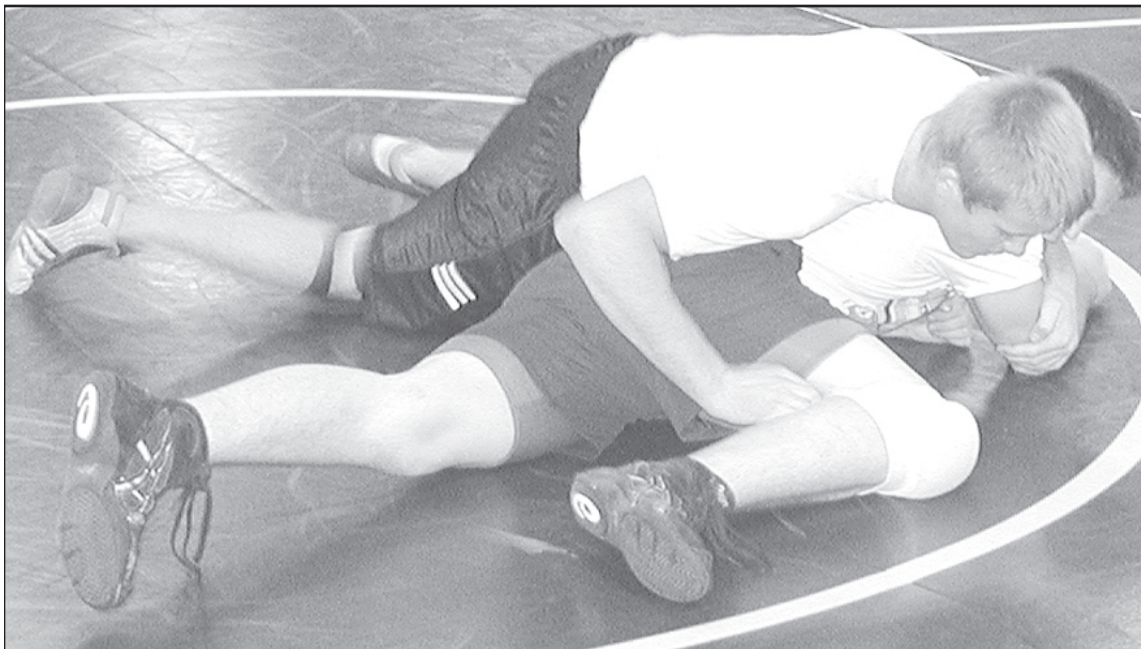


# At the Game



GRADY BRUNK (on top) tries to hook up a cradle on Adam Guthmiller in wrestling practice, getting prepared for the tournament on Saturday.



ALEX DRAPER is working on breaking Freddy Pacheco down. The team will be facing Colby in dual action on Dec. 11.

## Invitational set for Saturday; dual meet on Dec. 11

By Betty Jean Winston  
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Indian wrestlers Terrence Lamb, Jesse Pacheco, Justin Sherlock, Cody Sherlock, Scott Ford and Darris Keller placed in one of the top four positions in the St. Francis Gabel-Jenkins Wrestling Invitational last year. J. Sherlock has since graduated, but the other five will be leading the St. Francis team, when action begins at the high school at 9:30 a.m. on Saturday.

Lamb, Pacheco and J. Sherlock placed second last year with C. Sherlock and Ford placing third and Keller, fourth.

The second session of the tournament is scheduled for 1 p.m. and the finals will take place 15 minutes after the last match of the second session.

Mat men from Rawlins County, Colby, Goodland, Scott City, St. Francis, Wichita County/Leoti and Sterling, Wray and Burlington, Colo., will be participating. Burlington is replacing Quinter, who attended last year but does not have a wrestling program now. This gives the tournament the same number of entries, nine. "We should have some good competition," said Mike Frewen, St. Francis coach. "Last year at state, Colby placed third and Goodland fourth in 4A and Scott City was one of the top five teams in 3-2-1A.

"This tournament provides a good opportunity to see where we are at the first of the year."

Colby placed first with 170.5 points last year, followed by Goodland with 138, Wray with 82.5 and St. Francis with 68.

First and second place team trophies will be given with medals to the first three placers and the consolation champions.

Coaches will be selecting the "Outstanding Wrestler" at the end of the tournament.

