Thursday, January 15, 2009

## Saint Francis Herald 5

# Weight management class will start in February

Mila Bandel, Cheyenne County is a group weight-management Health Nurse. "Do you get short of program that combines goalbreath when you walk. The doctor setting, low-fat meal planning has just diagnosed you with type and adding activity to your daily 2 diabetes. You don't have the routine to make lasting lifestyle energy to play with the children, changes." grandchildren or the pets.

you...you know when you need to participants will work on a selflose some weight. But how do you directed weight maintenance start. You start by making changes. The Cheyenne County Health Department wants to help you start making those changes. There will participants will join back together please contact Mile Bandel, RN, be a weight-control-management for an additional four week county health nurse at 332-2381

Francis, Kan., at the age of 78. He

was born in Goodland to James

Wayne and Zoe (Boyd) Jones, on

He attended his first two years

1948, he worked for the Sherman

County Road Department and also

farmed for his uncle, Allen Jones.

the Marine Corps in 1951 and

attended boot camp in San Diego,

Calif. After a brief visit home

for Christmas, he was assigned

to the 1st Marine Division and

was sent to Korea in May 1952.

During August of 1952 while

positioned on the main line of the

resistance manning Bunker Hill

Outpost, the Fox Company was

overrun by Chinese and North

Koreans resulting in the deaths

and wounding of several marines

From the field hospital, Manson

hospital ship and transported to a

hospital in Japan and later sent to

the naval hospital at Mare Island,

Calif. His next stop was Millington,

Tenn., where he spent 8 months

in the Millington Naval Hospital.

After finishing his recuperation

at the Veterans Administration

Hospital in Denver, Colo., Manson

returned to Goodland in July 1953

where he resumed working for his

uncle and the Sherman County

including Manson.

Manson was drafted into

Dec. 19, 1930.

"Do your clothes feel snug," said class starting in February. This maintenance program.

The weight-management class "Chances are no one has to tell will run for eight weeks then or 5:10 p.m. to 5:40 p.m. for their program for three weeks solely on their own.

After the

The classes will be held on Thursdays beginning Feb. 5 and run through March 26. Two different class times are available on Thursdays for the participants to choose from. They can choose either 12:15 p.m. to 12:45 p.m. time frame for the classes.

This program is free of charge and sponsored by the Cheyenne County Health Department. For three weeks, more information and to sign up,

## bituaries Manson "Lynn" Jones

Dec. 19, 1930 - Jan. 8, 2009 on Thursday, Jan. 8, 2009, in St. Mason graduated with a degree in

avian science. On Dec. 23, 1960, Manson married Bonnie (Klie) Westphal in Ft. Collins, Colo. where Bonnie continued to teach school while of school in Edson and finished Manson continued running the his education in Goodland. After feed mill and assisting with graduating from high school in research for the university's Avian Science Department.

In 1967 Manson and Bonnie moved to Parkers Prairie, Minn., to farm and run their dairy full time. In 1972, they moved to St. Francis to be closer to family and bought the Leonard Miller place west of St. Francis.

In 1995, he retired and moved into St. Francis.

Manson was a devoted and steadfast family man who considered family and friends to be his greatest treasure and each one knew they had a special place in his heart. He was a gentle and gracious soul known for his generosity, kind heart and wry sense of humor. Manson could was sent by helicopter to a Swedish always be counted on for a helping hand and a good joke.

> Manson was preceded in death by his parents, James and Zoe Jones; Bonnie's parents, Wilmot and Gladys Klie; G. grandsons, Hank Kier and Tyler Jones, and great-grandson Gus Manson Neitzel.

Manson is survived by his wife, Bonnie; their four children, Lynne Ferguson and husband, Chuck of Holyoke, Colo., Leslie Carlholm and husband, Randy of Imperial, In 1955, Manson moved to Ft. Neb., Allen Jones and wife, Sherry

**Eloise Holliday** 

Manson "Lynn" Jones died Colorado State University. In 1960 husband, Mike of St. Francis; his sister, Marilyn Zeigner and husband, Vern of Green Valley, Ariz.; 17 grandchildren, Lowell Neitzel and wife, Krystale of Lawrence, Lindsey Rae Goddard and husband, Casey of Haxtun, Colo., Holly Ferguson of Las Vegas, Nev., Paige Ferguson of Thornton, Colo., Rick Carlholm of North Platte, Neb., Lindsay Avis Ferguson of Denver, Amanda Barnhart and husband, Jason of Brighton, Colo., Matt Carlholm of Goodland, Talon Jones, Trevor Reed, Echo Jones and Dallas Reed of St. Francis; Debbie Gabrielson and Darin Ferguson of California; Chris Reed, Travis Reed and Jamie Reed-Belden of Greeley; 15 great-grandchildren, Cassidy and Chase Goddard of Haxtun, Cecelia and Carman Dearmont of North Platte, Tuff Neitzel of Lawrence, Nick Ferguson, United Kingdom; Ashlee, Sloan, Skylar and Matthew Gabrielson and Jessica Ferguson of California; Clayton and Cassidy Reed, Peyton and Cade Belden of Colorado.

