

# Share a gift with veterans

Cheyenne County residents may want to share a Christmas gift with a veteran and this is possible.

Veterans Day is a special day for America and Americans. A special way to celebrate the day is to share a Christmas gift for a veteran or members of their family. This comes early because of the early mailings for these gifts. Not only do you have a chance to salute the men and women in the U. S. military who are risking their lives but you can remember them with a Christmas gift.

Gifts from this area go to the Colmery O'Neal Hospital in Topeka where the patients are able to choose gifts for their family members with the help of volunteers. This is a very special time of year for both the patient and volunteer with mixed emotions of joy and tears.

"We are asking that anyone in the county who can share a gift, especially a teenage gift, to do so and you will be appreciated and loved as well as blessed for your generosity," said Hulda Dorsch, Bird City American Legion Auxiliary member. "Please extend your Christmas gift list to include a gift for a veteran who may be struggling with devastating physical wounds, lasting emotional scars, or just a healing time which is being provided for a short or long term."

All gifts, cash gifts welcome, must be in by Monday, Nov. 12 at the American Legion Hall in Bird City where the Auxiliary will pack and mail them.



**POCKET CHANGE** — Carl Williams and Dick Rohweder collect change from Terry Miller. *Herald staff photo by Karen Krien*

## Lions club collects pocket change

The St. Francis Lions Club is collecting pocket change to help fund the Campaign SightFirst II program of Lions Club International. This is a \$200 million effort to provide eye care to the millions

of people around the world who might not otherwise have access to any form of eye care.

In that effort, the local club is sponsoring a Change for Sight drive to raise money to help the

international effort. Club members will be going door-to-door during the Lions Club calendar delivery with buckets to collect pocket change.

Efforts will be concentrating on the last week of November. Containers will also be available at the following businesses Nov. 23 to Dec. 3: Bumper To Bumper Auto Parts, NAPA Auto Parts, Diamond R, St. Francis Super's, Hilltop General Store and True Value.

The club will match the first \$500 in donations received.

"Every little bit that we can do to help, magnified by the thousands of chapters around the world, will help the international association reach its goal," said Dick Rohweder, Lions member and one of the coordinators for the drive.

## Bible seminar is held

Jehovahs Witnesses from 18 congregations in this area attended a special two-day Bible educational seminar on Oct. 27 and 28, at the Colby City Auditorium. The assembly carried the theme, "Do All Things For Gods Glory." (I Corinthians 10:31)

A visiting speaker, Gene Fields, a traveling representative of the Watchtower Bible and Tract Society was the featured speaker. Encouragement was given to the delegates attending to give consid-

eration to all aspects of their lives when it comes to giving God glory. This would include eating and drinking habits, dress and grooming and choice of entertainment.

The program was based on the Apostle Paul's words at I Corinthians 10:31, "Whether you are eating or drinking or doing anything else, do all things for Gods glory."

Dan Lucas, the presiding overseer of the Goodland congregation, stated that there were 850 delegated in attendance.



*In Loving Memory of*  
**GARY BROWN**  
 November 8, 2005

*Sadly Missed*  
*Forever in our Hearts.*

Your family

*Haigler American Legion*  
**SMOKER**  
*Haigler, Neb.*

•Supper •Fun •Entertainment

Saturday, November 10  
 6:30 p.m. MT

# Alzheimer's group meets at library

*By Karen Krien*  
*karenk@nwkans.com*

There are over 250,000 under the age of 65 who have Alzheimer's disease. One of eight people over 65 have the disease and one of two over 85 have Alzheimer's. It is the seventh leading cause of death in the United States.

To help the families of these people affected with the disease, there is an Alzheimer's support group which meets at 7:30 p.m. on the second Monday of most months at the St. Francis Public Library. The group will meet again on Monday at the Library.

The meetings are informal where family members and friends of those with dementia and related problems such as Alzheimer's can get feedback from others who may have been in similar situations.

