A former St. Francis resident was recently recognized as the outstanding non-uniformed employee of the quarter during a ceremony at the Ellsworth Correctional Facility.

Daniel J. Winston, began his employment with the state as a health service worker at the Larned State Hospital in September 1987. He was promoted to psychiatric aide in April 1988.

In September 1988, Mr. Winston began his employment at Ellsworth Correctional Facility as a corrections officer I. He resigned his employment in November 1988, and returned to Ellsworth Correctional Facility in April 2002, as a corrections counselor

In January 2005, Dan was appointed as the activities specialist I. He was promoted to Corrections Counselor II at Hutchinson Correction Facility in October 2007, where he served until his return to Ellsworth Correctional Facility on March 16, 2008, when he was appointed as the field skills devel-

In this capacity, he is assigned to the programs and staff development division and responsible for delivering case management training and providing skills development services to case managers in facilities and offices throughout the state with an emphasis on the Ellsworth and Larned geographic

Although Dan has been with the Kansas Department of Corrections in many different capacities, it has been amazing to watch him grow as a field skills developer, said Beverly Sertig, League Skill Developer with the state of Kansas.

He has responsibilities with this position that require him to travel a great deal in order to conduct training sessions and to work at the Larned Correctional Mental Health Facility. In his down time, she said, he finds productive ways to develop the Ellsworth Correction Facility's Unit Team Counselors.

"He has truly found his stride within the last few months, Ms. Sertig said. "Dan has been very aggressive about pursuing ways to help each individual counselor with honing their case management skills, and has done it in a way that is very encouraging and James Winston.

Monday

Lunch: chicken and noodles,

hot rolls, sliced peaches, milk.

Tuesday

Breakfast: biscuits with sau-

Lunch: taco salad with beef,

chips, cheese, lettuce, tomatoes,

sour cream, salsa, corn, cherry

Wednesday

with strawberries and whipped

topping, juice, cereal assort-

Lunch: hot dog or burrito,

seasoned fries, cheesy broccoli,

Breakfast: Belgian waffles

sage gravy, juice, cereal assort-

Breakfast:

ment, milk.

strudel, milk.

ment, milk.

ping, milk.

breakfast

pocket, juice, cereal assortment, beans, oranges, milk.

mashed potatoes, buttered peas, jelly uncrustables, juice, cereal



Winston

not intimidating, which has given everyone great results.

"Dan has also gone to each unit team area and learned the skills needed to fill-in with the various positions when needed (security, orientation, annual training, basic training, Therapeutic Community Alumni Group Coordinator, and others) so that he is able to assist

processes.' Recently, a unit team counselor that has been on extended leave due to a family illness, Mr. Winston volunteered to work this position when he is at Ellsworth facility to keep the caseload up-to-date.

in many areas as well as improving

He has done a tremendous job, Ms. Sertig said, keeping up with reviews, custodies, reentry plans, and daily contacts with the offenders, all of which have greatly benefited the unit team staff and the

"He does this with great enthusiasm and a positive attitude, exactly the demeanor we would love to have in every Ellsworth facility employee, and has demonstrated what it truly means to go 'above and beyond' his normal job duties," she said.

Mr. Winston has a bachelor's degree in communications from Kansas Wesleyan University and has obtained credit hours in counseling from Fort Hays State Uni-

Dan and Cindy, live in Ellsworth. They have one son, James, who is a student at Barton County Community College, Great Bend, and three daughters: Corrine and her husband, Jerad Gugelmeyer, Lakin, with their three sons, Colby, Logan, and Dylan; Victoria and her husband, Aaron Kern, Wichita, with their son, Alex, and daughter, Arica; and Jean Winston, who is currently serving in the United States Navy and is stationed at Virginia Beach, Va.

Dan is the son of Betty Jean Winston of St. Francis, and the late

Lunch: chicken and cheese,

Friday

Breakfast: peanut butter and

Lunch: spaghetti with meat

sauce, garlic toast, green beans,

lime Jello with pears, white cake,

ly in the junior/senior high school

**James E. Reeves**, ррм

Podiatrist/Foot Specialist

Reconstructive Surgery

Foot & Ankle Injuries

For appointments call:

**Rawlins County** 

• Salad bar is offered at noon dai-

hot quesadilla, tossed salad, refried

-School Menu ———

assortment, milk.

