

OBITUARIES

Nora V. Thompson Washburn

Nov. 12, 1922 - June 14, 2014

Nora V. Thompson Washburn, daughter of Walter and Bertha (Mench) Schmeltz, was born November 12, 1922, in Kulpmont, Pa., and passed away at the Andbe Home in Norton, Kansas, on June 14, 2014, at the age of 91.

Nora grew up in Kulpmont and graduated from the local schools. She also served in the U.S. Army. On February 21, 1946, she married William D. Thompson in Danville, Pennsylvania, and they made their home in Battle Creek, Michigan, before moving to Norton where they raised their daughters. Her husband passed away in August 1988, and she later

married Arrice Washburn in Norton, on February 12, 1994. Arrice passed away and she continued to live in Norton.

Nora was a member of the First United Methodist Church in Norton, the O.E.S., Rebekah Lodge, and the Red Hat Society. Nora enjoyed flower gardens and visiting with her friends but her greatest joys in life were her children, grandchildren, and great-grandchildren.

Survivors include: two daughters, Rebecca and husband, Mark Hopson, Norton; Tamera and husband, Greg Otter, New Alamo, Kan.; one brother, Bill Schmeltz; six grandchildren and eight great-grandchildren; other

relatives and friends.

Nora was preceded in death by her parents, her two husbands, two brothers, Frank and Bill Schmeltz, one sister, Martha Fox, and one grandchild, KayLynn Traxler.

Funeral service will be held on Thursday at 10:30 a.m. in the First United Methodist Church, Norton, Kan. Interment will be at the Norton Cemetery. Memorials are suggested to Nora Thompson Washburn Memorial Fund. Friends may call the Enfield Funeral Home in Norton on Wednesday from 5-7 p.m. Arrangements are made by Enfield Funeral Home of Norton. www.enfieldfh.com.

Hope in Color 5K Run



The Norton Valley Hope 2nd Annual Hope in Color 5K and 1 mile Fun Run/Walk was held last Saturday at the Elmwood Park. After everyone was registered, the participants gathered together in a corral where they all had a dixie cup with colored powder to throw in the air. Afterwards they gathered at the start line to begin the Fun Run/Walk, different checkpoints were set up where more colored powder was thrown on the runners.

-Telegram photo by Shylo Paxton

Walk Kansas, the results are in

The 2014 Walk Kansas fitness program, sponsored by Kansas State Research and Extension in most Kansas counties has been completed. Here is a summary of the results as they have been turned in to the local Extension Office:

In Twin Creeks Extension District, 37 teams consisting of six individuals participated for a total of 222 participants.

In Norton County, there were 15 teams or 90 participants. These people have been walking or doing some form of moderate physical exercise and reporting the amounts since March 16th. The goal is to walk 423 miles (or the equivalent of walking across Kansas), to walk back and forth across Kansas (846 miles), or to walk around Kansas (1200 miles) as a team during the eight week period ending May 10.

Ten of the 15 teams chose walking across Kansas as their goal. Two teams chose to walk back and forth across Kansas and five teams chose to walk around Kansas as their goals. Three teams chose to walk around the state of Kansas as their goal. Eight teams met their goal of walking across Kansas, two teams met their goal of walking across Kansas and back, and one team met its goal of walking around the perimeter of Kansas. The teams and the miles walked are as follows: (Captains in parentheses)

(Goal to walk around Kansas - 1200 miles)

1. Fit to Go - 1,460 miles (Lori Van Eaton) 2. Cowboy and the Ladies - 1,182 miles (Nancy Hager) 3. Are We There Yet? - 1,162 miles (Ann Becker).

(Top Twin Creeks District team - The Pacers, Hoxie - 1,485 miles)

(Goal to walk across the state and back - 846 miles)

1. Five Queens and a Joker - 1,318 miles (Cindy Linner) 2. They Also Walked - 777 miles (Tiphany Figurski). (Top Twin Creeks District team - Walk n

Homeed Tranda Watts, Extension specialist



Rollers - Hoxie - 1,879 miles (Goal to walk across Kansas - 423 miles)

