

FEELS LIKE SPRING! That is what Teryn Faylor was thinking last week as she ventured out in the nice weather to try the playground equipment out at the park. Herald staff photo by Karen Karien

# School Menu -

#### Monday 3/26

Breakfast: bacon, egg and cheese tornados, juice, cereal assortment, milk

Lunch: cheeseburger macaroni, broccoli, French bread with garlic Julius, juice, cereal assortment, butter, pears, milk.

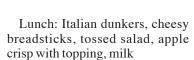
#### Tuesday 3/27

Breakfast: frosted cinnamon biscuits, yogurt, juice, cereal assortment, milk

Lunch: beef and bean enchilada, lettuce, tomato, cheese, salsa, sour cream, corn, peaches, ice cream bar, milk

### Wednesday 3/28

Breakfast: breakfast casserole, salsa, toast, juice, cereal assort- in the junior/senior high school. ment. milk



Thursday 3/29 Breakfast: coffee cake, orange

milk Lunch: chicken strips, mashed

potatoes, gravy, peas, hot rolls, strawberries and bananas, milk

Lunch: ham and cheese stromboli with Italian sauce, green beans, applesauce, milk



#### Card shower for 60th anniversary

The family of Bill and Agnes Slyhoff are holding a card shower to help them celebrate their 60th anniversary on April 3.

Cards will reach them at 1717 Dover Rd., Montrose, CO 81401.

Serviceman's address The mailing address for Randell Lee is Sgt. Randell Lee, 731st TC, Camp Adder, APO AE 09331.

#### Serviceman's address

The address for serviceman Justin Antholz is PFC Antholz, Justin day, March 30, in the commission-R., 1st LAR Bn H&S Co., Co. Office 40595, FPOAP 96426-0595.

Summer league basketball Atwood Summer League Basketball begins on May 28. Junior high teams (entering sixth grade through eighth) play Monday (girls) and Tuesday (boys) with high school teams (ninth through 12th) Wednesday (girls) and Thursday (boys). Registration forms and rules available in school office. The deadline for registration is May 4. Questions may be directed to Joan Cahoj at (785) 626-3682 or dcfcahoj@ruraltel.net.

#### **Basketball skills camp**

A shooting skills basketball camp for junior high and high school players, under the direction of coach Kevin Muff of Cloud County Community, takes place mornings on June 11-12, sponsored by the Atwood Summer Recreation Commission. Camp is free for Atwood Summer League players. To enroll in this camp or for more information contact John Terry at (785) 626-3088 or Joan Cahoj at (785) 626-3682.

#### No Goodwill

drive by Lions Club The St. Francis Lions Club will not be having a Goodwill drive this year. Members suggest you take good clothes to the Methodist Thrift Store, and give other items to someone going to Hays to leave at the Goodwill Store across from Wal-Mart. They can be left there at any time.

# **Bulletin Board**

#### Lions Club bicycles The Lions Club has a number of good and rebuilt bicycles to give to anyone in need. Please contact Milton Lampe.

#### **Hospital Board**

**Cheyenne County** 

Commissioners

The Chevenne County Commis-

**Lenten Services** 

The Wednesday, March 28, St.

Francis Lenten Service takes place

at noon at the Peace Lutheran

Church; A soup luncheon will fol-

as follows: April 4: Good Samari-

The remainder of the schedule is

**Music Club** 

The St. Francis Music Club will

meet at 7 p.m. on Monday, March

26, at the farm home of Beth

Maifeld. (Directions: Go west on

U.S. 36 to Rd. 13, the River Road.

Turn south and go 3/4 mile. Turn

left on 13 and go another 1 1/2 miles

to the first house on the right.)

Carpooling from Ruth Milliken's

Bonnie Cram and Marsha Magley.

Guests are welcome. For more in-

formation, call Raedell Winston,

Agri-tourism workshop

Richard Smalley, Kansas De-

partment of Commerce Marketing

Specialist, will provide a step-by-

step workshop on how to market

agri-tourism as a business opportu-

nity on April 4 at the Gateway Con-

liability and financing information

on agri-tourism business start up.

search and Extension Agri-tourism

Local experts will be providing

Ben Allen, Kansas-State Re-

\$5.49

\$2.49

\$4.99

\$4.49

\$2.99

\$1.29

\$2.49

\$1.59

that Can!"

Prices!

vention Center, Oberlin.

Co-hostesses for the evening are

home at 6:45 p.m.

332-8919.

speaker.

sioners will meet at 8 a.m. on Fri-

ers' room at the courthouse.

Francis.

low

tan Village.

opment office at (785) 462-2602. St. Francis Library The hospital board will meet at 3 Art Gallery p.m. on Thursday, March 22, in the The St. Francis Public Library clinic basement meeting room, St.

features a collection of quilts by Bonnie McQuillen at the Library Art Gallery during the month of March.

For more information, call Tho-

mas County Extension office at

Resource Conservation and Devel-

#### **Health Fair**

The Cheyenne County Hospital will be sponsoring a Health Fair for men and women with lab draw dates of March 26 and March 28 and exam dates of March 27 through March 29.