# **Bulletin Board**

### **Death notice**

Elmer Carper, a resident of Prairie Sunset Home, in Pretty Prairie, died on Sept. 4, 2009. Elmer was born in Ohio but spent most of his life in Arizona. Elmer and his wife Joyce, enjoyed traveling in their motor home for many years, eventually settling in St. Francis. Due to health issues they later moved to Pretty Prairie. Family services will be held in Arizona at a later

Condolences may be sent to Joyce Carper at P.O. Box 167, Kingman, KS 67068.

#### Homemade foods, garden produce and crafts

The St. Francis Catholic Ladies Altar Society is having a homemade foods, garden produce and crafts sale beginning at 8 a.m. on Saturday in front of the church. See ad in this issue of The Her-

**Pumpkin Patch Festival** On Sunday from 2 to 4 p.m. a Pumpkin Patch Festival is being held at the home of Bonnie Zweygardt. (Note directions in ad). It will be a ladies day in the country with a number of items for sale by a number of ladies. Check ad items being sold and additional

Library closed Saturday

Cookin' with Peg

With the cooler weather the

By Peggy Horinek

phorinek@nwkansas.com

last few days, it has people think-

ing about stews, soups, chili, pot

roast, ham and beans and all those

foods we consider winter food.

Since I also work part time at the

grocery store, I see trends in foods

and lately, with the cool weather,

baking seems to be keeping a lot

The recipe for tamale pie is an

old but good recipe. It even gets

better after it is reheated. It is good

served with salsa or sour cream

and with a salad, you have a com-

Tamale Pie

1 can whole kernel corn

1 cup green bell pepper

1/2 cup ripe olives (drained &

1-1/2 cups cheddar cheese

2 cans (8 oz.) tomato sauce

1 cup onion (chopped)

of women busy.

plete meal.

(chopped)

chopped)

(shredded)

Tbl. sugar

1 Tbl. chili powder

1 clove garlic (minced)

Salt and pepper to taste

3/4 cup yellow cornmeal

1 lb. ground beef

-Cookin' with Peg-

The St. Francis Public Library will be closed on Saturday.

Varsity sports schedule The football team will play the Cowboys in Goodland Friday night at 7 p.m.

The varsity volleyball team will play Chase County and Dundy County on Sept. 24.

#### **Conservation Stewardship** Program signup

Sept. 30 is the first cutoff date for Conservation Stewardship Program (applications in Kansas to be considered for Fiscal Year 2010 funding). Stop by the U.S. Department of Agriculture Service Center on west U.S. 36 in St. Francis and visit with the Natural Resources Conservation Service or local conservation district staff to get more information about helping address your resource concerns.

Web site: <a href="http://www.ks.nrcs">http://www.ks.nrcs</a>. usda.gov/programs/csp/

**Common Threads Quilt Guild** Common Threads Quilt Guild will meet at 7 p.m. tonight (Thursday) at Sainty Stitches. Guests and all quilters are welcome.

#### **Cheyenne County Commis**sioners

Preheat oven to 350 degrees.

In large skillet, brown the ground

beef and drain. Stir in tomato

sauce, corn, onion, bell pepper,

olives, sugar, chili powder, garlic

and the salt and pepper. Bring to

a boil. Remove from heat and stir

in the cheese. Pour into a 12x9x2

In a small bowl stir together the

cornmeal, butter, 2 cups water and

1/2 tsp. salt. Mixture will be thin.

Pour over meat mixture in baking

pan. Bake about 40 minutes or un-

**Quick Tips** 

it before grilling, the salt will

draw out the meat's moisture and

An easy way to butter corn on

A raw potato added to salty

the cob is to use a slice of buttered

soup will absorb some extra salt

Weather-

83

80

70

73

77

Low Prec.

57

55

55

45

47

58

High

When grilling meat, if you salt

til golden brown and bubbly.

inch baking pan.

make it dry.

bread.

from it.

Date

Sept. 8

Sept. 9

Sept. 10

Sept. 11

Sept. 12

Sept. 13

The Cheyenne County Commissioners will meet 8 a.m. on Wednesday, Sept. 30.

