

GREAT DAY to go fishing! Joey McCormick enjoys a nice

Cookin' with Peg

Cookin' with Peg By Peggy Horinek

afternoon as he angles at Keller Pond.

phorinek@nwkansas.com The weather has been beautiful and people are enjoying being outside. I bet several people had their outdoor grills fired up and enjoying the taste of spring. Easter will soon be here and I would like

recipes to share. Below are two recipes both poultry and one a dessert. I have used both these recipes in my restaurant and had good success. Hope you will try them.

to receive some of your favorite

Mandarin orange chicken 4 to 6 boneless, skinless chicken

breast (pounded to 1/4 inch)

Flour

- 2 tablespoons olive oil
- 2 tablespoons butter 1/3 cup orange juice
- 1 can Mandarin (drained)
- 1 tablespoons green onions

(sliced)

1/4 to 1/2 cup chopped cashews Coat chicken with flour and saute in olive oil and butter until done. Remove chicken from skillet. Stir hoisin sauce and orange juice into skillet, scraping up all brown bits in bottom of skillet. Stir in oranges, green onions and cashews. Return chicken to pan and heat through.

Good served with white rice. Mandarin orange cake

Herald staff photo by Casey McCormick

1 egg 1 cup sugar

- 1 tsp. soda
- 1 tsp. vanilla
- 1 11 oz. mandarin oranges
- 1 cup flour
- 1/8 tsp. salt

1/2 cup chopped pecans or

Combine all cake ingredients in using Mandarin oranges, one a large mixing bowl. Spray a 8 by 8 inch baking dish with cooking oil and pour in batter. Bake at 350 degrees for 30-35 minutes.

Topping

- 1/2 cup brown sugar
- 3 Tbl. milk 3 Tbl. butter

Melt butter in sauce pan. Add milk and brown sugar and stir until sugar is melted. Make holes in warm cake and pour on topping.

Hints

Want to find an easier way to shell your hardboiled eggs. After boiling, put in cold water and crack shell all around. Let set in cold water 15 minutes and the shell peels right off.

Rolling out a pie crust on waxed paper. Put a drop of water on the bottom of the paper on all four corners and you won't be chasing your pie crust all over your

Childbirth Education Classes



March 30: 6-9 p.m. & April 6: 6-9 p.m.

Cheyenne County Clinic basement St. Francis

RSVP: 785-332-2104 ask for Candi

James E. Reeves, DPM Podiatrist/Foot Specialist Reconstructive Surgery Foot & Ankle Injuries For appointments call:

Rawlins County Health Center 785-626-3211

Wed., April 8 **Cheyenne County** Hospital - P.M. 210 W. 1st · 332-2104

Thurs., April 9 Atwood (a.m.) • 626-3211

Colby (p.m.) CSMC, 175 S. Range 462-3332 CMC, 100 E. College Dr. 462-7511

Fri., April 10 Atwood - All Day

Non-surgical treatment of hemorrhoids.

John D. Ferris, MD will be at: 291 15th Street Burlington, CO

Wednesday, April 1 Saturday, April 4

For information or appointment, call 1-800-593-0009



Small vehicles discussed by city

By Peggy Horinek

phorinek@nwkansas.com Mini-utility trucks, also known as work-site utility vehicles, are appearing in town and the council spent time discussing the various pros and cons of having these vehicles. The measurements on the mini trucks are 55-inches wide and 128-inches long and weigh 1,760 pounds. Work-site utility vehicles means any motor vehicle which is not less than 48 inches in width, has an overall length, including the bumper of not more than 135 inches, and has an unladen weight of more than 800 pounds.

The council feels that they should be covered with liability insurance, but was unsure if it could be obtained. It was also discussed if they required insurance on the mini utility trucks, should 4-wheelers, golf carts and ATV's also be required to be covered with liability insurance, as they can all cause damage.

There have been complaints on golf carts and 4-wheelers being driven on city streets. They are not allowed on state highways, the frontage road or on Washington Street. St. Francis is among the few cities that allow these vehicles on city streets, but feel there are a few residents that this is their only mode of transportation.

Goodland already has an ordinance in place. An inspection by the Kansas Highway Patrol is required and a Kansas nonhighway title issued. A valid driver's license is needed and liability insurance is required. A registration and registration sticker must be secured and attached to the work-site vehicle.

Alley easement

A solution has not yet been found regarding the alley easement on Spencer. There are still a few options open, as there has to be some type of access. One possibility is to have a turn around and another is to vacate the alley. J.R. Landenberger, city superintendent will be looking into a few of the options.

Cheyenne County

Development Corporation Chuck and Diane Krebs with the Cheyenne County Development Corp were not present at the meeting but had sent a letter thanking the city for their money contribution. He stated that there were a lot of things going on and he will report on these activities at

the next meeting. **Building Permits**

A permit was approved for Lannie Robins to put an addition onto his house. It was also approved for John Amack to move a trailer from 2nd street, out of town.

Mr. Landenberger was contacted by the hospital in regard to putting an ambulance emergency light in the alley on Adams. After discussion, it was approved.

Kansas Department of Transportation

• Full-Time or Part-Time

• Supportive Community

• Good Pay for Rural Setting

amaritan

is. KS 67750

ociety

The Kansas Department of would not be a problem. Transportation has been in town looking at what street projects need to be started first. There is \$32 million coming to Kansas. Certain criteria must be met to receive the money.

