



At the Game

Indians place at Benkelman

By Betty Jean Winston
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St. Francis tracksters were among athletes from 10 area high schools who participated in the Dundy County Stratton Invitational on Tuesday, April 1.

The St. Francis boys team finished in fourth place with a total of 68 points, just one point below Hayes Center who placed third with 69 points. Cambridge won the division with 146 points and Dundy County Stratton came in second with 105.

With a total of 29 points, the Sainty girls placed ninth out of the nine girls teams participating. Cambridge also won the girls division with 107.5 points followed by Southwest with 107 points.

Individually Trent Kinen placed first in the 110m hurdles and Ted Crabtree placed first in both the pole vault and the long jump.

Points were given for the top eight places at this event.

The Indians also participated in the Goodland 9-10 Invitational on Monday and the Triplains Invitational in Colby on Tuesday with results printed next week.

Boys

Team standings: Cambridge 146, Dundy County Stratton 105, Hayes Center 69, St. Francis 68, Arapahoe 60, Wauneta/Palisade 47, Hitchcock County 45, Southwest 44, Medicine Valley 43, Maywood 33.

110m hurdles: (1) Kinen, 15.90;

(4) Sam Sowers, 16.80.
300m hurdles: (8) Gavin Smull, 45.40.

4x100m relay: (3) St. Francis (Smull, Crabtree, Matt Raile, Trent Raile), 46.70

4x400m relay: (5) St. Francis (M. Raile, Kinen, Drew Zwegardt, T. Raile) 3:34.10

4x800m relay: (6) St. Francis (Brendan Finley, Michael Adams, Marvin Miller, Zach Zwegardt), 10:47.60.

Pole vault: (1) Crabtree, 12-06.

Long jump: (1) Crabtree, 19-07; (2) T. Raile, 19-03.25; (7) Alex Long, 17-00.25.

Triple jump: (3) M. Raile, 38-10.50.

Shot put: (6) Shawn Warren, 42-8.00.

Girls

Team standings: Cambridge 107.5, Southwest 107, Medicine Valley 86, Dundy County Stratton 78.5, Arapahoe 73, Wauneta/Palisade 65, Maywood 60, Hitchcock County 56, St. Francis 29.

100m dash: (3) Elizabeth Gienger, 13.70.

400m run: (3) Gienger, 1:031.90.

100m hurdles: (6) Holly Keller, 18.40.

4x100m relay: (6) St. Francis (Sidnee Crabtree, Jami Pevler, Mikaela Grace, Gienger), 56.90.

Shot put: (6) Crabtree, 30-09.50.

Discus: (2) Crabtree, 113-09.



MIKAELA GRACE, a freshman, runs the hurdles for the Lady Indians.

Herald staff photo by Betty Jean Winston

School lunch menu released

Monday 14

Breakfast: glazed cinnamon twists, juice, cereal assortment, milk

Lunch: chicken and cheese quesadilla, tossed salad, seasoned rice, pineapple slices, milk

Tuesday 15

Breakfast: breakfast tortados, juice, cereal assortment, milk

Lunch: French dip sandwich, au jus, dill pickle spears, tri-tators, peach crisp with whipped topping, milk

Wednesday 16

Breakfast: fruit turnovers, juice, cereal assortment, milk

Lunch: chicken casserole, peas, hot rolls, strawberry shortcake, milk

Thursday 17

Breakfast: French toast, maple syrup, juice, cereal assortment, milk

Lunch: hot hamburger, mashed potatoes, gravy, relish sticks, lime Jello with pears, milk

Friday 18

Breakfast: breakfast pizza, juice, cereal assortment, milk

Lunch: barbecued beef sandwich, potato salad, dirt pudding, banana, milk

• Salad bar is offered at noon daily in the junior/senior high school

Athlete to play ball

Senior David Guthmiller has signed a letter of intent to play football for Sterling College beginning next fall.

Guthmiller, who was a mainstay on the Indian football team, earned Northwest Kansas League first team honors both offensively as a running back and defensively as a linebacker following the 2007 campaign. He also received league honorable mention his junior year.

"I'm pretty excited about playing college ball," he said. "I am looking forward to a new opportunity."

During his senior year, Guthmiller rushed for a total of 1,110 net yards on 234 carries, scoring nine touchdowns and adding two conversion runs for a total of 58 points. Defensively he had 15 unassisted tackles and 82 assisted ones. He was second high on the team in assisted tackles.

"I think my attitude and my work ethic will be a contribution to the Sterling program," he said. "I come from a program which knows how to win."

The last two seasons, when Guthmiller played varsity, the team ended the year with an 11-2 record, losing in post-season play to the future 2A State Champions in the substate games. During the four years he was in high school the Indians won a total of over 40 games and lost less than 10.

He will be joining a college program which had the Sterling Warriors finish the season 8-2 overall and 7-2 in Kansas



GUTHMILLER KEEPS GOING — Opponents found that it took more than one man to stop David (42) when he was carrying the ball for Sainty.

Herald staff photo by Lezlie McCormick

Collegiate Athletic Conference (KCAC) play. Coach Andy Lambert, brother of St. Francis coach Tim Lambert, is the head coach of the Warriors.

"I'm excited about meeting a bunch of new people," said Guthmiller.