Funeral services were held Jan. 12 at the United Methodist Church, St. Francis, with Reverend Morita Truman officiating.

Honorary escorts were Randy Carlhom, Mike Reed, Chuck Ferguson, Mike Henderson, Mark Mahlbeg, John Mahlberg, Alvin Amack and Royce Wiley.

A military service was conducted by the United States Marine Corp.

Arrangements were by Knodel Collins, Colo., where he attended of St. Francis, and Lacy Reed and Funeral Home, St. Francis.

out.

Lastly is probably one of the more costly improvements. Mr. Schiltz had talked to both Colby Glass and Norton Glass about replacing windows in the high school. The grade school windows have already been replaced.

Both companies work with the same window company, Manco, which is the same windows as some of those in the grade school. The Manco representative was in St. Francis and wrote up the specifications. He said the new windows will save 30 percent on heat bills. Mr. Schiltz said he will bring information to the next meeting and the bids will be sent

#### **Retirement policy**

The last time the board reviewed the "Retirement Policy," it was May 1988. The policy stated that all employees who have reached the age of 70 by the close of the school term or would be 70 by the first day of

The board and administration agreed that this was not a good policy. Lawyers also agreed and the board voted to rescind the policy.

Hazard mitigation plan



In other business: • The board decided that the Meetand-Confer Committee will meet on

Wednesday, Feb. 4. • The board accepted the audit report completed by Adams, Brown,

Brown, Beran and Ball. • Scott Carmichael, principal, told about a Northwest Kansas League meeting he had attended in Hill City. (See related article.)

### Next meeting

The next meeting of the school board has been set for 7:30 p.m. on Thursday, Feb. 12, in the high school library.

Dec. 5, 1921 - Jan. 6, 2009

died Jan. 6, 2009, at Lawrence tag time When Martha Schultz sisters. Phyllis Smith and Caro

## Eloise Siegfried Holliday 87, years, she worked at tax and car parents; brother Larry Siegfried,

**By Karen Krien** karen.k@nwkansas.com Two gifts of money were approved when the St. Francis

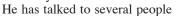
Board of Education met on Thursday evening. Michal and Renee Walker, Portland, Ore., had sent another

check for \$670 to be used for the new gym project. In all, the Walkers have given \$1,000 for the project and a fund has been established for money given to the new gym project.

The second gift was \$770 from the Cheyenne County Knights of Columbus to use in the special education department. The money was raised through Tootsie Roll sales.

## **Planned projects**

At the last meeting, there were a number of projects listed which the board plans to complete. Superintendent Rob Schiltz said the boiler had been installed at the grade school and was to be hooked up the day of the meeting. However, several parts had to be ordered but, school will be retired. the boiler would be hooked before Monday. The new boiler, he said, will serve the school well for a number of years.





Herald staff photo by Casey McCormick **Projects being completed** about updating the sound system for the high school auditorium and has received three estimates.

BOB JULESON is showing some of his taxidermy work at the coyote calling contest.

Memorial Hospital in Lawrence, Kan. She was born Dec. 5, 1921. to E.G. and Emma Luedtke Siegfried in Lincoln, Neb. In 1925, the

Road Department.



family moved to Traer, where

her father was a mechanic in a garage there. Eloise started school in Traer, but in 1927, the family moved to a farm between Traer and Herndon. She grew up on the District 39 until she was out of the eighth grade.

first year in Houston, Texas, living with a cousin and husband, who was transferred there for a 10month period on the railroad. It was quite a change for her coming from a country school of 12 to 14 kids to a big school of several hundred. When she returned from Houston, she then attended high school in Herndon.

Eloise grew up during the dirty 30s, and dust bowl days. These by her husband, Charley; her times were hard. Because very few young people had cars, their entertainment was house dances, games and cards in various homes. Their refreshments were popcorn, homemade fudge, hot chocolate in the winter, and homemade root beer in the summer.

