

Brown wheat mites being found locally

By Jeanne Falk
K-State Multi-County Agronomist

There has been a lot of buzz in the past week about mites in wheat. They are the brown wheat mite.

This mite is a common pest throughout western Kansas during dry years. The brown wheat mite is usually only a problem in continuous wheat or where volunteer was allowed to grow on summer fallow ground.

This year, it has been found in fields in a wheat-summer fallow-wheat rotation and irrigated continuous wheat (especially wheat that hasn't been irrigated since planting).

The damage is usually first noticed by the wheat having a scorched, withered appearance with the tips of the leaf being dried out. Upon closer inspection, leaves have a stippled appearance – a faint pattern of white pin-pricks. Tips of leaves are dried out because frequently mites concentrate their feeding to leaf tips.

If plants are carefully approached, wheat will look like it was sprinkled with black pepper. Plants must be approached carefully because mites drop to the soil surface when disturbed. The 'pepper pieces' are actually the brown wheat mite.

If examined under a magnifying glass, mites have dark-colored

bodies and light-colored legs. Mites feed during the day, with the highest populations during the mid-afternoon. At night, brown wheat mites crawl into the soil.

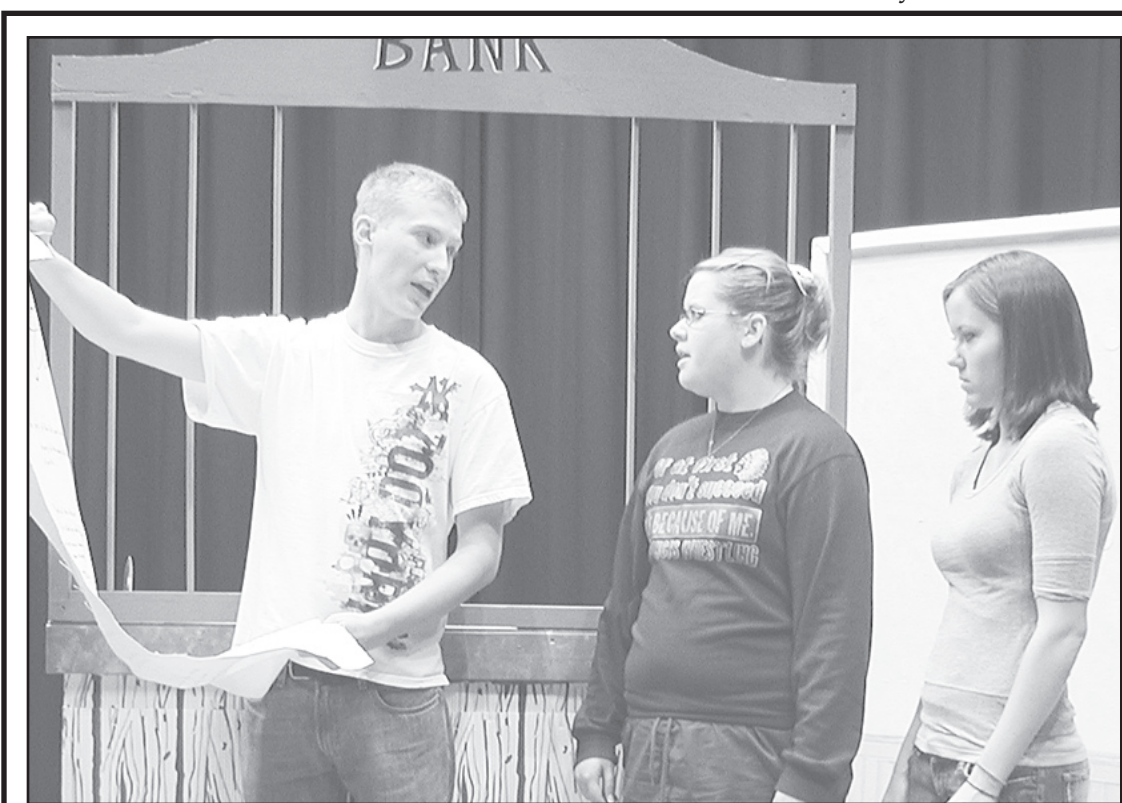
Rarely do brown wheat mite populations kill wheat. However, concern is greater when the wheat is already stressed or poorly tillered.

Actual populations are difficult to determine because mites drop off plants when disturbed. In addition, the economic threshold is not well defined, but it is estimated to be at least several hundred mites per foot of row in early spring.

The best treatment for brown wheat mites is a good rain. The mites are knocked into the soil and rain causes the soil surface to seal over to suppress the mite population.

Control by rain is more of a challenge in fields with high residue because it is harder to seal the soil surface. Cold temperatures do little to control the population because they seek refuge in the warm soil.

There are products that provide some control. They include Lorsban, Cobalt, dimethoate, and methyl parathion. Treatment response often depends on subsequent rainfall and ability of the wheat to out grow mite populations.



