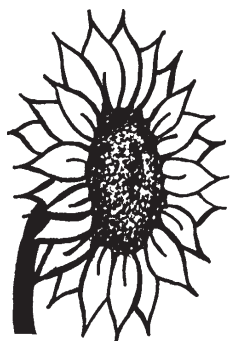


At the Game



Several Indians place Friday

By Betty Jean Winston
betty.w@nwkansas.com

The Oakley High School Invitational track meet was held on Friday, April 18, with 12 teams in attendance. Rawlins County took home the team honors in the boys division with 75 points followed by Wallace County with 68 points. St. Francis was sixth with 52 points.

The Indians had three first place individual finishers including Trent Raile in the long jump (20-1 1/4); Matt Raile in the triple jump (41-10); and Ted Crabtree in the pole vault (13-0).

Rawlins County also won first in the girls division. The Lady Buffaloes had a total of 107 points. Triplains captured second place with 100 points. St. Francis collected nine points.

"It was a good day," said Tim Lambert, Indian coach. "The kids competed well and did a good job."

"I'm excited about the possibilities."

The first six placers earned points for the teams.

The annual St. Francis Invitational was held on Tuesday with results next week.

Boys

Team standings: Rawlins County 75, Wallace County 68, Oberlin 66, Oakley 63, Triplains 54, St. Francis 52, Quinter 51, Hoxie 37, Golden Plains 31, Wheatland/Grinnell 22, Cheylin 19, Brewster 10.

Long jump: (1) T. Raile, 20-1 1/4; (5) Crabtree, 19-6.

Triple jump: (1) M. Raile, 41-10.

Pole vault: (1) Crabtree, 13-0;

(6) Killingsworth, 9-0

Javelin: (6) Alex Long, 138-2.

110m hurdles: (4) Garrett Figgins, 18.90; (5) Gavin Smull,



PRACTICING TO IMPROVE TIMES – Jamie Pevler and Elizabeth Gienger were found working out on the track during a recent after school session.

Herald staff photo by Betty Jean Winston

18.99.

4x100m relay: (4) St. Francis (Smull, Crabtree, M. Raile, T. Raile), 45.58.

300m hurdles: (3) Smull, 43.75.

4x400m relay: (5) St. Francis

(Crabtree, T. Raile, M. Raile, Drew Zwegardt) 3:43.26.

Girls

Team standings: Rawlins County 107, Triplains 100, Oakley 95, Oberlin 91, Hoxie 68, Wallace County 34, Cheylin

21, Grinnell/Wheatland 13, St. Francis 9, Quinter 9, Brewster 8, Golden Plains 0.

Discus: (2) Trembly, 92-0.

Javelin: (4) Trembly, 96-10.

300m hurdles: (6) Mikaela Grace, 55.11.

Triplains Invitational

Elizabeth Gienger placed second in the 200m dash at the Triplains Invitational.

200m dash: (6) Aly Marin, 29.63.

Menu

Monday 4/28

No school, April break

Tuesday 4/29

Breakfast: muffins, yogurt, juice, cereal assortment, milk

Lunch: taco salad, beef, cheese, chips, tomato, lettuce, salsa, sour cream, corn, strudel sticks, milk

Wednesday 4/30

Breakfast: breakfast casserole, toast, juice, cereal assortment, milk

Lunch: macaroni and cheese, nuggets or ravioli with meat sauce, green beans, hot rolls, peaches, milk

Thursday 5/1

Breakfast: pancake and sausage bites, maple syrup, juice, cereal assortment, milk

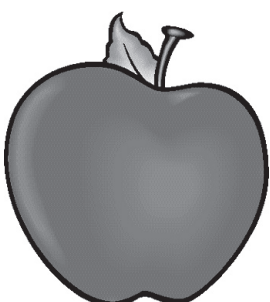
Lunch: chicken fajita, lettuce, tomato, cheese, seasoned rice, pineapple slices, fortune cookie, milk

Friday 5/2

Breakfast: ham, egg and cheese McMuffin, juice, cereal assortment, milk

Lunch: chili dog on a bun, cheddar cheese, french fries, apricots, butterscotch brownie, milk

• Salad bar is offered at noon daily in the junior/senior high school



St. Francis holds annual junior high track meet

By Betty Jean Winston
betty.w@nwkansas.com

The eighth grade girls team had an especially fine showing for St. Francis on April 15 at the home invitational. They collected a total of 74.5 points to earn the team title over Dundy County/Stratton, who finished with 73 points.

The team also had first place finishes in the 100m dash (Jenna Hill), 200m dash (Hill), 1600m run (Ashlynn Lambert) and set a new school record in the 4x400m relay. The relay team members, Trista Orth, Kaitlin Figgins, Lambert and Hill, broke the record of 4:47.06 they had set at the Burlington Invitational earlier this month. Their new time was 4:45.27.

The other first place finisher for St. Francis was Isaac Schiltz. He came in first in both the high jump and the pole vault. He is an eighth grader.

The seventh grade girls finished fifth, the eighth grade boys finished fourth and the seventh grade boys seventh.

Eighth grade girls

Team standings: St. Francis 74.5; Dundy County/Stratton 73; Burlington 69; Decatur Community 62; Weskan 54; Oakley 46; Rawlins County 37; Bethune 23; Brewster 13.5; Cheylin 12; Idalia 6.

