

Program to be held in schoolhouse

The one-room schoolhouse, after serving many years in its original rural site, was moved to St. Francis in the 1970s. For a few years, it was known as the Little Red School House. It was then given to the Cheyenne County Historical Society before being moved to the Bird City Thresher Grounds in 1983.

It now stands, taking its honored place in history on the grounds, along with the Neville Church and the Sod House.

Country schoolhouses have a history. Many young women started teaching out of the eighth grade after a short period of normal training. Some of these early teachers have helped staff the schoolhouse during the shows.

Once again, this year, an early teacher will welcome visitors to the one-room schoolhouse.

In the past, documented historical programs and crafts have been directed toward the youth coming to the school. Christmas

in July with decorations have been made along with a quilt block as the pioneer women did in a covered wagon on the trail. Historical plays from the American Girls series have been acted out and a Lewis and Clark expedition journal was made.

Children have traveled the Oregon Trail and made a covered wagon craft. Dramatizations by the youth included the Cheyenne Ceremonies of the Peace Pipe and the Four Winds as well as that of the early pioneers of Bird City.

This year, there will be a historical program about the Native American "Medicine Woman" and the young people will design a Native American headband and learn about the honored feather.

Parents as well as youth may be surprised at what they can learn about the area history.

The program will be presented each day at 10:45 to 11:45 a.m. in the schoolhouse on the grounds.



HISTORY LESSON — Dorothy Mast 'Medicine Woman' Native Americans to Jacquelyn Ketzner, Martin Veleta, with help from Rosemary Powell gives a demonstration on Jade Ketzner, Joseph Augusta and Joslyn Ketzner.

Herald staff photo by Linda Schneider

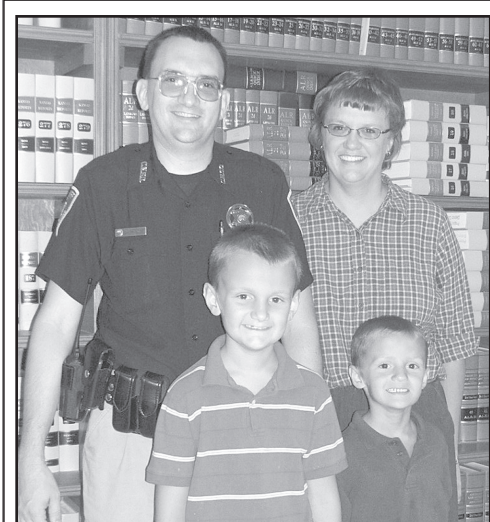


Mr. and Mrs. Melvin Confer

Card shower request for 50th anniversary

Melvin and Pat Confer will be celebrating their 50th wedding anniversary on Friday, Aug. 1. They were married at the First Christian Church. Their family, Steve, Jean

Ann, Jenna and Jessie; and Curt, Carrie and Nathan are asking that people send them congratulation cards at 514 S. River, St. Francis, KS 67756.



ELECT Sheriff Craig Van Allen, Republican

"From a family you know..."

Pol. adv paid for by committee to elect Craig Van Allen, Kody Krien, Treasurer

August 5th

VOTE

SCOTT SHOWALTER

DISTRICT JUDGE
REPUBLICAN

Position 2-Residing in Sherman County

- Life-long resident of Northwest Kansas.
- Graduate of Goodland High School, Fort Hays State University and Washburn Law School.
- Successfully practiced law in Northwest Kansas for the past 25 years.
- Sherman County Attorney for 10 years. Current Kanorado Judge.
- Court Trustee for the 15th Judicial District for the past 14 years.

If elected I would provide a strong and dedicated voice for the people of the 15th Judicial District. With over 70 jury trials and numerous appellant court and Supreme Court appearances, I have the experience to handle the job in a fair and impartial way. My family has been residents of Northwest Kansas since homesteading in Thomas County in 1882. We have watched and helped this area grow for the past 126 years.

Please support and vote for me in the August 5th Republican Primary for District Judge, Position 2. This position is for the entire judicial district but the judge must reside in Sherman County. I have been a resident of Sherman County for the past 33 years.

"EXPERIENCE MATTERS"

Paid for by Showalter for Judge-Tom Palmer, Treasurer



Plain Sense

Five protective factors to reduce child abuse and neglect

April was Child Abuse Prevention Month, dedicated to recognizing and reducing the occurrence of child abuse and neglect in the United States. According to the latest data (Federal Fiscal Year 2005) 899,000 children were victims of abuse or neglect and an estimated 1,460 children died. Experts agree that most child abuse and neglect is the result of parents and adults who are not necessarily bad people, but who are isolated, overwhelmed, uninformed or distressed. Five protective factors have been identified as necessary in reducing child abuse, and are critical for strengthening all families, not just those that are at risk for neglecting or abusing a child. Those factors are:

Nurturing and Attachment: For a child, being loved and nurtured is necessary when creating a bond with a caregiver. A healthy bond affects all aspects of behavior and development. Safe, secure, and predictable interactions with a caregiver helps the brain and nervous system develop in a healthy way and creates the foundation for such traits as impulse control, empathy, and compassion.