'HOW THE WEST WAS DUN' practice was going on this week after a week of spring break. The evil Richard Coldheart, played by Lance Owens, shows the widow, played by Cara Hunt, and her daughter (Jami Pevler) the contract to their home. The play, performed by the drama class, under the direction of David and Talley Morrow, will be held at 2 p.m. on Sunday at the high school, at 7 p.m. on Monday.

Knights to help seniors

The Cheyenne County Knights of Columbus are offering two scholarships to seniors in the county. They will be giving one \$250 scholarship to a senior from Cheylin and one from St. Francis.

These scholarships will be awarded this year at graduation but the \$250 will be given to the person that wins it at the start of their sophomore year after they show proof of enrollment.

If the student is going to a vocational school, it will be given to them at the start of the second semester if it is a one-year program or at the start of the second year for a two-year program.

"We feel that by giving it to them at the start of their second year, they will be receiving it at a time when a lot of their other scholarships have expired," said Mike Antholz, Grand Knight.

Anyone interested in an application may get one from either the student counselor or the school superintendent's office.

— Bowling News —

Monday Night Mixed 3-16
 Team standings: Wrecking Balls 27-17, Neitzel Insurance 25-19, Cheyenne Bowl 25-19, Wano's 17.5-22.5, Majestic 16.5-23.5, Earl's Gals 16-28.

High game (scratch): Kale Zimbelman 236, Eddie Zuege 197, Sally Baird 187, Kary Meyer 177, Tammy Zimbelman 174, Arrie Cox 158; (handicap): Baird 244, K. Zimbelman 242, Meyer 228, Zuege 227, Bill Porter 224, Janice Krien 214.

and a "Cowpokes" session for youth ages 7-12.

For more information or to pre-register contact Logan (785-671-3245), Sheridan (785-675-3268) or Thomas County Extension Offices (785-460-4582) or check us out on the web at www.thomas.ksu.edu.

Group has new president

By Karen Krien
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St. Francis woman, Carol Rogers, recently took over the position of president of the High Plains Mental Health Center board, Hays.

Mrs. Rogers has served 11 years on the board and, for the last two years, has been vice president. She will be the president for the next two years.

Though the years, she has served on the Public Relation Board, Marketing Committee and Finance Committee.

Mrs. Rogers was appointed by the county commissioners to serve on the board. Ilene O'Leary is an alternate. Both Mrs. Rogers and Mrs. O'Leary are faithful board members, traveling to Hays once a month for the meeting that doesn't begin until 5:30, then driving home that night.

Tammy Pettijohn, formerly of St. Francis, now of Smith Center, is a liaison for the county.

Twenty counties in northwest Kansas make up the board and the center serves clients in all 20 counties.

"The staff is very good," Mrs. Rogers said, noting that Walt Hill, the executive director, is very conscientious and caring.

This is the 45 anniversary for the High Plains Center. "We are here for you," is the mission statement.

High Plains was organized in 1964, through a joint effort of the county commissions in Ellis, Rooks, Phillips and Norton

counties. Today, the counties involved besides the original four and Cheyenne are Decatur, Ellis, Gove, Graham, Logan, Ness, Norton, Osborne, Phillips, Rawlins, Rooks, Rush, Russell, Sheridan, Sherman, Smith, Thomas, Trego and Wallace.

In addition to the home-based services in Hays, there are five full-time branch offices located in Colby, Goodland, Norton, Osborne and Phillipsburg. There are six weekly office sites in Atwood, Hoxie, Oberlin, Quinter, Russell and Smith Center.

High Plains is one of 28 community mental health centers licensed through the Kansas Department of Social and Rehabilitation Services.

Mrs. Rogers said she has enjoyed serving on the board. The highlight of the 11 years has been when the Respite Center in Hays was named after Juliette Schwaller, long-time board member. It was held at the Fox Pavillion. Mrs. Rogers sat with Mrs. Schwaller's son and grandson at the head table and thoroughly enjoyed the event.

Mrs. Rogers and her husband, Gary, who is the emergency manager for Cheyenne, Rawlins and Sherman counties, have a daughter Natalie. Mrs. Rogers retired from the Cheyenne County/First National Bank several years ago leaving her time to enjoy her granddaughter Makayla and to play golf.

Simple steps to training a horse without inflicting any pain

Communication is the key to humanely and effectively training any horse. At Doug Babcock's clinics and demonstrations, he shows those who participate, the simple steps it takes to get a horse to respond, without inflicting pain on the animal.

Mr. Babcock has three key rules when working horses.

- I can't get hurt-you shouldn't put yourself in a predicament in which you could be injured.
- The horse can't get hurt - nothing that you do should hurt the horse.
- The horse has to be calmer afterwards!