### 2008-09 season

J. Pacheco and Ford, seniors, Keller and Lamb, juniors, and Cody Sherlock and Adam Guthmiller, sophomores, will be wrestlers to watch especially early in the season. These returning letter winners will be forming the nucleus of the squad this season.

Keller, J. Pacheco and Sherlock qualified for state last year with Pacheco and Sherlock each placing fourth. Keller qualified at 119 pounds while Pacheco was at 145 and Sherlock at 112.

With 17 members on the squad, Coach Mike Frewen will be looking to fill open weights held by last year graduating seniors, Gavin Smull, J. Sherlock, David Guthmiller and Josh Carpenter.

Coach Frewen said these four young men had scored many of the match wins for the team.

"These are big shoes to fill," he said. "I am hoping some one will step up to fill them."

Other Indians who competed in at least one varsity match last year are Grady Brunk, Alex Draper, Robbie Herman and Freddy Pacheco. Squad member Trevor Reed, who competed last year, will not be opening the season on the mat due to injuries received in an accident.

"We have two seniors with leadership ability," Coach Frewen said. "Pacheco is showing by example that hard work can

bring success as it did for him last year. Ford is working very hard in practice."

Coach Frewen is giving a lot of credit to the school's weight program as he said many of the wrestlers gained strength over the summer.

"Weight is a good equalizer," he said. "We have a good weight program and I am hoping the freshmen will be using it in the future."

Again this year, as has happened before, Sainty will be having open weight in duals and tournaments.

"I think the only league teams with full weights could be Goodland and Colby," he said. "A number of our dual opponents will also have open spots."

"Wrestlers always work for points to help the team score but wrestling is also individual."

The good news is that our weights are spread out which will help give many wrestlers a chance to compete.

"Every year we hope that by the time regionals and state comes around, the wrestlers will reach their peak performances," Coach Frewen said.

"It is always best when you can qualify for state and earn medals."

As for winning duals and placing at tournament, the coach said that each tournament is different. The competition is not the same at any event.

The St. Francis varsity wrestlers will be attending the St. Francis Invitational, along with tournaments at Colby, Wray, Sterling, Colo., Hays, the league



INDIANS DARRIS KELLER (left) and Jesse Pacheco practice take downs. Both Keller and Pacheco qualified for the state tournament last year and are back on the mat attempting to improve their skills.

Herald staff photos by Betty Jean Winston

tournament at Oakley, Phillipsburg, regionals (place to be announced) and state.

Individual duals will take place with Colby, Decatur Community, Oakley, Goodland and Rawlins County, all Northwest Kansas League teams.

"I believe we will be a very

competitive team," Coach Frewen said. "When the boys walk out on the mat they will give great effort. I also expect a lot of improvement in the young kids as the season progresses."

Squad members include:

Seniors: J. Pacheco, Ford.

Juniors: Brunk, T. Lamb, F.

Pacheco, Keller.

Sophomores: Guthmiller, Sherlock, Draper, Thomas McCurry, Brandon McGinnis, Herman, Reed.

Freshmen: Logan Whitmore, David Leibbrandt, Ross Nicklos, Nate Lamb.

## Junior high season moves toward tournament games

By Betty Jean Winston  
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December has arrived and that means the junior high boys basketball season has entered its second half.

Left on the schedule after the Tuesday game with Colby, which will be featured next week, are a trip to Goodland on Tuesday, Dec. 9, and the season-ending tournament games which will be played on Monday, Dec. 15, and Thursday, Dec. 18.

Following are eighth grade games which have been played recently and the seventh grade game with Hoxie on Monday, Nov. 24.

### Eighth grade

#### Oakley 37, St. Francis 24

Results from the eighth grade game with Oakley on Thursday, Nov. 13, show the young Indians doing their best scoring in the second half. They put 18 of their final 24 points on the board during the third and fourth quarters. The final score was Oakley 37, St. Francis 24.

"While our guys didn't pull out the win, we are getting better as a team," Coach David Butler said.

"Our understanding of the game is coming on, although our passing skills and ball handling could still use some work.

"We need to be more aggressive on the rebounds and on defense.

"Our ball handling, passing skills and perimeter shooting are all things we look to improve on as the season goes on."

Leading the scoring was Dylan Peter with nine points and Zach Gienger with eight.

