

Women doctors featured in Kansas publication

In the spring issue of *Kansas Connections*, a publication which features rural health education and services, the two women doctors at the Cheyenne County Hospital were featured. The article was titled "Women Physicians — Working to overcome stereotypes." Dr. Mary Beth Miller has been at the hospital/clinic for 9 years and Dr. Rebecca Allard arrived a little less than a year ago.

Overcoming stereotypes women face as physicians can be hard, but two rural Kansas women are holding their own and working together in the Cheyenne County Clinic in St. Francis.

Dr. Miller attended the University of Kansas School of Medicine and graduated from the Smoky Hill Family Medicine Residency Programs, whose residents gain experience in rural medicine. She then began her career at the Cheyenne County Clinic and ran the clinic for more than 9 years before being joined by fellow alum, Dr. Allard.

Dr. Allard grew up on a farm outside Smith Center, and like Dr. Miller, attended the KU School of Medicine and graduated from Smoky Hill Family Medicine Residency Program in June 2007.

Today Dr. Allard and Dr. Miller are running the show together at the clinic and hospital. Both work around 60 hours on a good week but can increase to as many as 100 hours for a busy week when the hospital is full.

Dr. Allard said, as females, it's hard to break out of the stereotypes that people have for physi-

cians. Some feel being a doctor is a man's job, because in the past many doctors were male. More and more women are studying to become doctors and breaking out of the stereotypes people have is hard. However, with the high demand for health care in rural areas, patients have to adapt to what is available to them.

"When I first got here, I felt older men in the rural area didn't look at me as a doctor because I was female," said Dr. Miller.

She said not many patients called her "doctor" when she first started. They referred to her as "Ms. Miller," while they called her physician assistant, who was a male, "doctor."

Dr. Allard had it a little easier when she started because the community was used to a female doctor by then. However, she said it can still be difficult convincing a man to see a female.

Family life is extremely important to Dr. Allard and Dr. Miller but can be hard to balance when working in the medical field. Dr. Allard said she makes it a point to not take work home. She and her husband enjoy trap-shooting when they get the opportunity, and Dr. Allard goes back riding with her daughter. As a rural physician it can be difficult to find time away. In some cases, such as a trauma situation, they need as many hands as they can get.

Dr. Miller has three kids and for 9 years was the only physician before Dr. Allard began at the clinic. She said it did take away from her family and it would have been easier if

she had a partner, but Dr. Miller still found time to be with her children. She has enjoyed being involved in their sports activities and is a faithful KU Jayhawk fan.

"It's important to have a family relationship so we try to do a lot together," said Dr. Miller.

Dr. Allard says it's hard on the husbands as well. Many times female physicians are the primary source of income for their household. Most men of this generation grew up feeling they would be the breadwinner. Many husbands are stepping up and taking the role of child care provider and homemaker.

Both physicians feel there are advantages to being female physicians as well. Dr. Allard feels women have more empathy toward their patients. Women are by nature more nurturing and so it just makes sense she says.

Dr. Miller feels women are better multi-taskers and take their time. She feels women physicians look at the whole picture and generally listen to, and talk with their patients. Also female physicians give women the opportunity to see a female physician for their yearly exams. Many female patients feel more comfortable when they know their physician can relate.

The roll of a female physician is getting easier as more women enter the field, but Dr. Allard said it's important to have the support of friends and family.

"It's a hard row to hoe, and it's a difficult road if you don't have a good support system," said Dr. Allard.



DR. REBECCA ALLARD does a routine checkup on Lucille Price during an office visit. Photo courtesy of Kansas Connections



Kari and Derek Patton

Couple exchange their wedding vows

Their friendship started in kindergarten and ended up in marriage.

Derek Patton and Kari Anderson vowed in grade school to walk together at high school graduation. In January, they walked along a beach together where Derek proposed they make one more walk and now they have walked together in marriage.

They were married on June 14, 2008, in Grand Lake, Colo. The wedding was held on the pier at Point Park on Grand Lake with the mountains rising behind them. Continuing lifelong friendships, five members of the wedding party also grew up with the bride and groom.

The bride was given away by her

brothers. Nephew, Alec Trujillo, was ring bearer and niece, Alle Virgo was flower girl.

Derek is a 2005 graduate of the University of Wyoming and works for the Colorado Bureau of Investigations. Kari works for Chase Bank.

Derek is the son of Dale Patton of St. Francis and Cheryl Balusek of Sheridan, Colo., Kari is the daughter of Linda Adams and the late Larry Anderson

Derek's grandparents are Margie Patton of Golden, Colo., and the late Richard Patton and Doris and Wayne Hollis of LaJunta, Colo.

Calvin Willard Zimbelman

Sept. 25, 1924 - July 4, 2008

Calvin Willard Zimbelman, long-time Burlington, Colo., businessman, died July 4, 2008, at the age of 83 at the Kit Carson County Memorial Hospital.



Zimbelman

Calvin was born on Sept. 25, 1924, on the family farm northwest of St. Francis, Kan. He was baptized May 3, 1942. He was the youngest of 11 children born to John M. and Christina (Hoerth) Zimbelman.