Knowledge of Parenting and of Child/Youth Development: Interactions with a child, including discipline, will go smoother when parents have a good understanding of child development including specific behaviors associated with

specific ages, and the limits of the child's abilities. A great deal of frustration occurs for a child when a parent expects too much, and then withdraws attention or affection when the child does not respond as the parent wants.

Parental Resilience: Resilience is the ability to successfully handle everyday stressors, as well as recover from occasional crises. A parent with a positive attitude, flexible problem solving skills, and an appropriate sense of humor will find it easier to cope with problems and challenges, and be less likely to respond in an abusive manner.

Social Connections: Connections to other people provide needed encouragement and assistance when difficulties occur. Research has found that social isolation and perceived lack of support frequently leads to child maltreatment. Some of the best support comes from other parents and adults who have already been there.

Concrete Support for Parents: For some parents, just providing basic necessities such as food, clothing and shelter is difficult. Since all of these factors affect a family's ability to care for their children, contacting such agencies

as Social Rehabilitation Service (SRS), the local Ministerial Alliance, or the Salvation Army for assistance can be an important step in being a good parent.

Contributed by Ken Loos, MS, LMLP, LCP Prevention, Education, and Outreach Department

The views expressed here are

those of the individual writer and should not be considered a replacement for seeking professional help.

Mail questions to: High Plains Mental Health Center, PLAIN SENSE, Prevention, Education, and Outreach Department (PEO), 208 East 7th, Hays, KS 67601

Family reunion held

The 2008 Rogers reunion was held in Colorado Springs on July 25 and 26. Those attending were descendants of Minna and Glenn Rogers. The gathering was hosted by Edna Rogers Ostrander's granddaughter, Tammie Chasteen and Edna's daughter, Darlene Begger.

Twelve states were represented. The eldest to attend was Vera Rogers Fortmeyer of Wichita and the youngest was Kalab Strand, Vera's great-grandson.

Three of the four living children were present. Besides Vera were Ervin Rogers and Harland Rogers, both of St. Francis. Floyd Rogers of Monticello, Iowa, was unable to attend.

Seventeen represented Edna, also 17 for Vera. Ervin had 11 attending along with five of Harlan's family and two of Roys.

The next Rogers reunion will be in 2010 and Rick Rogers will be hosting it in St. Francis.



Thank You from The Cody Barnhart Family ~

Our lives have been touched by so many acts of kindness since our sudden loss of Cody. The outpouring of love and support from the community has been overwhelming. Within hours of his passing our home was filled with many friends and family sharing the shock and pain with us. Words cannot express our gratitude for all the hugs, prayers, visits, food, phone calls, cards, flowers and memorials.

To Pastor Jeff for upholding us the entire time with prayers and comfort. Also for the service of celebrating his life here on earth and being our guiding light for the time we are rejoined in eternal life. You are truly a blessing to us.

To the EMTs for your immediate response and doing everything possible before and during the transport to the hospital.

To the entire staff at the Cheyenne County Hospital and especially Dr. Miller who tried so hard to bring him back to us. Our community is very fortunate to have such a caring physician and hospital staff.

To the Christian Church women for serving the dinner and refreshments after the service on such a hot day allowing the family and friends to spend a little more time together before heading back out of town to their homes. You will never know how much we appreciated your thoughtfulness.

To John and Natalie Knodel for understanding the difficulty of making so many decisions and doing such a beautiful job.

To Doug and Sandy Barnhart, who have been beside us every step of the way, anticipating what needed done and getting us through it. For making the handouts for the service and starting the obituary. You shouldn't have had to go through this again. But you did and we will always be grateful.

To Michelle Wolff, Terry Zweggardt, Kathy Richardson and Diana Zweggardt for organizing and taking care of all the food brought into our home. You will never know how much it meant to us.

To the Class of 2005 for the tree we have planted in our front yard as a tribute to Cody.

To Pat Stuart for the crosses to hold onto giving us strength.

To the Rosewood and St. Francis Equity families for all the understanding, concern and ongoing support for the difficult times we have been through and still experience. You are truly wonderful people to work with.

To the entire community for each and everything done for us whether in thought or deed. Nothing that has been said or done will ever be forgotten. God bless you all.

~ Delbert, Sharon, Brandi
Derek, Stephanie & Madison