- 1) WEWALKALOTTA - 1,806 miles (Lisa Hardiek)
2. Kings and Queens - 1,588 miles (Larry King), 3. Bluejays - 1,168 (Mary Byler), 4. Readers Choice - 974 miles (Pat Hammond), 5. USDA Pineview Walkers - 833 miles (Deniese Schmitz), 6. TOPS Walkers - 716 miles (Margaret Thomas)
7. Boarder Walkers - 617 miles (Rhonda McDowell), 8. Willing Walkers - 607 miles (Nancy Arehart), 9. We've Got to Move It, Move It! (Cristina Sander), 10. Pork Chop Striders - 69 miles (Lari Ann Nickell). (Top Twin Creeks District team - WEWALKALOTTA, Norton - 1,806 miles)

Increased consumption of fruits and vegetables is also encouraged during Walk Kansas. The top five teams which reported eating the most fruits and vegetables (5 cups are recommended daily) are:

1. WEWALKALOTTA 2.T Are We There Yet? 3. Reader's Choice 4. Fit to Go, and 5. Cowboy and the Ladies.

The top individual walkers (based on the team logs received) were:

1. Larry King - 1,030 miles (Kings and Queens) 2. Sally Thomas - 501 miles (WEWALKALOTTA) 3. Anthony Went - 468 miles (5 Queens and a Joker) 4. Sondra Petrie - 439 miles (WEWALKALOTTA) and 5. April Bashford - 438 miles (Bluejays) (Some team logs were not returned to the office, so others may have had higher results, but could not be included).

The top 6 individual consumers of fruits and vegetables - not in any particular order (from those who reported) were: Sondra Petrie and Lisa Hardiek (WEWALKALOTTA), Mindy Harting (5 Queens and a Joker) Barb Bollinger and Larry King (Kings and Queens), and Vicki Bainter (Cowboy and the Ladies). These individuals were the only ones who met the daily minimum of five, one cup servings of fruits and vegetables daily.

Walking Team - WEWALKALOTTA - consisted of Lisa Hardiek, Jenny Braun, Sondra Petrie, Sara Collings, Barbara Thompson, and Sally Thomas.

Individual walker - Larry King - (Kings and Queens)

Fruit and Vegetable Team - WEWALKALOTTA

Individual fruit and vegetable consumers - Barb Ballinger

Individual team prizes (randomly selected)

- 5 Queens and a Joker - Cindy Linner; Are We There Yet? - Heather Simmons; Bluejays - April Bashford; Cowboy and the Ladies - Jennifer Wildeman; Fit to Go - Fonda Lawrence; Kings and Queens - Jim King; Reader's Choice - Allie Huber; T OPS Walkers - Carol King; They Also Walked - Jolene Porter; USDA Pineview Walkers - Derek Husmoen; and Willing Walkers - Jessica Ebner.

Incentives can be picked up at the local K-State Research and Extension Office. Please call before coming in to pick incentives up. All prizes have not been delivered as yet.

Congratulations to all 2014 Norton County Walk Kansas participants for a job well done. Plan to join us next year for 2015 Walk Kansas.

If you have further questions, please feel free to contact your local K-State Research and Extension Office or e-mail Tranda Watts at: twwatts@ksu.edu.

Energy program receives \$2 million loan

Midwest Energy received a \$2 million loan from the United States Department of Agriculture's Rural Economic Loan and Grant Program June 10, to increase energy efficiency in the homes of the cooperative's customer-owners through its award-winning HowSmart@Program.

The loan, announced by Agriculture Secretary Tom Vilsack, was one of 24 loans and grants totaling \$22.5 million announced Tuesday to support job creation efforts, business development and strengthen economic growth in rural communities in nine states.

Midwest Energy's HowSmart Program is unique in that it saves energy, is environmentally friendly, promotes busi-

ness growth in small communities and saves customers money over several years. HowSmart provides low-interest loans to eligible customers for energy efficiency improvements such as insulation, air sealing and new heating and cooling systems. Participating customers repay the funds through energy savings on their monthly Midwest Energy bills, typically over a term of 10 to 15 years.

This REDLG loan enables more of our 92,000 members to participate in the HowSmart Program, stated Earnie Lehman, President and General Manager at Midwest Energy. This loan represents an affordable way for our customer-owners to save energy, while bringing work to dozens of plumbing,

heating and general contractors in our area.

Since HowSmart's launch in 2008, Midwest Energy has invested more than \$6.5 million to help 1,129 customers make improvements to their homes or businesses through the program. The average HowSmart participant saves roughly \$53 per month on their utility bill while reducing their carbon footprint.