By Karen Krien

**Cheyenne County** 

**Hospital Guild** 

tal Guild will be holding their

first meeting this fall at 2 p.m. on

Monday, Oct. 5, at the St. Francis

Senior Citizen's Center. Sylvia

Reinhart will be giving eye donor

information. Hostesses are Anita

**Library Art Gallery** 

Art Gallery is featuring mosaic art

works by Andi Burnum during the

month of September. Andi is a for-

**Nashville Portraits:** 

**Photographs by Jim McGuire** 

gan, is presenting "Nashville

Portraits: Photographs by Jim

McGuire, organized by the Morris

Museum of Art, Augusta, Ga, from

**Veterans Affairs** 

Jody Tubbs of the Kansas Com-

mission on Veterans' Affairs will

be in St. Francis at 9:30 a.m.

Thursday, Sept. 17, at the county

clerk's office. People may also

contact the Veteran's Affairs office

Dane G. Hansen Museum, Lo-

The St. Francis Public Library

Miller and Betty Louden.

mer resident of Atwood.

Oct. 9 through Dec. 6.

The Cheyenne County Hospi-

karen.k@nwkansas.com Fall is here and it is time for the

Douthit, Mrs. Zweygardt, Tammy Grice and Allison, the afternoon promises an afternoon of entertainment and a chance to purchase items for the home, business or for gifts.

hand-painted wood items, pilgrims, floral wreaths and arrangements. There are felted pumpkins, cornstalks, bats, ghosts and a whole lot more.

in Colby any Monday, Wednesday, or Friday at 785-462-3572.

**Upcoming Western Plains Arts Association programs** 

• Sunday, Sept. 27, 3 p.m. - The Russian virtuoso musicians, The Flying Balalaika Brothers, dressed in traditional colorful costumes, will perform their folk music and also music melding with American bluegrass and contemporary international acoustic styles in St. Francis.

### Recovery Today/ **Narcotics Anonymous**

Recovery Today group of Narcotics Anonymous meets at 8 p.m. on Sunday nights at the United Methodist Educational Building. Call (785) 332-6542 or 8607 for more information.

#### Sainty Serenity Seekers/ **Alcoholics Anonymous**

Sainty Serenity Seekers open meeting of Alcoholics Anonymous is held at 7:30 p.m. each Thursday evening at the United Methodist Education Building at 104 W. Webster, St. Francis. Call (785) 332-6542 for more information

# Festival planned

Pumpkin Patch Festival!

The festival is set for 2 to 4 p.m. on Sunday at the Bonnie Zweygardt residence, 3 miles south of Western Auction on Rd. 14. Look for the pumpkins and hay bales at the mailbox on the east side of the

Coordinated by Mary Lou

Some of the items include:

Others joining the festival are:

• Robyn Raile with a variety of smoked jerky flavors from Monty's Smoked Jerky.

• Lana Johnson, Iron Metal Works, will have metal signs for all occasions. • Mary Maxwell, Double M

Designs, will have handcrafted jewelry. • Melissa Stramel, Lilac Lane, will display handmade purses

"Come join us for a 'ladies day' in the country," Mrs. Zweygardt said.

SHOWTIME: 7:30 p.m.

1 hr. 26 min.

Julie and Julia

and totes.

Sept. 18, 19 & 20

Comedy and Adaptation

Meryl Streep, Amy Adams, Stanley Tucci, Chris Messina, Jane Lynch

PG-13 for brief strong language and some sensuality.

CHEYENNE THEATER

785-332-2747

All Others: \$5

Children 12 & Under: \$3

WRAY COMMUNITY DISTRICT HOSPITAL

## Help Wanted - CNA

CNA, FT, days; three twelve hour shifts per week, every third weekend, some holidays. CPR required. Experience preferred, but will train the right candidate. Frequent lifting, stooping, reaching, stretching. Must be able to pass employment physical. Requires good verifiable work history with references and team player attitude. Excellent benefits. EOE. Contact Dawn Valko, WCDH, 1017 W. 7th St., Wray, Co. 80758, 970-332-2205.

#### **CHEYENNE COUNTY** 210 W. 1st • St. Francis, KS **HOSPITAL** 785-332-2104

### **Flu Vaccination Clinic**

sponsored by the Cheyenne County **Hospital/Clinic/Health Department** 

> Saturday, Sept. 19 in St. Francis Clinic 8 - 11 a.m.

