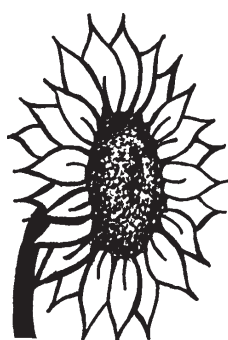


The Saint Francis Herald

At the Game



Sainty squad has good day at regionals

By Betty Jean Winston
betty.w@nwkanas.com

The Ellis High School girls and the Sublette High School boys took top honors at the Meade 2A Regional track meet held on Friday. The Ellis girls had 97 points and the Sublette boys reached a total of 108 points.

The St. Francis boys placed third for the meet with 59 points while the Sainty girls were eighth with 40 points.

The Indians will be taking a nice representation of athletes to the state meet following the qualification regional competition. Sainty had eight individuals qualify for state and two relay teams. (see related article).

"The kids did fantastic in the competition," Coach Tim Lambert said. "I am excited for them."

"It was a fun evening."

Only the top three placers in each event and a portion of those earning fourth place advance.

The state competition will be taking place on Friday and Saturday in Wichita.

Traveling to Wichita and participating in individual events will be Sidnee Crabtree, Shawn Warren, Sam Sowers, Trent Kinen and Elizabeth Gienger, all seniors, Trent Raile and Matt Raile, juniors and Ashlynn Lambert, freshman.

The girls 4x400-meter relay team also qualified for state. Members are Gienger, Lambert, Jenna Hill (freshman) and Mikaela Grace (sophomore). Freshman Kaitlin Figgins will attend as a relay alternate.

T. Raile, M. Raile, Kinen and Drew Zwegardt (junior) make up the boys 4x100-meter and 4x100-meter relay teams. Sowers and sophomore Garrett Figgins will be the alternates.

St. Francis had two first place winners at Meade and they were both com-

peting in the shot put. Crabtree placed first in the girls division and Warren, first in the boys.

Members of the Sainty squad who placed in the top eight at Meade but did not qualify for state also earned team points.

Boys

Team standings: Sublette 108, Decatur Community 64, St. Francis 59, Stanton County 57, Hill City 56, Meade 45, Rawlins County 44.5, Syracuse 36, Wichita County 23, Oakley 20, Ellis 18, Spearville 15, Kinsley 7, Satanta 3, Elkhart 1.5, Trego Community 1.

100-meter dash: (4) M. Raile, 11.08.
400-meter dash: (4) T. Raile, 52.41.
110-meter hurdles: (2) Kinen, 15.08;
(3) Sowers, 15.70.

300-meter hurdles: (2) Kinen, 42.96.
4x100-meter relay: (2) St. Francis, 44.44.

4x100-meter relay: (4) St. Francis (M. Raile, T. Raile, Kinen, Zwegardt), 3:32.66.

Long jump: (4) T. Raile, 20-03.75.
Shot put: (1) Warren, 46-06.75.

Girls

Team standings: Ellis 97, Sublette 81, Oakley 69, Trego Community 54, Wichita County 51, Hill City 51, Spearville 44, St. Francis 40, Decatur Community 34, Kinsley 26, Meade 20, Elkhart 17, Satanta 15, Stanton County 14, Rawlins County 5, Syracuse 3.

200-meter dash: (3) Gienger 26.98.
400-meter dash: (3) Gienger 1:01.81.

1600-meter run: (2) Lambert 5:46.35.

4x400-meter relay: (3) St. Francis 4:19.62.

Shot put: (1) Crabtree 36-06.75.
Discus: (7) Crabtree, 97-10.
Javelin: (8) Crabtree, 97-05.



BATON HANDOFF – Ashlynn Lambert and Jami Pevler have a successful exchange of the baton in a competition earlier this season.

Herald photo by Bobbi Richards

Track placers head to state

By Betty Jean Winston
betty.w@nwkanas.com

Several Indians won the right to attend the 2A State Track Meet in Wichita on Friday and Saturday.

Going from St. Francis will be eight tracksters in individual events including Sidnee Crabtree in the shot put; Ashlynn Lambert in the 1600-meter run, and Elizabeth Gienger in the 200-meter and 400-meter dash for the girls and Shawn Warren in the shot put, Matt Raile in the 100-meter dash; Trent Kinen in the 110-meter hurdles and the 300-meter hurdles; Sam Sowers in the 110-meter hurdles and Trent Raile in the 400-meter dash and the long jump.

Coach Tim Lambert will also be taking two relay teams, the boys 4x100-meter and the girls 4x400-meter teams. The boys team is composed of Kinen, T. Raile, Drew Zwegardt and M. Raile. Alternates are Sam Sowers and Garrett Figgins. Members of the girls team include Jenna Hill, Gienger, Mikaela Grace and Lambert. Kaitlin Figgins is the alternate.

Crabtree captured the title in the girls shot put and Warren took first in the boys shot put to pace St. Francis in the regional meet. Placing second were Kinen in both the 110-meter and 300-meter hurdles and Lambert in the 1600-meter run.

"We are really excited about this weekend," Coach Lambert said.

Cessna Stadium at Wichita State University is the site for Kansas State High School Activities Association State track events.

All classes of athletes (both boys and girls) from 6A to 1A schools will perform on the university's field.

Student News

Washburn University

Talisa Voorhies of St. Francis has been named a member of the 2009-10 Washburn University Dancing Blues which will be performing at home football

and basketball games, as well as several special events throughout the year.

The Dancing Blues coach is Angie Price.

Washburn University

Gavin Smull of St. Francis is one of the 76 Washburn University students who were inducted into the Top Hat Chapter of Alpha Lambda Delta, an honor society for students in their first year at an institution of higher education.

