



JOANN KLIE (I) HOLDS UP THE QUILT for Christa Brown to look at. The unique handmade quilt is on display at the Cheyenne County Hospital. Photo courtesy of Shawna Blanka

# Hospital gives quilt away

being given away by the hospital staff.

JoAnn Klie, physical therapist, chased by Mrs. Klie. made the quilt, then donated it to the hospital's Nutrition Services have the flour sacks when they department at the hospital to were done with them and we help them raise money for their had no idea what she was doing department. The quilt is unique with them," said Christa Brown, because she used the flour sacks manager of Nutrition Services.

A unique, hand-made quilt is which come through the hospital kitchen's food service company. The rest of the material was pur-

"JoAnn asked us if she could

The quilt took her eight months to finish as she did it in her spare time (and, she said, spare time is a rarity) which, to the kitchen staff, makes the quilt much more valued. It is a twinsize quilt.

JoAnn has been sewing since she was a little girl and started quilting about 10 years ago. Most of the quilts that she makes are given away.

The quilt is on display at the hospital. Those interested in more details can stop by the office.

The quilt will be given away on May 3, just in time for Mother's Day.

old man parties with relatives On Satur-

۲

day, Feb. 13, Lester Confer celebrated his 101st birthday. To help him enjoy another milestone of his

life were daughter, Arlene Peter; granddaughter, Glenda Krien; great-granddaughter and family, Kari Peter, husband, Tracy and great-great grandchildren, Kylie and Tracen; and great-grandson Krien and wife, DeAndrea. Those unable to be present were great-grandson, Dustin Krien, and great-great-grandchildren, Chase and Kensley Krien, the children of the late Bobby Krien.



FIVE GENERATIONS — Attending Lester Confer's 101 birthday were Kari Peter, great-granddaughter, Arlene Peter, daughter; Glenda Krien, granddaughter; Kylie Peter, great-great-granddaughter, Lester, and David Krien, great-grandson.

## Mental health training in Sainty

St. Francis will be the site for a 12-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis.

The training will be held on March 11 and March 25, from 10 a.m. to 4 p.m. with a working lunch break. The class is offered free of charge but a donation of \$10 to High Plains Mental Health Clinic is encouraged to help offset the cost of mileage and materials. An optional manual is also available for a small fee

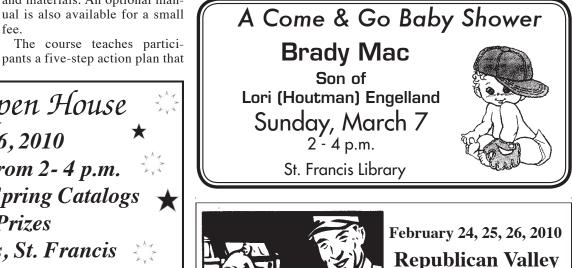
tion, select and implement inter- following a heart attack, mental ventions and secure appropriate care for the individual. The 12-hour training introduc-

es participants to risk factors, potential causes, and warning signs for a range of mental health problems including: depression/ suicide, anxiety/trauma, psychotic behavior, substance use disorders, eating disorders and self-injury.

Just as cardiopulmonary resuscitation (CPR) training helps a knowledge.

includes how to assess a situa- layperson assist an individual health first aid training helps a layperson assist someone experiencing a mental health crisis.

The program has been shown to build mental health literacy by helping the public identify, understand and respond to signs of mental illness. As a result, the program reduces the stigma associated with mental illness and replaces misinformation with practical



**Childhood screening** planned for March 10

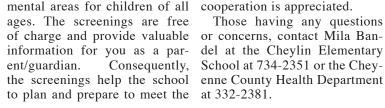
Early Childhood screening is requirements of your child's descheduled to take place at Cheylin on Wednesday, March 10. Nelsen, school secretary.

School District.

velopmental needs.

The screening will be held You must have an appointment at the Bird City United Methtime so call the Cheylin Grade odist Church located at 116 E. School at 734-2351 to make Bressler Street. Please use the your appointment with Deanna East entrance to the building closest to Demick Ave. and look The Northwest Kansas Educa- for the registration room. Testing tional Service Center is holding will be done downstairs as well this Early Childhood screening as some testing rooms upstairs. in conjunction with the Cheylin Sometimes the testing runs ahead of schedule so please be This screening will include there 15 minutes ahead of your vision, hearing and develop- scheduled appointment. Your 🔆 🗙 Scentsy Open House March 6, 2010 Come & Go from 2-4 p.m. ★ New Scents & Spring Catalogs **Door Prizes** 

220 S. Adams, St. Francis



Those having any questions Consequently, School at 734-2351 or the Chey-



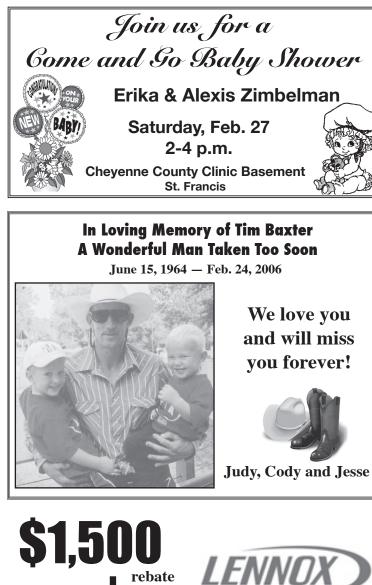
**Accepting New Obstetric and Pediatric** patients!



Providing complete OB care.

Dr. Rebecca Allard & Kristle Raile, PA-C

Monday-Thursday 8 a.m.-6 p.m. Friday 8 a.m.-4 p.m. 785-332-2682 221 West 1st St. St. Francis, KS www.cheyennecountyhospital.com



rebate

tax credit

YOU SAVE \$3,000!!

**BURLINGTON HEATING** 

**AND AIR CONDITIONING** 

(719) 346-8936 Tony Chaffman (785) 821-4656

PROUD CONTRACTOR OF THE MIDWEST

**ENERGY HOW \$MART PROGRAM** 

We also offer a

**10-YEAR** 

WARRANTY

\$1,500



Auto 100 E. Washington **Downtown St. Francis, Ks.** 

**Sloppy Joes Served 2/25** 

### **Benefit Soup Supper & Dance** for Blayze Bahe

March 6, 2010 **Goodland Elks** 

Bake Sale — 4 p.m. until gone (free-will offering) Soup Supper — 4 - 7 p.m. \$7 Adult - 10 & under \$3 Silent Auction -7 - 9 p.m. Dance — 9 p.m. - 12 a.m. (free-will offering)

#### Scott King — DJ

Prize #1 - Traeger Grill (donated 100% from Frontier Ag/Carquest) Prize #2 - GPS Tom Tom Prize #3 - Meat Bundle

#### Tickets are \$1 each or 6 for \$5

Tickets for chances are at Presto, Crazy R's (Tammy or Jackie) or Kimmi's Kopy Shop (Kim: 785-728-7150) Drawing is March 6, 2010 from 8 - 9 p.m. at the Elks Lodge. Do not need to be present to win. **EVERYONE WELCOME!** 

SF3A-08 .indd 1