



ONCE AGAIN SOUND BAND entertained the crowd at the Senior Center on Friday evening at the Christmas opening.

Herald staff photo by Betty Jean Winston

# St. Francis high school student awarded \$200 for essay

Jacob Riedel, a senior at St. Francis Community High School, has written the winning local Masonic Lodge Mason Essay this year. He followed the theme of "Do Positive Role Models Exist in Today's Society" to compose his prize-winning entry. Riedel will be awarded a \$200 scholarship to further his education after high school.

Riedel's essay will now qualify for state competition where a total of \$12,000 will be awarded in prizes. The first prize winner will receive \$4,000. A total of eight

winner will be chosen which includes four honorable mentions.

Essay winners must enroll in a Kansas tax-supported accredited university, college, junior college, or vocational-technical school to receive the award and the scholarship money is forwarded to the student's school of choice.

Elizabeth Gienger, a St. Francis senior, was the second place winner in the essay contest and was awarded \$100 in scholarship money.

Riedel and Gienger will be invited to a future local Masonic meet-

ing where they will be honored for having the top two entries.

The following is the prize winning essay by Riedel.

### Do Positive Role Models Exist in Today's Society?

By Jacob Riedel

I believe that positive role models do exist in today's society. All you have to do is look at the people around you. There are good role models almost everywhere you look. I think that real-life heroes like cops, firefighters, doctors and even parents are great examples. When you are driving

through town and you see a cop car or an ambulance, you have just seen a good role model. People that make a positive impact on other peoples' lives are the kind of people I would want my children to look up to.

You do have to be careful which kind of people you think are good. Professional athletes can be good role models for children, but, there are many of them that aren't the best kind of people to be emulating, such as Michael Vick, Ricky Williams, Adam (Pac Man) Jones, or Ron Artest. These are just some

athletes that you probably don't want your children to grow up and act like.

On the other hand, there are some athletes that would make good role models. Cal Ripken Jr., Walter Payton, Wayne Gretzky and Joe DeMaggio, would be such examples. These men achieved a level of success in their respective spots that most people have never even come close to, and they did it the right way.

There are also some current athletes that would be good role models. Tom Brady, Payton Manning, and John Lester are just some that pop into my mind when I think about it. Nobody would ever accuse these athletes of drug abuse or taking steroids, and they are true gentlemen on and off the field. Not to mention the kind of all-star performers they are on the field.

Lester pitched a no-hitter a year after surviving a bout with cancer. Brady and Manning are both considered the best to ever play the game, and they have won four super bowls between them.

Although athletes can be good examples, they aren't the only

ones that can be good role models. I can't help but remember all of the policemen and firefighters who lost their lives on 9-11. Those men and women were true heroes. Those people made the ultimate sacrifice to help their fellowman.

But let's not think that you have to put your life in danger to be a role model.

People that spend their valuable time for someone else are good examples. The doctor who always sees you in your worst mood, surgeons that save your life, and nurses that make your visit to the hospital as pleasant as possible are all positive role models.

Above all the rest, parents can be the best role models a person could have. They are the people that are always there for you, and they pick you up when you are down. They work all day to be able to provide a place for you to sleep, food to eat, and clothes for you to wear, and they love you no matter what kind of mischief you may get into. Nobody else spends more time and energy in trying to give you all the tools you need to succeed.

# Student attends educational forum

Christina Schoenrogge, St. Francis recently returned from Denver after attending People to People International's seventh Global Youth Forum. Christina was one of more than 200 students, age 13 to 18, taking part in the forum, which was devoted to the theme of "Global Education: Providing a Vision of the Future."



Schoenrogge

of the mission of the forum which promotes international understanding, education, leadership and humanitarianism. Christina, along with the other delegates spent five days at the forum and worked through a curriculum that allowed them to reflect on the importance of education and recognize the barriers to education that exist throughout the world.

They learned about strategies to make education a reality for every child, everywhere, and how to both contribute to and develop those strategies in the future.

A variety of speakers shared personal experiences, to give a hu-

man face to the topic of the forum. Francis Bok, a refugee from Sudan who spent 10 years in slavery after being captured at age 7 during an Arab militia raid, provided the key-note address. Mr. Bok is now living in the United States and works as an abolitionist, striving to educate the public about the existence of modern slavery.

Understanding that education is vital to a new future for the children of Sudan, he is working to build a school in his home village.

