

# Obituaries

## Lola Roush Hinz

Nov. 10, 1914 - Dec. 5, 2007

Lola Roush Hinz was born Nov. 10, 1914, near Fairview, Kan., and died Dec. 5, 2007, at Medicine Lodge. She was residing in Medicine Lodge, having moved from her home in Longmont, Colo., where she had lived since 1962.

She was preceded in death by her husband of 53 years, Louis Albert Hinz; her parents, Emerson Reed and Rosa Rebeck Roush; her brothers, Floyd and Bud and sisters, Melba and Roxie.

Lola is survived by her children: Bob and Kate Hinz, Denver; Roger and Gloria Hinz, Longmont; Sue and Leon Wilber, Topeka; Phil and Mary Lou Hinz, Medicine Lodge; grandchildren: Truitt Hinz and wife, Maxine, Denver, Melanie Michael, Missoula, Mont., Megan Gomez and husband, Dan, Longmont, Derek Hinz and wife, Danielle, Longmont, Steve Wilber and Chad Wilber, Oakland, Calif.; Trevor Hinz and wife, Jennifer, Wichita; Mandi Pritchard and husband, Jeff, Overland Park, Nick Cissel of Denver, Tanya Cissel of Spokane, Wash; great-grandchildren: Brandon Hinz, Michael Moore and wife, Jennifer, Kale, Seth and Ethan Michael, Spencer and Olivia Gomez, Sebastian and London Wilber, Saffron and Lennon Hinz, Evie Hinz, Reese Pritchard; great-great-granddaughter, Isabelle Moore and several nieces and nephews.

Lola was a member of PEO for over 50 years and Longmont United Methodist Church for over 40 years.

Funeral services were Dec. 10, at the Powhattan United Methodist Church with Reverend Priscilla Davies officiating. Interment followed at Powhattan Cemetery. The family suggests memorials be made to the Powhattan United Methodist Church, which may be sent in care of the Chapel Oaks, 124 S 7th Street, Hiawatha, KS 66434.

Lola grew up at Fairview where she attended school, later graduating from high school in 1932. She and Louis left Horton in 1950 and moved to Atwood where Louis worked for the Rural Electric Association (REA), building electric lines in the rural areas of northwest Kansas.

A year later, the family moved to Bird City, where Louis continued to work for the electric association. In 1952, Louis became city superintendent and Lola operated the Double L Cafe.

In 1958, the family moved to St. Francis where Louis was electrical superintendent for the city and Lola worked for the newspaper.

In 1962, they moved to Longmont where Lola began working as secretary for Columbine Elementary School, and later worked in the school superintendent's office before retiring.

She loved to read, work crossword puzzles and was a great cook and seamstress.

Online condolences may be made to [www.chapeloaksfuneralhome.com](http://www.chapeloaksfuneralhome.com).

## Keith Frodin

April 4, 1929 - Dec. 8, 2007

Longtime Goodland, Kan., resident Keith Frodin, 78, died Saturday, Dec. 8, 2007, at his home.

He was born April 4, 1929, in Cheyenne County, the son of Alvin Gustav and Leona Irene (Stothard) Frodin. He attended school at Bird City.

On Nov. 15, 1963, he and Lois Anne Schroeder were married in Denver. They moved from Denver to Goodland in 1983 to be near family. He was a truck driver for Pacific Intermountain Express (PIE) retiring in 1990, after 37 years and 3 million accident-free miles.

Preceding him in death were his parents; one son, William Keith Frodin, who died in 2006; and son-in-law Ed Bohrn, who died in 2007.

Surviving family includes his wife, Lois Anne Frodin of Good-

land; four daughters, Carolyn Beth Bohrn of Twin Falls, Idaho; Patricia Ann Hummell and her husband, Dr. Joseph of Littleton, Colo.; Brenda Susan Beteta of Concord, Calif.; Marta LeAnne Grieve and her husband, Larry of Littleton; son, Leslie Ross Frodin of Goodland; daughter-in-law, Karin Frodin of Jerome, Idaho; 12 grandchildren; three great-grandchildren; three sisters, Emilee Schroeder of Thornton, Colo.; Darlene Jones of Clovis, N.M.; Mary Jo Whiteley of Tucson, Ariz. and brother Wayne Frodin of Longmont, Colo.

The funeral was held Wednesday, Dec. 12, at Koons Chapel in Goodland, with Pastor Dorine Chambers officiating. Burial followed in the Beulah Cemetery in Colby.

