



CITY TRUCK has been busy the last few weeks, first clearing snow and now the slushy ice. As the temperatures have reached in the upper 30s and lower 40s the past few days, the snow is slowly melting only for a new forecasted storm schedule to come in Thursday and Friday.
Herald staff photo by Karen Krien

County Health Talk

Food Safety During and After Power Outages

**By Susan Roelfs
County Health Nurse**

The Kansas Department of Health and Environment Food Safety Program and health department reminds consumers that winter storms and power outages mean that food safety issues require special attention.

Be Prepared:

- Have a refrigerator thermometer.
- Know where you can get dry ice.
- Keep on hand a few days worth of ready-to-eat, shelf-stable or canned food that do not require cooking or cooling.

When the power goes out:

- Keep the refrigerator and freezer doors closed as much as possible.
- The refrigerator will keep food cold for about 4-6 hours if it is unopened.
- Refrigerated foods should be kept at 40F or below.

Once the power is restored:

- If an appliance thermometer was kept in the unit, check the temperature when the power comes back on. If the thermometer reads

40F or below, the food is safe and may be kept refrigerated.

It is safe to refreeze the food, but the quality and flavor of the food may be affected.

If a thermometer has not been kept in the unit, check each package of food to determine its safety. You can't rely on appearance or odor. If the food still contains ice crystals or is 40F or below, it is safe to refreeze or cook and use.

Refrigerated food should be safe as long as the power was out for no more than 4-6 hours. Keep the door closed as much as possible.

Discard any perishable food (such as meat, poultry, fish, eggs or leftovers) that has been above 40F for two hours or more.

Remember: When in doubt, throw it out!!

For more food safety information, please visit www.KSfoodsafety.org.



It's about the girls — not the cookies

Every year, thousands of girls across the area gain valuable knowledge while providing the community with a special treat— Girl Scout cookies. This year will be no exception.

The Girl Scout Cookie Program, an integral part of Girl Scouting's Business and Economic Literacy initiative for girls ages 6 to 17, provides finance, marketing, and public speaking skills, along with valuable experiences that build girls' self-confidence and help them de-

velop their own personal leadership style.

Locally, girls will begin to sell Girl Scout cookies on Friday, Jan. 12, and end on Sunday, Jan. 28.

All varieties of Girl Scout cookies are now "zero trans fat per serving," in compliance with FDA regulations. This change was made because, like most successful businesswomen, Girl Scouts listen to their customers.

Since 1917, the Girl Scout cookie activity has become a famous annual event that has helped girls develop important leadership skills they will use throughout their lives. Whether they are dreaming of becoming a doctor, teacher, businesswoman, president of the PTA, or superstar athlete, the Girl Scout Cookie Program gives them the self-esteem they need to reach for the stars.

Through the Girl Scout Cookie Program, girls manage inventory, set goals, learn money management, and develop marketing skills.

Essentially, the girls run their own business. The entire troop sets a goal and follows a plan leading toward that goal.

Girl Scout troops use funds from the cookie activity to fund a service project or to plan for an exciting trip. Many successful women have credited their business skills to the Girl Scout Cookie Program, making it the premier business and economic literacy program for girls in the United States.

Proceeds from the Girl Scout Cookie Program also go to support programs for girls and training for volunteers across the area.

Girl Scouts of Sunflower Council serves 16 counties in northwest Kansas. It is funded by voluntary contributions, the cookie sale, fees for services and the United Way in selected communities.

For more information regarding the annual cookie sale or to purchase Girl Scouts Cookies from a Girl Scout in your community, contact Girl Scouts of Sunflower Council at **785-625-5671!!!**

President declares 44 Kansas counties eligible for funding

President Bush has declared a major disaster exists in the state of Kansas and ordered federal aid to supplement state and local recovery efforts in the area struck by a severe winter storm during the period of Dec. 28 to Dec. 31.

Federal funding is available to state and eligible local governments and certain private nonprofit organizations on a cost-sharing basis in

44 Kansas counties including of Cheyenne, Sherman, Rawlins and Thomas for debris removal and emergency protective measures, including direct federal assistance.

Federal funding is also available on a cost-sharing basis for hazard mitigation measures statewide.

R. David Paulson, director, Federal Emergency Management Agency (FEMA), Department of Homeland Security, named Thomas J. Costello as the Federal Coordinating Officer for federal recovery operations in the affected area.

