

# Bulletin Board



Wilkening

## Birthday potluck planned

Kenny Wilkening will be celebrating his 75th birthday on Sunday, April 19. In honor of the occasion a noon potluck will be held following church services at the Salem Lutheran Church, rural St. Francis.

## Cookin' with Peg

By Peggy Horinek

phorinek@nwks.com

Easter is Sunday and I'm sure everyone is busy planning menus and buying their groceries. Ham always seems like a good choice for Easter dinner. I asked Lezlie McCormick, here at the Herald to share a recipe. The following is a recipe she said her grandmother always made for Easter.

I have been asked for several years, both at the Blue Bird Cafe and then at the Dairy King for my syrup recipe. You are going to be surprised at how simple it is, but here it is.

### Dolorus's Ham Loaf

- 3 lbs. ground ham
- 1-1/2 lbs. ground pork
- 4-1/2 cups soft break crumbs
- 4 well beaten eggs

### 80th birthday

Leonard Richard will be celebrating his 80th birthday on Sunday, April 12.

Greetings may be addressed to him at 410 N. Francis Street, St. Francis, KS 67756.

### 65th anniversary

A card shower is being held to help Chloris and Ferdinand Krien celebrate their 65th anniversary on April 9. Cards may be sent to them at P.O. Box 8, St. Francis, KS 67756.

### Commodities to be distributed

Government surplus commodities will be distributed from 1 to 2 p.m. on Friday at the St. Francis Co-op community room. You may pick up in person or send a signed permission note with another individual. Cheyenne County address is required.

Please bring a strong sack or box for items.

The following guidelines went into effect on July 1. Guidelines are as follows (maximum monthly income): household of one - \$1,107; household of two - \$1,484; household of three - \$1,861; household of four - \$2,238; each additional

family member \$377.

### AARP Drivers Safety Program

Volunteer instructor, Don Keihl, will present the AARP Driver Safety Program from 8 a.m. to 5 p.m. on Wednesday, April 22, at the St. Francis Senior Center. The class size is limited to 30 participants. Call 785-332-3584 or Don at 785-890-6638 to register. The instructor will use a combination of group discussion and video clips for the 8-hour class. The program has helped million of drivers remain safe on today's roads.

### Talent show

A Community Talent Show, sponsored by the St. Francis Parent Teacher Association, is being held at 2 p.m. on Sunday, April 19. Age divisions include: kindergarden through third grade; fourth through sixth grade and seventh grade through adult.

Entry forms are available online at the school's website, www.usd297.org, under the Activities tab, by request at the school office or by contacting an association board member.

### Alzheimer's/Dementia Support Group

The Alzheimer's/Dementia Support Group will meet at 7:30 p.m. on Monday at the St. Francis Public Library.

### Ladies Spring Luncheon

The Chamber of Commerce's Ladies Spring Luncheon will be held from 11:30 a.m. to 1 p.m. on Wednesday, April 22, at the First Christian Church Fellowship Hall.

1-1/2 tsp. dry mustard

Mix all ingredients together and put into a 9 x 13 pan.

Sauce

- 1-1/2 cups brown sugar
  - 6 tsp. prepared mustard
- Stir together until a paste forms. Spread over ham loaf and bake at 350 for 2 hours, uncovered. Serves 8.

### Peg's maple syrup

- 1 pint heavy whipping cream
- 1 cup sugar
- 1 cup clear corn syrup
- Mapleline to taste

Mix whipping cream and sugar together in sauce pan and cook until sugar is dissolved. Add corn syrup and Mapleline and heat to serving temperature. Do not boil.

## School Menu

### Monday

No school. Easter break.

### Tuesday

Breakfast: muffins, juice, cereal assortment, milk.

Lunch: chicken stir-fry with vegetables, seasoned rice, hot rolls, sliced pineapple, fortune cookie, milk.

### Wednesday

Breakfast: scrambled eggs, toast, juice, cereal assortment, milk.

Lunch: French dip sandwich, au jus, French fries, ice cream bar, mandarin oranges, milk.

### Thursday

Breakfast: pancake and sausage bites, syrup, juice, cereal assortment, milk.

Lunch: ham and cheese stromboli with Italian sauce, green beans, banana, milk.

### Friday

Breakfast: breakfast pizza, juice, cereal assortment, milk.

Lunch: chili and cheese nachos, jalapeno peppers, corn, bread sticks, applesauce, milk.

•Salad bar is offered at noon daily in the junior/senior high school

## Weather

Date	High	Low	Prec.
March 31	49	20	
April 1	59	23	
April 2	56	31	
April 3	71	37	
April 4	40	22	.20
April 5	32	20	
April 6	40	20	

## Program sign-up has been extended

The sign-up period for floodplain easement assistance, a component of the U.S. Department of Agriculture's Emergency Watershed Protection Program, has been extended until April 10, according to Agriculture Secretary Tom Vilsack. Up to \$145 million has been made available to eligible landowners nationwide through the American Recovery and Reinvestment Act of 2009 and includes both technical and financial assistance. This funding will restore frequently flooded land to its natural state; create jobs in rural communities nationwide when landowners establish these floodplain easements; as well as restore and protect an estimated 60,000 acres of flood-prone lands nationwide.

