

Seniors need H1N1 flu vaccine

The Kansas Department of Health and Environment is encouraging seniors to get vaccinated against H1N1. The Cheyenne County Health Department now has plenty of vaccine available to seniors and others wanting or needing to be vaccinated.

"People over the age of 65 are actually at lower risk of catching the pandemic H1N1 flu virus," said

Dr. Jason Eberhart-Phillips, Kansas State health officer and director of the division of health for the department. "As is the case with other flu viruses however, seniors have a higher risk of developing complications if they do indeed catch this virus."

According to the Centers for Disease Control and Prevention, laboratory tests conducted on blood sam-

ples indicate that some older people probably have some pre-existing immunity to the 2009 H1N1 flu virus. But while people 65 and older are less likely to be infected, those that do are at greater risk of having serious complications from their illness. There have been severe H1N1 infections and deaths in every age group, including among older people.

"If you're 65 or older, seek medical advice right away if you develop flu symptoms to find out if you might need treatment with prescription antiviral medications," said Roderick L. Bremby, secretary of the Kansas health department. "People 65 and older are prioritized to get antiviral drugs if they become sick with the flu."

Influenza antiviral medications are prescription drugs (pills, liquid, or inhaled powder) that can treat flu illness. These drugs decrease the ability of flu viruses to reproduce in

the body. While getting vaccinated is the first and most important step in preventing the flu, antiviral drugs are a second line of defense for treating severe cases of flu.

Since Oct. 1, the Kansas Immunization Program has shipped more than 868,000 doses of vaccine to public health departments, health care providers and retail pharmacies across the state.

For more information or to receive a H1N1 vaccination, contact the county health department, 785-332-2381 or the clinic, 785-332-2682 or, in Bird City, 785-734-2200.

Symptoms

The symptoms of infection with the pandemic H1N1 virus are similar to the symptoms of seasonal flu and include fever of 100 degrees or greater, body aches, coughing, sore throat, respiratory congestion, and in some cases, diarrhea and vomiting.

Obituaries

Robert T. Walter

Nov. 5, 1916 - Jan. 13, 2010

Robert T. Walter, 93, died Jan. 13, 2010, at his home at Wheatridge Retirement Acres, Goodland, Kan. He was born Nov. 5, 1916, in Cheyenne County.



Walter

Robert was a farmer and rancher his whole life. He started farming at a young age by working with his dad. He was most proud of his 70 years of work on the family farm.

Robert and Alma (Lampe) were married Sept. 5, 1940, and recently celebrated their 69th wedding anniversary.

Robert received his education in a one-room schoolhouse across the road from his family farm.

He worked as a realtor at the age of 70, selling many homes in Cheyenne County.

He was baptized in the Evangelical Church and was an active

member in the United Methodist Church.

Through the years, he enjoyed the company of his family and friends playing cards, traveling and playing various games. Spending time helping others gave him great joy.

Preceding Robert in death were his parents, Tobias and Barbara Walter; sisters, Hulda, Martha and Mildred; brother, Ruben; and granddaughter, Tyra Williams.

He is survived by his wife, Alma; son, Merlyn (Vicki) Walter; two daughters, Linda (Edd) Williams, Wray, Colo., and Nancy (Ed) Turner, Phillipsburg; six grandchildren, six great-grandchildren and sister, Alma Zimbelman, St. Francis.

Funeral services were held Jan. 16 at the United Methodist Church in St. Francis with Reverends Dustin Petz and Morita Truman officiating with interment at the St. Francis Cemetery.

Arrangements were by Knodel Funeral Home.

Barbara (Peters) Lawson

April 7, 1933 - Dec. 31, 2009

Barbara Lawson was born in Vernon, Colo., on April 7, 1933, to Harry Peters and Christina (Feikert) Peters. She died Dec. 31, 2009, in Denver, Colo.

She was baptized in infancy and later confirmed at St. Francis (Kansas) Lutheran Church in 1943.

Barbara attended grade school at Arnel, Colo., and Cheyenne County High School in St. Francis where she graduated.

She then moved to Denver, Colo. She attended Barnes Business College. After college, she went to work at Colorado Rehabilitation for the Blind as an office assistant.

Barbara later married John Lawson on September of 1957. To this union were born three daughters,

Ginger Lois, Cindy Sue and Sherie Kathleen. Barbara also had a son, Victor Sampson. All three daughters have preceded her in death.

