

Violence does go with mental illness

The news media too often leads viewers and readers to believe that people with mental illness are dangerous, violent, and will "go crazy" with little or no provocation. When in fact, research and studies indicate the opposite; that people with major mental illness are more likely to be the victims of violence rather than the perpetrators. A recent study from North Carolina State University and Duke University found that people who suffer from schizophrenia, bipolar disorder, or psychosis are more than twice as likely to be attacked, raped, or mugged than members of the general population. Homelessness and alienation from family and friends often contribute to their vulnerability.

Other studies indicate that the majority of people who have a severe mental illness are no more violent than anyone else. Factors such as youth, gender (male), poverty, and a

history of violent behavior are all stronger predictors of violence as compared to having a mental illness.

The general public wonders why a depressed woman like Andrea Yates would drown her five children, or why a man like John Hinckley Jr. became obsessed with the movie star Jody Foster, and also tried to assassinate a United States President. Crimes such as theirs are very rare in people with mental illness, but each is an example of how a psychotic disorder or thought disorder can result in extreme behavior. In contrast, many individuals who suffer from a severe mental illness such as schizophrenia, delusional disorder, or bipolar disorder, do experience a great deal of private torment, yet would never commit a violent act.

When violence does occur in a person with a mental illness, other factors should be taken into consideration. Individuals with major psychotic symptoms, such as paranoia, usually function better on psychiatric medications. If they quit using their medication, in spite of cautions from their therapist, physician, and family, their behavior will tend to become more unpredictable. Alcohol or drug abuse also increases the chance of violence. If their behavior does become threatening or violent, it is usually focused on family members, or someone they know well. Thus it is vital for friends and family who are aware, to know their own limitations when dealing with the person, and call for assistance from a mental health professional and/or law enforcement if any situation feels unsafe.

People who are burdened with a severe mental illness face challenges on a daily basis that are difficult for others to understand, or to imagine. But when it is assumed that everyone who has a mental illness is a potential criminal, waiting to explode, then their burden becomes even heavier.

Contributed by Ken Loos, MS, LMLP, LCP, Consultation and Education Department

Bowling News -

Wednesday Afternoon Coffee 12-27

Team standings: Windmill Restaurant 41-15, Kathy's Cater Cats 35-21, Sunshine Girls 31-29, Kale's Girls 29.5-26.5, Lodge Sleepers 26.5-29.5. High game (scratch): Pat Rose 160, Janice Krien 152, Linda Query 148; (handicap): Karen McVey 217, Carol Peterson 213, Janice Krien 202.

High series (scratch): Rose 445, Krien 422, McVey 380; (handicap): McVey 599, Krien 572, Peterson 565.

Wednesday Night Bowling 12-27

Team standings: 2001 Electronics 28-24, First National Bank 27-25, Grace Flying Service 27-21, Haigler One 26-26, Haigler Two 26-22, Krien Steel Buildings 25-27, Fearless 4 Some 23-29, Neitzel Insurance 21-31.

High game (scratch): Alan Rose 210, Mike Blecha 203, Bob Lippert 201; (handicap): Peggy Horinek 215, Linda Yonkey 210, Lynne Ferguson 202.

High series (scratch): Lippert 541, Blecha 531, Wayne Mahon 494; (handicap): Yonkey 619, Horinek 566, Erica Harlan 565.



CUB SCOUTS receive their first pins. Acting club master, Hart the Bobcat pins. Trey Van Allen observes. A.J. Miller, Elmer Kellner awards Ryan Grover, Jason Owens and Seth Hart the Bobcat pins. Trey Van Allen observes. A.J. Miller, not pictured, also earned his award.

Herald staff photo by Casey McCormick

Haigler News

By Floy Ruggles



The Wall clan gathering was held at the home of Dusty and Christy Wall and their daughters, Sydney and Gracie. LuAnn and Duane Wall and Wendy Wall assisted in the preparation of the bountiful Christmas brunch. Grandad, Richard Wall spent the day at Hillcrest with a broken leg so was not present. Others attending the brunch were Robert and MerryLu Simmons; Azure Wall, Lincoln, Neb.; Jessica Wall, Bloomington, Ind.; Caleb, Sherrill, Allison Wall, Eustis; Lyndsay Wall, McCook; Cody Ashley, Trenton; Randy, Laurie, Laura, Madison, Spencer Perila, Westminster; Alfred, Jeannie and Zachary Zuege, Hot Springs, S.D.; Dwight Wall, Lewellen; Blaine Lee, Sophia Zuege; Betty Lee Green, Laura Pearl Wall. Everyone visited Richard at Hillcrest Care Center for a few minutes.

