

By
Bessie Dent



There were 49 at Sunday school. Logan Willard and Phil Osmus gave their birthday offerings.

Marla Rock was the hostess for the Beecher Island Helping Hand Club Wednesday. The next meeting will be Jan. 20 with Vickie Schlepp.

Helping Ellen Mansfield and Jennifer Novak celebrate their birthdays Saturday evening were Mr. and Mrs. Monte Mansfield, Mr. and Mrs. Steve Goodman, Mr. and Mrs. Gary Mansfield, Jennifer Novak and Brittney, Jeanne Jackson and Ragan, Jill Scott and Bessie Dent.

Welcome to Caidence Elizebeth Allen, born Jan. 5, at 11:18 p.m. weighing 8 pounds, 11 ounces and being 19 1/2 inches long. Parents are Perry and Jessica Allen. Grandparents are Harvey and Mary Allen and Jim and Danelle Mertens of New Raymer.

Judy Shively took Beulah Soeh-

ner to Sterling last Monday.

Friday morning Fran Crites visited Violet Brown.

Mr. and Mrs. Bob Simmons visited Laura Pearl Wall Saturday afternoon.

Holly Kock and boys were Sunday evening visitors of Mr. and Mrs. Pete Osmus.

Mr. and Mrs. Dillon Rose were Sunday supper guests of Mr. and Mrs. Kenny Rose and girls.

Sierra Weyerman was an overnight guest of Ashley Hurlburt Saturday.

Sharilyn Mansfield had dinner with Violet Knapp and Jean Brenner Sunday.

Tyson Brown and Roxanne Siegrist visited Violet Brown Saturday.

Mr. and Mrs. Quentin Simmons and Taya and Laura Pearl Wall were Sunday dinner guests of Mr. and Mrs. Bob Simmons.

Connie Ekberg spent the week-

end with Jacque Ekberg.

Gwen Shaver and Violet Brown went out for lunch Friday.

Todd Simmons and Debbie Larson were Wednesday to Friday guests of Mr. and Mrs. Bob Simmons.

Mr. and Mrs. Jeff Hurlburt and family went over to Mr. and Mrs. Perry Allens to see the new baby, Caidence Elizebeth Thursday.

Mr. and Mrs. Larry Allen spent the weekend in Colorado Springs with Dave and Mary Ann Harwood.

Kris and Laurie Jones, Jacque and Connie Ekberg visited Nelson Ekberg in Holyoke on their way to the ball game in Imperial.

Mr. and Mrs. Steve Goodman were weekend guests of Mr. and Mrs. Bill Mansfield and Mr. and Mrs. Junior Goodman.

Idalia News

By
Angela DeLeon



December weather

Idalia weather for December 2009 by Tom Mandis

The average high was 55.6; the average low was 11.0.

The warmest day was 60 degrees on Dec. 22; the coldest day was 9 degrees on Dec. 9.

The precipitation for month was 0.75 inch. The precipitation for the year was 27.08 inches

St. John's news

On Sunday, Jan. 24, St. John Church will welcome the Reverend Roger Millheim as the worship leader. Reverend Millheim is the pastor at Immanuel Lutheran Church in Bethune. Pastor Chuck and Su will be attending the opening of their son, Tom's photographic exhibit in Los Angeles.

Men's Bible study is weekly on Thursday mornings from 7 to 7:30 at St. John's Church. All men are welcome.

Free photography workshop

On Saturday, Jan. 30, Chuck Wright will lead a free photography workshop, "Getting the Most Out Of Your Digital Camera." They will meet from 8:30 - 11:30 a.m. at the business education room at Idalia school.

This will be a one-time workshop that will explore the mysteries of the camera "menu," go over basic photographic techniques, and discuss how to handle difficult photo situations. Participants are asked to bring their digital camera and manual. Everyone is invited to come!

Flower vases

Idalia After Prom is looking for or needing flower vases before Valentine's Day. If you have any you may drop them off at the Idalia school office.

Valentine's Day Baby sitting Night

St. John United Church of Christ Sunday School is offering Valentine baby sitting. The Sunday School

at the church plans to babysit local children for their parents on the night of Valentine's Day at the church. Adult teachers and teen helpers will do this Sunday, Feb. 14. They have lots of fun activities planned for the kids and the group will be well chaperoned by adults.

The fun begins at 5 p.m. Feb. 14 and ends at 9 p.m. Participants are asked to donate as little or as much as they can. The Sunday School will use the money for their mission program and proceeds will go to the Ronald McDonald House in Denver, where families stay when their children are in Children's Hospital.

