90 women enjoy luncheon





Sherri Weeks (above) is received a makeup case as a door prize from Stuarts Jewelry. Carol Ross (below) just finished drawing the name of another winner.

Herald staff photo by Karen Krien

-Cookin' with Peg-

By Peggy Horinek

phorinek@nwkansas.com a great dish to make a day or two 2 qt. casserole pan. ahead when you have the time, and then just pop in the oven.

Lasagna Casserole

- 12 oz. pkg. wide noodles 1 lb. ground beef
- 1 (15 oz.) can tomato sauce
- 12 oz. small curd cottage cheese
- 1 (8 oz.) pkg. cream cheese 1/4 c. minced onion
- 8 oz. ctn. sour cream
- 1 tsp. garlic salt
- salt pepper to taste 3 green onions, sliced

Cook noodles; drain. Saute beef and onions until brown, stir in Do you like lasagna but don't tomato sauce. Remove from heat. like all the work that's involved. Combine cottage cheese, cream The following is a quicker version cheese, sour cream and green but with the same flavors. It also is onions. Put a layer of noodles in a

Spread on 1/2 of the cheese mixture. Top with 1/2 of the meat mixture. Repeat layers, ending with the meat mixture.

At this point you can cover and put in the fridge for a couple of days, or let set for about 15 minutes and then bake at 350 degrees uncovered for one hour.

(I like to put shredded cheddar cheese on top of the casserole about 10 minutes before it is



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St. Francis Equity Office

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James E. Reeves. ррм **Podiatrist/Foot Specialist** Reconstructive Surgery Foot & Ankle Injuries For appointments call: **Rawlins County Health Center** 785-626-3211

Wed., May 13 **Cheyenne County** Hospital - P.M. 210 W. 1st • 332-2104

Thurs., May 14 Atwood (a.m.) • 626-3211 Colby (p.m.)

CSMC, 175 S. Range 462-3332 CMC, 100 E. College Dr. 462-7511

> **Fri., May 15** Atwood - All Day



Allyse Lampe & Derek Ross

The couple has selected Oneida Flatware.

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Theatre plans set

The case of "The Secret of Cell Block #7" continues to practice for their Monday, dinner theatre production. Presented by the St. Francis high school advance music class, band and vocal groups, the musical and dinner will begin at 6:30 p.m. in the high school cafeteria.

Advanced music students make up the cast of this murder mystery/ comedy. High school band and vocal students will be providing musical entertainment throughout the evening.

There will be only a limited

number of tickets sold for the dinner theatre due to space available in the cafeteria, and they must be purchased in advance. Tickets are available at First National Bank and Bankwest. For more information, contact Debbie Fiala at the high school or check out the ads on the classified page.



FINAL PRACTICES HELD - Cara Hunt and Kimberly Voeller are checking to see if the glove fits Jason Riedel. Herald staff photo by Karen Krien

Retiring members given recognition

By Peggy Horinek

When the St. Francis City Council met on April 13, two city council members, Rodney Bracelin and Natalie Knodel, were presented with plaques and thanked for their time of service to the city after retiring. The oath of office was given to the two new council members, Paula Keller and Bruce Swihart and also to reelected city councilwoman, Carla Lampe.

Chuck Kribs, representing Cheyenne County Development Corporation, updated the council on some upcoming programs. There will be a program to replace old appliances, a weatherization for low-income program households and the American Recovery and Reinvestment program. Mr. Kribs will be following these programs and reporting to the council.

The council reviewed the county's business incentives. The council had never approved the incentives listed and have their own utility incentive program, tax abatement policy and utility hook up incentive. The council would like the city's name taken out of the county's incentive document. They will be sending a letter to the County Development Corp.

Building permits anxious to get started on their

Happy

50th

Birthday

Hook, sidewalk; Church of Christ, cement apron; Mike Henderson, wood deck; Deb Gohl, patio and fence; Lori West, concrete landing Knodel Funeral Home, sidewalk and steps; Uptown Meat Market and Deli, concrete and roof for slab; Kody Krien, fence. All the building permits were approved.