National Weather Service

The National Weather Service people have also been in town

Emergency Building

Mayor Scott Schultz told the council that the new boiler should be up and running at the Emergency Building. An existing problem is that the furnace is running constantly. This is due to not having cold air ducts installed as yet.

The supplies to finish the looking around. The city should be job have not been delivered as getting a new weather alert system promised. There are still volunteers put in this spring. One requirement ready to finish the duct work when is finding storage space for their the supplies arrive. Mike Day, city equipment which the council felt attorney is going to contact the

company regarding the supplies that are needed to finish the job.

Other business

There will be an Economic Development meeting on March 24 at 7:30 p.m.

A records/clerk meeting will be held on April 29. The council thought this would be a good meeting for the new city council members to attend.

Mike Day, city attorney, asked for a short executive session to discuss a legal matter. There were no decisions made.



THE DANGER OF electricity is one of the areas of concern when it comes to farm safety. A Midwest Energy employee demonstrates the power of high wire lines.

Herald photo courtesy of Linda Elfers

Fairgrounds draw many to program on farm safety

program was held March 4 at the He emphasized the importance Cheyenne County Fairgrounds.

Douthit, coordinator, in having damaging eyesight and causing affected by your choices against 40 community members present, ages ranging from 3 to 65.

of "explosions" made by the tulips into broken flower flakes. different presenters. Midwest the wire. Demonstrations showed the explosive potential of grain dust and natural gas when it builds up in a building and is ignited by something as simple as turning on the light switch.

Greg Nemecheck presented a thorough review of the precautions to be taken with anhydrous

Home

Health

Homemaker

• Pleasant & Inexpensive Community

• Onsite Senior (55+) Housing Available

• Benefits (Full-Time)

Call Cheryl or Tammy at 785-332-3588

an EEO/AAP - M/F/V/D employer.

On your next visit to

St. Francis Super's register to win

The AgraSafe farm family safety ammonia and its many dangers. of using full protection with this It was a success, said Candi chemical as its greatest risk is in long-term damage to the lungs. He concluded his talk with a The younger crowd appeared demonstration of the freezing to be very excited by the amount effects of anhydrous, turning

The final speaker, Steve Evert, Energy representatives brought focused on the many "chances" their high-wire electricity trailer we are given every day. Every demonstrating the dangers of high day on the farm, he said, we Cheyenne County Food Pantry, voltage electricity as well as how take risks and safety shortcuts K-State Research and Extension, to react if your vehicle or farm that don't result in injury or Cheyenne County Farm Bureau machinery comes in contact with harm. But as he demonstrated and Bartlett Grain. The Corner with a power take off shaft, it Post Catering prepared and served only takes one of those chances to cause consequences that will affect our lives forevermore. He shared several stories of farmers losing limbs, becoming disabled, and even losing their lives after becoming entangled with farm machinery.

grandparents. he said, are seen by children and grandchildren, it may be not be you who is fatally making safety a priority on our

"It is easier to bury a tradition, than to bury a child."

This program was made possible by the donations and efforts made by: The Gerber Trust, Cheyenne County Hospital, the meal.

Overall, Mrs. Douthit said, the program's success is gauged not by the number in attendance nor the knowledge learned, but by the actions changed and safety practices implemented on Cheyenne County farms.

PERSONAL PROPERTY AUCTION

Sat., March 21 @ 10 am CT

Western Auction & Real Estate Auction Pavilion, W. HWY 36, St. Francis, Ks

2005 Buick CUV-Furniture-Appliances-Misc-Yard & Garden Large inventory of Antique & Collectible Items

See the auction flyer online: westernauctionandrealestate.com The building is full again so plan to spend the day at this unique auction.

Licensed in Kansas, Colorado, and Nebraska for your Real Estate needs!



rsen, Sales Agent & Auctioneer ~ 785.332.2368 Robin A. Petersen, Assoc. Broker, Auctioneer ~ 785.332.5586 Brett Petersen, KS Sales Agent & Auction Gary L. Wickwar, Ks Sales Agent

W. Hwy. 36 ~ P.O. Box 928 St. Francis, Kansas 67756 ~ 785.332.8990 Betty L. Petersen, Broker

11th Annual Prime Cut on the Hoof Sale Performance-Tested Registered Angus Bulls Thursday, March 26, 2009 Imperial Auction Market = Imperial, NE · 12:30 MDT



Two-year-old Bulls 60 **Yearling Bulls** 20 Yearling Heifers

Selling:

Featured Sires Include:

- ~ Basin Max 602C ~
- ~ Boyd On Target ~
- ~ BT Right Time 24J ~
- ~ New Frontier ~ ~ KCF Bennett Performer ~
 - ~ Boyd New Day ~

308-387-4454 Cell: 308-530-3568 lbarlangus@yahoo.com

Wallace, NE 69169

To View Sale Book Online: www.lbarlangus.com

SF 3A-12 .indd 1 3/17/09 6:41:35 PM

Rock Star Energy Drinks

Junior Size 4-Wheeler, gas power, 110 cc

(No purchase necessary)

120 E. Washington

St. Francis

785-332-2064