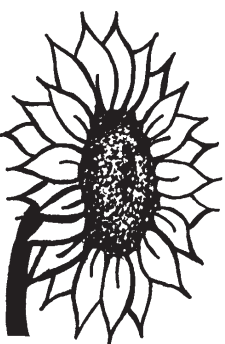


# At the Game



## Four win first

By Betty Jean Winston  
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Colby won the boys division and Ellis the girls division at the Quinter Invitational track meet on Friday. The Colby boys outdistanced second place Quinter 98 to 62. Ellis ran away with the girls division, earning 102 points to Colby's 70.

St. Francis placed sixth in the boys competition with 45 points and the girls were seventh with 44 points.

The athletes are limited to the number of times they can participate in meets during a week and also a season so St. Francis does not have a full team on several occasions.

Ted Crabtree earned 22 points for the Indians with a first place in the pole vault (10), third place in the triple jump (6) and third place in the long jump (6). Trent Kinen won the 110m hurdles for 10 points while Sam Sowers placed third in the 110m hurdles (6) and third in the 300m hurdles (6) for 12 points. Shawn Warren collected the final Indian point in the shot put.

In the girls division, Elizabeth Gienger was first in the 400m dash (10), second in the 200m dash (8) and fourth in the 100m dash (4) for a total of 22 points. Sidnee Crabtree had a first in the shot put for 6 points and a fourth in the discus for 4 more points for a total of 20. Holly Keller (triple jump) and Jami Pevler (800m run) each earned a point for the team.

St. Francis had one meet on the schedule this week. They traveled to Oberlin on Tuesday.

### Boys

Team standings: Colby 98, Quinter 62, Hill City 52, Hoxie 51, Winona-Triplains 50, St. Francis 45, Goodland 44.5, Rexford-Golden Plains 31, Weskan 25, Grainfield-Wheatland 24, Northern Valley 22, Ransom-Western Plains 20, Ellis 16, Healy 14, Brewster 4.

Pole vault: (1) Crabtree, 13-0. Triple jump: (3) Crabtree, 39-10.5. 300m hurdles: (3) Sowers, 45.28. Long jump: (3) Crabtree, 19-7.5. 110m hurdles: (1) Kinen, 15.78; (3) Sowers, 15.97. Shot put: (6) Warren, 38-6.

### Girls

Team standings: Ellis 102, Colby 70, Weskan 68, Winona-Triplains 59, Hoxie 57, Hill City 55, St. Francis 44, Northern Valley 43, Healy 24, Ransom-Western Plains 16, Quinter 10, Brewster 8, Goodland 2.

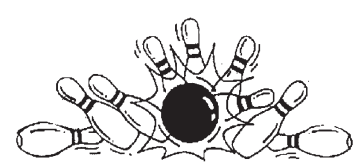
Triple jump: (6) Keller, 18.58. Javelin: (3) Crabtree, 105-5. 200m dash: (2) Gienger, 27.35. 400m dash: (1) Gienger, 1:04.87. Shot put: (1) Crabtree, 35-7.75. Discus: (4) Crabtree, 104-3. 800m run: (6) Pevler, 2:44.46. 100m dash: (4) Gienger, 13.17.

## Bowling News

### Ladies Nite Out 4-24

Team standings: Mel's Gals 38-26, Wray Meat Packing 36.5-27.5, Bankwest Alley Kats 35.5-28.5, Dundy Ag 33-31, Wright Carpet 31-33, Stockman's Strikers 31-33, Jersey Maids 26-38, Western State Bank 25-39

High game (scratch): Mary Bier 221, Marlys Poulignot 211, Terry Yost 211; (handicap): Bier 267, Poulignot 253, Terry Yost 245. High series: (scratch): Pat Confer 510, Poulignot 508, Yost 497; (handicap): Poulignot 634, Bier 630, Linda Olsen 627.



TRENT KINEN SET a St. Francis Invitational meet record on Tuesday in the hurdles. Kinen, a senior, has been a consistent placer in both the 110m and the 300m hurdles this year.  
Herald staff photo by Casey McCormick

## St. Francis wins boys division

By Betty Jean Winston  
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A large field of contestants were on hand to vie for one of the top placings at the high school track meet held on April 22.

Sainty won the boys division of the St. Francis Invitational with 101 points. The Indians outpaced Rawlins County 101 to 80 to take first place. Fifteen teams were involved in the competition.

Four first-place finishes earned the Indians 40 points out of their total of 101. Trent Kinen earned two first places by winning the 110m and 300m hurdles, while Matt Raile placed first in the triple jump and Ted Crabtree won the pole vault.

Two tracksters won second

place: M. Raile in the long jump and Crabtree in the high jump. An athlete earns eight points for second.

A total of 11 boys helped accumulate the team total, either individually or as part of a relay team.

The Lady Indians collected 26 points for 10th place. Sidnee Crabtree earned 24 of the points with placings in the javelin (first), discus (second) and shot put (third). Freshman Sarah Trembly earned the other two points.

