

OBITUARIES

Alta Lee Dutton

May 9, 1922 - May 13, 2014

Alta Lee Dutton, 92, passed away May 13, 2014 at Diversicare of Larned.

She was born May 9, 1922, in Norton County, the daughter of LeRoy and Leo May Hager Ritter. She was a resident of Larned, moving from Norton three years ago. She was a payroll clerk at the Norton County Hospital.

She was a member of the United Methodist Church, United Methodist Women, the Wesleyan Service Guild, was a Sunday School Clerk and ran the church thrift shop for many years, all of Norton. She was an avid gardener, loved to sew and do crafts.

In June of 1948, she married Richard Karl Dutton. He passed away Jan. 31, 2009.

Survivors include: one son, Patrick Dutton, Norton; four daughters, Susan Cranston, Ness City, Marsha Rogers, Selden, Karen (Rod) Martin, Garden City, Karla (Dan) Sanneman, Larned; six grandchildren and nine great grandchildren.

She was preceded in death by a brother, Verle Ritter and three sisters, Bethel Wicker, June Holeman and Clea Smiley.

Memorial Graveside service will be 11 a.m. Friday, May 23, 2014 at the Kansas Veterans' Cemetery in WaKeeney.

Friends may sign the register

from 9 a.m. to 5 p.m., Monday and Tuesday at the Beckwith Mortuary, Larned.

Cremation has taken place and inurnment will be in the Kansas Veterans' Cemetery, WaKeeney.

In lieu of flowers, memorials may be given to the Norton United Methodist Church or the Norton Community Library both in care of the Beckwith Mortuary, P.O. Box 477, Larned, KS 67550.

Beckwith Mortuary is in charge of local arrangements. Condolences may be left at www.beckwithmortuary.com.

Priscilla (Redfield) Johnson

May 18, 1920 - May 15, 2014

Priscilla (Redfield) Johnson, daughter of Horace Alden and Helen (Fairbanks) Redfield, was born May 18, 1920, in Mount Vernon, N.Y., and passed away at the Andbe Home in Norton, on May 15, 2014, at the age of 93.

Priscilla graduated from the Connecticut College for Women in 1942. On Jan. 16, 1943, she married Neil Johnson in Mount Vernon, and to this union two children, Larry and Pam, were born. They made their home in New London, Conn., and San Diego, Calif., before moving to Norton where Priscilla was a

homemaker. She also served as a housemother for six years at the Phi Kappa Psi fraternity at the University of Kansas.

Priscilla was a member of the First United Methodist Church in Norton and a Thrift Store volunteer. She loved playing golf and bridge and she greatly enjoyed volunteering at the Eisenhower Elementary School.

Survivors include: one son and his wife, Larry and Joan Johnson, and one daughter and her husband, Pam and Mark Woodard, all of Kansas City, Mo.; five grandchildren and seven great-grandchildren; oth-

er relatives and friends.

Priscilla was preceded in death by her parents, one brother, and her ex-husband, Neil.

Graveside service and burial was Saturday, May 17 at the Norton Cemetery.

Memorial contributions are suggested to the Andbe Home and Eisenhower Elementary School Library.

Condolences may be sent to www.enfieldfh.com.

Arrangements were by Enfield Funeral Home, 215 W. Main, Norton, KS.

Ronnie G. Cooper

May 1, 1941 - May 18, 2014

Ronnie G. Cooper of Selden, passed away on May 18, 2014 at his residence at the age of 73.

The son of John Cooper and Rosa Zimmer, Ronnie was born May 1, 1941, in Selden, where he was raised.

He attended Selden Grade School and Selden Rural High School, and graduated with the Class of 1959. Ronnie served his country in the U.S. Air Force and was a member of the Selden American Legion Post 321.

He was married twice, first to Myrna Fisher and then later to Cheryl Darling. He worked

for the Kansas Highway Patrol and the Department of Transportation, and he lived in Hays, Colby, McCracken, Oberlin and Selden.

Ronnie was preceded in death by his parents, John and Rose Cooper, three brothers, John, Hubert and Donald 'Punk' Cooper.

He is survived by two sons, Rocky Cooper and Kevin Cooper (Lauren Willis) all of Oberlin; two sisters, Norma Brainard, Denver, Colo., and Rose Ann Chance of Colby; four grandchildren.

A funeral service will be held Thursday, May 22, 2014 at 11 a.m. at Pauls Funeral Home in Oberlin, with Rev. Nancy Proffitt officiating. Burial will follow at Selden Cemetery, Selden.

Memorial contributions may be made in Ronnie G. Cooper's name.

Visitation will be Wednesday from 8 a.m. to 8 p.m., and Thursday from 8 a.m. to service time.