The society recognizes those students who have succeeded in maintaining a 3.5 or higher

grade point average or are in the top 20 percent of their class, in the first year.

The society's mission is to "encourage superior academic achievement, to promote intelligent living and a continued high standard of learning, and to assist students in recognizing and developing meaningful goals of their unique roles in society."

First swimming competition is June 6

Despite the cold and rain, the Sainty Sharks swim team is headed to the pool with determination according to Margaret Poling, one of the coaches.

Earlier this year, the team made a unanimous decision to join the Plains Tsunami Swim League and this means new age groups and new locations among other things.

The team will attend their first meet of the season on June 6 at the Bird City Pool.

"We need to get some swimming in before that begins," Coach Poling said.

The coaches and team members are hoping the weather will cooperate so the little ones won't

get so cold.

St. Francis is excited that they will get to host a meet but they still have a lot of work ahead of them in the next two meets to get this accomplished, she said.

The host team may invite any unregistered swimmer to participate in an effort to recruit new swimmers to the team.

But, Coach Poling said, they need to understand they are not covered by the League's insurance until they join the team."

Awards to non-members can be given as a means of encouragement to become part of the team.

The meet in St. Francis is set for 5 p.m. on Thursday, June 11.

The complete season schedule is as follows.

- June 6: Cheylin.
- June 11: St. Francis.
- June 20: Atwood.
- June 27; Benkelman.
- July 1 or 2: Cheylin.
- July 11: Imperial, qualifying meet.
- July 18: Lexington, state championship meet.

"We would love to see you at the pool, young and old," Coach Poling said.

The age groups are 18 and under, 19 and over and 30 and over.

She encourages swimmers to not be afraid to come and swim with them, as they are welcome.



Practicetimes are 8 to 9 a.m. and noon to 1 p.m., Monday through Friday.

Crissy Cooks is a coach along with Mrs. Poling. Stroke and turn judges are Gavin Smull and Trish Taylor, who are also listed as swimmers.

The coaches anticipate a great season and say fun is to be had by all.

C-team ball roster, schedule announced

By Betty Jean Winston
betty.w@nwkanas.com

The baseball season opener takes place on Friday. The St. Francis C-team will be traveling to Benkelman for game number one.

The league this year is composed of four teams, St. Francis, Benkelman, Cheylin and Atwood. Games will be played at 7 p.m. central time unless coaches agree on a different time for certain games.

Between May 29 and the tournament, scheduled Friday, June 19, and Saturday, June 20, each team will have two meetings, one away and one at home, with each of the other teams.

St. Francis coaches, Chris Bracelin and Shawn Blanka, have the following boys on their roster: Garrett Brunk, Cade Bracelin, Shakotah Blanka, Justin Pacheco, Jakob Church, Nicky Easter, Jude Faulkender, Jake Faulkender, Tate Busse, Joel Hill, Matt Howell, Quinton Cravens, Jon Hoard, Kenny Adams, Taryn Zwegardt, Connor McBride, Ryan Grover, Kevin Wagner and Bryce Wagner.

Games are played on Fridays and Mondays.

Schedule

May 29: St. Francis at Benkelman; Cheylin at Atwood.

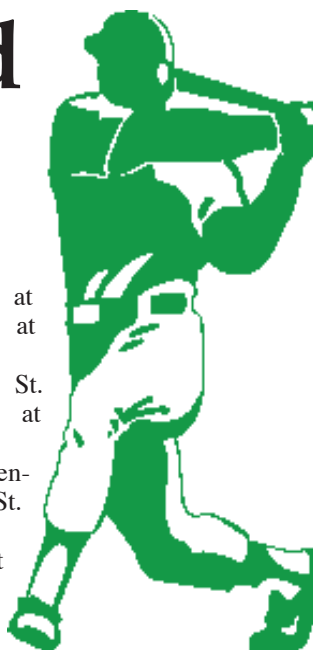
June 1: Atwood at St. Francis; Benkelman at Cheylin.

June 5: Atwood at Benkelman, Cheylin at St. Francis.

June 8: St. Francis at Cheylin; Benkelman at Atwood.

June 12: St. Francis at Atwood; Cheylin at Atwood; Benkelman at Cheylin.

June 15: St. Francis at Cheylin.



Benkelman.

Former student qualifies for summer program

Derek Ross of St. Francis is one of 20 students who have been selected to participate in the Summer Student Research Program this summer at the University of Nebraska at Kearney.

The program supports independent and original student research under the guidance of a faculty mentor, according to Dianne Holcomb, assistant director for the Office of Sponsored Programs. The program is open to students from all disciplines and is structured to enrich the educational experience. The program begins in May and ends Aug. 1. On Oct. 25, the students will present their work on posters and in oral presentations in a fall symposium on the campus.

To participate, students must first find a faculty mentor in their de-

partment of study. The student then submits a research project outline, a statement from the mentor and an application to be reviewed by a committee for approval.

"Students must be able to commit 20 hours per week in June, July and August to conduct their research and complete their research paper to suffice a 10-week research project," Ms. Holcomb said.

In addition, students must be full-time and not intend to graduate before December 2009. Further, students must be available for field trips, weekly meetings and the fall symposium.

Once approved for the summer program, students work with faculty mentors who guide them in developing, conducting and

disseminating the research. The process begins in the fall when the two work together to develop a project proposal. Through the summer, the mentor meets regularly with the student to provide guidance and support, ensuring that work is progressing at an acceptable pace. In August and September, the mentor helps the student prepare an oral presentation, a paper and a poster to disseminate the results of the project. Students receive a monthly stipend from May through September.

Ross, who is studying in the College of Fine Arts and Humanities, Department of Philosophy, will have as his mentor Dr. David Rozema. "His research project is entitled "Wendell Berry's Vision for America."