"Many feel like they are alone and overwhelmed by their situations, and may not have any one to talk to or feel like they cannot talk to their family about it," said Sherry Schultz, one of the coordinators of the group. "No one is required to talk, they can just listen if that is what they are comfortable with."

There is information available on both Alzheimer's and where they can

seek help from various agencies.

"We have a policy that what is discussed at our meetings goes no further, so that people can feel comfortable talking about their situation and emotions," Mrs. Schultz said.

"A number of people who have attended our group over the years have told us what a help it was to them."

The support group was started about 15 years ago, by a group of people who had a loved one with Alzheimer's. Lois Johnson Morelock of McDonald was the facilitator for many years.

She became involved when her husband, Tommy Johnson, developed a form of dementia similar to Alzheimer's in his 40s. Mrs. Morelock educated herself and went to training sessions because there just was not a lot of information available at that time. She even testified before congress on behalf of Alzheimer's patients and their caregivers. She still attends the support group when possible.

Meeting notices are found in the Bulletin Board in *The Saint Francis Herald* and *Bird City Times*.

For more information, call Veda Orth 332-2453, Sherry Schultz 332-2860 or Vickie Schliep 332-2479.

## School Menu

<p><b>Monday 12</b>                  Breakfast: long johns, juice, cereal assortment, milk                  Lunch: barbecued rib sandwich, smiley fries, corn, tropical fruit, milk</p>	<p><b>Thursday 15</b>                  Breakfast: waffle sticks, juice, cereal assortment, milk                  Lunch: chicken enchilada, vegetable blend, peanut butter bars, sliced pears, milk</p>
<p><b>Tuesday 13</b>                  Breakfast: coffee cake, juice, cereal assortment, milk                  Lunch: taco soup, corn chips, relishes, corn bread, peaches, milk</p>	<p><b>Friday 16</b>                  Breakfast: breakfast casserole, toast, salsa, juice, cereal assortment, milk                  Lunch: cavatini, tossed salad, green beans, breadsticks, banana, milk                  •Salad bar is offered at noon daily in the junior/senior high school</p>
<p><b>Wednesday 14</b>                  Breakfast: sausage, egg and cheese breakfast sandwich, juice, cereal assortment, milk                  Lunch: beef and noodles, mashed potatoes, peas, hot rolls,</p>	

**IDALIA SCHOOL DISTRICT RJ-3**  
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**High School Assistant Basketball Coach**

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 Idalia School District RJ-3; PO Box 40; Idalia, CO 80735.

Idalia School District RJ-3 is an equal opportunity institute and does not unlawfully discriminate on the basis of race, color, national origin, sex or disability in admission or access to or treatment or employment in its educational programs or activities. Inquiries concerning Title VI, Title IX, Section 504 and ADA may be referred to Tim Gribben, Administrator, 26845 Co. Rd. 9-2, Idalia, CO 80735, (970)354-7298 or to the Office for Civil Rights, U.S. Department of Education, Region VIII, Federal Office Building, 1244 North Speer Blvd, Suite 310, Denver, CO 80204 (303)844-2991.

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**Rawlins County Health Center**  
 785-626-3211  
**Wed., Nov. 7**  
 Cheyenne County Hospital - P.M.  
 210 W. 1st • 332-2104

**Thurs., Nov. 8**  
 Atwood (a.m.) • 626-3211  
 Colby (p.m.)  
 CSMC, 175 S. Range  
 462-332  
 CMC, 100 E. College Dr.  
 462-7511

**Fri., Nov. 9**  
 Atwood - All Day

**American Profile**  
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**For more information contact:**  
**Casey at 785-332-3162**

**Thanksgiving Smoked Hams**

The St. Francis Fire Department will once again be smoking hams for Thanksgiving. The hams will be approximately 10 lbs. for \$30 each.

We will be smoking a limited amount so first come first serve. To order call 785-332-2104, 785-332-3466 and ask for Kelly or 785-332-2590, 785-332-2281 and ask for Dale. The hams can be picked up at the Firehouse on Nov. 18th in the afternoon.

The proceeds will be donated to the Angel Tree.