### Boys

Team standings: St. Francis 101, Rawlins County 80, Winona-Triplains 59, Oberlin 54.33, Tribune-Greeley County 48.33, Hoxie 48, Oakley 41.33, Sharon

Springs-Wallace County 39.5, Wray 31, Weskan 17, Burlington 12, Cheylin 10, Brewster 7, Bethune 6.5, Idalia 3.

Long jump: (2) M. Raile, 20-1.25; (4) Trent Raile, 19-8.5. 4x100m relay: (4) St. Francis (), 45.91.

3200m run: (4) Brendan Finley, 11:30.54. 4x400m relay: (3) St. Francis (), 3:40.99.

High jump: (2) Ted Crabtree, 5-10. Shot put: (5) Shawn Warren, 41-9.

300m intermediate hurdles: (1) Kinen, 41.91; (3) Gavin Smull, 43.22.

Javelin: (3-tie) Alex Long, 138-11.

110m Intermediate hurdles: (1) Kinen, 15.02; (3) Sam Sowers, 15.90.

Pole vault: (1) Crabtree, 13-6. (4) Cody Killingsworth, 9-6.

Triple jump: (1) M. Raile, 40-3.5; (4) T. Raile, 38-8.

### Girls

Teamstandings: Rawlins County 89, Oakley 80, Oberlin 64.5, Wray 49, Burlington 46, Winona-Triplains 44, Tribune-Greeley County 43, Hoxie 38, Weskan 26.5, St. Francis 26, Bethune 21, Sharon Springs-Wallace County 21, Cheylin 8, Idalia 2.

Shot put: (3) Crabtree, 34-3. Javelin: (1) Crabtree, 103-3.

Discus: (2) Crabtree, 108-11; (5) Sarah Trembly 89-3.

## Wrestler honored

Dylan Loyd of St. Francis was one of six members of the Fort Hays State University wrestling squad to receive Academic All-Rocky Mountain Athletic Conference honors. This is the first time ever that the conference has recognized first, second team and honor roll all-academic performers in the sport of wrestling.

Loyd was named to the all-academic second team. He is a Health and Human Performance major at Fort Hays. A redshirt-freshman, Loyd was a key reserve for the Tigers at 141 pounds this year.

To qualify for the honor, student-athletes must have a grade point average of 3.20 or better, be a starter or key reserve, and have completed two consecutive semesters or three quarters at their current institution.

The academic teams were selected by the conference's Sports Information Directors.

### National Wrestling Coaches Association honors

Loyd also was named to the



Loyd

National Wrestling Coaches Association Division II All-Academic Wrestling Team for the 2007-08 season. He was one of eight Fort Hays State wrestlers out of 133 student athletes selected from 35 universities and colleges.

Fort Hays ranked third as a team in grade points average (3.243), behind Truman State and Nebraska-Kearney.

Student athletes nominated for the Division II academic team must have a minimum 3.00 cumulative grade point average on a 4.00 scale. They must also be in at least their second full year at their school, be a varsity member on the school's team or a key reserve, demonstrate a degree of skill and have a minimum of two letters of recommendation submitted on their behalf.

## Tracksters attend five-team event

By Betty Jean Winston  
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Teams from five junior high schools, Colby, Burlington, Goodland, Quinter and St. Francis, gathered in Quinter on Thursday for track and field action.

St. Francis ended the day with a second-place finish for the eighth grade girls, a fifth-place finish for the eighth grade boys, a fifth-place finish for the seventh grade boys and a four-place finish for the seventh grade girls.

First place winners for the Indians included Isaac Schiltz in the eighth grade boys pole vault and Jenna Hill in the eighth grade girls 100m dash and the 200m dash.

Entering the final month of the school year, the junior high teams have only a quad in St. Francis today (Thursday), and the Northwest Kansas League meet in Oberlin on Thursday, May 8, left

### Eighth grade boys

Team standings: Colby 72, Burlington 51, Goodland 67, Quinter 27, St. Francis 12.

High jump: (3) Schiltz, 4-8. Pole vault: (1) Schiltz, 10-6.

4x200m relay: (3) St. Francis (Gavin Cooper, Schiltz, Brock Zwegardt, Ty Zwegardt), 1:58.39.

1600m run: Jonathan Bulter, 6:43.

4x100m relay: (4) St. Francis (Cooper, Schiltz, B. Zwegardt, T. Zwegardt), 53.92.

### Eighth grade girls

Team standings: Colby 111, St. Francis 35, Burlington 34, Quinter 30, Goodland 18.

Shot put: (3) Kaitlin Figgins, 30-5; (5) Jacquelyn Ketzner 29-10.

Long jump: (2) Lexi Hilt, 13-10; (4) Figgins, 13-2.