Memorials may be designated to the Keith Frodin Memorial, and may be left at or mailed to Koons Funeral Home, 211 North Main, Goodland, KS 67735-1555.

## Betty Lee Lester

June 6, 1926 - Nov. 22, 2007

Betty Lee (Owens) Lester was born on June 6, 1926, and died on Thanksgiving morning, Nov. 22, 2007, with her daughters, granddaughter and husband, Lisa and Simon by her side.

Betty was born in Tribune, Kan., to Rollie and Violet (Allen) Owens. In 1932, the family returned to Cheyenne County and there she grew up on a farm southwest of St. Francis.

Betty had five sisters, Lillie (Peter), Hazel (Montgomery), June (Krien), Virginia "Ginger" (Miley) and Joyce (Dabney). Betty and her sister Hazel moved to Denver when they were 18 and 19 years of age. The girls had many jobs working at Rainbow Bread, Gates Rubber Company and The May Company (May D&F).

During World War II, Betty met Don Lester, who was home on leave from the service and after a short courtship they were united in marriage on Feb. 25, 1946, in St. Francis. To this union three daughters were born, Sandy (Connolly), Bonnie (Conner) and Jolene (Dodd). The family lived and worked most of their lives in Denver.

In November 1965, Betty became a widow and was left to raise her daughters alone. Betty was a homemaker but worked to keep her family going, retiring from Porter Memorial Hospital and then returned home to St. Francis in 1984 where she lived until her death.

Betty leaves to mourn her children, Sandy Connolly and husband, Bob of Arvada, Colo.; Bonnie Conner and husband, Tom of Superior, Colo., and Jolene Dodd, St. Francis; grandchildren, Jeff Butler, wife, Stephanie, Regan and Keifer, Commerce City, Colo.; Kim Titchenell, husband, Jim, Travis, Sara and Eric, Bracettville, Texas; Holly Conner, Longmont, Colo.; Lisa Kingston and husband, Simon, Johnstown, Colo.; Shaun Spike, Colby and Taylor Spike, Littleton, Colo.; sisters, Lillie Peter, Ginger Miley, Joyce Dabney; brother in law, Paul Krien, all of St. Francis and many nieces and nephews.

She loved working in her yard, tending her flowers, and worked very hard to maintain her home. She was a Bronco fan and a Dale Earnhardt fan.

She is now free of pain and suffering and joins her mother, father, sisters Hazel and June, nephews, John Krien, Nelsen Garner, Rodney Garner and husband, Don.

Funeral services were held Nov. 26 at the Knodel Funeral Home in St. Francis with Reverend Morita Truman officiating.

Pallbearers were Tom Conner, Simon Kingston, Bob Connolly, Jeff Butler, Gene Dodd and Shaun Spike.

Betty was buried at the St. Francis Cemetery.

## Curtis Lee Fritz

Nov. 4, 1924 - Dec. 2, 2007

Curtis Lee Fritz, 83, of Gaithersburg, Md., died unexpectedly on Dec. 2, 2007, shortly after teaching adult Sunday School. He was the husband of Shirley Fritz, his wife of 58 years.

Born Nov. 4, 1924, in St. Francis, Kan., he was the son of the late Lorraine and Mattie Ruth Fritz. Curtis graduated St. Francis High School and attended the University of Denver. At the University of Denver, he earned a V-12 scholarship with the U.S. Navy to attend the University of Minnesota, where he earned bachelor's degrees in aeronautics and civil engineering.

While in Denver working at Montgomery Ward, he met his future wife Shirley at the Denver Player's Guild (she was the star). They married in 1949.

Mr. Fritz worked as an engineer at Convair in Texas, working on the U.S. Strategic Bomber program. He was eventually recruited by the U.S. Government to serve his nation. He worked in the Department of State, and subsequently with the United Nations. He was a Far East expert.

He and Shirley lived in Taiwan, Israel and Geneva, Switzerland before returning to Washington D.C. in 1979, where he worked for Executive Services.

Mr. Fritz retired from Government service in 1981, and started his own computer consulting business (DIDSCO), and a travel agency. He later worked in real estate. At age 83 he still did not consider himself retired.

In addition to his wife, he is survived by four children, Deborah Lee Fritz, Mark Lyn Fritz and wife, Patty, Wendy Liane Edgar and husband Victor John Edgar and Paul Lyle Fritz; granddaughters, Amanda Leaine Fritz and Nora Laine Fritz; brothers, Bruce and Boyde Fritz; and many nieces, nephews, cousins and friends.