Saturday, Sept. 26 in Bird City Clinic 8- 11 a.m.

(no appointments needed) Flu shots will be available in both clinics and in County Health after Sept. 19.

We will not have Saturday clinic on Sept. 19 or 26 due to flu vaccination clinics.

Call St. Francis Clinic 785-332-2682, Bird City Clinic 785-734-2306 or County Health Department 785-332-2381 with questions regarding flu vaccination.

### 1 Tbl. butter (melted) Special of the Week!

2001 F350 Dually R/C, XLT w/Haybed, 6M, 84K,

#T3721B CALL

1997 F250 S/C XLT, 4x2, AT, V-8 Gas, 248K, #T7748D \$5,000 2006 Freestyle SEL w/Leather, FWD, 45K, #T2434A \$14,500 \$11,500 2004 Grand Marquis Ultimate, Loaded, 71K, #62526A \$4,500 1999 Explorer Sport, 4x4, AT, 95K, #T1755C 2008 F150 King Crew Ranch, 4x4, AT, 47K, #T6565A \$28,500 2001 Taurus SES, FWD, AT, 84K, #T8772B \$5,500 2008 Edge SEL w/Cloth, AWD, AT, 37K, #T5567 \$23,500 1999 Crown Victoria LX, Cloth, AT, 74K, #53870B \$7,000 \$20,700 2007 Escape XLT, Cloth w/Sunroof, 4x4, AT, #5929 \$6,000 1996 GMC 1500 S/C LS, Cloth, V-8, 4x4, AT, #T2149B \$27,500 2008 F250 Crew, XLT, L. Box, 6.8L, 4x4, AT, #T1860A \$11,250 2007 Taurus SE, FWD, V-6, AT, 27K, #22770 2000 F250 S/C XLT, 4x4, AT, 7.3L, #T3568A \$13,500 \$27,000 2007 F150 Crew Lariat, 4x4, AT, 34K, 1 Owner, #T5999A \$6,500 2005 Chevrolet Cobalt LS, FWD, AT, 123K, #16970A \$19,500 2006 Merc. Mariner Prem. Leather, 4x4, AT, 26K, #T0997 2006 F150 S/C XLT, 4x4, AT, 28K, Clean!!, #T1925 \$23,500 \$13,500 2006 Five-Hundred SEL, Leather, V-6, FWD, AT, #26815A 2006 F250 S/C XLT, 4x4, AT, 6.0L, #T8009A \$21,500 2004 PT Cruiser, Cloth, AT, 86K, #01355A \$6,000 2008 Ford Explorer XLT, 4x4, AT, 38K, Clean! #T0767 \$21,000 1997 3500 Chevy Dually S/C, Silverado w/leather, #T3721B CALL

### YOST FORD **MERCURY**

530 E.Business US Hwy. 36 St. Francis, KS 67756 800-524-9678 **Bob or Justin** 785-332-2188 yostford.com

We are aggressive and we would like to serve you

#### **Health Center** apple crisp with whipped top-785-626-3211 **Thursday** Wed., Oct. 21 Breakfast: breakfast casserole, **Cheyenne County** toast, juice, cereal assortment, Hospital - P.M. 210 W. 1st • 332-2104 **Accident** -Thurs., Oct. 22

Atwood (a.m.) • 626-3211 A one-car accident early Sunday morning left a 1992 Lincoln burned Colby (p.m.) to the frame.

CSMC, 175 S. Range 462-3332 CMC, 100 E. College Dr. 462-7511

Fri., Oct. 23 Atwood - All Day

#### Leeanna Windell, 39, St. Francis went off the road on K-161 and Rd. 2 north of Bird City. Ms. Windell was not injured. The accident was investigated by Cody Beeson, Cheyenne

### County Sheriff Deputy. **Check your** renewal dates

-Current Rates - -

### The Saint Francis Herald

Area - \$38 KS - \$42 Out-of-State - \$48

Bird City Times Area - \$33 **KS-\$36** Out-of-State - \$40

(available in local area only)

"Your sponsorship could be right here. For more information contact: Casey at 785-332-3162



Celebrating Hometown Life See American Profile magazine in this week's issue of

The Saint Francis Herald

Brought to you by The Herald

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