A tree trimming license was

The St. Francis Chamber of Commerce has been responsible for the St. Francis website but has decided they no longer want to do it. Designs by Jessica proposed an update and maintenance plan for the council to consider. Designs by Jessica is the enterprise belonging to Jessica Schultz. The web design and maintenance would be \$3,300. Hosting fees start at \$10.39 per month. Possibly some of the Guest Tax Fund could be used for this With spring here, people are purpose. No decision was made.

Other business

summer projects. The following building permits were presented to the council: Betty Petersen, garage floor; Dave Straub, fence; Ron Wilson, concrete, porch and fence; Carla Lampe, fence; Eric and ramp; Neil McCumber, garage addition; Jamie Patton, carport; Solid Rock Baptist Church, sign; Kary Zweygardt, concrete; Jim Milliken, sidewalk and steps; coolers; Becky Roberson, concrete

approved for Louis Aguilar.

St. Francis website



Grandma! Love, Kiefer & Avery

Around the Clock Bridal Shower



for **Allyse Lampe**

Cheyenne Manor May 3, 2009 2 p.m. CT

Hostesses: Lisa Gibson, Natalie Knodel, Christy Wurm, Joyce Faulkender & Jo Rogers

You Are All Winners!

Congratulations on your performances at the Talent Show.



The St. Francis PTA Board

Bill Reade

Sunday, May 3 • 12:30 p.m. MT 4-H Building at the Fairgrounds, Benkelman, Neb.

Items featured: Furniture, Collectibles, Appliances, Garden and Shop, Household and Related, Miscellaneous For More Info & Pictures Visit http://midwestauction.com

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City attorney, Mike Day, Carla Lampe to the 911 Board and presented the council with Bruce Swihart to the Pool Board. Ordinance 560 concerning golf carts, ATVs and work-site vehicles. After discussion, Mr. hangar at the airport. One of their Day was asked to rewrite the considerations is the availability of ordinance allowing the small sewer hookups. J.R. Landenberger,

use Washington Street. Bruce Swihart was appointed the Kansas Municipal Energy Agency director to replace Rodney Bracelin. Scott Schultz will Other new appointments include

There is a person interested

in buying some property for a work-site pickups to be allowed to city superintendent, will have Miller and Associates look at it when they are in town. The cost of the sewer line would be the cost to the individual.

The second May city council remain as the alternate director. meeting will fall on Memorial Day so it has been moved to Tuesday, Paula Keller to the Theater Board, May 26, at 7:30 p.m.

Planning meeting held

St. Francis, is holding an estate planning information and planned giving opportunities meeting.

at 7:30 p.m. on Monday, May 4, in the Village dining room. There is no charge.

Local lawyers will provide information on wills and trusts, insurance long-term care and division of assets. Estate planning allows people of utilize certain Medicaid provisions for the family's benefit. It is also Monday meeting.

The Good Samaritan Village, important to note that tax benefits and/or life-time income may be derived from planned giving.

Those unable to attend but The meeting will be held starting would be interested in getting the printed material from the meeting should contact Carol Redding, resource development coordinator for the Good Samaritan Village.

"The Village is glad to be able to provide this information to the communities," said Ms. Redding. "I look forward to hearing from you and hope you can attend the

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Free Estate Planning Meeting

Monday, May 4, 7:30 p.m. Good Samaritan Village dining room

Local attorneys will provide information

Topics

Wills, Trusts, Medi-Care, Medicaid & Long term investment opportunities.

Call Carol Redding for more information at: 785-332-6197

WANTED **NOW HIRING**

Deputy for Cheyenne County Deadline is May 15, 2009



Pick up application at the Sheriff's Office or call 785-332-8880. Applicants must be 21 years of age

Help Wanted

Qualifications

We are looking for friendly outgoing individuals, who will dedicate themselves to our policy of "Customer Service and Ouality First". Individuals must be able to work as scheduled and must be on time for work.

There are openings for cashiers, carry-out, and merchandise stockers.

Applicants must be 16 years of age or older. Applications are available at registers.



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