DodgeBall Tournament

A DodgeBall Tournament is being held at the Idalia School on Sunday, Feb. 14. Registration begins at 2 p.m with action following at 3 p.m. Sixth grade students and above may participate. There will be eight members per team with six playing at one time. It will be a double-elimination event. Contact the Idalia School Student Council at (970) 354-7298 or e-mail ramseiers@gmail.com

Commissioners met for reorganization

By **Karen Krien**

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At the Jan 11 Cheyenne County Commissioners' meeting, the reorganization of the county was reviewed and decisions were made. Many committees were reassigned and holidays were decided.

First off, Ernie Ketzner was re-elected as the board chairman. Others serving as commissioners are Dale Patton and Andy Beikman.

Meetings will continue to be held at 8 a.m. on the 15th (or closest day to it) and the last working day of each month in the commissioners' room in the courthouse, St. Francis.

The operator's agreement with the Cheyenne County Airport was signed. Airport Authority members representing the county are Ron Loudon, Rick Rogers and Mike Callicrate. Dave Yost, president of the Authority, said he would ask these men to make sure they were still willing to represent the county.

Mutual Aid agreements were signed with the city of St. Francis and the city of Bird City for their part in paying utilities in city-owned buildings.

Official designations were made to *The Saint Francis Herald* and *Bird City Times* as the official coun-

ty newspapers; and First National Bank, Bankwest and Western State Bank as official county banks.

Dr. Mary Beth Miller was appointed as the Cheyenne County Health Officer.

Commissioner Patton was appointed as the Kansas Legislative Policy Group representative. Dues of \$726 to this organization were approved.

Other dues approved were: \$1,107 for Kansas Association of Counties; \$6,330 for the Northwest Kansas Regional Recycling Organization; and \$2,241 for the Northwest Kansas Planning and Development Commission.

Holidays

-Holidays for 2010 were designated as:

- President's Day - Feb. 15.
- Memorial Day - May 31.
- Independence Day - July 5.
- Labor Day - Monday, Sept. 6.
- Columbus Day - Oct. 11.
- Veterans Day - Nov. 11.
- Thanksgiving - Nov. 25.
- Thanksgiving - Nov. 26.
- Christmas - Dec. 23.
- Christmas - Dec. 24.

The courthouse will close doors at noon on Dec. 31 and all employees may leave at 2:30 p.m.

Project is underway

A new pilot project under the 'Know Your Farmer, Know Your Food' initiative for farmers to establish high tunnels...also known as hoop houses...to increase the availability of locally grown produce in a conservation-friendly way, has been announced by Kathleen Merrigan, Agriculture Deputy Secretary.

Kansas is one of 38 states in the 3-year pilot study that will help determine if high tunnels are effective in reducing pesticide use, keeping vital nutrients in the soil, extending the growing season, increasing yields, and providing other benefits to growers.

"This is a great opportunity for organic farmers or farmers transitioning to organic," said Eric Banks, Natural Resources Conservation Service (NRCS) State Conservationist, Salina. Natural Resources Conservation Service will administer the program.

Organic producers, or those transitioning to organic, interested in the establishment of a high tunnel should stop at their local conservation service field office and visit with the staff about addressing resource concerns on organic systems and submitting an application for the Organic Initiative through Environmental Quality Incentives Program. A cutoff date will be set in the near future for organic applications in Kansas.

High tunnels are made of ribs of plastic or metal pipe covered with a layer of plastic sheeting, easy to build, maintain, and move. High tunnels are used year-round in parts of the country, providing steady incomes to farmers - a significant advantage to owners of small farms, limited-resource farmers, and organic producers.

The Natural Resources Conservation Service office is located at your local U.S. Department of Agriculture Service Center (listed in the telephone book under United States Government or on the Internet at offices.usda.gov).

More information about Natural Resources Conservation Service is available at the Web site: www.ks.nrcs.usda.gov.