Ray and Floy Ruggles had Christmas Dinner at the home of Sharna and Richard Richardson south of Wray. Others present were Connie, Colby and Christian. Sharna's grandchildren from Holdrege, Neb. The afternoon was spent by four of the adults playing the game Life with Connie, a 9 year old. She is a whiz kid at that game.

Gerald and Betty Myer and Grace Adams were Christmas Eve guests of Smiley and Charlotte Myer. Starla Myer and Chris and

Shannon Stults were there, also. On Christmas Day, Gerald and Betty hosted dinner in their home with Grace Adams and Myrna Mulligan as guests.

Sharon Raburn has enjoyed visits from her family recently. From Hays granddaughter, Sarah Deseris and husband, Chris brought their young son, Jaiden, to introduce to his great-grandmother, Sharon. Also granddaughter Mackie MacKinsey was here from Kansas State College. Sharon also had a before Christmas visit from son, Ted and wife, Jill Rayburn from Claremore, Okla.

Kay and Marvin Kamla had their family over on Christmas Eve and everyone had Christmas Dinner together in the home of Ronnie and Susan and daughter, Katie.

LeRoy and Barbara Durbin are in the process of moving back to their home in Haigler. Their phone number is 297-3341. It is nice to have them back.

Deloris Zuege hosted Christmas dinner in her home for Gary and Pam Zuege, Cory and Brook from Wray also Jonna Carmen and Joe Zuege.

Daniela Webster of Iowa City, Iowa, arrived in Haigler on Saturday evening. She spent the Christmas week holidays with her parents, Galena and Stan Webster, and family and friends. She was

accompanied by Mariah Phipps, who also returned to the Haigler area to visit family.

The three Collicott sisters, LaNeta Carlock, Myrna Mulligan, and Galena Webster, held their annual Christmas sister party on Friday evening, December 22, at The White House in Haigler. Christmas decorations, music, and holiday tea were enjoyed, gifts exchanged, and memories shared. A visit from Santa, who brought special gifts, brought much joy to the trio—and reminded them of family Christmases past.

On Christmas Eve day, Stan and Galena Webster hosted the traditional Collicott family meal. Turkey, ham and all the trimmings, cranberry salads and home-baked berry pies were served. LaVoine Collicott was able to come from the Hillcrest Care Center in Wray, Colo., to be with his family for the special occasion. Family members attending from Haigler were

Darrell Webster, Myrna Mulligan, Stan and LaNeta Carlock, and from Iowa City, Iowa, Daniela Webster. The family enjoyed singing Christmas carols, exchanging gifts and being together for the day. Since this was the first Christmas without wife and mother, Opal Collicott; memories of family past Christmases were ever present.

Quite often former residents of the tri-state area, some from many years back report that they still subscribe to the local newspaper just to keep in touch with their roots. The most recent word was from Florence, Ore. I wonder just how many others there are. This correspondent is curious.

News Item can be reported to Floy Ruggles at <mailto:ffisher@bwtelcom.net>; P.O. Box 44, Haigler; phone: 308-297-3605 or drop box at 338 Washington Ave.

Club Clip

Plum Creek 4-H Club

The Plum Creek 4-H Club met on Sunday, Dec. 10. The members had a hayrack ride, during which they caroled at the Good Samaritan Village, the Cheyenne Community Hospital and homes in the commu-

nity. The members then had a gift exchange at Matt and Mile Bandel's home. This was followed by a hot-dog roast and s'mores.