Eloise met Charley Holliday at Cedar Bluffs in the spring of 1938. There was a whirlwind courtship, and they married that fall. To this union three children were born, Charlene, Shari and Dennis.

Charley worked on farms in the Traer area, and tried farming for himself for three years. In December of 1949, they moved to St. Francis. They planned to stay just for the winter. Charley worked for the Concrete Block Company. They liked St. Francis so well, they never went back.

worked in Eloise the courthouse from the middle 50s until 1963. The first two

became county treasurer, she was Lou Siegfried. her deputy for four years and then Eloise was county treasurer in the early 60s. When her term was up, she went to work at the Citizens State Bank for 14 years.

Eloise enjoyed gardening, canning, sewing and crafts. When Eloise retired, she spent many enjoyable times with her dear friend Barbara Dorsch. They made many crafts together that they took to craft sales. They enjoyed attending sales, shopping and many good visits over coffee.

Charley and Eloise had a camper farm and attended country school and did lots of fishing at various lakes that were close. They took two trips to Yellowstone Park, She attended high school her and enjoyed fishing for cut-throat trout there. After retirement, they took many trips that covered most of the United States and Canada with their daughter Shari and husband Jim. Eloise dearly loved her grandchildren and greatgrandchildren, and loved the time spent with them. She always had lots of homemade cookies when they came to visit.

She was preceded in death Funeral Home, St. Francis.

April 20, 1926 - Dec. 24, 2008

Bertha Mae Rogers died on dealership. Dec. 24, 2008, at the Sarah Ann Hester Home in Benkelman, hunting arrowheads and rocks. Neb., at the age of 82. Bertha Cars were her passion, owning was born on April 20, 1926, in many over the years and her St. Francis, Kan., to Charley and favorite was a red pickup. Frances Williams Rogers.

her parents and two brothers, Clay and Earl.

Bertha attended a country school and high school in St. Francis. She took some years off during high school to help her father farm while her brothers were in the service.

College years were spent in Morita Truman officiating. Upland, Ind. She traveled for a while doing advertising; then moved back to St. Francis and worked as a certified dental assistant, then abookkeeper and parts clerk at Roby Russell's Funeral Home, St. Francis.

Survivors include three children; Charlene Myers from Fremont, Neb., Shari and husband, Jim Krentzel of Oskaloosa, Dennis and Sharon Holliday of Lincoln, Neb., two brothers, Gene Siegfried of Wray, Colo., and Delbert Siegfried of Arapahoe, Neb. She is also survived by nine grandchildren, and 12 great-grandchildren.

Funeral services were held on Saturday, Jan. 10, at the United Methodist Church, St. Francis, with Reverend Morita Truman officiating.

Honorary pallbearers were Brent Holliday and Dale Hendeson.

Casket bearers were grandsons Jeff Myers, Steve Henkens, Troy Krentzel, Ralph Scott, Lael Holliday, Kurt Holliday, Ryan Holliday and Kevin Holliday.

Interment was in the St. Francis Cemetery, St. Francis.

Memorials can be sent to: Heart of America Hospice, 3715 SW 29th St. Ste 100, Topeka, KS 66614.

Arrangements were by Knodel

## **Bertha Mae Rogers**

She was preceded in death by Pat and Miky.

Bertha loved gardening,

Her family was her two dogs,

Survivors are her sister, June and husband, Jim Smith, Portland, Ore.; sister-in-law, Lois Rogers, Anton, Colo., nieces and nephews.

A graveside memorial service was held on Jan. 9 at the St. Francis Cemetery with Reverend

Memorials have been designated to the Emergency Building Fund made out to City of St. Francis.

Arrangements were by Knodel

# **Winter Sports Special Section**

This section will feature St. Francis and Bird City Jr. High and High School

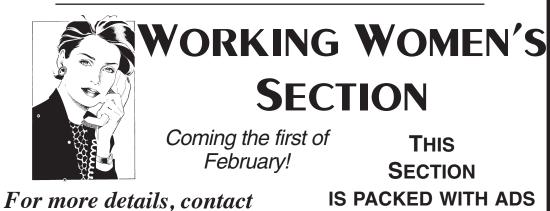


Basketball players, **Wrestlers** and Cheerleaders!





This section will feature the Conservation **Award Winner in Cheyenne County.** 



Coming the first of February!

**SECTION** 

THIS SECTION **IS PACKED WITH ADS** FEATURING WOMEN.

Casey McCormick at the Saint Francis Herald at Bird City Times

The Saint Francis Herald

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