"I think David made a good decision," St. Francis Coach Lambert said. "He is going into a program on the rise. He has a great work ethic, a great attitude and a lot of perseverance. He can be successful."

Sainty has good day

By Betty Jean Winston
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Besides the Tuesday, April 1, invitational at Dundy County the Indians also competed in the Hoxie Invitational on Friday. The season is off to a fast start as action also took place on Monday and Tuesday of this week.

Winners at Hoxie on Friday were Trent Kinen in the 300m hurdles with a time of 42.72 and in the 110m hurdles with a time of 15.81.

Elizabeth Gienger did well in the girls division as she won the 200m dash with a time of 27.66, the 400m dash in a time of 1:04.85 and the 100m dash in a time of 13.19.

St. Francis placed third in the boys division which was won by Rawlins County. Rawlins County also won the girls division with St. Francis coming in fourth.

Athletes in the first six positions received team points. Helping the Indian's total score were:

Boys

Team standings: Rawlins County 143, Oberlin 116, St. Francis 105, Palco 81, Hoxie 71, Cheylin 14.

4x400m relay: (4) St. Francis (Matt Raile, Drew Zwegardt, Cody Sherlock, Sam Sowers), 3:52.89.

3200m run: (5) Brendan Finley, 12:07.67.

Javelin: (4) Alex Long, 127-7.

1600m run: (3) Marvin Miller, 5:13.55; (6) Michael Adams, 6:15.25.

300m intermediate hurdles: (1) Kinen, 42.72; (4) Gavin Smull, 44.94; (6) Garrett Figgins, 48.89.

4x800m relay: (4) St. Francis (Braden Schmid, Robbie Herman, Zach Zwegardt, Finley), 11:29.27.

Triple jump: (2) Matt Raile, 37-3.5; (3) Trent Raile, 36-0; (5) Drew Zwegardt, 35-1.25; (6) Scott Ford, 34-9.



Second place — Shawn Warren throws the shot put for the Indians.

Herald staff photo by Betty Jean Winston

Long jump: (4) T. Raile, 17-8;

(5) M. Raile, 17-2.5.

100m dash: (5) Ford, 12.42.

4x100m relay: (2) St. Francis (Smull, T. Raile; D. Zwegardt, Kinen), 47.38.

Shot put: (2) Shawn Warren, 43-4.

100m intermediate hurdles: (1) Kinen, 15.81; (2) Sowers, 16.67; (3) Garrett Figgins, 18.68; (4) Gavin Smull, 18.71.

Girls

Team standing: Rawlins County 147, Oberlin 125, Hoxie 92, St. Francis 71, Palco 35.

Javelin: (2) Sidnee Crabtree,

106-7.

200m dash: (1) Gienger, 27.66.

300m intermediate hurdles: (4) Mikaela Grace, 56.92.

400m dash: (1) Gienger, 1:04.85.

Shot put: (3) Crabtree, 31-2.

100m intermediate hurdles: (2) Grace, 19.0.

800m run: (4) Jami Pevler, 2:51.14..

100m dash: (1) Gienger, 13.19.

Triple jump: (6) Aubree Schlepp, 27-0.5.

Discus: (2) Crabtree, 112-0; (5) Katie Ford, 83-8.

Bowling News

Monday Night Mixed 3-31

Team standings: Neitzel Insurance 34-18, Majestic 30-22, Monday Night Hustlers 29-23, Earl's Gals 23.5-28.5, Ringneck Country 23.5-28.5, P and L Meat Market 16-36

High game (scratch): Erica Harlan 198, Janice Krien 179, Kale Zimbelman 175, Chase Grice 168, Lounie Erskin 164, Earl Hankins 161, Lee Zimbelman 161; (handicap): Trisha Harkness 248, Harlan 245, Erskin 238, Grice 232, Ryan Murray 216, L. Zimbelman 213

High series (scratch): K. Zimbelman 507, Krien 502, Harlan 471, Tammy Zimbelman 445, Hankins 436, Grice 426; (handicap): Krien 634, Erskin 622, Grice 618, Harlan 612, Murray 599, L. Zimbelman 579

Wednesday Afternoon

Coffee 4-2

Team standings: Kale's Girls 42-14, Windmill Restaurant 40.5-15.5, Lodge Sleepers 33.5-22.5, Kathy's Cater Cats 24-32, Dairy King 23-33

High game (scratch): Bonnie Jones 176, Bonnie Mullanix 162, Marlys Poulignot 151; (handicap): Jones 233, Mullanix 218, Kathy Lemons 202

High series (scratch): Mullanix 425, Jones 419, Poulignot 410; (handicap): Mullanix 593, Jones 590, Lemons 581.



Ladies Nite Out 4-3

Team standings: Wray Meat Packing 31.5-20.5, Mel's Gals 29-23, Dundy Ag 28-24, Wright Carpet 27-25, Bankwest Alley Kats 26.5-25.5, Stockman's Strikers 26-26, Jersey Maids 21-

31, Western State Bank 19-33

High game (scratch): Nancy Vernon 209, Tammy Zimbelman 191, Kathy Blecha 178; (handicap): Vernon 260, Zimbelman 223, Jennifer Hoffman 218

High series (scratch): Blecha 510, Tammy Drommond 473, Marlys Poulignot 460; (handicap): Victoria Windell 604, Vicki Cox 601, Blecha 597