During her life she raised her daughters and worked for Globe Truck Line for 21 years then moved on to Empire Warehouse where she worked until she retired.

She had one brother, Raymond, who also preceded her in death and a sister, Lillian Peters.

Barbara lived a full life, caring deeply for family and friends.

She is survived by numerous grandchildren and great-grandchildren and a host of nieces and nephews and many close friends.

She will be missed by all.

Annual Girl Scout cookie sales start

There have already been girls dressed in the scout uniforms knocking on the doors of St. Francis residents. With their list in hand, they are selling a variety of Girl Scout cookies.

The Girl Scout cookie sales began Jan 16. The cookie sale is a highly anticipated community event, with Girl Scouts attempting to reach sales goals to attend camps and events.

Eight varieties of Girl Scout Cookies are available. Proceeds from the sales are used to benefit local girls, helping them pay for summer camp experiences, purchase uniforms and much more.

The sale also funds programs and services throughout the year and ensures that Girl Scouting will be available in the future.

For more than 90 years the Girl Scout Cookie Program has helped girls foster a sense of personal and collective empowerment by promoting skills they will use throughout their lives.

Through this annual activity, girls ages 5 to 17 learn how to set goals, develop action plans, work as a team and cultivate a sense of business ethics—and most of all, have fun!

The cookies will be delivered between Feb. 8 and 20.



KATTIE JENIK was one of the winners in the Knights of Columbus Free Throw contest held Sunday in St. Francis. Herald staff photo by Karen Krien

Club Clip

Tuesday Club

The Tuesday Club met on Jan. 12 at the home of Donna Zimbelman with 15 members attending. Hostesses Donna Zimbelman and Marti Schlittenhardt served a delicious blueberry dessert.

Vice president Mary Lee Frewen called the meeting to order, and the roll call was answered with "Ideas of Tomorrow."

The business meeting was conducted and afterwards Marti presented a lesson on favorite childhood games. The history of games such as tiddlywinks, hopscotch, pick-up sticks, tag and jacks was discussed.

After the reading of the collect, the meeting was adjourned.

SFCHS HONOR ROLL

SECOND NINE WEEKS ♦ 2009-2010

Superintendent's Honor Roll - Grade point avg. above 3.75

- | | |
|---|---|
| SENIORS
BROOKLYN HNZIDL • DALE NORTHRUP
ELENA PAULSEN • DAVID STEPHENS | LOGAN WHITMORE |
| JUNIORS
ALEX DRAPER • MIKEALA GRACE
JODIE HILT • SHAYLA HILT | FRESHMEN
LAURA BRUNK • ZACH GIENGER
CHRISTINA HARRIS • CLARICE NEITZEL |
| SOPHOMORES
TILYN BELL • ISAAC SCHILTZ
CHRISTINA SCHOENROGGE | EIGHTH
RANDEE GROVER • ERIK HART
BAILEY MERKLIN • MASON SCHILTZ |
| | SEVENTH
MARIAH BEIKMAN • RILEY SHAY |

FIRST SEMESTER ♦ 2009-2010

Superintendent's Honor Roll - Grade point avg. above 3.75

- | | |
|---|--|
| SENIORS
BROOKLYN HNZIDL • BEN NEITZEL
DALE NORTHRUP • ELENA PAULSEN
TRENT RAILE • AMBER SMULL
DAVID STEPHENS | CHRISTINA SCHOENROGGE
LOGAN WHITMORE |
| JUNIORS
MIKAELA GRACE • CHRISTINA HILT
JODIE HILT • SHAYLA HILT
BROOKS HOBROCK • BRETT LAMPE | FRESHMEN
ZACH GIENGER • CHRISTINA HARRIS
CLARICE NEITZEL • ALLYSON NORTHRUP
SARAH WHITMORE |
| SOPHOMORES
TILYN BELL • ISAAC SCHILTZ | EIGHTH
RANDEE GROVER • ERIK HART
MASON SCHILTZ |
| | SEVENTH
MARIAH BEIKMAN • RILEY SHAY |