Tea Time

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64					65				66			

American Profile Hometown Content

1/10/2010

- ACROSS**
1. Have a cow?
 6. Sumter or McHenry
 10. Pacific salmon
 14. One more time
 15. Shaving gel additive
 16. Gung-ho
 17. Place to grow parsley or sage
 19. Video recorder brand
 20. Within a stone's throw
 21. Polygraph detection
 22. Allergen from a pet
 24. "This weighs ___"
 26. Prefix with retirement
 27. Second view at a homer, say
 32. ___ Polo
 34. Fish caught in pots
 35. Suffix with butyl
 36. Professor 'iggins, to Eliza
 37. Liable to topple
 39. Flash drive filler
 40. ___ Jeanne d'Arc
 41. Badlands formation
 42. Crowbar, e.g.
 43. TNT, for one
 47. Chows down
 48. Height: Prefix
 49. Arnaz and Ball's studio
 52. Hagen of stage and screen
 53. Floral gifts
 57. "No way!"
 58. New Year's Day event in Pasadena
 61. Hack's customer
 62. "As ___" (letter closing)
 63. Rhea's "Cheers" role

64. Amphitheater section
65. Talk trash to
66. Tippecanoe's mate

DOWN

1. "High Hopes" lyricist Sammy
2. James who won a posthumous Pulitzer
3. Doctor Zhivago's love
4. Vigorous quality
5. Part of OED: Abbr.
6. Hot breakfast fare
7. Word after "ye"
8. Beluga delicacy
9. Walter Gross/Jack Lawrence classic tune

10. Toy-mouse stuffing, maybe
11. "Ars Amatoria" poet
12. Drone's home
13. Evidence of a gas leak
18. Zillions
23. Syldom's Aldrich
25. General ___'s chicken
26. Pedometer activator
27. Discount-rack abbr.
28. Katmandu's land
29. Take a powder
30. Start the kitty
31. Wine bottle datum
32. Engage, as gears
33. Prefix with lock or knock
37. Fabric characteristics
38. Pathways to the WWW
39. Tampa Bay player, formerly
41. Beany offering
42. Far from sober
44. Calfless cow
45. Many John Wayne movies
46. High-five sound
49. Bonkers
50. Morales of "NYPD Blue"
51. Kingly address
52. Plays for a sap
54. Banjoist Scruggs
55. Just sitting around
56. Affix a brand to, e.g.
59. Eggs, in labs
60. Don't just sit there

The Crossword Puzzle brought to you by:



The Saint Francis Herald

New Spine Surgeon Brings a World of Experience to the Orthopedic Institute at Hays Medical Center



When everyday activities such as bending, looking overhead or simply shaking your head become a challenge due to back pain, turn to Vivek Sharma, M.D., at the Orthopedic Institute at Hays Medical Center. Dr. Sharma, the newest physician at the Orthopedic Institute, is an expert on the very latest surgical and non-surgical treatment options for problems of the back and spine. His focus is on finding the most effective way to address your spinal disorder and get you back to living your life.

Dr. Sharma has extensive experience in the diagnosis and treatment of a broad spectrum of spinal disorders including:

- Management of cervical, thoracic, and lumbar disc herniations
- Treatment of spine fractures and other spine injuries
- Spinal cysts
- Spinal cord herniation
- Spine tumors
- Surgery for spinal stenosis
- Inpatient and outpatient rehabilitation services

Dr. Sharma graduated from the G.S. Medical College and K.E.M. Hospital Program at the University of Mumbai in India. After completing his internship and residency, he earned his diploma in orthopedic surgery at the College of Physicians and Surgeons in Mumbai. He moved to the United States in 2005 and completed several clinical fellowships.

Dr. Sharma's fellowships include: Orthopedic Spine Surgery: The Christ Hospital, Cincinnati Children's Hospital, University of Cincinnati, (Cincinnati); Orthopedic Sports Medicine and Arthroscopy: Boston Children's Hospital,

Harvard Medical School (Boston); Pediatric Orthopedics: B.J. Wadia Hospital for Children (Mumbai, India), Cincinnati Children's Hospital, University of Cincinnati (Cincinnati); and Joint Reconstruction and Arthroplasty, University of Minnesota (Minneapolis).

He's also put his expertise to work as an orthopedic physician for the Boston Ballet, the Boston Marathon and NCAA games in Boston.

Now he's putting that same expertise to work for you. Right here in western Kansas. For more information about Dr. Sharma or available services at the Orthopedic Institute, go to www.haysortho.com.

WHERE CAN YOU FIND
THE TOP MEDICAL
SPECIALISTS?

210 W. First St.

Hays Medical Center is partnering with Cheyenne County Hospital to bring you easy access to advanced medicine. Every month. So treat your knees, back, heart and more to exceptional care. From very smart specialists in your own neighborhood.



HAYSMED

Learn more at haysmed.com

St. Francis Outreach Clinic Schedule

Cardiology - Dr. Curtis
Fourth Thursday
(785) 625-4699

Mobile Mammography
Every Fourth Tuesday
(785) 332-2104

Call the number listed for specific clinic locations.