



## The Saint Francis Herald

# At the Game



**EARNs MEDALS AT REGIONALS** – Sarah Trembly placed in three different relays on Saturday along with being a heat winner in the 50-meter breaststroke. She has been a regular placer for the Sainty Sharks throughout the season. Here she is taking part in a free relay.

Herald photo by Crissy Cooks

## Sainty Sharks finish competition for the year at the regional tournament

The Sainty Sharks made the long trek to Lexington, Neb., for the championship meet on Saturday. The facilities in Lexington were great according to Margaret Poling, St. Francis coach. There was an eight-lane 25-meter pool, a huge slide pool and a fun splash pool.

The two later pools were open during the meet to keep all the spectators and non-swimmers cool and busy during the meet.

The Sharks had a great, great showing, placing ninth out of 22 teams and scoring 572 points, Coach Poling said.

This was 100 points more than the 10th place team.

"I was very pleased with all the kids," she said. "Almost every swimmer improved their times in one or more events."

"I thought the video for the end of each event was super. They could watch it over and over and in slow motion, making the judges decision easier and more accurate."

Coach Poling said that she could not pick one outstanding swimmer for the meet as every swimmer had to put out their best for the relays and individual events to place.

At the final meet of the year, the top eight are placed and receive medals.

The team had a barbecue and awards assembly as well as a distribution of all the medals from the

championship meet on Wednesday at the pool.

The Sharks are going to be in the parade as a team and will be starting recruiting for next year's team.

"It was a super season and we all had fun," Coach Poling said.

Results from the regional meet include:

Crissy Cooks, 30-and-over, 100-meter medley relay, second; 25-yard backstroke, heat winner, second; 25-meter breaststroke, heat winner, second; 100-meter freestyle relay, third.

Emily Elfers, 11-12, 100-meter medley relay, seventh; 200-meter free relay, open class, seventh; 100-meter free relay, fifth.

Margaret Poling, 30-and-over, 100-meter medley relay, second; 25-meter breaststroke, heat winner, eighth; 100-meter free relay, third.

Penny Krien, 30-and-over, 100-meter medley relay, second; 100-meter free relay, third.

Kim Queen, 30-and-over, 100-meter medley relay, second; 25-meter backstroke seventh; 25-meter breaststroke, sixth; 25-meter freestyle, eighth; 100-meter free relay, third.

Christina Schoenrogge, 15-18, 100-meter medley relay, seventh; 200-meter free relay, seventh; 100-meter free relay, fifth.

McKayla Taylor, 11-12, 100-meter medley relay, seventh;

200-meter free relay, seventh; 100-yard free relay, fifth.

Sarah Trembly, 15-18, 100-meter medley relay, seventh; 200-meter free relay, seventh; 50-meter breaststroke heat winner; 100-meter free relay, fifth.

Tate Busse, 10-and-under, 100-meter medley relay, third; 200-meter free relay, second; 200-meter free relay, open class, seventh; 100-meter free relay, fifth; 100-meter free relay, open class, fourth.

Thomas Douthit, 13-14, 100-meter medley relay, fourth; 200-meter free relay, heat winner, first; 200-meter free relay, open class, seventh; 50-meter breaststroke, fourth; 100-meter free relay, third.

Seth Hilt, 8 and under, 100-meter medley relay, first; 100-meter medley relay, 10-and-under, third; 200-meter free relay, open class, seventh; 100-meter free relay, second.

KC Krien, 8 and under, 100-meter medley relay, first; 25-meter backstroke fifth; 25-meter breaststroke, fourth; 25-meter freestyle, sixth; 25-meter freestyle, first; 100-meter free relay, second.

Wyatt Hilt, 8-and-under, 100-yard medley relay, first; 200-meter free relay, 10-and-under, second; 100-meter free relay, second; 100-meter free relay, 10-and-under, fifth.

Logan Lampe, 13-14, 100-me-

ter medley relay, fourth; 50-meter butterfly, heat winner, seventh; 200-meter free relay, heat winner; 200-meter free relay, open class, seventh; 100-meter free relay, third.

Adam Krien, 8-and-under, 100-meter medley relay, first; 100-meter free relay, second.

Luke Lampe, 9-10, 100-meter medley relay, third; 25-meter butterfly, fourth; 200-meter free relay, second; 100-meter free relay, fifth.

Tim Poling, 30-and-over, 100-meter free relay, open class, fourth.

Derek Queen, 9-10, 100-meter free relay, fourth; 50-yard backstroke, fourth; 200-meter free relay, heat winner, first; 50-meter freestyle, eighth; 100-meter free relay, third.

Alex Queen, 13-14, 100-meter medley relay, third; 200-meter free relay, second; 100-meter free relay, fifth.