High Honor Roll - Grade point avg. 3.33 to 3.74

- | | |
|--|---|
| SENIORS
DARRIS KELLER • TERRENCE LAMB
MARVIN MILLER • BEN NEITZEL
FREDDY PACHECO • MATT RAILE
TRENT RAILE • AMBER SMULL
KAYCEE WILLIAMS • BREANA ZWEYGARDT
DREW ZWEYGARDT | MARTIN HNZIDL • ROSS NICKLOS
CAITLIN NORTHRUP |
| JUNIORS
SILVIA BARTOLI • GARRETT FIGGINS
ADAM GUTHMILLER • CHRISTINA HILT
CODY KILLINGSWORTH • JALYN MCCAULEY
AUBREE SCHLEPP • BRADEN SCHMID | FRESHMEN
THOMAS DOUTHIT • CASEY KELLER
LANE HOFFMAN
WYATT LANDENBERGER
HANNAH RIDER • ALYSSA SCHLEPP
AUSTIN WHITE |
| SOPHOMORES
KAITLIN FIGGINS • JENNA HILL | EIGHTH
KYLE BANDER • SHAKOTAH BLANKA
CADE BRACELIN • ASHLEE ORTH
IAN SCHMID • VALERIE WURM |

High Honor Roll - Grade point avg. 3.33 to 3.74

- | | |
|---|---|
| SENIORS
GRADY BRUNK • DARRIS KELLER
TERRENCE LAMB • MARVIN MILLER
FREDDY PACHECO • MATT RAILE
KAYCEE WILLIAMS • BREANA ZWEYGARDT
DREW ZWEYGARDT | JENNA HILL • MARTIN HNZIDL
ROSS NICKLOS • CAITLIN NORTHRUP |
| JUNIORS
SILVIA BARTOLI • ALEX DRAPER
GARRETT FIGGINS • ADAM GUTHMILLER
CODY KILLINGSWORTH • JALYN MCCAULEY
BRADEN SCHMID | FRESHMEN
TAYLOR ARCHIBALD • LAURA BRUNK
CASEY KELLER |
| SOPHOMORES
GAVIN COOPER • KAITLIN FIGGINS | EIGHTH
LANE HOFFMAN • BAILEY MERKLIN |
| | SEVENTH
KYLE BADNEL • SHAKOTAH BLANKA
CADE BRACELIN • ASHLEE ORTH
IAN SCHMID • VALERIE WURM |

Honor Roll - Grade point avg. 3.0

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|---|--|
| SENIORS
GRADY BRUNK | TY ZWEYGARDT |
| JUNIORS
TYLER LAUER • SARAH TREMBLY
ZACH ZWEYGARDT | FRESHMEN
LUCAS CARMICHAEL • KALEB ZWICK |
| SOPHOMORE
HAYLEY BROWN • ALLISON GRICE
JACQUELYN KETZNER • TRISTA ORTH | EIGHTH
GATEN COOPER • LOGAN LAMPE
TYLER LEE • DEREK QUEEN |
| | SEVENTH
KYLER ZWEYGARDT |

Honor Roll - Grade point avg. 3.0

- | | |
|--|---|
| SENIORS
ERIK ESTRADA | FOSTER GRANT • AUBREY MILLS
DILLION STRAUB • KALEB ZWICK |
| JUNIORS
AGATHE BOURDON • TYLER LAUER
SARAH TREMBLY • ZACH ZWEYGARDT | EIGHTH
LOGAN LAMPE
WYATT LANDENBERGER |
| SOPHOMORE
HAYLEY BROWN • ALLISON GRICE
JACQUELYN KETZNER • TRISTA ORTH
BROCK ZWEYGARDT | SEVENTH
DEREK QUEEN • ALYSSA SCHLEPP
AUSTIN WHITE |
| FRESHMEN
LUCAS CARMICHAEL • THOMAS DOUTHIT | SEVENTH
BRIANNA COOKS • MCKAYLA TAYLOR
JUSTICE WILEY • KYLER ZWEYGARDT |

Instructor - Medical Assistant Program

Offsite Location - Hays, KS

NWKTC is seeking an individual that is energetic and professional with 4 years plus experience as a Certified Medical Assistant (CMA), lab technician or licensed nurse to instruct in a collaborative Medical Assistant program between Northwest and North Central Kansas Technical Colleges. Applicants must be capable of administrative, classroom and clinical responsibilities. Minimum of an associate degree required. Excellent salary and benefit package. Open until filled.

