Initiative association to hold a forum for county residents

In a Cheyenne Initiative Association forum, Cheyenne County residents will be able to reflect on questions and possibly find answers. The forum starts at 7 p.m. on Friday, March 30, in the cafeteria at the St. Francis Community High School.

Some of the questions to be answered are: "What do you see as assets for Cheyenne County in the next 12 to 15 years?" "What do you see as needs for Cheyenne County in the next 12 to 15 years?" and "What does Cheyenne County re-

prosperous by 2020?"

The forum will be led by outside professionals from the Ogallala Commons organization. People will focus on county assets and needs, starting in small group discussions. The assets and needs selected by each group will finally be considered by all those in attendance.

Tom Keller, chairman, said everyone will be given the opportunity to present their ideas and con- ciation, along with Rawlins and cerns. The outcome of the evening will be a proven method of focusally need to be vibrant, healthy and ing on and addressing the major is-

Student competes for Junior Miss

By Karen Krien

Cheyenne County Young Miss, Lauren Ross, traveled to Belleville last week where she competed in the Kansas' Junior Miss 2007 program. Lauren didn't win a title but did come home with a \$1,500 scholarship to Kansas Wesleyan University, Salina. On Monday, she signed a letter of intent to participate in track at the college.

The winner of the Junior Miss title was Jammie Layman of Marysville.

There were 11 high school seniors competing in this year's program. Lauren said she had a great time and would do it again!

I loved my host family," she said. 'The lived on the golf course and had two daughters.'

Lauren meeting and working an added bonus.



Ross

with the other contestants was great and she made some good friends and the shopping in Belleville was door sports gather for the Cheyenne

County health fair begins on March 26

From Monday, March 26, through Thursday, March 29, will be a good time to get that check up you have been putting off. The check ups and the tests will all be performed with great cost savings.

Cheyenne County Hospital will be holding its spring health and lab fair during the week but appointments are needed for the exams. However, they are not needed for blood draws.

The fair will include laboratory testing Monday through Wednesday, 7 a.m. to 10 a.m Male (prostate) and female (pap smear) exams will be Tuesday through Thursday by appointment.

The laboratory work will include a complete metabolic panel, a lipid panel, thyroid stimulating hormone and an optional prostate specific

tions and liver function. The "lipid panel" will tell cholesterol levels. These will include the "HDL" (good), "LDL" (bad) cholesterol and "VLDL" (bad). Maybe it would be best said as the good, the bad and the ugly!

mone, known as a "TSH," will tell tion Marlin. if there is a thyroid disorder. This is a common disorder that is usually easily controlled by medication

The prostate specific antigen, known as a "PSA," can track some prostate abnormalities.

For more accurate glucose and lipid panel, please fast after the evening meal prior to the lab work, however, drinking water is permissible.

See related ad for more details.

sues selected by those present. Everyone will then be given the opportunity to volunteer to work on the selected projects developed from the forum.

Mr. Keller said that input from this forum will be used to update the current county strategic plan.

What is the Cheyenne **Initiative Association**

The Cheyenne Initiative Asso-Norton counties, are participating in the High Plains Regional Cluster. The Cluster is facilitated by Ogallala Commons, a resource development network for creating thriving communities in the High Plains — Ogallala Aquifer region.

Also participating in the Cheyenne Initiative Association are: The commissioners, cities of Bird City and St. Francis, Bird City Century II Development Foundation, Cheyenne County Economic Development, St. Francis Community Foundation and New Generation Fund, Bird City and St. Francis Ministerial Alliance, St. Francis and Cheylin school districts, Cheyenne County Hospital, Good Samaritan Village and Bird City Community Club.

Wildlife banquet set for Friday night

By Karen Krien

Every year, hunters and fishermen as well as others interested in the out-County Wildlife banquet. It will be held from 6:30 to 8 p.m. at the Bird City Legion hall on Friday. The auction will begin at 8:15 p.m. Besides a dinner of prime rib with all the trimmings, there will be drawings and door prizes awarded.

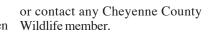
Some of the items auctioned off will include a Remington Over/Under shotgun, Henry 22 youth lever action, .270 cal. Howa Bolt Action, 870 20 ga. youth Remington, 870 3 1/2-inch 12 ga. Remington, 20 ga. Charles Daily Over/Under shotgun, 22 long rifle Henry Levor action, .17 The thyroid stimulating hor- HMR pistol, and a .17 HMR bolt ac-

To encourage membership, those joining with their paid membership will enjoy the free prime rib meal along with the banquet activities.

