### Ladies can enjoy a break

By Karen Krien

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Today, many women are working outside the home in order to make ends meet and have little time just to pamper themselves. However, Shelly Culwell has opened Ooh La La, 301 W. Jackson, St. Francis.

The shop is a place where women (as well as men) can stop by to have a manicure or pedicure, a massage, sooth aching joints or cracked dry hands and feet with a hot paraffin dip or get the start on a summer tan. Mrs. Culwell also applies acrylic nails as well as having a wide variety of colored nail polishes.

Mrs. Culwell opened up the shop in May. She has a pedicure chair with new technology. While the client is soaking their feet, their back is being messaged. If they are having trouble with joints aching or their hands are cracked and dry, they can also have them dipped in the hot paraffin wax, then continue to have them warmed in cozy

A similar service can be enjoyed as nails are manicured. This time, the feet are dipped in the paraffin, then slipped into warm booties.

"The paraffin dip is a good, deep moisture therapy," she said.

Mrs. Culwell graduated from the Northwest Kansas Technical College, Goodland, and is now a "nail tech." She started out doing the nails but soon added other services such as the hydrotherapy massage table. The heated water bed has jets and relaxes the body without ever removing any clothing.

"People will stop by for 10 to 20 minutes and it is all they need to relax them after or during a hectic, head start on a summer tan and,



ENJOY BEING PAMPERED by Shelly Culwell at the Ooh La La shop on Webster Street. Herald staff photo by Karen Krien Stop in and acquaint yourself with the services available.

message table is good for relieving headaches or backaches."

Thursday, March 6, 2008

Mrs. Culwell sells and applies OPI nail products. Women who and certified. Those using the have the acrylic nails applied find it nice to be able to have the service so readily available. Mrs. Culwell said that women with acrylic nails need to be able to have them worked on every two weeks so it is convenient to have a shop in St.

"Acrylic nails are especially nice for special occasions where women want their nails and hands to look beautiful," Mrs. Culwell said.

bed. Many people want to get a stressful day," she said. "The then there is the prom where a tan

helps make the dress look even more spectacular.

Mrs. Culwell said she is licensed tanning bed are warned about the hazardous of tanning and she is also there to see that customers are not in the bed too long.

Besides carrying nail and other grooming products, the shop offers Beech Yoga sandals. Originally designed to keep toes from touching while nail polish is drying, it was found that the sandal also promotes better balance and body alignment, as well as straightening toes Her latest service is a tanning and improving bunion and joint problems.

> People are urged to stop by and see the new little shop. They can also make appointments by calling 785-332-2270. She has gift certificates which are great to give for the busy woman.

> "Instead of flowers or candy, consider giving a little different gift of relaxation and beauty by purchasing a gift certificate," Mrs. Culwell said.

> Mrs. Culwell and her husband, Terry, have three grown children, Brad, Ryan and Heather. She enjoys working in her flower gardens and

PJ parties

month, Mrs. Culwell is asking that everyone relive their favorite slumber party memory and once again party in their PJs throughout

"Party in Your PJs month is the perfect way to break up the winter blahs by doing something lighthearted and different," she

Mrs. Culwell is a comfort specialist consultant with Jockey Person to Person.

"We have something for everyone our sleepwear collections provide perfect solutions for a peaceful night's sleep

"And, you don't really have to wear your PJs. It is a way to reminisce a bit of your childhood and shop with friends in a fun and relaxed environment.

party and special savings on sleepwear, slippers and blankets are offered to all hostesses through the month of March. For more information, contact

People can also host their own

Mrs. Culwell, 332-2270 culwellsc@hotmail.com.

## Members attend annual meeting, review last year

Dave Yost, president, showed airspace. the Airport Master Plan and aircraft.

widening of the asphalt runway. When finished, the runway will off future money. be 75-foot wide and 5,000-feet through the Federal Aviation Administration.

Diane Hofer with the firm Olsson engineering Associates, sent a letter observing system (AWOS) cautioning that, while the project will soon be connected to the is scheduled for summer of 2009, this projection was based upon the U.S. Congress quickly reauthorizing the Federal Aviation funding program. That process is now stalled, and this might push the runway project back another year.

Mr. Yost noted that the land which the airport must acquire for the runway extension with a 90-10 cost share with the has been appraised by an county independent contractor hired by Olsson Associates. The results of that appraisal will soon be

be purchased, while some land removed. The public phone is will only require easements which will allow the existing landowner to continue to own the land with restrictions on manager, reported that the future building activity.

delineates the land which must moved to the 911 office in be acquired. Anyone interested the courthouse, so that the in the process is welcome to required 24-hour monitoring view the Plan, which is located would continue in effect. in the county clerk's office in The commissioners recently the courthouse.

Tower

letter from Viaero Wireless was Administration Standard airspace requirements,

The Cheyenne County Airport so the company could construct Authority reviewed the previous a communications tower. The year's accomplishments when tower would protrude 13 feet they met on Thursday, Feb. 27. into the airport's protected

The Authority agreed that reported that the new apron is allowing this sort of deviation now complete. It provides all- had at least three negative weather parking for transient effects: 1) it potentially endangers air traffic; 2) it Much of the groundwork has would establish a precedent of been laid for the next major deviation for future projects; project — the extension and and 3) it might cause the Federal Aviation Administration to shut

They agreed unanimously long. This project will be funded which said that the existing through a 95-5 matching grant airspace protection regulations should be strictly enforced and no deviations granted.