Pauls Funeral Home of Oberlin is in charge of arrangements.

Louis W. Leidig

Feb. 15, 1925 - March 14, 2014

Louis W. Leidig was born in Lenora, Kansas on Feb. 15, 1925, the son of Morret McCoy "Mac" and Frances (Edinborough) Leidig. He passed away Friday, March 14, 2014 in Abilene, Kan. at the age of 89. He spent his childhood in the Lenora area graduating from Lenora High School and attended Banking School in Madison, Wisc.

On Oct. 15, 1950 he married Norma L. Shrader in Lenora. They made their home there for forty years where Louis was the part owner of the Exchange Bank. Louis and Norma later

moved to Larned and Wichita before settling in Abilene in 2003.

Louis enjoyed gardening, taking care of his lawn, playing pool, guitar, and was a lover of animals, and listening to music. Louis was a loving husband, father, grandfather, and great grandfather.

He is survived by his daughters Susan Leidig of Yankton, S.D., Karen Wolford of Abilene, Kan., Janet Wehrle of Kansas City, Mo.; five grandchildren and four great grandchildren.

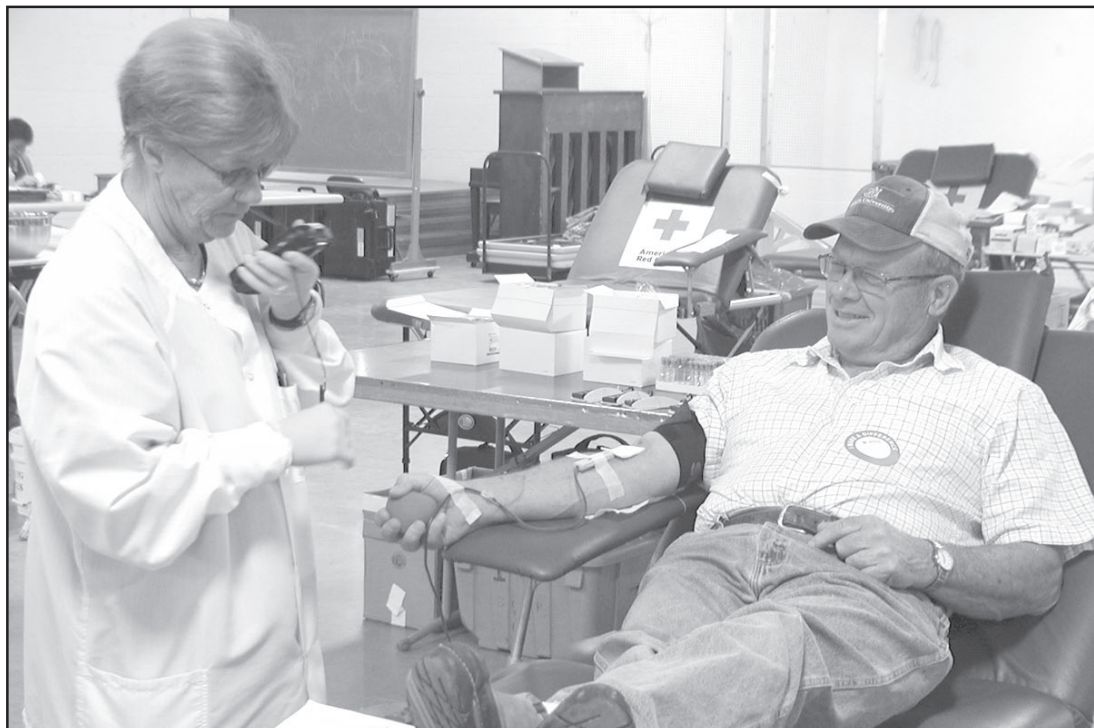
He was preceded in death by his son Roger Leidig, one broth-

er, two sisters, and his parents.

Private memorial graveside services will be May 24, 2014 at the Lenora Cemetery, Lenora, Kansas. The family will receive friends following at the Lenora Community Center from 1 - 3 p.m.

Memorial contributions may be made in Louis's memory to the Humane Society directly or may be sent in care of the Martin-Becker-Carlson Funeral Home, 414 NW 3rd, Abilene, Kansas 67410. Condolences may be sent to the family at www.martinbeckercarlson.com.

Drive exceeds goal!



The American Red Cross held a blood drive on Wednesday at the 4-H Building. (Pictured) Denny Lofgreen, Norton, did his part by donating blood, as phlebotomist Gayle Bentley monitored the withdrawal. According to the Red Cross, 62 people donated producing 60 units of blood. The goal was 57 units.