If you would like to hear more from the two-time Equifest of Kansas featured clinician, Mr. Babcock, and *The Lost Art of Common Sense Horse Training*, join him at the High Plains Horseman's Day in Oakley on April 18. Also included in the day are several educational sessions

Cookin' with Peg

By Peggy Horinek
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Some of our best recipes are those that are passed down in families time and time again. The Barbeque Brisket recipe was given to me about 30 years ago by my aunt who was a wonderful cook. Everytime I have served this, I have been asked for the recipe.

The Black Walnut pie was served to me by my grandma since I was a teenager, and you know that's been many years ago. It was my favorite pie, so whenever I visited Missouri, Grandma would always make it for me.

Barbecue Brisket

in memory of Bertha Farrell

- 1 beef brisket
- 1 tsp. celery salt
- 1 tsp. garlic salt
- 1 tsp. onion salt

- 1 bottle liquid smoke
- 1 cup barbecue sauce
- Few drops of Worcestershire sauce

Mix the three salts together. Sprinkle 1/2 of the salts in bottom of baking pan. Place brisket (fat side up) in pan and sprinkle other half of salts on top of meat. Pour one bottle of liquid smoke over meat. Cover tightly with foil and marinate overnight in refrigerator. Before baking sprinkle a few drop of Worcestershire sauce over

brisket. Wrap pan and all in heavy duty foil sealing tightly. Bake 5 hours in a 275 degree oven. Then remove foil and pour off liquid. Pour or brush barbecue sauce over top of meat and bake one more hour.

Slice thin with an electric knife. Good served hot or cold.

Black Walnut pie

In memory of Ina Skaggs

- 3 eggs well beaten
- 2 Tbl. sugar
- 1 Tbl. melted butter

- 1-1/2 cups clear corn syrup
- 1/2 to 3/4 cup walnut meats
- 1 tsp. vanilla

Mix all ingredients together and pour into unbaked pie crust. Bake at 375 degrees 40 to 50 minutes.

Delicious served warm with ice cream.

• Correction: Last week in the recipe for Mandarin Orange Chicken, the amount of hoisin sauce was omitted. The amount should read 1/3 cup hoisin sauce. Hoisin sauce can be found in the Chinese section at the grocery store.



4-H Junior leaders active in community

The Cheyenne County 4-H Junior Leaders are active in the community. Within the last year, the Leaders have participated in various community service projects including playing games with residents at the Good Samaritan Village and did some landscaping at the Village.

Junior Leaders donated several decorated Christmas trees for the Big Brothers Big Sisters fundraiser last fall. In February, they sponsored the Sweetheart Dance to provide a safe, fun activity for the youth of the community.

This summer is Sawhill Park's diamond jubilee celebration. The Leaders will be helping raise money for the band shell renovation by running carnival games.

The goal of the junior leaders is to promote and encourage leadership skills in junior high and high school age youth. This goal, said Joe Leibbrandt, county extension agent, is accomplished by performing community service projects, learning through leadership lessons and events, and participating in activities that require teamwork and build a sense of community.

There are approximately 15 junior leaders who meet once a

month at the courthouse.

This summer, the junior leaders are planning a canoe trip near Valentine, Neb., on the Niabrara River. In order to fund the trip, the 4-H'ers are giving away in iPod Touch on March 27.

James E. Reeves, DPM
Podiatrist/Foot Specialist
Reconstructive Surgery
Foot & Ankle Injuries
 For appointments call:
Rawlins County Health Center
785-626-3211
Wed., April 8
Cheyenne County Hospital - P.M.
 210 W. 1st • 332-2104
Thurs., April 9
Atwood (a.m.) • 626-3211
Colby (p.m.)
 CSMC, 175 S. Range
 462-3332
 CMC, 100 E. College Dr.
 462-7511
Fri., April 10
Atwood - All Day

Peace Lutheran Church will host the Community Cantata on April 5 at 2 p.m. "Who is This King?" will be performed by the community choir in celebration of the Palm Sunday/Easter season. Please join us for fellowship and refreshments in the Peace Fellowship Hall directly following the performance!

Good Samaritan Society
 St. Francis Village
 820 S. Denison St.
 St. Francis, KS 67756
 Phone: 785-332-2531
 Fax: 785-332-2716

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Call Janet or Michele R at 785-332-2531

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Texas Red's BBQ

will be at St. Francis Super's
Tuesday, March 31
 thru
Saturday, April 4

Beef brisket, chicken halves, turkey breast, ribs & sausage

I would appreciate your vote for school board on April 7th. Thank you, Bob Holzwarth

Political Ad paid for by Bob Holzwarth

Childbirth Education Classes

March 30: 6-9 p.m. & April 6: 6-9 p.m.

Cheyenne County Clinic basement St. Francis

RSVP: 785-332-2104 ask for Candi

St. Francis Super's Announces NEW Express Lane

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