

Football team meets Buffaloes

By Betty Jean Winston
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Rawlins County defeated St. Francis in junior high football on Thursday night in Atwood. The final score was Rawlins County 24, St. Francis 12.

Kyler Zwegardt scored for St. Francis in the first quarter when he had a fumble recovery in the end zone.

Mason Schiltz scored the other Indian touchdown with a 20-yard run in the fourth quarter.

The Indians have a 0-4 record midway through the season.

"We seemed to regress a little bit on both sides of the ball this week," Coach Jeff Beims said. "We are having a hard time understanding the benefits of coming off the ball at the snap, and that gets us in trouble as we are unable to get anything going offensively, and get no penetration defensively."

"The team who controls the line of scrimmage usually wins the game, and the sooner we figure that out the sooner we will get a win."

Obituaries

Robert Dean Yost

Oct. 23, 1927 - Sept. 23, 2009



Yost

Robert Dean Yost was born Dec. 23, 1927, at a farm home near Culbertson, Neb., the only son of Ed and Matilda Yost. He died Sept. 23, 2009, at DePaul Health Center in St. Louis, Mo.

Bob attended country school through the eighth grade at Sunny Ridge, approximately 4 miles south of St. Francis, Kan. The family then moved to a ranch 13 miles north of Haigler, Neb., where Bob attended high school for three years. He graduated from Campion Academy in Loveland, Colo.

He returned to meet the love of his life, Arnita Himberg. Bob and Arnita were married May 29, 1949. Two sons were born to this union, Steven Dean and David Wayne. They ranched until 1955, when the family moved to a farm near Loveland, Colo. During the time in Loveland, they farmed, fed cattle, had a home construction business, and raised bluegrass sod.

In 1967, the family returned to the ranch and later that year, purchased a farm machinery business in St. Francis. He served as mayor of St. Francis from 1971 to 1975. During his tenure as mayor the statue in Sawhill Park was dedicated. Another source of pride during that time was the citywide celebration honoring astronaut Ron Evans, a native of St. Francis.

V. L. Patten

July 12, 1911 - Sept. 26, 2009

V. L. "Lew" Patten, 98, longtime Brewster, Kan., resident, died Saturday, Sept. 26, 2009, at Prairie Senior Living Complex in Colby.

He was born July 12, 1911, on the family homestead located on the Republican River northwest of Bird City, in Cheyenne County. He was the second of 14 children born to Emmett and Mary Ellen (Garner) Patten. He attended South Fork Rural School and also Bird City High School.

On March 3, 1934, he and Letha Wilma Duncan were married at Goodland, and they began their life together farming in the Brewster area.

The couple was very active in the community. Lewis was elected as Barrett Township Trustee in 1946, also serving as clerk. He served on the Garden Plains School Board and the Colby Cemetery Board. Lewis and Letha enjoyed going to the Tri-State Antique Engine and Thresher Show at Bird City to watch the old threshing machines and tractors powered by steam engines. They spent the days renewing old friendships from many years past and visiting with all the "old timers."

Preceding him in death were his wife of 69 years, Letha Patten, who died March 24, 2003; twin daughters; one granddaughter, Julie Owens; one great-grandson Austin Golemboski; his parents; three brothers Roy, Robert, and Leonard Patten; and four sisters Norma Gilland, Silvia Woodard, Minnie Clapper, and Eva Bishop.

Surviving family includes daughter, Bonnie Carpenter and her husband, James of Brewster; son, Vernon Patten and his wife, Sally of Brewster; five grandchildren, Greg Patten and his wife, Rashelle of Ellinwood; Jacque Golemboski and her husband, Mark of Colby; Jolene Burgess and her husband, Dave of Las Vegas, Nev.; Lowell Carpenter and his wife, Becki of Brewster; Wayne Carpenter and his wife, Leisha of Brewster; 12 great-grandchildren, Danielle, Devann and Danae Patten, all of Ellinwood; Zachary Golemboski and his wife, Katie of Colby; Quentin and Dailynn Burgess, both of Las

cis. NASA invited Bob and Arnita to tour its facilities in Houston, Texas, which was an honor to the family.

The boys joined the family business and the ranching enterprise and as business grew, the Ford car dealership was added in 1982. When the four grandchildren came, Shelly, Tina, Jason and Jon were truly the light of his life. He enjoyed watching them grow into the special adults they became. His six great-grandchildren were a special blessing to him as he always asked how they were doing and his change pocket was always empty after visiting them. Even with no words said, Bob encouraged hard work in others and took pride in their accomplishments.

The main commitments of Bob's life were his belief in Christ and his church, his wife and family and his business enterprise.

Bob and Arnita celebrated their 60th anniversary on May 29, 2009, with family members present.

Bob never knew a stranger. Funeral services were held Monday, Sept. 28, at the Methodist Church in St. Francis. Officiant was Pastor Jerry Nowack.