The HowSmart Program was recognized with a Community Service Award for Energy Efficiency in 2012 by the National Rural Electric Cooperatives Association, a national service organization for 930 not-for-profit rural electric cooperatives and public power districts.

HANSEN MUSEUM

The Dane G. Hansen Memorial Museum is proud to present the "Local Joy of Painting Artists Exhibit". Students from the Joy of Painting Workshops held at the Hansen Museum for the past decade look forward to showing off their artistic talents in the Hansen Museum Gallery. This exhibition will run from July 18 to August 17.

Although Bob Ross died in 1995, his "Joy of Painting" still lives on in workshops across the United States. The Bob Ross style painting classes bring confidence, pride & joy to students who never dreamed they could paint. Although not considered fine art, these classes encourage people to paint, to laugh, to feel a sense of accomplishment, to believe in themselves and to realize "you can do it".

Each student takes an individual approach to the painting they are producing, which allows for a tremendous array of personality in the exhibit as a whole. Each piece speaks for itself in representing the fabulous world of art. Stop by and see what our past painting students have created!

June 13- June 25

Showing at the

NORTON THEATRE

How to Train Your Dragon 2

in 3D -- 1 Hour, 55 Minutes (PG)

Friday and Saturday: 7:00 and 9:25 p.m.
Sunday: 5:00 and 7:25 p.m.
Mon., Tues., Wed.: 7:00 P.M.

The Fault in Our Stars

2 Hours, 15 Minutes (PG-13)

Dragon is \$7.00 for adults and \$6.00 for children 12 and Under. \$3/tax on Sunday
Fault in Our Stars is \$7.00 for adults and \$6.00 for children 12 and Under. \$3/tax on Sunday

PREMIERING IN NORTON:
FRIDAY, JUNE 27TH
TRANSFORMERS 4 (PG-13)
VISIT OUR WEBSITE: NORTONTHEATRE.COM

Let's Go to the Movie

COMING SOON

This ad is brought to you by The Norton Telegram

PUBLIC RECORD

District Court

These transactions were taken from the records of filings in the offices of the District Court clerk at the Norton County Courthouse.

Traffic and Wildlife and Parks cases are given to the paper when the fines are paid.

May 29

May 10-Eldon L. Miller, Stuggart, Kan.; Charge: Speeding 60 in 50; Found: Guilty; Fine: 228.

May 12-Thien C. Nguyen, Thornton, Colo.; Charge: Violation of Wildlife, Parks and Tourism laws, operating vehicle in restricted area; Found: Guilty; Fine: \$171.

May 17-Donald K. Norton, Sidney, Neb.; Charge: Violation of Wildlife, Parks and Tourism laws, took bass under legal length limit; Found: Guilty; Fine: \$146.

June 5

May 18-Garry Lynn Bachkora Jr, Bartley, Neb.; Charge: Speeding 80 in 65; Found: Guilty; Fine: \$171.

April 15-Matthew Jacob

Bickle, Harp, Kan.; Charge: Speeding 75 in 65; Found: Guilty; Fine: \$142.

May 16-Janie A. Bryer, Grand Island, Neb.; Charge: Speeding 77 in 65; Found: Guilty; Fine: \$153.

WATER AEROBICS CLASSES

to be offered by Norton County Hospital's Physical Therapy Department Norton Aquatic Park

Tuesdays and Thursdays, Weather Permitting, Tentatively JUNE 17 thru AUGUST 7 Low Impact and High Impact Classes both held at 8:00 p.m.

Still \$25.00 Paid First Night of Class at the Pool

• NO EARLY REGISTRATION REQUIRED •

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Lawn and Tree Spraying and Fertilizing

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ANNOUNCING SPINAL INJECTIONS FOR PAIN MANAGEMENT

Greg Seiler, CRNA

Phillips County Hospital and Medical Clinics in Phillipsburg, Kansas has teamed with Greg Seiler, CRNA of New Wave Anesthesia in Hays, Kansas to bring you upper, middle and lower back pain management. Performing over 1000 injections since 2010, Greg brings you competence and experience. These procedures are done on an outpatient basis at Phillips County Hospital, where "Our Specialty is You!"

Call Phillips County Medical Clinic at 785.543.5211 or Logan Medical Clinic at 785.689.4220 to schedule an appointment to see if you qualify for this procedure.

PHILLIPS COUNTY HOSPITAL AND MEDICAL CLINICS
Our Specialty is You