#### System soon connected

The automated weather internet, so that emergency providers and others can access the local weather information which it generates. It also provides pilots via radio and telephone.

The internet connection project is funded by a \$4,000 grant from the Kansas Airport Improvement Program (AIP)

#### In other business

In other business:

• The public phone, now located in the Grace Flying He said that some land will Service office entryway, will be virtually never used, since most pilots now carry cell phones.

• Robert Grace, airport monitor for the NDB Instrument The airport's Master Plan Approach would soon be approved the move.

### **Members**

Members of the Airport discussed. Authority are Pat Stuart, Rick Viaero requested a deviation Rogers, Mike Callicrate, Kody from the Federal Aviation Krien, Mr. Yost, Ron Louden Obstruction and Rodney Bracelin.

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# **Interesting Facts**

• The wood stork, also known as the wood ibis, is the only true became the first vice president to stork native to the United States.

by both a father and son in the same game of golf were shot by Charles H. Calhoun Sr. and Jr. on novelist Jane Austen had difficulty August 24, 1932.

Vanderbilt University was known published until after her death. as Central University

• In 1853, William R.D. King take the oath of office in a foreign • The first holes-in-one scored country. He was sworn in in

finding a publisher. As a result, • Prior to Cornelius Vanderbilt's two of her works - Northanger donation of \$1 million in 1873 Abbey and Persuasion were not

• During her lifetime, the

raising Italian greyhounds.

10 celebrate "Party in Your PJs



Cheyenne County, Kansas Land Thursday, March 20th, 2008 • 10:30 A.M. Mountain Time at the Dundy County Court House in Benkelman, Nebraska

Benkelman, NE 14 18

Selling the East 1/2 & the North 1/2 of the Northwest 1/4 of Section 22; The West 1/2 and the West 1/2 of the Southeast 1/4 & the Southeast 1/4 of the Southeast 1/4 of Section 23; The West 1/2 of Section 26; The East 1/2 of the NE 1/4 of Section 27: All in Township 1 South, Range 38, West of the 6th P.M.,

Chevenne County LAND SELLS AS ONE UNIT

> Seller shall pay all the 2007 taxes and prior year taxes. Option 1: Fifteen percent (15%) shall be paid on the date of sale as earnest money. Balance due at closing of

Option 2: Buyer has option to a land contract with the sellers whereas 15% shall be paid on the date of sale as earnest money with another 10% at the closing of the sale. The balance being due over a five year period with a 5.0% interest rate. \$25,000.00 principle payment per year plus interest with balance will be due at end of the contract. Closing is set for April 18th,

Minerals: Possession:

Taxes:

Terms:

Seller reserves one half of the minerals for 20 years.

Possession goes to buyer on the close of the sale with buyer to get all of the 2008 CRP payment. There is 152.3 acres in CRP at \$32.12 per acre to 2010. There is also 88.4 acres in CRP at \$28.72 per acre to 2010. There is approximately 999 acres of grass land.

This is a great opportunity to buy a really nice 1,240 acre cattle ranch. The land lays 6 miles south and 1 mile west of Auctioneer notes:

Title Insurance: One-half (1/2) to be paid by the buyer and one-half (1/2) to be paid by the seller

SF 6-10 .indd 1

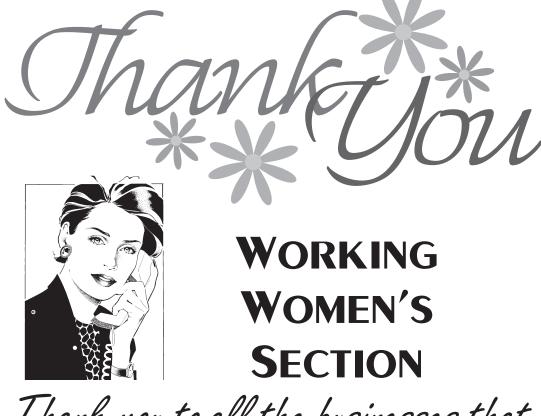
Knopp Auction & Realty are agents of the seller. Agency: Note:

Good title is warranted. Buyer has 30 days from day of sale to approve title. All acres shall be considered U.S. Government Survey there of. Announcement made at the auction shall take precedence. All titles shall be subject to

Owners: Thomas B. Herring & Marilyn Herring Don Wasielewski Real Estate Salesperson 620-214-0563

40 Pittman Road Scott City, Kansas 67871 620-872-5896 www.knoppauction.com

Marvin L. Knopp Real Estate Broker 620-874-5094



Thank you to all the businesses that supported the Working Woman Section to make it one of the best in the area! If your business was not contacted and you would like to take part next year, please contact; Casey McCormick at the Saint Francis Herald at 785-332-3162 Bird City Times The Saint Francis Herald