SF 4 2 10 8 24

O 10 11 5 11 37

Scoring: Peter 9, Gienger 8,

Foster Grant 4, Dylan Wolaver 2, Keegan Sherlock 1.

### Rawlins County 55, St. Francis 35

A good scoring Rawlins County eighth grade team defeated St. Francis 55-35 on Nov. 20.

"We did a much better job with our passing skills and scored a season high 35 points!" Coach Butler said.

"However, we still need to be more aggressive on defense and our perimeter shooting will continue to improve.

"Overall, our guys hustled, executed the plays better and took care of the ball. We scored 35 points in this game without one of our best players.

"Dylan Peter found himself in foul trouble early and essentially played only a little over a quarter of this entire game.

"If we can stay out of foul



trouble, continue to break the press, and be more aggressive defensively, we will be a team to be reckoned with.

SF 9 10 9 7 35

RC 16 14 8 17 55

Scoring: Gienger 14, Peter 13, Grant 4, Sherlock 3, Thomas

Douthit 1.

### Seventh grade

#### Hoxie 31, St. Francis 19

Hoxie outscored the seventh grade 31-19 on Monday, Nov. 24. Mason Schiltz had 15 points for St. Francis.

"We executed much better in this game," Coach Kent Kechter said. "We are showing steady improvement, we just have to keep working."

SF 9 10 9 7 35

RC 16 14 8 17 55

Scoring: Schiltz 15, Lennin Olivares 2, Gatlen Cooper 2.

## Two Lady Indians receive honors

By Betty Jean Winston  
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Jami Pevler and Elizabeth Gienger have been chosen to receive Northwest Kansas League honors following the 2008 season. Pevler was named to the league first team and Gienger received honorable mention.

Pevler had the best percentage setting with 40 or more attempts; the best percentage passing, the third amount of aces, the third amount of service points, the most hits, the most kills and the second most dig/saves for the Lady Indians this year.

Gienger led the team in digs/save, had the most passing at-

tempts, the third amount of serves, the second number of hits and the second number of kills.

Both of the athletes have been major contributors of the volleyball program during their high school career.

League volleyball coaches have awarded first team honors to 12 players with eight more receiving honorable mention. League coaches can not vote for their own players.

Named to the first team were Kendra Spresser, Hoxie; Adrienne Pauls, Decatur Community; Jordan Dreher, Decatur Community; Jordan Krzycki, Colby; Taylor Young, Colby; Darra Stithem,



Pevler

Gienger

Hoxie; Leah Sharp, Rawlins County; Ashley Archer, Goodland; Bailey Ochs, Hoxie; Haley Harvey, Quinter; Jami Pevler, St. Francis; Elisha Jones, Decatur Community.

Receiving honorable mention besides Keller were Hillary Chvatal, Rawlins County; Jacee Coberly, Quinter; Jessica Fredrickson, Decatur Community; Erika Gonzales, Goodland; Hannah Hubert, Oakley; Kiri Kendrick, Colby; Brittany Schamberger, Hoxie.

## Bowling News

### Monday Night Mixed 11-24

Team standings: Majestic 20-8, Earl's Gals 18-10, Neitzel Insurance 14-14, Wrecking Balls 13-15, Cheyenne Bowl 11-17, Wano's 8-20.

High game (scratch): Kale Zimbelman 206, Eddie Zuege 195, J D Hawkins 189, Kary Jo Meyer 176, Amelia Zuege 166, Althea Lebow 163; (handicap): Troy Meyer and K. Meyer 231, E. Zuege 229, Arrie Cox and

Hawkins 221, A. Zuege 219, Breanna Zwegyardt 218.

High series (scratch): Zimbelman 553, T. Meyer 495, E. Zuege and Hawkins 470, Lebow 432, K. Meyer 430, Janice Krien 429; (handicap): T. Meyer 633, K. Meyer 595, Veronica Porter 587, Krien 585, Cox 580, E. Zuege 572

### Wednesday Night Mens 11-26

Team standings: Bonny So-

lutions 36-16, Wray Lumber 34-18, Haigler Two 33.5-18.5, Haigler One 29.5-22.5, Wright and Wrong 25-27, Krien Steel Buildings 24-28, Cheyenne Bowl 21-31.

High game (scratch): Kale Zimbelman 204, Rod Heaton 202, Bob Lippert 197.

High series (scratch): Lippert 551, Zimbelman 533, Heaton 523.