Committal services with military honors took place privately. A memorial service was held on Sat., Dec. 8, at Gaithersburg Presbyterian Church.

Memorial contributions may be made to the church at the above address, or to Hospice Caring, 516 S. Frederick Ave., Gaithersburg, MD 20877.

In lieu of flowers, memorial contributions may be made to the church in care of Resthaven Funeral Services, 9501 Catoctin Mountain Highway, Frederick, MD 21701, or to Hospice Caring, 516 S. Frederick Ave., Gaithersburg, MD 20877.



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THE OVER-ALL WINNER of the 4-H Favorite Food Show was Bailey Merklin who brought a pumpkin cake roll.

# 4-H Food Show held recently

The Cheyenne County 4-H Favorite Food Show was held recently. Bailey Merklin was the over-all winner of the show and winner of the Junior Division was Mandi Cooks.

Bailey brought a pumpkin cake roll for her favorite food. Mandi won her division with Bethlehem Star Cookies.

In conjunction with the Favorite Foods Show was Family Fun Night. Everyone there enjoyed the games and project displays.

"The attendance was good and everyone had a lot of fun at the games," said Joe Leibbrandt, extension agent.

Others participating in the Favorite Foods Show and their favorite foods were:

Taylor Archibald - artichoke dip.

Kyla Bandel - candy crunch pudding pie.

Brianna Cooks - Nook Hook Cook Book Dogs.

Emily Elfers - sweet and sour meatballs.

Allison Grice - The Great Pumpkin Cake.

The recipes in the Favorite Foods Show are available at the Extension office. However, the two winning recipes are as follows:

### Pumpkin Cake Roll Bailey Merklin

1/4 c. powdered sugar (sprinkled on a towel)

3/4 c. flour

1/2 t. baking powder

1/2 t. baking soda

1/2 t. cinnamon

Filling-

1/2 t. ground cloves

1 pkg. cream cheese

1/4 teaspoon salt

1 c. powdered sugar

3 eggs

6 t. butter

1 c. sugar

1 t. vanilla

2/3 cup pumpkin

Powdered sugar (decoration)

Preheat oven to 375 degrees.

Grease a 15x10 inch jelly roll pan.

Sprinkle a kitchen towel with lots of powdered sugar. Combine flour, baking powder, baking soda, cinnamon, cloves and salt in a bowl. Beat eggs and sugar in mixing bowl until thick. Beat in pumpkin then flour mixture. Spread in pan and bake for 13 to 15 minutes. When done immediately put cake on the towel, then roll-up and let cool for 15 minutes. For filling mix, blend cream



MANDI COOKS brought Bethlehem Star Cookies making her the winner of the Junior Division.

cheese, powdered sugar, butter and vanilla until smooth. Unroll cake, put filling on cake, then re-roll. Sprinkle with powdered sugar if desired. Keep refrigerated until serving.

### Bethlehem Star Cookies Mandi Cooks

1/4 c. butter

1/4 c. pancake syrup

1/4 c. sugar

1 c. cake flour

1/2 t. baking soda

1/2 t. cinnamon

1/2 t. allspice

10 fruit flavored hard candies

Confectioner's Gold Dust, (optional)

1. Line the baking sheets with waxed paper. Sift the flour into a bowl. Add the sugar, spices and baking soda.

2. Preheat oven to 350 degrees. Warm the syrup and butter in a saucepan over a low heat. Stir until melted.

3. Pour the mixture into the bowl with the dry ingredients. Mix into a dough. Work the dough into a small ball with your hands.

4. Dust the work surface with flour. Roll out the dough until it is 1/4 " thick. Use the large star cutter to cut out 10 cookies.

5. Place the stars on baking sheet. Use the small star cutter to cut out the center of each cookie. Put a hard candy in each hole.

6. Bake the cookies for 10 minutes until golden brown. When the melted candies have hardened, place the cookies on a wire rack to cool.

## Club Clip

### Cheyenne County Hospital Guild

The Cheyenne County Hospital Guild met at the Senior Center on Dec. 3, with 14 members present. Marie Holzwarth and Rachel Davis were welcomed as new members.

Debbie Fiala and her high school singers presented a delightful pro-

gram of Christmas music.

The hostesses were Sherry Schultz, Donna Northrup and Paulette Grub.

The next meeting will be Feb. 4, with Anita Miller and Elaine Kite as hostesses. Ilene O'Leary will present the program.

# Herald And Times Happenings:



# FIRST BABY CONTEST

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# Winter Sports Special Section

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To participate in a Special Section contact Casey

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**SEASON'S GREETINGS**

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