

Bulletin Board

Kansas Day

Kansas Day activities will take place in Bird City on Monday, Jan. 22, with registration at 10 a.m. and the potluck dinner scheduled for 11:30 a.m. Story in this issue.

Driven by Eternity

An annotated DVD Series by John Bevere on "Driven by Eternity" will be held at 7 p.m. Sunday at the Living Water Fellowship, 315 Bird Ave., Bird City. You are welcome to attend.

87th birthday

Alice Isernhagen will be 87 on Monday, Jan. 22. Birthday greetings will reach her at 204 E. Whittier, St. Francis, KS 67756 or call her at 785-332-3022.

Free-throw contest

The Knights of Columbus free-

Weather

Date	High	Low	Prec.
Jan. 9	31	07	
Jan. 10	39	09	
Jan. 11	29	05	
Jan. 12	08	04	.03
Jan. 13	11	-8	
Jan. 14	14	-3	T
Jan. 15	07	-4	

There was a slight inch of snow on both Jan. 12 and Jan. 14.

throw championship begins at 2 p.m. on Sunday at the high school in St. Francis. All boys and girls ages 10 to 14 are eligible to participate in their age divisions. For entry forms or additional information contact Ed Marin, (785) 332-2319.

Commodities to be distributed

Government surplus commodities will be distributed from 8:30 to 10 a.m., Friday, Jan. 26, at the Senior Citizen Center in St. Francis. You may pick up in person or send a signed permission note with another individual.

Commodities available include bran flakes, beef stew, peanut butter, green beans and apple juice.

Guidelines are as follows: household of one - \$1,062; household of two - \$1,430; household of three - \$1,799; household of four - \$2,167; each additional family member \$369.

Spaghetti dinner

The annual Cheyenne County Kansans for Life spaghetti dinner will be from 11:30 to 1 p.m. on Sunday, Jan. 21, at Peace Lutheran Church. Everyone in the community is welcome. Classified ad on page 10.

Music Club

The St. Francis Music Club will

meet at 7 p.m. on Tuesday, Jan. 30, at the home of Raedell Winston, 704 S. Scott, St. Francis. The program by Louanne Isernhagen will feature fiddle tunes and stories from the Laura Ingalls Wilder "Little House" books.

Refreshments will be prairie treats from "The Little House on the Prairie Cookbook," served by co-hostesses Jean Ann Confer, Crissy Cooks and Margaret Poling.

Helene Landenberger will give a poetry moment. Guests are welcome and may call President Winston.

AARP

AARP will be meeting at 2 p.m. today (Thursday) at the St. Francis Senior Center. At 2:30, Randy Dinkel will be speaking.

Dorothy Schield will be the hostess. Roll call is to be answered by telling of a winter experience.

Common Threads Quilt Guild
The Common Threads Quilt Guild will meet at 6:30 p.m. tonight (Thursday) at Sainty Stitches, 113 W. Washington.

High School Art Exhibition

The Dane G. Hansen Memorial Museum is presenting the 30th annual High School Art Exhibit featuring artistic talents of art students from area schools. The exhibition will begin on Feb. 2 and run through March 4.

Bach, Beatles and Bluegrass

Western Plains Arts Association will host Bach, Beatles and Bluegrass, a performance by the Nashville Mandolin Ensemble, at 3 p.m. Sunday at the Atwood High School auditorium.

Association to Benefit Cheyenne County

The Association to Benefit Cheyenne County meets every third Thursday of the month at the Diamond R.

Program at The Gateway

Ben Ulin, comedian/illusionist, will perform at Morgan Theater in The Gateway in Oberlin at 7:30 p.m. on Saturday, Jan. 27. His show includes music, costumes, audience participation, a beautiful lady assistant and trick. The program is sponsored by Oberlin Arts and Humanities. For details call Ella Betts (785) 475-3557 or Mary Henzel, (785) 475-3329.

St. Francis Library Art Gallery
The St. Francis Public Library is featuring approximately cookie cutters belonging to Shirley Zwegardt at the Library Art Gallery during the month of January.

Bicycles still being collected

The Lions Club is still collecting bicycles to take to the Norton Correctional facility to be repair. The bicycles made be taken to the Saint Francis Herald office for later pickup. Please bring to front door of Herald.



BANKWEST EMPLOYEES Schyler Goodwin, vice president and director, Althea Lebow and Dara Carmichael look over the material that will help low-income families winterize their homes. *Herald staff photo by Karen Krien*

Volunteer firemen report 2006 statistics

St. Francis volunteer firemen have had a busy year putting in a total of 655.5 hours. Not only do they put out fires but are also present at accidents, sometimes using the tools for extracting a person from a vehicle to directing traffic. They are also required to spend evenings and weekends attending trainings.

In 2006, they put out 22 grass fires and made six runs to extinguish burning hay bales.

They put in 36.6 man hours putting out structure fires and three other miscellaneous runs totaled 19.9 hours.

They were at four vehicle fires and helped with 21 vehicle accidents.

Firemen attending meetings had a total of over 73 hours while attending 13 different meetings.

"We have 18 volunteer firemen who do an excellent job," said George Harper, fire chief.

Bank offers energy-saving kits to help winterize homes

Bankwest - St. Francis is offering energy saving kits to those who meet the income qualifications.

The kits, provided by the Kansas Warm Homes Project, help winterize low-income households in Cheyenne County. They include mini spiral florescent bulbs, weather-stripping and plastic sheeting for windows.

"These kits will help winterize homes, helping residents save energy in cold weather," said Althea Lebow, Bankwest branch manager.

Gov. Kathleen Sebelius and the Kansas Corporation Commission joined the U.S. Department of Energy, the U.S. Environmental Protection Agency and the U.S. Department of Housing and Urban Development to educate citizens about energy efficiency.