Beatrice Biira, a native of Uganda whose early education was funded through a goat given to her family by a nonprofit organization when she was young. Her passion for learning led to scholarships for both high school and college.

A third speaker was Deepa Willingham. She was raised in Calcutta, India, and studied under Mother Theresa. She went on to start a rural school for girls in India, emphasizing education and vision for the possibilities of the future.

One of the things I'll remember from Deepa, Christina said, is how kids from a bad neighborhood in America want an ipod and kids in poverty from Africa want an education. It was neat to meet someone who studied with Mother

Theresa. She showed how just giving so little can help so much.

Christina said the speaker who made the most impression was Mr. Bok.

"He was such a strong person to live through slavery and be able to forgive his master for such a cruel lifestyle," she said. "That in itself is an amazing feat to achieve."

Some of the activities included workshops on topics such as the effects of geography, politics, health, poverty and disparity on literacy. Delegates also worked together in small groups to develop an action plan for breaking down the barriers to education throughout the world. The plans, highlighting tangible and realistic roles, were presented on the final day of the conference.

"I feel lucky to have met such amazing people such as Mary Jean Eisenhower who is the granddaughter of Dwight D. Eisenhower, Charles Hostler, the former U.S. Ambassador to Bahrain, Francis Bok, Beatrice Biira, Deepa Willingham and Steve Culbertson, the president and chief executive officer of Youth Service America," Christina said. "I will never forget all the friends I've made along the way. I miss them all, but I hope to be seeing them again next year in Washington, D.C."

## Book Review

Book review from the St. Francis Public Library

### The Secret Between Us

By Barbara Delinsky

Deborah Monroe and her daughter, Grace, are driving home from a party when their car hits a man running in the dark. Grace was at the wheel, but Deborah sends her home before the police arrive, determined to shoulder the blame for the accident. Her decision then turns into a deception that takes on a life of its own and threatens the special bond between mother and daughter.

*The Secret Between Us* is an unforgettable story about making bad choices for the right reasons and the terrible consequences of a lie gone wrong. Once again, Barbara Delinsky has delivered a riveting study of family and a superbly crafted novel, perfectly targeted to reading groups and fans of provocative fiction.



### ATTENTION HUNTERS!

### CWD Test Stations in NW Kansas

To receive a free CWD test for adult deer harvested in northwest Kansas, complete this coupon and submit it, along with the animal's head to a CWD Test Station by December 16, 2008. (Hunters may have more than one deer tested. Coupon not required, but the information below is needed at the test station.)

KDWP# (license) \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: ( \_\_\_\_\_ ) \_\_\_\_\_

Kill location (please fill in as much info as possible):

1) DMU \_\_\_\_\_ 2) County \_\_\_\_\_

3) Distance & Direction from nearest town: (example: 3 miles north and 1 mile east of Emporia)

Date of Harvest: \_\_\_\_\_

Weapon Type (check one):

Archery \_\_\_\_\_

Muzzleloader \_\_\_\_\_

Rifle/Shotgun \_\_\_\_\_

(Test Station: Staple this coupon to the CWD Data Card)

- Atwood:** James Zeigler 785-626-6042; **Colby:** Great Outdoors Gun Shop 785-626-9100; Tumbleweed Taxidermy 785-462-7943; **Dighton:** The Deer Shop 620-397-2332; **Ellis:** Denise Woodworth 785-623-7945; **Goodland:** Bob's Wildlife Taxidermy 785-821-1207; **Hays:** Pat Riese 785-650-5245; Andrew Pettibone 785-399-8080; **Hoxie:** Elmer Zimmerman 785-675-3226; Paul Babcock 785-675-3686; **Ness City:** South Fork Meat Processing 785-798-3464; **Norton:** David Bainter 785-874-4874; Richard Lindsay 785-877-3178; **Oakley:** Mikes Locker 785-672-9003; **Oberlin:** Dale's Fish N Fun Inc. 785-475-2201; Patrick Inman 785-475-7182; **Phillipsburg:** Phillipsburg Locker 785-543-2312; **Plainville:** Ryan Williams 785-623-8996; **Quinter:** R.W. Leighton 785-754-3625; Phil Mann 785-769-4122; **Sharon Springs:** John Helsel 785-821-0792; **St. Francis:** Cheyenne County Wildlife Inc 785-332-6601