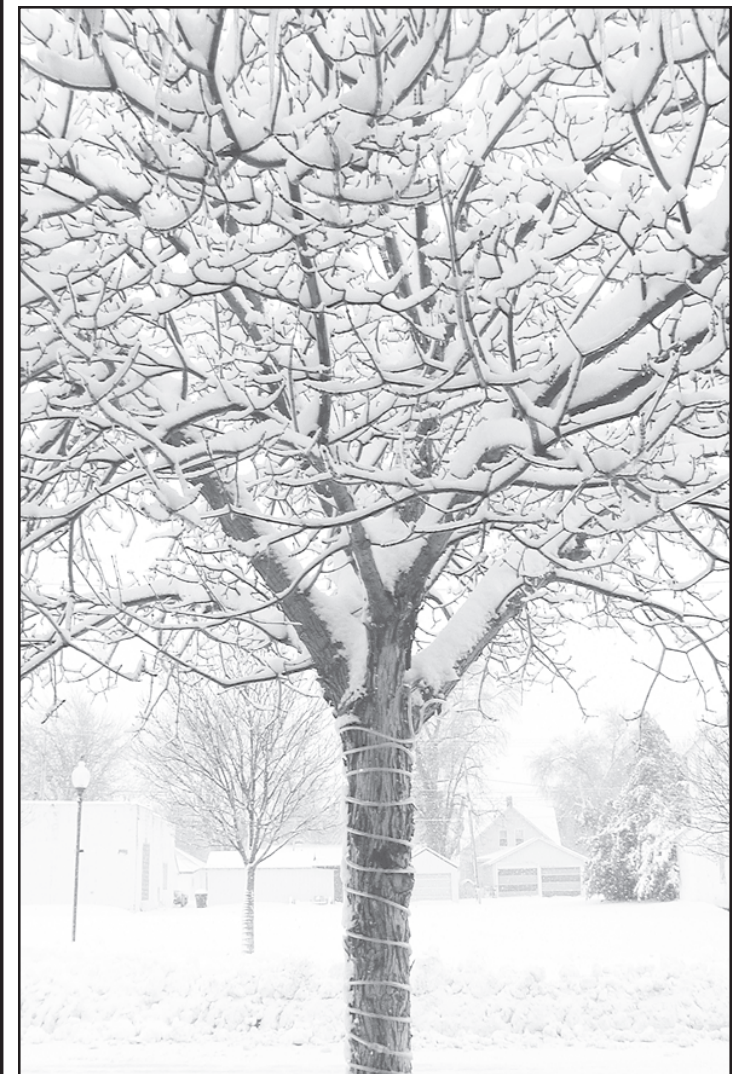
The agency said that damage surveys have been scheduled and more counties and additional forms of assistance may be designated after the assessments are completed.

For further information contact the Federal Emergency management Agency at (202) 646-4600

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WINTER STORM created a lot of difficulties in residents driving, but on the other hand the beauty could be seen among nature.
Herald staff photo by Karen Krien

Scholarship program continues for students

The board of directors of Farm Credit of Western Kansas, ACA is pleased to announce the continuation of the Farm Credit Scholarship program. Each year Farm Credit chooses one student to receive a \$500 per year scholarship which is renewable for up-to four years of post-secondary education. Eligible applicants are area high school seniors who are the children or grandchildren of Farm Credit Western of Kansas, ACA members.

Interested applicants should contact their high school counselor or Cathy Hawks at the Farm Credit administrative office in Colby (785-462-2382) for an application or visit their website at www.farmcreditkansas.com. Applications are due by Feb. 15.

Farm Credit of Western Kansas, ACA is located in Colby and can be reached by calling 1-800-657-6048.

You're Invited to an anointed DVD Series by John Bevere on "Driven by Eternity" Sunday, Jan. 14 7 p.m. CDT Living Water Fellowship 315 Bird Avenue - Bird City

Make your Life Count Today & Forever

TEENA LANETTE GIENGER McDANEL
Sept. 1, 1961~Jan. 9, 2005

Just as sure as the stars in Heaven shine forth in the darkness of night, we can rely on the love of God to carry us through our plight.
Just as sure as the sun each morning gives of its light through the day, we can know that we have God's presence. No matter what comes our way.
We may not have all the answers to the many trials we face, but on one thing we can always rely - we are kept by God's wonderful grace.

In loving memory of Teena ~ Pete & Wanda Gienger & family Bobby, Val and Katie McDanel & family

Buy any large Hot Stuff Pizza and we will donate \$1.00 towards the purchase of New Community Benches

Happy New Year & Don't Drink & Drive

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The family of Kenneth Peck would like to thank everyone for the calls, cards, food, flowers and memorials. Thank you to Father Hal Lycett for supporting our family and for the nice service. Thank you to the VFW color guard for their participating at the cemetery. Your acts of kindness are very appreciated and won't be forgotten.

Vi Peck
Barbara (Robert) VanAllen & family
Doug (Cheryl) Peck & family
Kenneth Peck Jr. (Patty) & family
Becky (Rick) Baney & family

2007 DOG TAGS ARE AVAILABLE

Come to the City Office, 209 E. Washington, to register your dog(s).

ALL Dogs that live in the city need 2 tags: a rabies tag from a veterinarian and a city dog tag from the city office.

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Hwy. 36 & Benton Street ~ St. Francis ~ 785-332-2277

Thank you to the 8 families that I was able to help buy or refinance homes for in 2006. I was able to make \$400 in donations back to the community.

If you, or someone you know, are looking to buy, sell or refinance your home, please call me. I will help you find the best option for your specific needs.

I appreciate your support and look forward to giving back more in 2007!

Kelli Gartland, CML
CTX Mortgage
Toll Free • 888-749-4253 Cell • 303-257-3766
kelli.gartland@ctxmort.com

STAG
BONNIE
COMMUNITY CLUB

Thursday, Jan. 11
At Hale Hall

Supper
6:30-8:30 p.m. MST