This fall, in an effort to help save energy and money, and as a way to reduce greenhouse gas emissions, Gov. Sebelius urged Kansans to switch to light bulbs that carry the "Energy Star label," a sign of their efficiency.

According to the government's Energy Star program, qualified light bulbs use at least two-thirds less en-

ergy than standard incandescent bulbs and last up to 10 times longer.

By replacing a 60-watt incandescent light bulb with an equally bright 13-watt Energy Star-qualified light bulb, a household will save more than \$30 in energy costs over the lifetime of the bulb. Based on the average electrical rates in

Kansas, the amount of energy saved would reduce household electrical bills by a combined total of \$4.4 million a year.

For more information about the energy saving kits, contact a Bankwest employee by either stopping by the bank or calling 785-332-3333.

School Menu

Monday 1/22

Breakfast: strawberry and cream cheese bagel pocket, juice, cereal assortment, milk

Lunch: taco salad with beef, cheese, lettuce, tomato, salsa, chips, corn, pears, churros, milk.

Tuesday 1/23

Breakfast: French toast, maple syrup, juice, cereal assortment, milk

Lunch: crispy fish fillet, tartar sauce, coleslaw, cornbread, peaches, milk

Wednesday 1/24

Breakfast: breakfast pizza, juice, cereal assortment, milk

Lunch: cheesy potato soup,

crackers, ham sandwich, baby carrots with dip, apple crisp with topping, milk

Thursday 1/25

Breakfast: Belgian waffles, strawberries, whipped topping, juice, cereal assortment, milk

Lunch: turkey bacon wrap, lettuce, tomato, cheese, tator tots, fruit slush, peanut butter cookie, milk

Friday 1/26

Breakfast: breakfast casserole, salsa, milk

Lunch: hot hamburgers, mashed potatoes, gravy, green beans, lime Jello with pears, milk

• Salad bar is offered at noon daily in the junior/senior high school

WEEKLY SPECIALS

Prices Effective Jan. 17-Jan. 24

Large Idaho Baking Potatoes	45¢ ea.
Cucumbers	69¢ ea.
Large Green Bell Peppers	2/\$1.00
Sparboe Farm Eggs (Lg. Grade A)	99¢ doz.
Ground Beef 80/20 3 lb. roll	\$5.89
Jennie-O Turkey Bacon 12 oz.	\$1.99
Bush's Beans	5 cans/\$3.00
Sara-Lee Honey Wheat Bread	\$2.00/loaf
Sara-Lee Cinnamon Raisin Bread	\$2.59/loaf
Kashi Heart Healthy Cereals	\$2.99/box
Charmin Bath Tissue 8 double rolls	\$4.89
Blue Bunny gal. Milk (Everyday Price)	
Whole & 2%	\$2.99
1% & Skim	\$2.89

Remember to Register for our Monthly Drawing!

You'll Like Our Selection & Love Our Prices!

"The Little Store that Can!"
100% Home-Owned & Always Reasonable Prices!

Hwy. 36 & Benton Street ~ St. Francis
785-332-2277

BOB'S POPCORN

- '01 Ranger SC 4x4, 4.0, AT, XLT
- '03 Buick LeSabre Custom
- '04 F250 Crew XLT, 6.8L, 6M
- '03 F150 4.2, 5M
- '05 F150 Crew 4x4, FX4
- '04 Expedition XLT, 40,000 miles
- '02 F250 Crew Lariat, 7.3, AT

STOP IN ON WEDNESDAY'S FOR THE BEST POPCORN IN TOWN!

Worth a Second Look ... and don't forget to pick up a bag of Bob's Popcorn.

Special of the Week

1992 F250 4x4, 7.3, 5M, Ranch Broke \$5,995

YOST Ford Mercury Bob ~ Justin Haislip
Tom ~ Jeff

800-524-9678~E. Hwy. 36~St. Francis www.yostford.com

SHOWTIME: 7:30 p.m. 1 hour, 45 min.

Jan. 19, 20 & 21

Starring: Ben Stiller, Carla Gugino, Kim Raver, Mickey Rooney, Dick Van Dyke

Night at the Museum
Action/Adventure/Comedy

Rating: PG for mild action, language and brief rude humor.

Cheyenne Theater St. Francis, KS
785-332-2747

Children 11 & under: \$2 12-18 yr.: \$3 Senior Citizens: \$3 Adults: \$4

Open 9 a.m.-7 p.m. Everyday except Wednesday
Wednesday Open 9 a.m.-9 p.m.

NEW Washers & Dryers
 FREE Pickup & Delivery
 Ironing & Light Mending Available
 Questions? Give Us A Call!

B&E Hilltop Laundry

Hwy 36 & Benton Str. ~ St. Francis ~ 785-332-2048

CHEYENNE COUNTY HOSPITAL 210 W. 1st • St. Francis, KS
785-332-2104

The Cheyenne County Hospital would like to thank

Donna's Gift Palace

for donating the Beanie Babies for the pediatric patients.

Your continued support is greatly appreciated!

Don't forget to check out the Cheyenne County Hospital's website. It provides many sources for health information and programming. Visit www.cheyennecountyhospital.com to see how useful this is for our patients, their families, and those who may want to know what kinds of services or facilities we have.

Check your renewal dates

--Current Rates--

The Saint Francis Herald

Area - \$33 KS - \$38
Out-of-State - \$42

Bird City Times

KS - \$30
Out-of-State - \$34

American Profile

Celebrating Hometown Life

See American Profile magazine in this week's issue of

The Saint Francis Herald

(available in local area only)

Brought to you by The Herald

"Your sponsorship could be right here.

For more information contact: Casey at 785-332-3162