100m dash: (1) Hill, 12/87.

Shot put: (6) Figgins, 29-5.25.

4x100m relay: (2) St. Francis (Hilt, Figgins, Lambert, Hill), 57.96.

4x400-meter relay: (1) St. Francis (Orth, Figgins, Lambert, Hill), 4:45.27; new school

record.

1600-meter run: (1) Lambert, 6:54.03.

Long jump: (2) Hilt, 13-5.

High jump: (5-tie) Orth, 4-0.

100m hurdles: (2) Figgins, 18.63; (5) Lambert, 18.86.

200m dash: (1) Hill, 28.83.

400m dash: (3) Hilt, 1:13.98.

Seventh grade girls

Team standings: Decatur Community 92.33; Oakley 75; Dundy County/Stratton 75; Burlington 61.33; St. Francis 44; Rawlins County 36; Cheylin 19; Idalia 12.33; Bethune 10; Brewster 3; Weskan 2.

4x200-meter relay: (2) St. Francis (Aly Northrup, Krissy Harris, Katie Lambert, Laura Brunk), 2:14.13.

4x400-meter relay: (2) St. Francis (Harris, Lambert, Northrup, Brunk), 5:20.96.

4x100-meter relay: (4) St. Francis (Clarice Neitzel, Jandy Dunn, Aubrey Mills, Chloe Miller.), 1:07.32.

Discus: (5) Nariah Hamilton, 55-4.

1600m run: (2) Lambert, 6:46.83; (5) Northrup, 7:09.37.

Shot put: (2) Hamilton, 26-6; (5) Taylor Archibald, 25-1.5.

100-meter hurdles: (6) Brunk, 20.10.

Triple jump: (3) Neitzel, 24-9.

Eighth grade boys

Team standings: Dundy County/Stratton 132; Burlington 109; Rawlins County 54.5; St. Francis 42; Oakley 40; Cheylin 35; Decatur County 34.5; Idalia 24; Bethune 16; Weskan 4.

High jump: (1) Schiltz, 5-2.

200m dash: (3) Brock

Zwegardt, 27.69.

Pole vault: (1) Schiltz, 9-6.

4x200m relay: (3) St. Francis (Gavin Cooper, Schiltz, Ty Zwegardt, Jonathan Bulter), 1:54.12.

4x100m relay: (4) St. Francis (Cooper, Schiltz, T. Zwegardt, Butler), 54.58.

4x400m relay: (3) St. Francis (Butler, Jonathon Hilty, T. Zwegardt, B. Zwegardt), 4:36.93.

Seventh grade boys

Team standings: Weskan 94; Dundy County/Stratton 89; Burlington 87; Decatur Community 63; Cheylin 31; Brewster 28; St. Francis 26; Oakley 14; Idalia 13; Rawlins County 11; Bethune 8.

4x100m relay: (4) St. Francis (Mikey Leibbrandt, Thomas Douthit, Foster Grant, Zach Gienger), 58.87.

200m dash: (4) Leibbrandt, 32:37.

100m hurdles: (5) Wolaver, 19.10.

Shot put: (5) Dylan Peter, 29-3.5.

Discus: (3) Gienger, 78-2.

4x200m relay: (5) St. Francis (Casey Keller, Leibbrandt, Joey McCormick, Nate Clark), 2:15.56.

100m dash: (6) Dylan Wolaver, 13.99

High jump: (5) Taylor O'Leary, 4-4; (6) Grant, 4-2.

4x400m relay: (5) St. Francis (Keegan Sherlock, Clark, Wolaver, Leibbrandt), 5:52.94.

The teams will travel to Goodland for action today (Thursday).

Spring means swim team

The 2008 swim schedule was announced when members of the Northwest Kansas Swim League met on Saturday. Representatives from seven teams attended with Sondra Finley of Colby presiding.

The schedule begins with Holyoke on May 31 and includes Goodland on June 7, Wray on June 14, Oberlin on June 21, Colby on June 28 and Burlington for the finals on July 11 and 12. There will be a Fourth of July break on the weekend of July 5.

Those attending received a preliminary schedule of events for 2009.

Additional races this year will include the 200-yard freestyle for boys and girls ages 11 through 18 at the June 14 meet in Wray and a 400-yard freestyle for boys and girls ages 13 through 18 at the June 21 meet in Colby.

The warm-up schedule for the year was discussed and finalized for the year.

Those attending also voted on the following items:

- To order 10 new stopwatches.
- To raise the individual entries fee for each meet beginning in 2009.

- To allow a swimmer to move up an age group for relays only and go back to his/her age group for individual events.

- To have a specific time frame for entries and scratches.

- To decide on pool temperature, backstroke flags, numbering of lanes and to have relay swimmers on the card prior to the meet.

- To have each team provide eight timers, two lane judges and one stroke and turn judge at each meet.

The St. Francis team will begin practice session when the pool opens.

Next year's league meeting will be held in St. Francis said Margaret Poling, league reporter.



PLACES FIRST – Isaac Schiltz wins first place honors in the eighth grade pole vault. Herald staff photo by Casey McCormick