Send resume, complete application, supply references, and unofficial transcript(s) to:

NWKTC
Dr. Guy E. Mills, President
PO Box 668
Goodland, KS 67735
E.O.E.



NOTICE OF NONDISCRIMINATION: NWKTC does not discriminate on the basis of race, color, national origin, religion, age, disability, or sex. Accusations concerning sexual discrimination, sexual harassment, and age discrimination should be referred to the TITLE IX COORDINATOR/AGE ACT COORDINATOR, Vice President of Student Affairs at 785-890-3641. Accusations based on disability or race, color, or national origin should be referred to SECTION 504 COORDINATOR/ADA COORDINATOR/TITLE VI COORDINATOR, College Counselor, located at 1209 Harrison (785-890-3641).

Business Instructor Vacancy

Northwest Kansas Technical College seeks an outstanding faculty member to join an amazing team of professional educators on our beautiful campus in Goodland, Kansas.

Northwest Tech is on the move, and the campus is looking for a special individual to lead the redesign our business program to align the program for two plus two articulation agreements with other colleges/universities.

A master's degree in Business or a related field, experience/and or strong interest in teaching Business Management, Entrepreneurialism, and Marketing, are desired. Online teaching experience, or willingness to teach online courses, is expected.

Goodland is a friendly and safe farming community, located in high plains of western Kansas. The area prides itself for excellent schools, active downtown businesses, and a fine hospital. The area is also known for wheat, grain, and livestock production. Goodland boasts one of the finest 18-hole golf courses in the state, and is located in an ideal area for those who enjoy outdoor activities. The community holds an excellent quality of life for its residents, and is also the kind of place that is 'just right' to raise a family. Excellent salary and benefit package.

Open until filled. Start date: July 2010

Send resume, complete application, supply references, and transcript(s) to:

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Keep up the good work

- Bumper to Bumper Auto Parts
- Bartlett Grain Co. L.P.
- BANKWEST OF KANSAS
- Becky's Bierocks
- Bier's Hometown Store
- Brice's Auto Repair
- Hoagie & Dara Carmichael
- Click Photography
- Cheyenne Co. Clinic/Hospital
- Cheyenne Feeders L.L.C.
- Pat & Vicki Cress
- Theron & Carolyn Culwell
- Dr. Melvin & Barb Dunn
- Farm Bureau Insurance
- Bruce & Sharon Feikert
- Frewen Insurance Agency
- Kelly & Penny Gienger
- Good Samaritan Village
- Grace Flying Service
- Hilltop General Store
- Homesteader Motel & Trailer Park

- Glenn and Louanne Isernhagen
- Jenik Oil Co.
- Floyd & Elaine Jensen
- K-Store
- Perry & Paula Keller
- One More Year Ranch - Pete & Alice Kinen
- Kite & Day Law Office
- Knodel Funeral Home
- Twila Kramer
- Krien Masonry Service
- Krien Steel Buildings
- Lampe Hardware
- Leach Insurance Agency
- Daryl & Keely Loyd
- L&W Andrist Agency
- Insurance
- Linda & Walt Linthacum
- Majestic Service
- Casey & Lezlie McCormick
- Mill & Seed

- Marvin & Anita Miller
- Terry & Mary Beth Miller
- James Milliken, Chartered
- Cochran Farm Supply/Morrow's Garage
- Neitzel Insurance Service
- Owens True Value
- Park Hill Restaurant & Lounge
- Pizza Hut
- Brett Poling Chiropractic
- Raile Gelbvieh - Delbert & Marilyn Raile
- Republican Valley Auto Parts
- Republican Valley Vet Clinic
- Kenneth & Janet Roberson
- Rick & Linda Rogers
- Ross Manufacturing
- Marlin & Anabelle Rueb
- Randy & Rikki Rueb
- St. Francis Equity
- St. Francis Herald

- St. Francis Sand & Redi Mix
- St. Francis Tire & Service
- Schultz's Ltd.
- Shay Realty, Inc.
- Silver Crest Farms
- Dan & Rita Stephens
- Dr. Pat & Bonnie Stuart
- Talley's Portrait Photography
- Unger Chiropractic Clinic
- United Methodist Thrift Store
- Video Connection
- Video Kingdom
- Gale & Mary Walz
- Carl Werner
- Western Sprinklers
- Western State Bank
- Wheeler Equity
- Betty Jean Winston
- Yost Farm Supply