Honorary pallbearers were Don Marshall, Chuck Pettijean, Elton Keller, Bob Kleunder and Roger O'Hare. Casket bearers were Justin Haislip, Larry Finley, Tim Trumbo, Jeff Raile, Chris Brace, Dennis Krien, George Harper, Steve Confer and Tim Stumbert.

Burial was in the St. Francis Cemetery. Arrangements were by Knodel Funeral Home, St. Francis.



PAINTING SENIOR BANNERS — Dale Northrup (l to r), Elena Paulsen and Freddy Pacheco are preparing their banner to display at the football game.

Herald staff photo by Casey McCormick

Moments With Mila



By Mila Bandel
County Health Nurse

October is National Breast Cancer Awareness Month

Breast cancer is the most common cancer in women in the United States, aside from skin cancer. According to the American Cancer Society, an estimated 192,370 new cases of invasive breast cancer are expected to be diagnosed among women in the United States this year. An estimated 40,170 women are expected to die from the disease in 2009 alone. Today, there are about 2.5 million breast cancer survivors living in the United States.

One of the earliest signs of breast cancer can be an abnormality that shows up on a mammogram before it can be felt. The most common signs of breast cancer are a lump in the breast; abnormal thickening of the breast; or a change in the shape or color of the breast. Finding a lump or change in your breast does not necessarily mean you have breast cancer. Additional changes that

may also be signs of breast cancer include:

- Any new, hard lump or thickening in any part of the breast.
- Change in breast size or shape.
- Dimpling or puckering of the skin.
- Swelling, redness or warmth that does not go away.
- Pain in one spot that does not vary with your monthly cycle.
- Pulling in of the nipple.
- Nipple discharge that starts suddenly and appears only in one breast.
- An itchy, sore or scaling area on one nipple.

Mammography screening remains the best available method to detect breast cancer early. However, no medical test is always 100 percent accurate, and mammography is no exception. Research is under way to improve the technology to lead to better accuracy and

to create new technologies.

It is important for women to practice the elements of good breast health. It is suggested women:

- Obtain regular mammography screening starting at the age of 40.
- Obtain annual clinical breast exams.
- Perform monthly breast-self exams.
- Obtain a risk assessment from a physician.

There is a breast and cervical cancer screening program available through the Health Department entitled, "Early Detection Works" program. Call the Health Department at 332-2381 to see if you qualify for this free screening program to assist financially with your mammogram.

Saturday performance set

The Suzy Bogguss and Jim Salestrom concert is scheduled at 7:30 p.m. on Saturday at the Colby Community College Cultural Arts Center. The two talented singer/songwriters will present a varied concert that embraces jazz, folk, country, rock and show music.

Suzy Bogguss has attracted critical acclaim, commercial success and devoted fans for over two decades. Some of her accomplishments include 11 albums for Capitol Records, one of which has been certified platinum and three others, gold. Eight of her singles have cracked country music's top five. She is the recipient of a Grammy award as well as several awards from the Academy of Country Music, The Country Music Association, Country Music Television, and American Society of Composers Authors and Publishers.

Her songs have been heard on television shows and in commercials. She has performed on many national television shows including: In Performance At The White House (PBS), A Capitol Fourth (PBS), Austin City Limits, The

Tonight Show with Jay Leno, Live With Regis and Kelly, and The View.

Ms. Bogguss will be performing a variety of her country hits as well as other popular selections from her CDs including "Swing" and her most recent release, "Sweet Danger".

Jim Salestrom is an Emmy Award winning songwriter, a gifted guitarist and a seasoned performer who has been writing and recording music since he was 13. His music crosses generational boundaries and is enjoyed by fans of all ages.

During a career spanning the last 35 years, he has recorded and performed with such stellar artists as John Denver, Kenny Rogers, and Dolly Parton, and has appeared on The Tonight Show with Johnny Carson, The Academy

Awards Show, and two Home Box Office (HBO) specials, all with Dolly Parton.

He has performed for four United States Presidents, at the White House, and at The U.S. Supreme Court for his friend Justice Sandra Day O'Connor. Mr. Salestrom has toured and performed in Brazil, Argentina, Cuba, Canada, Scotland, Ireland, England, France, Italy, Holland, Norway, Germany, Greece, Spain, Monaco, Corsica, Singapore, Japan, Hong Kong, Australia, New Zealand, Malaysia, and Bali, and has built a loyal following in the Rocky Mountains where he has kept a home for over 25 years.

Admission is by Western Plains Arts Association or Oberlin Arts and Humanities season ticket, as the associations are jointly sponsoring the event, or at the door.

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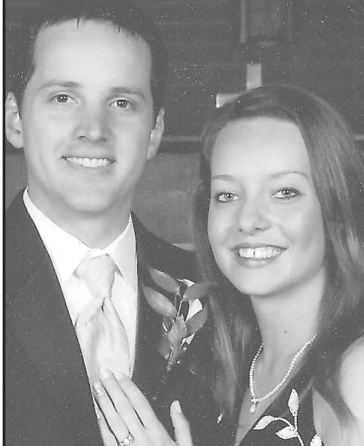
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NORTHWEST Kansas Technical College

NWKTC is making plans to embark on a collegiate sports program for the 2010-2011 academic year. NWKTC is seeking an experienced individual responsible for organizing a Wrestling program. Duties include: setting the schedule for competition, arranging travel, conducting practices, motivating students, and instructing student athletes in game strategies and techniques. Interested persons should complete an employment application and submit a resume. Position open until filled.

