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Rain helps wheat

By Karen Krien

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The rain last week was greatly needed in Cheyenne County and the northwest Kansas area. Reports ranged anywhere from 2 to 8 inches in the county.

It was the perfect kind of rain, said Jeanne Falk, Sunflower District agronomist. It was a slow rain that soaked into the soil.

The wheat fields, practically overnight, turned a lush, green color. Little purple and yellow flowers are blooming in yards and along the highway.

In some areas, outside Cheyenne County, there was some frost damage reported but Ms. Falk said she didn't think there was any damage to the wheat and, if there was some, it was minor. The wheat in the county was not that far along, she said. Freeze damage happens when the crown or growing point for the plant is out of the ground.

Earlier, there may have been a few brown wheat mites but, a dry weather bug, the mites do not survive. See RAIN on Page 9



'YOU ARE MY SUNSHINE' — Cassidy Busse sang her heart out at the PTA Talent Show held Sunday afternoon.

Herald staff photo by Karen Krien

1-2A football district play to change

By Karen Krien

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There are less students in 1-2A schools and the future is looking like the downward trend will continue.

St. Francis is still playing 11-man football and the administration plans to continue. However, there are several schools that have already decided to play 8-man football next year, Hoxie is also considering 8-man.

When it comes to playoffs, there are some districts that are playing four or more teams with the top two earning the right to proceed while other districts only have two teams and they automatically qualify.

The Northwest Kansas League came up with the proposal to cut the number of districts. The Kansas State High School Activities Association took the League's suggestion.

For the 2010 and 2011 football seasons, the number of districts will be cut from 32 to 16. This is only for 1-2A schools. There will be no changes for 3A through 6A

schools.

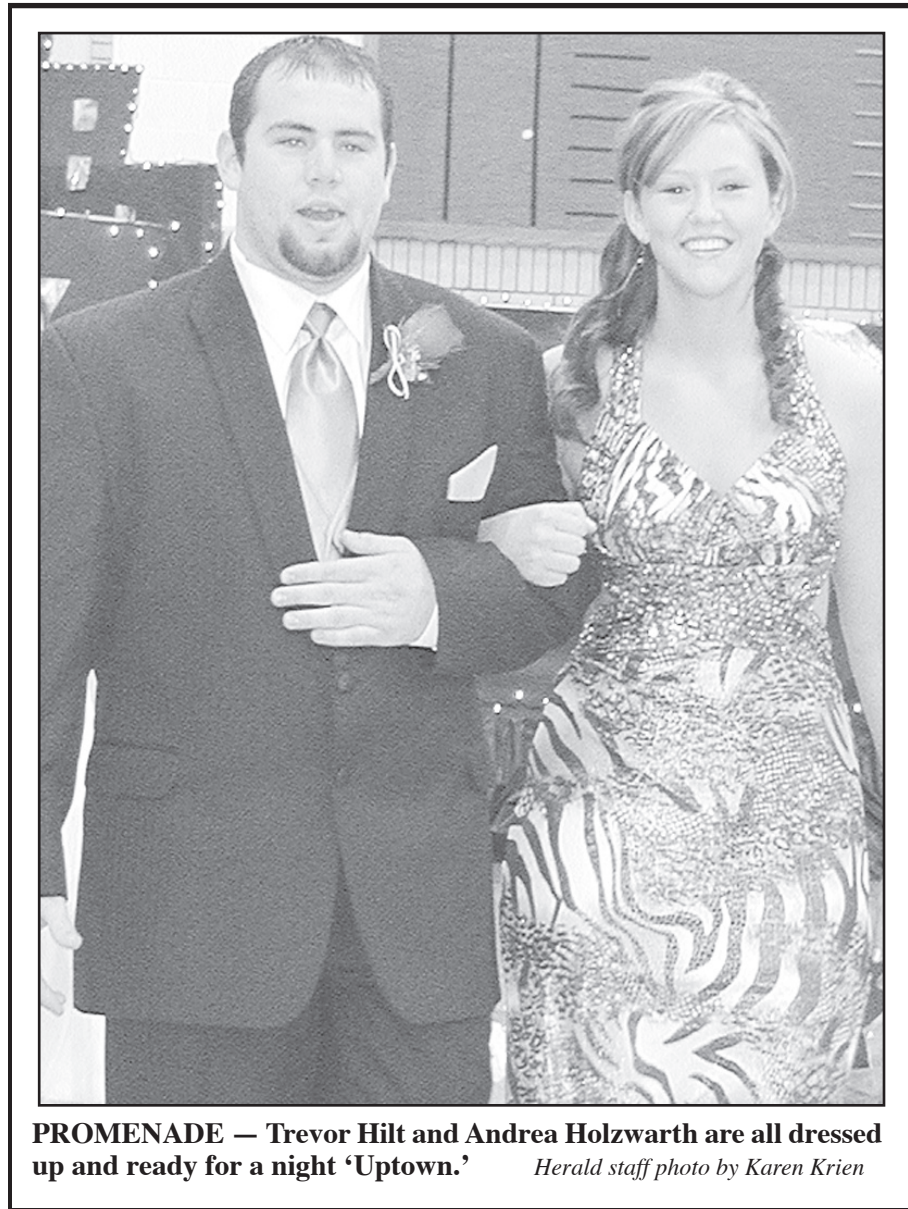
We have seen this coming, said Scott Carmichael, principal, who sits on the Activities Association's football and wrestling committees.

