive a free National Walk at Lunch Day T-shirt.

Wichita; Wichita Metro Chamber of Commerce. The Chamber office at the corner of W. Douglas and Waco will be the gathering spot ahead of a one-mile walk along the Arkansas River. The first 250 participants will receive a free National Walk at Lunch Day T-shirt.

Salina; Campbell Plaza. After gathering for a short rally at Campbell Plaza, in the 100 block of South Santa Fe Ave., participants will embark on a one-mile walk along Santa Fe. The first 150 attendees will receive a free National Walk at Lunch Day T-shirt.

Hutchinson; DCI Park and Gazebo. This is the first year that Blue Cross has organized an official walk in Hutchinson. Blue Cross employees will host other downtown workers and the public who gather at DCI Park, 20 W. 2nd Ave., for a brief rally, followed by a walk down Main St. to the Avenue A Park, along the park's walking route and back to DCI Park. The first 100 participants will receive a free National Walk at Lunch Day T-shirt.

ous tools, such as flyers, posters, postcards and email templates, at www.bcbsks.com. The first 25 such organizations outside of Hutchinson, Salina, Topeka and Wichita that register their walk information can receive up to 20 free exercise towels from Blue Cross, while additional organizations can receive free exercise stretch bands, complete with a tip sheet on how to exercise with them. Organizations that would like to purchase the official National Walk at Lunch Day for their participants also can find information on the website regarding the costs and how to place an order.

National Walk at Lunch Day is a component of Walking Works, a Blue Cross and Blue Shield Association physical activity program to help Americans live healthier lives and reduce unnecessary medical costs due to physical inactivity. The Walking Works program was developed in partnership with the Presidents Council on Physical Educaion and Sports.



Andbe Home volunteers recognized



The Andbe Home staff and residents recognized all the volunteers that help out with a variety of jobs, including driving residents to medical appointments, cutting hair and doing nails, shopping for groceries or just visiting with the residents. (Pictured) Nancy McGinnis, administrator and resident Barbara Baltzell thanked the volunteers in attendance and they each received a gift.

-Telegram photo by Mike Stephens

would like to plan their own

walks April 30 can find numer-

Aris, Robert, Leann and Jeffrey); two great-grandchildren (Julias and Kayne); and numerous nieces and nephews and

Funeral Home of Norton.

Marguerite D. Godbout May 21, 1933 - April 8, 2014

Marguerite D. Godbout, 80, of Norton, passed away at her home on April 8, 2014 surrounded by family and friends. Marguerite was born on May 21, 1933, in Portis, Kan., to Harry and Louise (Hayworth) Moyer. She lived and attended school in Osborne County. Marguerite married Leroy "Roy" J. Godbout in New Mexico on Dec. 18, 1955. They made their home in Phillipsburg, and later moved to Almena where they lived until Roy's death in 1980. Marguerite worked at the Phillips County Hospital, Northern Valley Schools and then at Norton State Hospital until 1985 when she met Robert (Bob) Millan. Shortly after

meeting, they settled in and began operating the R&M Motel until selling in 2009. She loved meeting and visiting all those who stayed at the motel.

Her favorite past-time was side on the patio having cook- There will be a funeral ser-

10 great-grandchildren, sister Marjorie Huff, brothers John (Franklin) Moyer and Glen Moyer, and extended Millan family members.

She is preceded in death by visiting with family and friends. parents, her first husband Roy, She loved spending time out- sister Debbie and brother Harry.

outs. She adored her grandchildren and great-grandchildren. She loved her dogs Rocky and Sassy. She has a twin sister, Marjorie and there wasn't a day that passed by that they didn't talk to each other.

Marguerite is survived by Robert Millan, four children; Vickie Cox and husband Rick. Pam Dibble, Mark Godbout, DeeDee Urbach and husband Scott, seven grandchildren,

vice held at the Enfield Funeral Home on Saturday at 2:30 p.m. Burial will be held at the Norton Cemetery following the funeral service.

Friends may call, at the Enfield Funeral Home in Norton on Friday from 5 - 7 p.m.

Condolences may be sent to www.enfieldfh.com.

Arrangements by Enfield Funeral Home.

Day events in the downtown areas of Hutchinson, Salina, Topeka and Wichita, inviting other workers, elected officials and the public to join them in a onemile walk during the lunch hour. Each of these walks begins at noon - rain or shine!

Topeka; Kansas Statehouse, South Grounds. More than 500 Blue Cross employees are expected to join hundreds of other

Businesses, schools, hospitals or other organizations that

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Please join the family

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This ad is brought to you by The Norton Telegram



Let's Go to the

Movie

Hawks-Sproul Wedding



Michael and Deanna Hawks of Almena, announce the marriage of their daughter, Hannah Marie Hawks, to Brian Gregory Sproul, son of Greg Sproul and Tracey Gosselin of Norton. Brian and Hannah are both graduates of Northern Valley High School in Almena. Brian is a graduate of NCK Tech class of 2011 and Hannah, Cloud County Community College class of 2011. Brian and Hannah are proud parents

of a two year old daughter, Cambrie. Brian is a service technician at Landmark Implement in Phillipsburg and Hannah stays at home with their daughter and helps on the farm. The couple has planned an April 26 wedding with family and a dance reception at 7 p.m. that evening at the Eagles Lodge. Members and guests are welcome to come celebrate the couple's marriage.