"President Obama wants to make sure that landowners impacted by the recent flooding in states like North Dakota and Minnesota are given ample opportunity to apply for this assistance," said Mr. Vilsack. "This extension is part of the department's plan to mitigate the impact of future flooding by restoring the land-

scape to its natural hydrology and native vegetation."

Floodplains generate many public benefits such as increased flood protection, enhanced fish and wildlife habitat, improved water quality, and a reduced need for future public disaster assistance. Other benefits include reduced energy consumption when certain agricultural activities and practices are eliminated and increased carbon sequestration as permanent native vegetative cover is re-established.

All eligible landowners are encouraged to sign-up for the funding by visiting their local Natural Resources and Conservation office. The sign-up, originally announced March 9, will close April 10. For more information on the program ... Floodplain Easement go to <http://www.nrcs.usda.gov/programs/ewp/Floodplain/index.html>.

More information about Natural Resources Conservation Service and other conservation programs is available on the web site at [www.nrcs.usda.gov](http://www.nrcs.usda.gov) or at the nearest Service Center.

See the ad located in this issue of *The Herald* for more information.

### AARP

AARP will be having their April meeting at 2 p.m. on Thursday at the Senior Center. The program will be at 2:30 with Rick Reeser speaking on wind turbines.

The hostess will be Ilene Raile. All are welcome to join the members.

### Rehabilitation equipment

The St. Francis Lions Club would like the community to be aware of the availability of rehabilitation equipment that is loaned out, free of charge, to anyone who needs it. Some of the items available include: walkers, wheelchairs, hospital beds, toilet risers, bathtub chairs and crutches. For a complete list and to check out an item, please see Terry Miller at the Cheyenne County Courthouse.

### Museum's days/hours

The Museum of Cheyenne County is now open on Wednesday, Thursday and Friday afternoons from 2 to 5 p.m., and on most Sunday afternoons from 2 to 5 p.m. It will not be open on Easter.

### Historical Society Board meeting

The Cheyenne County Historical Society Board meeting will be held at 3 p.m. on Tuesday at the Cheyenne County Museum.

### Open house

Ready for an afternoon out? The Museum of Cheyenne County will be hosting an open house from 2 to 4 p.m. on Sunday, April 26.

There will be fellowship, popcorn from the old theater popper and other surprises. Come for a great afternoon.

### Diamond Jubilee

People are asked to keep in mind the Sawhill Park and Band Shell Diamond Jubilee set for May 31 in the park. People are needed to help with entertainment and games. Call Dorothy at 332-2339 or Janet, 332-3569 for more information or to volunteer.

### Congressman visits St. Francis

Congressman Jerry Moran will be in St. Francis from 7 to 7:30 p.m. on Monday at the Church of Christ meeting room, 502 W. Spencer.

### Veterans Affairs

Jody Tubbs, of the Kansas Commission on Veterans' Affairs, will be in St. Francis at 9:30 a.m. Thursday, April 16, at the county clerk's office. People may also contact the Veteran's Affairs office in Colby any Monday, Wednesday, or Friday at 785-462-3572.

### Sappa Valley Shootout

The Sappa Valley Shootout Youth 3-on-3 basketball tournament will be held in Oberlin on Saturday, April 25. Boys and girls in grades one through eight are eligible to participate. The tournament will be held in the Decatur Community Junior/Senior High School gym. Entry forms are available for download at [sappavalleyshootout.com](http://sappavalleyshootout.com) and will also be available at area schools. Entry fee is due by April 17.

For more information, visit the website or call Angie Erickson at (785) 322-5338.

### Environmental Quality Incentives Program cut-off date

April 10 is the cutoff date for Environmental Quality Incentives Program (EQIP) applications in Kansas to be considered for Fiscal Year 2009 funding. Stop by your local U.S. Department of Agriculture Service Center and visit with the Natural Resources Conservation Service or local conservation district staff to get more information about helping address your resource

### Free tax preparation

Free tax preparation for young and old, Wednesdays at the St.

Francis Public Library from 2 to 5 p.m. and Thursdays at the St. Francis Senior Center again from 2 to 5 p.m. Bring last year's tax return, and your property tax statement which you received last November. Or for an appointment call Rowland Roelfs, (785) 332-3490

### Tax help in Bird City/ St. Francis/McDonald

For those 60 and older needing tax help in filing forms in Cheyenne and Rawlins counties, help is available beginning Feb. 3: in Bird City on Tuesday mornings, St. Francis on Tuesday afternoons (1-4) and McDonald on Wednesday mornings. Call Johnene Cheney at (785) 538-2526 for appointment or more information.

