

# Council waits for changes before approving budget

By Peggy Horinek  
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The thunder rumbled loudly but the city council continued with their meeting on July 13. The budget for the city was the main topic of the evening. Brian Staats with Adams, Brown, Beran and Ball passed out copies of the budget which they then went over.

After a lengthy presentation and discussion, it was decided to give the council members a week to fine tune the budget with their changes and asked Mr. Staats if he could meet with them again on Tuesday, July 21, at 6 p.m. It was agreed to meet on that date and finalize the budget and to have it published in *The Saint Francis Herald* on July 30.

**Ordinance 560**  
Ordinance 560 has been approved. It pertains to the work-site utility vehicles, micro utility trucks, all terrain vehicles and golf carts on the streets of St. Francis. It also repeals Ordinance 548.

It will now be required that all these vehicles must be registered with the police department and display a valid registration decal displayed so as to be clearly visible from the rear of the vehicle. There will need to be proof of insurance and a valid driver's license. This shall take effect and be in force starting Sept. 1. For full information, read the ordinance printed elsewhere in this issue.

**Power failure**  
The entire city went dark on July 10. People have been asking what caused it and why wasn't the city's generator turned on. As to what caused it - a bull snake had somehow crawled in and blew the transformer.

Before the generator is ever turned on the city crew has to find the cause of outage and where it is located. That can be a time consuming thing as they have the entire town to cover until they find the cause.

After finding the problem, they determine how long it will take to repair it and only then do they decide if they are going to have to turn the generator on. The crew does not just flip a switch to turn it on. It takes some time to get it up and running. In a lot of circumstances they can get the problem taken care of in almost the same amount of time.

**In other business**

There were eight building permits submitted to the council: Randy Smestad for new steps; Steve Nolan for a patio; Rachel Dodd to add a patio cover; Gerald Lauer to install a pole; Sondra Bracelin - build a back porch; Jim Rarick to construct a fence; Marvel Gleason for steps; and Barbara Barnhart to pour a sidewalk. All building permits were approved.

Diane Hockenbary addressed

the council regarding concerns she had about some trees on the boundary line of her property located on East First. There was discussion as to whether this was a city concern or a private matter. It will be checked into further.

**Next meeting**

The next city council meeting will be at 7:30 p.m. on Monday, July 27, at city hall.

## Moments With Mila

**Reminder of the H1N1 preventable steps**

Novel H1N1 (referred to as "swine flu" early on) is a new influenza virus causing illness in people. This new virus was first detected in people in the United States in April 2009. Other countries, including Mexico and Canada, have reported people sick with this new virus. This virus is spreading from person-to-person, probably in much the same way that regular seasonal influenza viruses spread.

The Kansas Department of Health and Environment is continuing to work with local health departments and other health care providers to identify cases in Kansas and interrupt the chain of virus transmission wherever it is found. As of Friday, July 17, there have been 186 cases in Kansas confirmed with more testing taking place.

The symptoms of the 2009 H1N1 influenza A virus are similar to the symptoms of seasonal flu and include:

- Fever
- Body aches
- Coughing
- Sore throat
- Respiratory congestion
- In some cases, diarrhea and vomiting

Individuals who experience the above symptoms should contact their health care provider, who will determine whether testing or treatment is needed. There is no vaccine available right now to protect against this year's H1N1 influenza A virus, but there are effective treatments available once the infection is diagnosed.



By Mila Bandel  
County Health Nurse

As with any influenza virus, individuals are encouraged to take the following steps to reduce the spread:

- Wash your hands thoroughly with soap and warm water or use an alcohol-based hand sanitizer to get rid of most germs and avoid touching your eyes, nose and mouth.
- Stay home when you are sick to avoid spreading illness to co-workers and friends.
- Cough or sneeze into your elbow or a tissue and properly dispose of used tissues.
- Stay healthy by eating a balanced diet, drinking plenty of water and getting adequate rest and exercise.

It is important to know that the 2009 H1N1 influenza A virus is not transmitted by food. You cannot get this virus from eating pork or pork products. Eating properly handled and cooked pork and pork products is safe.

The H1N1 has been confirmed in the surrounding areas of Cheyenne County. It is fair time in northwest Kansas and residents like to visit other counties to attend fair events and carnivals. Please keep in mind when visiting the surrounding areas the steps listed above to help prevent the spread of H1N1. For more information contact the Cheyenne County Health Department at 332-2381.



KRIEN PHARMACY HAS A NEW INTERN. Jake Doeden (front) is working along side Dr. Kody Krien filling the area's prescriptions.  
Herald staff photo by Karen Krien

## New face behind counter

By Karen Krien  
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Jacob "Jake" Doeden is the new face behind the counter at Krien Pharmacy.

Jake is in his first year of graduate school and has three more years at the Kansas University School of Pharmacy.

Raised in Hutchinson, Jake is ac-

custom to city living. He worked in the Dillion's pharmacy in Lawrence, so when he came to St. Francis, he found Kody Krien's pharmacy to be a great place to work.

"I like the way Kody runs the pharmacy and the people here are nicer (than those in the city)," he said.

Dr. Krien said he was glad to have

him intern at the pharmacy.

Jake has been busy since he arrived. He said he has been involved with every aspect of pharmacy. He has talked to the doctors on the phone, filled prescriptions, did the computer work, counted the pills and checked to see that everything was being done right.

When a person comes in with a new prescription, Jake has talked to him or her about the prescription and how to take it. He has also taken inventory of the medicines in the store, making sure there are enough on hand.