100m hurdles: (5) Figgins, 18.69. 4x200m relay: (3) St. Francis (Ketzner, Hilt, Ashlynn Lambert, Figgins), 2:06.5.

100m dash: (1) Hill, 13.33.

1600m run: (2) Lambert, 6:27.1.

400m dash: (2) Hill, 1:05.49.

800m run: (4) Tilyn Bell, 3:13.3.

200m dash: (1) Hill, 28.11.

### Seventh grade boys

Team standings: Colby 87, Burlington 59, Goodland 32.5; Quinter 26.5; St. Francis 12.

High jump: (3-tie) Casey Keller, 4-6; (5) Taylor O'Leary, 4-2.

100m hurdles: (2) Dylan Wolaver, 17.67.

4x200m relay: (3) St. Francis (Keller, O'Leary, Mikey Leibbrandt, Wolaver), 2:11.74.

1600m run: (5) O'Leary, 6:42.

4x400m relay: (3) St. Francis (Keegan Sherlock, Dylan Peter, Wolaver, Leibbrandt), 5:15.

### Seventh grade girls

Team standings: Colby 109, Quinter 57, Burlington 34.5, St. Francis 19, Goodland 12.

Shot put: (5) Taylor Archibald, 26-6.

Discus: (4) Nariah Hamilton, 58-4.5.

Triple jump: (2) Clarice Neitzel, 24-11.25.

1600m run: (2) Katie Lambert, 6:39.7; (3) Aly Northrup, 6:45.3.

400m dash: (3) Harris, 1:14.23.

4x400m relay: (4) St. Francis (Aubrey Mills, Lambert, Northrup, Harris), 5:07.6

## Several place at meet

By Betty Jean Winston  
betty.w@nwkans.com

Freshmen and sophomore athletes from Kansas, Nebraska and Colorado attended the high school 9-10 Rawlins County track meet on Monday, April 21, in Atwood.

Dundy County earned 112 points to win the boys title, narrowly defeating Colby with 111 points.

In the girls division, Colby managed a total of 155 points to outdistance the competition. Dundy County was also over 100 points with a total of 141.

Alex Long was the lone first place finisher for the Indians in the boys division. He placed first in the javelin.

### Boys

Team standing: Dundy County 112, Colby 111, Burlington 95, St. Francis 64, Quinter 52, Oakley 45, Decatur Community 28, Goodland 24, Rawlins County 8.

400m dash: (5) Cody Killingsworth, 1:03.42.

110m high hurdles: (2) Garrett Figgins, 17.81.

1600m run: (2) Brendan Finley, 5:10.15; (3) Marvin Miller, 5:17.52.

Triple jump: (2) Drew Zwegardt, 37-9.5.

Pole vault: (3-tie) Killingsworth, 9-6.

Discus: (4) Adam Guthmiller, 108-3.

Javelin: (1) Long, 142-10.

4x100m relay: (2) St. Francis (Guthmiller, Long, Cody Sherlock, D. Zwegardt), 48.43.

4x400m relay: (3) St. Francis (Figgins, Long, Sherlock, D. Zwegardt), 4:01.75.

4x800m relay: (4) St. Francis (Michael Adams, Robbie Herman, Zach Zwegardt, Braden Schmid), 11:27.31.

### Girls

Team standings: Colby 155, Dundy County 141, Burlington 91, Decatur Community 74, Goodland 52, St. Francis 34, Rawlins County 31, Quinter 23, Oakley 21.

100m hurdles: (3) Mikaela Grace, 18.59.

300m hurdles: (3) Grace, 54.65.

Long jump: (5) Aubree Schlepp, 13-62.5.

Triple jump: (6) Schlepp, 29-3.25.

Shot put: (3) Aly Marin, 26-6.0.

Discus: (3) Sarah Trembly, 85-2.0; (6) Marin, 76-11.0

## School Menu

### Monday 4/5

Breakfast: pancakes, maple syrup, juice, cereal assortment, milk

Lunch: chicken chunks, mashed potatoes, gravy, peas, hot rolls, sliced peaches, milk

### Tuesday 4/6

Breakfast: breakfast taco, salsa, juice, cereal assortment, milk

Lunch: corn dog or burrito, potato wedges, vegetable blend, strawberries and bananas, milk

### Wednesday 4/7

Breakfast: scones, juice, cereal assortment, milk

Lunch: sausage, pepperoni or cheese pizza, corn, apple slices with caramel sauce, milk

### Thursday 4/8

Breakfast: breakfast tornado, juice, cereal assortment, milk

Lunch: cavatini, tossed salad, green beans, french bread with garlic butter, sliced peaches, milk

### Friday 304/9

Breakfast: french toast sticks, maple syrup, juice, cereal assortment, milk

Lunch: sloppy joes on a bun, cheddar fries, broccoli, fruit cocktail, chocolate chip cookie, milk

• Salad bar is offered at noon daily in the junior/senior high school

St. Francis Track  
Junior high meet  
Thursday  
3 p.m.