-Telegram photo by Mike Stephens

Magnesium, the forgotten mineral

Here is a quick little thought piece that will give you something to consider as you choose your next meal. Diabetes is a very common, very serious and very costly disease. It is also a disease whose numbers are rising rapidly. Here are some examples.

Eight and one half percent of the population of Kansas are people who live with diabetes. As we age those numbers increase. For example, 15 percent of those between 55 and 64 are persons with diabetes while 19 percent of those who are 65 and older have the disease.

If you are at risk of developing diabetes, magnesium in your diet can reduce the onset of

**Home ed
Tranda
Watts,
Extension
specialist**



this disease. At least half of U.S. consumers eat enough magnesium each day. The recommendation is to consume 400-420 milligrams for adult men and 310-320 mg for adult women. So what foods are good sources of magnesium?

Seeds—pumpkin, squash, sesame

Ready-to-eat cereals such as bran and shredded wheat; whole grains

Nuts and nut butters
Dark chocolate—70 percent or more cocoa content
Beans—white beans, black beans, soybeans

If you have questions about nutrient levels needed, please feel free to contact your local K-State Research and Extension Office, or you may contact Tranda Watts, Multi-County Extension Specialist - Food, Nutrition, Health and Safety at twatts@ksu.edu or call 785-443-3663.

Governor's Freedom Rally coming June 7

Governor Sam Brownback invited motorcyclists to join him for the Third Annual Governor's Freedom Rally on Saturday, June 7, 2014. The Rally will take place in Heritage Park, Junction City and will consist of a full day of festival-type activities, including a motorcycle tour of Fort Riley led by Governor Brownback. Kansas Department of Wildlife, Parks and Tourism Secretary Robin Jenison and Kansas Department of Corrections Secretary Ray Roberts will join the Governor for the Rally, which is expected to draw more than 1,000 motorcyclists.

The Freedom Rally will benefit five worthy non-profit causes - the Soldier and Family Assistance Center (formerly called Wounded Warriors Fund), Brothers in Blue Re-entry, Army Community Service at Fort Riley, the Native Stone Scenic Byway and Flint Hills National Scenic Byway.

The schedule is as follows:
10 a.m. - Heritage Park opens and on-site registration begins
11 a.m. - Vendor Booths open
noon - Opening Ceremonies and Bike Show begins
12:30 p.m. - Wreath Ceremony at Veterans Memorial

1 p.m. - Governor will lead a ride through Fort Riley and live entertainment will begin
3 p.m. - Recognition of wounded soldiers and Brothers in Blue Re-Entry
3:15 p.m. - Presentation of awards
4:30 p.m. - Live auction
7:30 p.m. - Rally concludes

Online pre-registration is strongly encouraged to minimize delays at the event. A \$25

fee per person is required to participate, and those pre-registered by May 14 will receive a Freedom Rally t-shirt with their registration fee. Additional t-shirts will be available the day of the rally on a first come, first served basis. The bike show is limited to the first 60 bikes registered, and there is a \$10 entry fee for the show. Rally details

and registration are available online at hfreedomride.ksoutdoors.com.

Vendors are invited to set up at Heritage Park. Electricity will not be available, but generators will be allowed. Corporate partnership opportunities are also available. Visit the website above for vendor and sponsorship information.

Memorial Services

There will be Graveside Memorial Services for Sharon Anderson-Beins and Lela Brooks-Martin on Saturday, May 24.

Lela's will be at 9:30 a.m. at the Norcatur Cemetery, at the family plot
Sharon's will follow at 11:00 a.m. at the Norton Cemetery, at the family plot
RECEPTION TO FOLLOW AT 12 NOON AT THE TOWN AND COUNTRY KITCHEN, NORTON
For More Information Call 785-877-3663

DEATH NOTICE

Jim Austerman

May 18, 2014

Jim Austerman of Clayton, passed away May 18, 2014 at his residence at the age of 55. Funeral services are pending.

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email: dpaxton@nwkansas.com

May 16- May 21

Showing at the
NORTON THEATRE
Heaven is for Real
1 Hour, 50 Minutes (PG)
Friday and Saturday: 7:00 and 9:10 p.m.
Sunday: 5:00 and 7:10 p.m.
Mon., Tues., Wed.: 7:00 P.M.

The Other Woman
2 Hours, PG-13

POPcorn

COMING SOON

The Other Woman is \$7.00 for adults and \$6.00 for children 12 and Under. \$3/ticket on Sunday Heaven is for Real is \$7.00 for adults and \$6.00 for children 12 and Under. \$3/ticket on Sunday

PREMIERING IN NORTON, FRIDAY, MAY 23 - BLENDED (PG-13)
PREMIERING IN NORTON, FRI., MAY 23 - X-MEN: DAYS OF FUTURE PAST

This ad is brought to you by The Norton Telegram