He attended school in St. Francis. Due to an early enlistment in the military, he did not receive his official high school diploma until May of 2002 when he attended graduation ceremonies at St. Francis Community High School. His graduation was held the same day as his grandson Jonathon's — a double celebration for the family.

Calvin married Dorothy Lehnerr on Dec. 27, 1953, in Colby. To this union, two children were born: Jay Michael and Kim Elaine.

On Dec. 7, 1944, Calvin enlisted in the Army. He served in the 4th Infantry Regiment as a Technician Fifth Grade. While in the service he saw action in Hawaii, Saipan and Japan. He was awarded the Asiatic Pacific Campaign Medal, Good Conduct Medal, World War II Victory Medal and the Army of Oc-

cupation Medal. Calvin was honorably discharged Nov. 14, 1946.

Following military service, Calvin used his GI Bill benefits to attend watch makers school in Denver for 13 months. In 1947, with \$200 and the inventory that it would buy, he opened his first jewelry store in Bird City. In 1955, the store relocated to St. Francis. In 1960, Zimbelman's Jewelry moved to Burlington and was located in the 400 block of Main Street. In 1963, Calvin decided to construct his own building and the store was moved to its present location at 327 14th Street. Rob Lehnerr, a nephew, designed the building. Calvin semi-retired in 2007; his granddaughter Jenna continues to run the business.

Burlington and the surrounding communities were good to Calvin and his family. He truly enjoyed visiting with his customers. In his lifetime, he never met a stranger.

Calvin was one busy man! For 55 years he played softball, retiring at age 72. Cal loved to throw left-handed zingers that wore the young guys out. He started a DJ business

in the early 90s, enjoyed traveling in the U.S., bowling, gardening at the farm, helping with the harvest, playing for benefits, fishing, boating, was a supporter of Burlington sporting activities and most certainly, he was a doting grandfather at any activity or event his grandchildren were involved with. Last but certainly not least, Calvin never saw a slot machine that he didn't love. He and his wife spent many hours pulling the handles of the "one-armed bandits".

In the business community, he was a former member of the Burlington Chamber of Commerce. He was a member of the Veterans of Foreign Wars (VFW) club in the Burlington and the American Legion in Bird City. Calvin was a member of the Burlington United Methodist Church, where he ushered, served on the finance committee and for many years he and his wife assisted with the Easter sunrise breakfast.

Survivors include his wife, Dorothy of Burlington; son, Jay (Carol) Zimbelman of Burlington; daugh-

ter, Kim (Rick) Davis of Burlington; grandchildren Amy and Jenna Zimbelman, Jonathon and Jindy Davis; great-granddaughter, Brittny Zimbelman; brothers, Raymond of St. Francis, and Clarence of Boulder and numerous nieces and nephews.

He was preceded in death by his parents and his siblings Emil, Lydia Raile, August, Ernest, Ella Roll, Albert, Robert and Erna Schlepp.

Funeral services for Mr. Zimbelman were held on Tuesday, July 8, at the United Methodist Church in Burlington, with Reverend Tom Peacock officiating.

Burial followed at the Fairview Cemetery in Burlington.

Memorial may be made in Calvin's name to the KCC Ambulance Service or to the Methodist Church Kids Under Construction Project and may be left at the Bank of the West, Burlington.

Friends may go to www.love-funeralhomes.com to leave a condolence for the family and to sign their register book.

Treasurer completes both certifications

Dolores Jenik, Cheyenne County Treasurer, has completed the Level 1 certification, Certified Kansas County Treasurer, which requires completion of 30 hours. She has also completed the Level 2 certification, Certified Kansas County Finance Officer, which requires completion of 54 hours, from Fort Hays State University Docking Institute of Public Affairs.

Association says this certification is vital in the day-to-day operation in the county treasurer's office as it incorporates public service values, management skills, investment, banking and accounting procedures.

Mrs. Jenik has served as Cheyenne County Treasurer for 7 years. Certificates were awarded June 19 at the Kansas County Treasurer's Association Seminar held at Junction City.

The Kansas County Treasurer's



Jenik

Fourth of July barbecue held

A Fourth of July barbecue was held Friday evening at the home of Bill and Tommie Peter, north of St. Francis. Following a meal of brats and hamburgers, the group moved to the backyard where they enjoyed a spectacular display of fireworks.

Those present were: Janice Hobbs, the Peter's long-time friend

from Yuba City, Calif., Darlene Ochsner, Benkelman; Keith and Marjorie Peter, Merlyn and Shirley Sherlock, Neil and Nancy McCumber, Gary and Carol Rogers, Natalie Rogers and Makayla, Rose Mary Bierig, Kathy McBride and Connor, Lorraine Seaman, Jerry and Mary Bier, Tom and Lois

Sharp, Billy and Gerri Lampe, Mande Miller and Travis Jensen and Avery, Roger "Strong Boy" (as Christina calls him) and Janet Jensen, Paul Krien, Billy and Karen Krien, Mike and Michelle Stafford, Christina and Hannah; and Jim and Shirley Laffond.

VOTE WYRICK



District Judge, Div. 2

I will be visiting St. Francis on Saturday, July 12th at 9 a.m. at Sawhill Park to meet the people.

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Paid political ad by Wyrick for Judge, Jerry Vincent, Treasurer.



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All faiths or beliefs are welcome. 08-G1096