### Recovery Today/Narcotics Anonymous

Recovery Today group of Narcotics Anonymous meets at 8 p.m. on Sunday nights at the United Methodist Educational Building. Call (785) 332-6542 or 8607 for more information.

### Sainty Serenity Seekers/ Alcoholics Anonymous

Sainty Serenity Seekers open meeting of Alcoholics Anonymous is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-6542 for more information

### Northwest Kansas Family Shelter

Northwest Kansas Family Shelter provides 24-hour 7 day-a-week services to victims of domestic violence and sexual assault. Weekly support groups are available for women and children within the northwest Kansas area. For information or in need of assistance, please call the toll-free number 1-800-794-4624.

### Correction

In last week's article "Meet the Candidates," a large part of Jennifer Dankenbring-Padgett's thoughts on running for St. Francis City Council were left out. *The Herald* staff apologizes for this mistake as she had some very good ideas and comments — much more than what was printed!

**SHOWTIME: 7:30 p.m.** **1 hr. 38 min.**

**Race to Witch Mountain**

**April 10, 11 & 12**

*Action/Adventure, Kids/Family, Thriller, Adaptation and Remake*

Dwayne Johnson, Ciaran Hinds, Anna-Sophia Robb, Alexander Ludwig, Carla Gugino

PG for sequences of action and violence, frightening and dangerous situations, and some thematic elements.

**CHEYENNE THEATER** St. Francis, KS  
785-332-2747

**Children 12 & Under: \$3** **All Others: \$5**

**Unique Bunnies and Gifts**

Buy an Easter Basket or get the stuff to do it Yourself!

**Donna's Gift Palace**

212 W. Washington  
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**Swim Team Parents**

We have some changes and need your vote  
Possibly host a meet  
Plains Tsunami guest to introduce changes

Thursday, April 16 — 5 p.m.  
St. Francis Equity meeting room  
332-3103 332-2231

**BUNNY GRAM ...**

Hi Boys & Girls!!!  
I hope you will come to the  
Grade School Gym for my  
ANNUAL EASTER  
EGG HUNT.

Saturday  
April 11 • 11:30 a.m.  
Bring your baskets and  
collect candy & prizes.  
Be sure to bring a  
camera and take your  
picture with me.

**AGES:**  
1 & 2 yrs.  
3 & 4 yrs.  
5 & 6 yrs.  
7 & 8 yrs.

**Special**

2005 F-250 Crew Lariat, 4x4, 6.0L, 66K, #T0853A

2004 F250 R/C XLT, 4x4, 6.0L, AT, 106K, #T1756A	\$16,000
2002 Explorer XLT, 4x4, AT, 87K, #T6560A	\$8,500
2006 F250 S/C, Lariat, 4x4, AT, 78K, #T1564B	\$22,000
1995 Chevrolet 3500 Silverado, R/C 5M, #T9089C	\$2,500
2008 Impala LS, 6 cyl., FWD, #16970	\$13,000
2006 F250 S/C XLT, 4x4, AT, 77K, #T8009A	\$21,500
2006 F350 Crew, XLT, 4x4 w/Flatbed, #T3721A	\$22,500
2006 F350 XLT, 4x4, 6.0L, #T6207A	\$22,000
1996 Ford Contour, AT, Air, 52K	\$4,600
2004 F350 Crew, XLT, 81K Miles, #T2872B	\$20,000
2006 Ford Five Hundred, leather, loaded, 13K, #32458	\$15,000
2000 F250 S/C XLT, 4x4, 7.3L, #T3568A	\$13,500
2008 Fusion SE, 2.3L, AT, 13K, #23423	\$15,500
2007 Focus SE, 4 cyl, FWD, #01355	\$11,000
2001 Chevy S-10, 4x2, 89K, #T6530A	\$6,500
1996 Chevy 1500 Ex Cab, 4x4, cloth, #T2149B	\$6,000
2008 Mercury Sable, premium leather, AT, 19K, #26815	\$19,000
2001 Chevy S-10, 4x2, AT, 89K, #T6530A	\$6,500
2008 Grand Marquis LS, AT, leather, 10K, #62526	\$18,500

**YOST FORD MERCURY**

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800-524-9678 Bob - Justin - Terry  
785-332-2188 yostford.com

**CHEYENNE COUNTY HOSPITAL**  
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785-332-2104

**Wanted:**  
**ATV Youth Riders**  
**April 18, 2009**  
Cheyenne County Fairgrounds  
Start Time 11 a.m. - 3 p.m. CST  
Lunch will be provided  
Bring your ATV, helmet and safety gear if you have them. If not please join us and take part in this program.  
Safety education program by Roger Zwegardt  
Pre-register by April 15th to the Cheyenne County Extension Office 785-332-3171  
**Program is FREE!!**

**Check your renewal dates**  
— Current Rates —

**The Saint Francis Herald**  
Area - \$33 KS - \$38  
Out-of-State - \$42

**Bird City Times**  
KS - \$30  
Out-of-State - \$34

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