He knows that lining up football teams for the Indians to play during the season is getting more difficult. Last year, the St. Francis team played Goodland, a 3A school, and Colby, a 4A school, both were members of the Northwest Kansas League. However, Goodland and Colby are leaving the league and those left in the league are looking at options.

Mr. Carmichael said with the new format, Sainty will probably have a six-team district which could include Oberlin, Oakley, Rawlins County-Atwood, Leoti and WaKeeney.

What he sees as a real benefit of the plan is omitting the Tuesday game during playoffs. Now, the teams play on Friday, Tuesday and Saturday. For smaller teams, this means many of the members are playing all three games with

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PROMENADE — Trevor Hilt and Andrea Holzwarth are all dressed up and ready for a night 'Uptown.'

Herald staff photo by Karen Krien

Relay teams needed

Sawhill Park will again be the location for the Cheyenne County Relay for Life on Friday evening, June 5.

"We need your help by forming a relay team," said Gloria Bracelin, Relay chairman.

Teams can include eight to 10 people and, all ages qualify. Teams take part in the fun activities planned by Dara Loyd. There is also a survivor lap, care-giver lap, and team laps.

The significance of the laps is to walk toward midnight and then toward dawn to represent the idea that however dark the cancer may be, hope is still there and the sun comes up each day to signify that this dreaded disease can be beat.

Keely Loyd, luminaria chairperson, reminds everyone that luminarias can be purchased for \$10 in honor of a cancer survivor or in memory of someone who has lost their fight against cancer.

A beautiful ceremony starts at dusk in Sawhill Park when the luminarias are placed along the sidewalks, band shell and other places in the park. Each luncheon See TEAMS on Page 9



POPCORN from the old theater popper will be served during the Cheyenne County Museum open house from 2 to 4 p.m. on Sunday. There will be tours of the museum and plans for Ye Olde Country Church will be told. Pictured (l to r) are Helene Landenberger, Marge Hickert and Dee Dorsch.

Photo courtesy of Janet Carman

Outlet opens in Sainty

By Casey McCormick

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A new business has set up shop along Main Street in St. Francis. The Manna Bakery Outlet is now selling fresh baked goods at 116 E. Washington St.

Co-owners Jerry Toler and Jan Denny, are operating the store which is providing breads, rolls, cookies and more.

The products are baked on a farm located north of Goodland in Sherman County. The employees are handicapped and after learning baking skills, they can find work elsewhere. Supervisors insure what is made is of the highest quality.

"The bakery is a fully licensed food production location," Mr. Toler said. "We are the pilot store for these baked goods."

Some of the items for sale are breads (poppy seed, cinnamon, ba-



NEW BUSINESS — Jerry Toler and Jan Denny put out some fresh bread at The Manna Outlet.

Herald staff photo by Casey McCormick

nana nut, whole wheat and white). Also a special, high fiber Bird Seed bread made with sunflower and flax seeds is available.

Some of the sweeter products are sticky buns, cherry cream cheese and cinnamon buns. These are sold individually or in pans of six.

Cookies, including a large Texas size, are brought in fresh along with brownies and coconut and

chocolate cake bars.

Specialty Manna items include homemade tortillas, egg noodles and sunflower seed brittle.

The store also carries Daylight Donuts and a variety of Prairie House Herb and Treasures jellies.

"Since all of the baked goods will be fresh, our inventory will depend on what they are making that day," Mr. Toler said. "And all

of the Manna products are preservative free."

With time, more baked goods will be available, such as sugar-free items and a selection of cakes and pies.

The store can take special orders for any occasion with two-days notice. To place an order or have a question answered, call 785-332-4670.

Group meets to help clear the air

The St. Francis Ministerial Association is holding a meeting for St. Francis citizens on Friday, May 8, to discuss secondhand smoke, related health hazards and ways to reduce exposure. The meeting will be held at noon at Peace Lutheran Church, 202 N. College St. Lunch will be provided.

The Ministerial Association is working with the Kansas Department of Health and Environment to improve the health of Kansans through secondhand smoke education and the creation of a smoke-free toolkit to

be distributed statewide.

According to the Centers for Disease Control and Prevention, secondhand smoke causes premature death and disease in non-smoking adults and children. Secondhand smoke exposure causes heart disease and lung cancer in nonsmoking adults and sudden infant death syndrome (SIDS), respiratory problems, ear infections and asthma attacks in infants and children.

People interested in learning more are encouraged to attend the May 8 meeting.

Courthouse step project to begin end of month — finished by July 1

See Page 2 for more information.