#### Tax help

AARP Tax-Aide is available in St. Francis with middle- and lowincomes. AARP volunteers Rowland Roelfs and Wayne Keeker will be available at the St. Francis Library from 2 to 5 p.m. on Wednesdays and at the St. Francis Senior Center from 2 to 5 p.m. on Thursdays through April 15.

#### Wildlife Banquet Mark your calendar for March 23 Real Estate

when the Cheyenne County Wildlife Banquet will be held.

#### **Recovery Today/Narcotics** Anonymous

Recovery Today group of Narcotics Anonymous meets at 8 p.m. on Sunday nights at the United Methodist Educational Building. Call (785) 332-6542 or 8607 for more information.

> Sainty Serenity Seekers/ **Alcoholics Anonymous**

## Weather -

Date	High	Low Prec.
March 13	80	37
March 14	61	31
March 15	52	27
March 16	66	33
March 17	75	41
March 18	83	42
March 19	63	41

Sainty Serenity Seekers open meeting of Alcoholics Anonymous (7850460-4582 or Western Prairie is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-6542 for more information

#### Northwest Kansas **Family Shelter**

Northwest Kansas Family Shelter provides 24-hour-7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or if you are in need of assistance, please call the toll-free number 1-800-794-4624.

#### **Bicycles still being collected**

The Lions Club is still collecting bicycles to take to the Norton Correctional facility to be repair. The bicycles made be taken to the Saint Francis Herald office for later pickup. Please bring to front door of Herald.

## - For the Record -

Aug. 2006: Leroy R. Spresser, et ux, to Shelley Yvonne Christensen, Lot 5 of Block 36 in St. Francis.

### Sept. 2006:

William Peter, et ux, to Jolene R. Dodd, the E1/2 of Lot 11 and all of Lot 12 in Block 8 in St. Francis.

Edward W. Dankenbring Jr, to Judy Carol Brenner, a tract of land in the SW1/4 of 11-5S-39W in Cheyenne County.

Terry Sutton, et vir, to Kevin Burkhalter, et ux, the SW1/4 of Sec. 32-1S-37W in Cheyenne County.

Merle L. Snider to Sherry Carmichael et al, approximately 12.5 acres in a portion of Lot 3, Block 8; the W50' of Lot 3, Block 4; part of Lot 2, Block 4; the S37' of the W50' of Lot 2 in Block 4; the alleyway which lies between Lot 2 and Lot 3 in Block four all in Bird City.



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WEEKLY SPECIA	<b>LS</b>		
Prices Effective March 21 - March 28			
California Red Ripe Strawberries 16 oz.	\$1.98		
Fresh Green Beans 12 oz. pk.	\$1.99		
Dole Crisp Iceberg Head Lettuce	98¢ per head		
Lg. Roma Tomatoes	35¢ ea.		
Lg. Idaho Baking Potatoes	4/\$1.00		
Green Giant Baby Carrots 1 lb. bag	98¢		
Red Radishes 1 lb. bag	98¢		
Fresh Avocados	75¢ ea.		
Fresh Thick Sliced Mushrooms 12 oz.	\$2.59		
Blue Bunny Sweet Cream Butter Quarters 1 lb	. \$2.49		
Blue Bunny Cottage Cheese 24 oz.	\$1.89		
Johnsonville Stadium Beef Franks 10 oz.	2/\$5.00		
Banguet Boneless Chicken Breast Tenders or Nuggets 2/\$5.00			

Friday 3/30

Breakfast: oatmeal, toast, sausage links, milk

# Salad bar is offered at noon daily

tate check. There are two lab exams available - the lab profile will be a Chemistry Panel (with TSH and Lipid panel) and PSA. The fee is due at time of service and will not be billed to insurance.

## Lab Draws Dates and Times

Mon., March 26 - Wed., March 28 • 7-10 a.m. daily No appointment needed.
PLEASE REMEMBER TO FAST FOR THE CHEM PANEL LAB TEST (nothing to eat or drink except water after your evening meal)

Lab Draw Location: Cheyenne Co. Health Dept. (located in the Cheyenne Co. Clinic basement)

## Exam dates and times:

Tues., March 27 • 9 a.m.-12 p.m. Wed., March 28 • 1:30-5:00 p.m. Thurs., March 29 • 1:30 - 5:00 p.m.

Location: Cheyenne Co. Clinic - St. Francis

Fee: Female Exam - \$25; Male Exam - \$25; Chemistry Panel w/TSH & Lipid - \$35; PSA - \$20.

Please contact the Cheyenne County Clinic to schedule your exam or if you have additional questions at 785-332-2682.

The Cheyenne County Clinic and Health Department will be sponsoring health fairs twice a year being offered the last week of March and last week of September.

See Related Article In This Week's Paper

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www.yostford.com



Arnita and Bob Yost, **Debbie Rogers (Ford** Dealer account manager), Jeff Raile, Pat and Dave Yost

> 800-524-9678 E. Hwy. 36~St. Francis Bob ~ Justin Haislip Tom ~ Jeff