Gavin Smull, 19-and-over, 50-meter butterfly, second; 50-meter backstroke, heat winner, first; 50-meter freestyle, second; 100-meter individual medley, second; 100-meter free relay, open class, fourth.

Keegan Sherlock, 13-14, 100-meter medley relay, fourth; 200-meter free relay, heat winner, first; 100-meter free relay, third; 100-meter free relay, open class, fourth.

## Senior golfers participate in Riverside meet

Riverside Recreation in St. Francis was the site for a senior golf tournament on Thursday. Area golfers were involved in a two-man scramble with Lauer and Crabtree taking the top prize in the championship flight. Their score was a 61. Ahlberg and Brown were second with a 62 and Darling and Reunitz had a 66.

In the first flight Wahlmeier and Hansen placed first with a score of 69. Coming in second were Severin and Brownlee with a 70 while Shruckloss and Loda had a 71.

Ihrig and Hopper had a 74 to place first in the second flight. Close behind was Weber and Reitz with a 75 and Hockersmith and Majors with a 77.

In the long putt contest on hole

number three, Chuck Fessender had a 22-foot, 3 inch putt and Farrell McAtee a 13-foot putt.

Delbert Malbig had a 21-foot, 1 inch long putt on hole number five. Jim Applebee had a 20 foot putt and Kevin Brown an 8-foot, 2-inch putt.

Closest to the pin on hole number seven saw Stan Gienger being 4-foot, 11.5 inches; Don Harrier being 190 inches and Earl Hansen, 9 foot, 10 inches.

On the long putt competition on hole number eight, Dale Crabtree was 28-6; John Kruse 12-8 and Majors had a 12-foot putt.

H. Ernst, Hockersmith, Fessenden, Reunitz, Brown and Ahlberg had the longest drive in the fairway cut on number nine.



**ONE OF THE COACHES** is passing on strategy to a younger player, who attended the morning football camp last week.

Herald staff photo by Betty Jean Winston

## Indian football player participates in the Shrine all-star game this weekend

Ethan Zwegardt will be playing his final high school football game on Saturday as a member of the West Shrine Bowl All-Star football squad.

Zwegardt, a four-year member of the Indian football team, and a 2009 graduate of St. Francis Community High School, was invited to participate in the Kansas Shrine Bowl following his career as a St. Francis Indian. He was the only Northwest Kansas League player to be so honored.

The East and West squads, who reported to Emporia and Salina for training camps on Friday, took a break Saturday to get acquainted with the beneficiaries of the 36th Annual All-Star Game. The Shrine Bowl donates all net profits to the Shriners Hospitals for Children. The charity event has benefited Shriners Hospitals since 1974.

The one day break was a long and tiring ordeal but exciting and fun for the squads and the patients.

The trip included charter motor coach segments, an Amtrak train ride between Kansas City and St. Louis, a fabulous lunch and a tour of the Shrine Hospital and time to visit and play with the patients.

The squads returned to their training camp and will remain there until Friday, when they move to Wichita.

The 2009 Kansas Shrine Bowl All-Star Football game will be played at 7 p.m. on Saturday in Cessna Stadium, Wichita State University. Other Shrine Bowl events include a 2-mile run featuring All-Star Cross County runners and open entries, a giant Shrine parade, and a kids fair.

Zwegardt, who played both an offense guard and a defensive lineman on the Indian squad, was named to the All-Northwest Kansas League team both his junior and senior year.

During the four years that Zwegardt was a member of the Indian

squad, the team compiled a 40-9 record and each season advanced to post-season play.

Former St. Francis Indian football coach, Tim Lambert, remarked that Zwegardt was physically very imposing, very, very tough and very aggressive. The coach also said he learned how to get better through his ability to improve through practice.

Selection to play in the Shrine Bowl has become one of the most prestigious honors a Kansas High School football player can be awarded.

His selection came by a mail ballot of over 30 sports media professionals and selection of the 2009 Kansas Shrine Bowl coaching staff.

The game is telecast live on the Kansas Cox Cable Systems and will be rebroadcast on Aug. 1 on all Kansas PBS Stations.

KKCI-FM in Goodland is among the network radio stations



**ETHAN ZWEGARDT** of St. Francis Community High School, a member of the West Shrine Bowl All-Star Squad, visit with a happy patient at Shriners Hospitals for Children.

which will broadcast the game to fans. The play-by-play will be called by Bruce Steinbrock, a three-time Kansas SportsCaster of the year, and Mark Elliott, voice

of the Washburn University Lady athletes and all the Shriners help

Blues. "The Shrine Bowl is an excellent example of "paying it forward." Mr. Steinbrock said. "The young

make the game happen each year by using their money and their God-given ability to benefit those in need at the Shriners Hospitals."