Mikaela Grace, reporter

Public Notice

Notice of suit filed for quieting of the title

Published in The Saint Francis Herald, St. Francis, Kansas. Thursdays, December 21, December 27, 2006 and Thursday, January 4, 2007. (51-1)

IN THE DISTRICT COURT OF CHEYENNE COUNTY, KANSAS ROBERT T. NORTHRUP and LINDA S. NORTHRUP, husband and wife, *Plaintiffs*.

vs. ELSIE VANDERFORD, a/k/a ELSIE M. VANDERFORD, KENNETH VANDERFORD and NORVIN VANDERFORD, and the unknown heirs, executors, administrators, devisees, trustees, creditors, and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors, and assigns of any defendants that are existing, dissolved, or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors, and assigns of any defendants that are or were partners or in partnership; the unknown guardians, conservators, and trustees of any defendants that are minors or are under any legal disability; and the unknown heirs, executors, administrators, devisees, trustees, creditors, and assigns of any person alleged to be deceased, *Defendants*.

Case No. 06-CV-14

NOTICE OF SUIT ELSIE VANDERFORD, a/k/a ELSIE M. VANDERFORD, KENNETH VANDERFORD and NORVIN VANDERFORD, and the unknown heirs, executors, administrators, devisees, trustees, creditors, and assigns of any deceased defendants; the unknown spouses of any defendants; the unknown officers, successors, trustees, creditors, and assigns of any defendants that are existing, dissolved, or dormant corporations; the unknown executors, administrators, devisees, trustees, creditors, successors, and assigns of any defendants that are or were partners or in partnership; the unknown guardians, conservators, and trustees of any defendants that are minors or are under any legal disability; and the unknown heirs, executors, administrators, devisees, trustees, creditors, and assigns of any person alleged to be deceased; and all other concerned persons: You are hereby notified that a petition has been filed in the District Court of Cheyenne County, Kansas, by Robert T. Northrup and Linda S. Northrup, husband and wife, praying for an order quieting the title to the following described real estate in Chey-

enne County, Kansas:

THE EAST HALF OF THE NORTHEAST QUARTER (E/2 NE/4) OF SECTION THIRTY TWO (32), TOWNSHIP ONE (1) SOUTH, RANGE FORTY-ONE (41) WEST OF THE 6TH P.M., SUBJECT TO 7.15 ACRES HIGHWAY RIGHT-OF-WAY TO THE STATE OF KANSAS, AND TO A 15 ACRE TRACT LOCATED IN THE ABOVE DESCRIBED REAL ESTATE EVIDENCED BY A DEED FROM ELSIE M. VANDERFORD, A WIDOW, TO CITIES SERVICE GAS COMPANY, DATED APRIL 27, 1979, AND MORE PARTICULARLY DESCRIBED AS FOLLOWS: BEGINNING AT A POINT FIFTEEN HUNDRED NINETY-EIGHT FEET (1598') SOUTH OF THE NORTHEAST CORNER OF THE NORTHEAST QUARTER (NE/4) OF SAID SECTION THIRTY TWO (32), TOWNSHIP ONE (1) SOUTH, RANGE FORTY-ONE (41) WEST OF THE 6TH P.M.; THENCE DUE WEST SIX HUNDRED SIXTY FEET (660') AND PARALLEL WITH THE NORTH LINE OF SAID NORTHEAST QUARTER (NE/4) OF SECTION THIRTY TWO (32); THENCE DUE NORTH A DISTANCE OF NINE HUNDRED NINETY FEET (990') AND PARALLEL WITH THE EAST LINE OF SAID NORTHEAST QUARTER (NE/4) OF SECTION THIRTY TWO (32); THENCE DUE EAST A DISTANCE OF SIX HUNDRED SIXTY FEET (660') AND PARALLEL WITH THE NORTH LINE OF SAID NORTHEAST QUARTER (NE/4) OF SECTION THIRTY TWO (32); THENCE DUE SOUTH A DISTANCE OF NINE HUNDRED NINETY FEET (990') ALONG THE EAST LINE OF SAID NORTHEAST QUARTER (NE/4) OF SECTION THIRTY TWO (32), A DISTANCE OF NINE HUNDRED NINETY FEET (990') AND TO THE POINT OF BEGINNING, and as more fully set forth in the petition, and you are hereby required to plead to the petition on or before the 15th day of January, 2007, in the court at 212 East Washington Street, St. Francis, Kansas. If you fail to plead, judgment and decree will be entered in due course upon the petition.

Robert T. Northrup and Linda S. Northrup, husband and wife. John G. Kite, #5299 KITE & DAY, L.L.P. 112 W. Washington, P.O. Box 575 St. Francis, KS 67756 (785) 332-3323 Attorney for Plaintiff

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