To purchase a ticket to the banquet and auction, stop at Bumper To Bumper, or Owens True Value in St. Francis; Heritage Corner in Bird City;

You're Invited to a

Come & Go



Cheyenne County Wildlife is active in the county and the money used from the banquet and auction help with cost-share tree plantings, stock trout in Keller Pond. The organization also gives four scholarships to graduating students.

This year, the members saw the great need to feed the pheasants, quail and other wildlife during the weeks of cold, snowy weather. Led by Bob Bixler, Hal Sager first provided grain for the birds, asking that people come pick up the grain and spread it in areas where there were pheasants. Later, Tim Burr, St. Francis Equity manager, saw to it that grain was in the barrels. Others helping with the project were Lance Long, Matt Smull, Chris Bracelin and Tim Stimbert. Quail Unlimited also helped pay for the grain.

The Wildlife organization's clubhouse south of St. Francis was once again the place where hunters could bring the deer to be tested for chronic wasting disease.



Thursday, March 22, 2007

TWENTY-FIVE YEARS of selling vehicles. Bob Yost visits with salesman, Justin Haislpin.

Ford dealership celebrates 25 years in the business

By Casey McCormick YostFord and Mercury is celebrating the 25th years of operation in St. Francis.

Rogers, Ford Dealer account manager, presented a plaque to Bob Yost to mark the occasion.

Yost Ford opened on April 15, 1982

"Back then there were four car dealers and four tractor dealers in town," Mr. Yost said.

Today Yost Ford and Mercury and Yost Farm Supply are the lone dealers in St. Francis. Yost Farm Supply has been operating since October 1967.

When Mr. Yost started his car dealership there had not been a Ford outlet for several years.

We had five semi-loads of vehicles delivered at one time," Mr. Yost said, "We paraded all of them down Main Street."

On Thursday, March 15, Debbie cars and trucks to the tri-state area and beyond.

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"A large portion of the vehicles on the lot are trade-ins that were purchased here," Mr. Yost said.

Selling cars and trucks has changed over the years. In the past, most buyers stayed within a 50-mile radius to shop.

"In the old days, folks would come in and make a deal," Mr. Yost said.

Now, with the internet and television, people will drive to big cities to

When Mrs. Rogers gave the award to Mr. Yost she commented about the achievement.

"Twenty five years, most marriages don't last that long," Mrs. Rogers said.

Mr. Yost was joined at the presen-The Yost philosophy is built on re- tation by wife, Arnita, son, Dave and



antigen for men. The complete metabolic panel, health fair, contact the Cheyenne known as a "CMP," will give infor- County Hospital, 785-332-2104 or mation about electrolytes, sugar the Cheyenne County Clinic at 785-(glucose), calcium, kidney func- 332-2682.

For further questions regarding the

Adult Help Wanted Must be able to Cook Apply at Dairy King 785-332-2137 715 S. Quincy ~ St. Francis

Wray Community Health Fair

1017 W. 7th Str. ~ Wray, CO

BLOOD DRAW DATES March 26-April 18 • 6 a.m.-9:30 a.m. (Wray Hospital) March 29 & April 12 • 7-9:30 a.m. (Idalia Visions) Fast for 12 hrs. (but DRINK plenty of water!)

Cost \$20 - Chem Panel (glucose, blood count, electrolytes, thyroid & more) \$10 - PSA (prostate blood test for men)

Fair Date

Saturday, April 21 • 8 a.m.-Noon at the WRAC

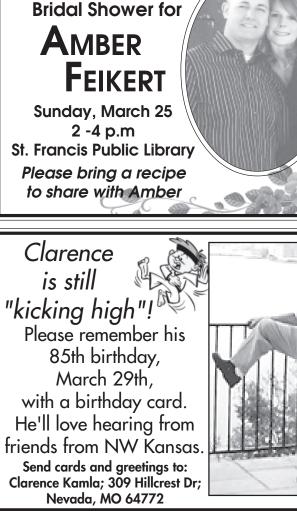
Call for a Blood Draw Appointment • 970-332-4811 Call Jennifer Kramer, RN for any questions • 970-332-2245

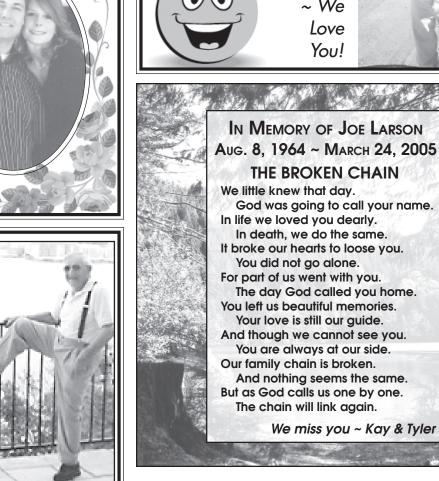
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2x4 **NWKTC** In back, hanging on board