



JOANN KLIE (l) HOLDS UP THE QUILT for Christa Brown to look at. The unique hand-made quilt is on display at the Cheyenne County Hospital. Photo courtesy of Shawna Blanka

# 101-year old man parties with relatives

On Saturday, Feb. 13, Lester Confer celebrated his 101st birthday. To help him enjoy another milestone of his life were daughter, Arlene Peter; granddaughter, Glenda Krien; great-granddaughter and family, Kari Peter, husband, Tracy and great-great grandchildren, Kylie and Tracen; and great-grandson Krien and wife, DeAndrea. Those unable to be present were great-grandson, Dustin Krien, and great-great-grandchildren, Chase and Kensley Krien, the children of the late Bobby Krien.



FIVE GENERATIONS — Attending Lester Confer's 101 birthday were Kari Peter, great-granddaughter, Arlene Peter, daughter; Glenda Krien, granddaughter; Kylie Peter, great-great-granddaughter, Lester, and David Krien, great-grandson.

## Hospital gives quilt away

A unique, hand-made quilt is being given away by the hospital staff. JoAnn Klie, physical therapist, made the quilt, then donated it to the hospital's Nutrition Services department at the hospital to help them raise money for their department. The quilt is unique because she used the flour sacks

which come through the hospital kitchen's food service company. The rest of the material was purchased by Mrs. Klie. "JoAnn asked us if she could have the flour sacks when they were done with them and we had no idea what she was doing with them," said Christa Brown, manager of Nutrition Services.

The quilt took her eight months to finish as she did it in her spare time (and, she said, spare time is a rarity) which, to the kitchen staff, makes the quilt much more valued. It is a twin-size quilt. JoAnn has been sewing since she was a little girl and started quilting about 10 years ago. Most of the quilts that she makes are given away.

The quilt is on display at the hospital. Those interested in more details can stop by the office. The quilt will be given away on May 3, just in time for Mother's Day.

## Mental health training in Sainty

St. Francis will be the site for a 12-hour training course designed to give members of the public key skills to help someone who is developing a mental health problem or experiencing a mental health crisis. The training will be held on March 11 and March 25, from 10 a.m. to 4 p.m. with a working lunch break. The class is offered free of charge but a donation of \$10 to High Plains Mental Health Clinic is encouraged to help offset the cost of mileage and materials. An optional manual is also available for a small fee. The course teaches participants a five-step action plan that

includes how to assess a situation, select and implement interventions and secure appropriate care for the individual. The 12-hour training introduces participants to risk factors, potential causes, and warning signs for a range of mental health problems including: depression/suicide, anxiety/trauma, psychotic behavior, substance use disorders, eating disorders and self-injury. Just as cardiopulmonary resuscitation (CPR) training helps a

layperson assist an individual following a heart attack, mental health first aid training helps a layperson assist someone experiencing a mental health crisis. The program has been shown to build mental health literacy by helping the public identify, understand and respond to signs of mental illness. As a result, the program reduces the stigma associated with mental illness and replaces misinformation with practical knowledge.

## Childhood screening planned for March 10

Early Childhood screening is scheduled to take place at Cheylin on Wednesday, March 10. You must have an appointment time so call the Cheylin Grade School at 734-2351 to make your appointment with Deanna Nelsen, school secretary. The Northwest Kansas Educational Service Center is holding this Early Childhood screening in conjunction with the Cheylin School District. This screening will include vision, hearing and developmental areas for children of all ages. The screenings are free of charge and provide valuable information for you as a parent/guardian. Consequently, the screenings help the school to plan and prepare to meet the

requirements of your child's developmental needs. The screening will be held at the Bird City United Methodist Church located at 116 E. Bressler Street. Please use the East entrance to the building closest to Demick Ave. and look for the registration room. Testing will be done downstairs as well as some testing rooms upstairs. Sometimes the testing runs ahead of schedule so please be there 15 minutes ahead of your scheduled appointment. Your cooperation is appreciated. Those having any questions or concerns, contact Mila Bandel at the Cheylin Elementary School at 734-2351 or the Cheyenne County Health Department at 332-2381.

☆ Scentsy Open House ☆  
 ☆ March 6, 2010 ☆  
 ☆ Come & Go from 2- 4 p.m. ☆  
 ☆ New Scents & Spring Catalogs ☆  
 ☆ Door Prizes ☆  
 ☆ 220 S. Adams, St. Francis ☆

Join us for a  
 Come and Go Baby Shower  
 Erika & Alexis Zimelman  
 Saturday, Feb. 27  
 2-4 p.m.  
 Cheyenne County Clinic Basement  
 St. Francis

In Loving Memory of Tim Baxter  
 A Wonderful Man Taken Too Soon  
 June 15, 1964 — Feb. 24, 2006

We love you  
 and will miss  
 you forever!

Judy, Cody and Jesse

**A Come & Go Baby Shower**  
**Brady Mac**  
 Son of  
 Lori (Houtman) Engelland  
 Sunday, March 7  
 2 - 4 p.m.  
 St. Francis Library

February 24, 25, 26, 2010  
**Republican Valley**  
**Auto**  
 100 E. Washington  
 Downtown St. Francis, Ks.  
 Sloppy Joes Served 2/25

**Texas Red's**  
**BBQ**  
 will be at St. Francis Super's  
 Tuesday, March 2  
 thru  
 Saturday, March 6

Beef brisket, smoked  
 pork, turkey breast,  
 ribs & sausage

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**Benefit**  
**Soup Supper & Dance**  
**for Blayze Bahe**  
 March 6, 2010  
 Goodland Elks  
**Bake Sale — 4 p.m. until gone**  
**(free-will offering)**  
**Soup Supper — 4 - 7 p.m.**  
**\$7 Adult - 10 & under \$3**  
**Silent Auction — 7 - 9 p.m.**  
**Dance — 9 p.m. - 12 a.m.**  
**(free-will offering)**  
**Scott King — DJ**  
 Prize #1 - Traeger Grill  
 (donated 100% from Frontier Ag/Carquest)  
 Prize #2 - GPS Tom Tom  
 Prize #3 - Meat Bundle  
**Tickets are \$1 each or 6 for \$5**  
 Tickets for chances are at Presto, Crazy  
 R's (Tammy or Jackie) or Kimmi's Kopy  
 Shop (Kim: 785-728-7150)  
 Drawing is March 6, 2010 from 8 - 9 p.m.  
 at the Elks Lodge.  
 Do not need to be present to win.  
**EVERYONE WELCOME!**