Dr. Ed Mills, President
NWKTC
1209 Harrison Street, PO Box 668
Goodland, KS 67735
E.O.E.

NOTICE OF NONDISCRIMINATION: NWKTC does not discriminate on the basis of race, color, national origin, religion, age, disability, or sex. Accusations concerning sexual discrimination, sexual harassment, and age discrimination should be referred to the TITLE IX COORDINATOR/AGE ACT COORDINATOR, Vice President of Student Affairs at 785-890-3641. Accusations based on disability or race, color, or national origin should be referred to SECTION 504 COORDINATOR/ADA COORDINATOR/TITLE VI COORDINATOR, College Counselor, located at 1209 Harrison (785-890-3641).



Golden - Hillyer

Couple to wed May 22

Mandy Ann Hillyer and Gregory Richard Golden, both of Westminster, Colo., are planning a May 22 wedding in Westminster.

Parents of the couple are Hank and Kathy Hillyer, Commerce City, Colo., Lana Rogers, Otis, Colo., and Dr. Steven and Peggy Golden, Oakley.

Grandparents of the couple are Augusta Winston of Akron, Colo., Shirley Turner of Ray, Colo., Sally Babcock of Northglenn, Colo., LeRoy and Ann Mc Kelberg of Yuma, Colo., Leonard and Joan Richard of St. Francis and Alma Golden of Grainfield.

The bride-elect graduated from the Academy of Charter Schools and is a medical assistant at the Boulder Community Hospital in the Pain Management Clinic.

The prospective groom graduated from Oakley High School and is employed with Qwest Communications in Denver.

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Gov Mansion & Brookville-Bus	Dec 1	\$89
Branson Christmas - Bus	Dec 3-5	\$429
Legends / Branson Belle / Pierce Arrow / Miracle of Christmas-Sight & Sound Theatre/Clarion Inn		
Kans City Shop & Casino-Bus	Dec 7	\$89
Ablene Theatre & Brookville-Bus	Dec 9	\$99
Christmas Lights & Meal-Bus	Dec 12	\$74
Chicken N Pickin-Bus	Dec 14	\$89

2010 PRICES INCLUDE AIRFARE, TRAVEL INSURANCE & PRE-POST NIGHTS!
EXCELLENT TRIP CANCELLATION/INTERRUPTION TRAVEL INSURANCE WILL BE INCLUDED IN THE PRICE OF OUR 4 DAY TRIPS OR LONGER STARTING JAN 2010 OF EXCEPTION IS ALASKA!
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Amazon River Cruise	Jan 29-Feb 14	\$4747
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Carlsbad Caverns-Bus	Feb 23-Mar 3	\$1699
Fort Worth Bill Bob's Honky Tonk/Langhorn Cattle/US Money Printing/Waco TX Ranger Museum/Austin LBJ Library/San Marcos Outlets / 3 Nights San Antonio Marriott Riverwalk Luxury Hotel/Alamo / 4 Missions/City Tour/SAS Shoes/Boat Ride/Revolving Tower Dining/Belly Dancing/Big Bend Nat Park/Carlsbad Caverns/Roswell UFO Museum		
Carolinias & Southern Splendor-Bus	April 7-22	\$2797
Memphis Elvis Graceland & Tupelo MS/Dollywood/Pigeon Forge Show/Taladega/Atlanta Westin Peachtree Plaza/Coca-Cola/Savannah Paula Deen's/3 Nights Charleston Andrew Pickney Hotel/Middleton Gardens/Magnolia Plantation/Boone Hall Plantation/Ft. Sumpter/Citadel/City Tour/2 Nights Myrtle Beach Ocean Side/Carolina Opry/Brookgreen Gardens/Outer Banks Cape Hatteras/Wright Brothers/Chimney Rock/Biltmore Asheville/Smoky Mts		
New York Broadway-Fly	June 4-7	\$1989
Canadian Train & Bus	June 19-27	\$3999
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Luxury Santa Fe, NM-Bus	July 1-6	\$1224
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Scandinavia & Russia Cruise	Aug 7-20	\$4499
7 Countries / Copenhagen, Denmark / Stockholm, Sweden / Helsinki, Finland / St. Petersburg, Russia 2 Nights / Tallinn, Estonia / Gdansk, Poland / Berlin, Germany / Helsingborg, Sweden		
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Tahiti & Hawaii Cruise	Jan 27-Feb 9	\$4699
Panama Canal Cruise	Feb 22-Mar 5	\$3299
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Black Sea Danube River Cruise	July 27-Aug 8	\$5799
Europe - 8 Countries - Land	Aug 19-Sept 2	\$5099

Trips-Prices-Subject to Change