### Kansas Department of Wildlife and Parks



For more information, call the KDWP Research Office at 620-342-0658



Goodland Regional Medical Center

**220 W. 2nd**  
**Goodland, KS 67735**  
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DECEMBER CONSULTANT SCHEDULE

<p>ALLERGIST** Jeffrey Rumblyrt, M.D. Dec. 15                  CARDIOLOGIST Barry Smith, M.D. Dec. 10                  CARDIOLOGIST Vijay Subbarao, M.D. Dec. 11                  CARDIOLOGIST** Babar Ali, M.D. Dec. 22                  COUNSELING SERVICES Thursdays by Appointment                  DERMATOLOGIST Charles Ruggles, M.D. Dec. 4 &amp; 18                  DIETITIAN Sarah Linton, RD, LD, CDE Mon. - Fri.                  EARS, NOSE, THROAT Alfred N. Carr, M.D. Dec. 5, 12 &amp; 19                  ENDOCRINOLOGIST Gerald Poticha, M.D. Dec. 4, 5, 18 &amp; 19                  GASTROENTEROLOGIST Jeffrey D. Huston, M.D. Dec. 2, 15 &amp; 16                  GENERAL SURGEON David D. Beck, M.D. Dec. 11                  GENERAL SURGEON Jeffrey Cross, M.D. Dec. 4 &amp; 18                  GYNECOLOGY Laura Rokosz, M.D. Dec. 3 &amp; 10                  NEUROLOGIST Steven J. Gulevich, M.D. Dec. 3, 10 &amp; 17                  OBSTETRICS/GYNECOLOGY David Forschner, M.D. Jan. 21                  ONCOLOGY Gary Doolittle, M.D. Dec. 5, 12 &amp; 19                  ONCOLOGY/HEMATOLOGY Martin Rubinowitz, M.D. Dec. 2                  OPHTHALMOLOGIST Brian Joondeph, M.D. Dec. 17                  OPHTHALMOLOGIST David Ploff, M.D. Dec. 8, 9, 15, 22 &amp; 29                  OPHTHALMOLOGIST Ronald Wise, M.D. Dec. 19                  OPHTHALMOLOGIST** Eric Fry, M.D. Dec. 12                  OPHTHALMOLOGIST** William Clifford, M.D. Dec. 12                  ORTHOPEDIST Tim Birney, M.D. Dec. 8                  ORTHOPEDIST Armond Hatzidakis, M.D. Jan. 5                  ORTHOPEDIST James Holmes, M.D. Dec. 15                  ORTHOPEDIST Edward Parks, M.D. Dec. 22                  ORTHOPEDIST Raj Bazaz, M.D. Jan. 12                  ORTHOPEDIST Kevin Nagamani, M.D. Dec. 3                  ORTHOPEDIST Gareth Shemesh, M.D. Dec. 12                  PATHOLOGIST Pathology Services P.C. Call for Availability                  PODIATRIST Erik Ouder Kirk, D.P.M. Dec. 10                  PODIATRIST Daniel Mallett, D.P.M. Jan. 21                  PULMONOLOGIST Ken Weisiger, M.D. Dec. 22 &amp; 29                  RADIOLOGISTS Professional Radiology Services WEEK DAYS                  SPEECH THERAPY Lisa Paxton CCC-SLP Mon. - Thurs.                  SUBSTANCE ABUSE DIR. Fred Waters, CADC III Mondays                  UROLOGIST Darrell D. Werth, M.D. Jan. 6                  UROLOGIST Wallace Michael Curry M.D. Dec. 16                  UROLOGIST Kevin McDonald M.D. Dec. 9</p>	<p>**For an appointment with the Allergist please call 1-888-849-8424                  **For an appointment with Dr. Ali please call 1-888-625-4699 select option 4                  **For an appointment with Dr. Fry or Dr. Clifford please call 1-800-526-3937</p> <p>Goodland Family Health Center, 106 Willow Road (785) 890-6075                  Monday - Friday, 8 a.m. to 5 p.m. Saturday 9 a.m. to 11 a.m./Walk-in Clinic M-F 8 a.m. to 9 a.m.</p> <p>Dr. Mohedine Shafei (Out of office on Monday)                  Dr. Travis Daise (Out of office on Wednesday)                  Dr. David Younger (Out of office on Thursday)                  Jackie Jorgensen, ARNP                  Lindsay Taylor, PA</p>
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