He spent a day "shadowing" (following) Dr. Rebecca Allard. On Tuesday, he gave a presentation to the nurses at the hospital and clinic, talking about the proper handling, storage and disposal of medications.

He and Dr. Krien visited the hospital and talked about what is necessary for a pharmacist to do to keep local hospitals open. At the Village, he talked about how pharmacists can have the best impact with patients at the nursing home.

Next year, he will intern at a hospital. The last year of his graduate school, he will have nine one-month rotations.

Jake will be leaving at the end of the month. People are urged to stop by and meet him before he leaves. While in Krien Pharmacy, they can look at the many items in stock.

## Idalia News



By Angela DeLeon

**June weather**  
Weather report for the month of June by Tom Mandis: average high, 80.2; average low 53.7; warmest day, 96 degrees on June 27; coolest day, 47 degrees on June 3; precipitation for month, 5.58 inches; precipitation to date, 13.58.

**St. John picnic**  
St. John will hold the annual church picnic on Sunday. Hamburgers and hot dogs will be provided. Please bring a side dish or dessert. Indoor and outdoor games for all ages will be part of the day and all are welcome. Activities start after the church service is done.

**Bible study**  
Men's Bible study is weekly on Thursday mornings from 7 to 7:30 at St. John Church. All men are welcome.

**Blood pressure checks**  
Marlene Miller and Denise will be in Idalia on July 29 at the Prairie Vista Cafe from 9 to 11 a.m. for the monthly visit. Denise will do blood pressure checks and Marlene can answer Medicare and Medicaid questions. This is always a free service.

**School needs chairs**  
The Idalia school is looking for comfortable chairs and/or bean bag chairs for the new Personalized Reading class. A chair or bean bag donation would be greatly appreciated. Contact Sherri at 354-7298 or 354-7375.

**Food commodities**

There will be food commodities distribution at the Idalia Homestead starting at 11 a.m. today (Thursday).

**Introducing Kylie Kay**  
Andy and Sara Mildnerberger are the parents of a baby girl, Kylie Kay. The proud grandparents are Richard and Sheryl Wudtke and Dale and Rhonda Mildnerberger.

**Alayna Grace**  
Sandy Waitman and Travis Bullcock are the proud parents of a baby girl, Alayna Grace.

**Trace Aaron**  
Dennis and Rebekah Wieser are proud parents of a baby boy, Trace Aaron. Proud grandparents are Chester and Judy Wieser and Alan and Theresa Pattison.

**Broderick**  
Kyle and Kelly Kite are parents of a baby boy, Broderick. Grandparents are Robin and Kathy Wiley and Greg and Joye Devlin.

**Jayde Avery**  
Justin and Melissa Pfeiler are parents of a baby boy, Jayde Avery. Jim and Diana Pfeiler are the proud grandparents.



**Annual Schorzman — Bandel Family Reunion**  
Saturday, Aug. 8 and Sunday, Aug. 9  
St. Francis Senior Center  
Potluck dinner starting at 1 p.m.  
Open House from 3 to 9 p.m. on Sunday  
Everyone welcome to come join the fun!

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**Haigler Country Cafe**  
Haigler, Neb.  
Will CLOSE on Sunday, Aug. 2 to remodel and REOPEN on Wednesday, Aug. 19.

**New Breakfast!**  
Beginning July 27th, the Dairy King will be serving breakfast starting at 6 a.m. Monday - Saturday.  
**Remember our other Specials**  
Monday, 11 a.m. - 2 p.m. Chicken Fried Steak, mashed potatoes, gravy, corn.  
Wednesday, 5 - 7 p.m. Waffles  
**Cheyenne Bowl & Dairy King**  
785-332-2211 785-332-2137

**Fair Parade Morning We're Serving Breakfast At**  
**The Uptown Meat Market and Deli**  
(In Downtown St. Francis)  
Saturday, Aug. 8th from 7:30 to 10 a.m.  
Swing by the Uptown and enjoy breakfast under our tent or in the park. Everything served in easy take-n-go containers!  
— Menu —  
2 Pillsbury Grands Biscuits w/country gravy \$3.00  
Hormel link sausage (on the side) per link 50¢  
Baja Breakfast Burrito w/salsa \$2.50  
Large Homestyle Cinnamon Roll \$1.50  
Large Homestyle Banana Nut Muffin \$1.50  
Coffee, OJ, Sunny D, Soda, bottled H<sub>2</sub>O \$1.00  
**Start out a family fun day with a good and easy breakfast!**

The children of Jack Abendschan would like to invite you to a celebration of 90 awesome years. Even though Dad's Birthday is really Aug. 2 we decided to celebrate a little early to make that BIG jump softer.  
**Saturday, July 25**  
1 - 3 p.m. at the St. Francis Senior Center, 322 W. Washington, St. Francis  
Please let your presence be your gift but if you are unable to attend let your prayers be your gift to Dad. See you there! Beth Gabel

**Thank you to the Schultz family for having their family reunion at Riverside!**  
Board of Directors and Brenda

**Hail Damage Got Your Vehicle?**  
Car Perfect located in St. Francis, Ks. Specializing in Paintless Dent Removal for 14 years.  
"Insurance Companies prefer Paintless Dent Removal whenever possible."  
For vehicles requiring body shop repairs, as well as Paintless Dent Removal, repair times are coordinated at your convenience with Troy's Transformations. Estimates by appointment, call Marty Church at 785-332-4622 or leave a message at 785-332-8930.