

# Hospital receives statewide award Tuesday morning

Cheyenne County Hospital won this year's Community Connections Award for the Cheyenne County Clinic. An awards presentation will be held at 9 a.m. on Tuesday in the conference room in the clinic basement at 221 W. First Street. There will be representatives from the hospital and the Kansas Hospital Association present.

The clinic, funded in part by a state grant and local resources, provides primary care to uninsured and underinsured individuals, as well as to those with public insurance.

Patients assisted for this program are identified through the hospital's charity care program, financial assistance program and through the providers at the clinic. Patients managed under this program are contacted by a case manager who identifies health needs based on grant goals, community health measures and chronic disease issues.

Primary care visits, indicated diagnostic testing and imaging and limited pharmaceutical support are provided. The goal of the program is to increase access

to care for a challenged segment of Cheyenne County residents minimizing the utilization of the emergency room, acute care and other more expensive avenues of care.

"Combining resources to fund a project such as this is a fine example of the hospital's mission to improving health through access to quality care," said Tom Bell, president and chief executive officer of the Kansas Hospital Association. "It is programs like this which exemplify the ideals of the Community Connections Award, and we are pleased to recognize this program at Cheyenne County Hospital for their ongoing effort to make their community a better place to live."

The Kansas Hospital Association established the Community Connections Award to recognize hospitals that have distinguished themselves through efforts to improve the health and well-being of their communities. Cheyenne County Hospital is one of six hospitals in Kansas to be recognized for their hospital-based program.

# Winners named at last weigh-in

You may have seen "The Biggest Loser" on TV, but it is nothing compared to the heated competition that has been going on in Bird City and St. Francis for the past three months.

Thirty-two contestants began the grueling process in May, vying for the title of "Cheyenne County's Biggest Loser." At the beginning, participants were split up into teams of four. Once it got down to the final three weeks, though, it was every man for himself. There were no weigh-ins, and

it became an individual event.

Throughout the competition, contestants weighed in bi-weekly, and were given tips on healthy eating and exercise.

Weigh-ins rotated between Bird City and St. Francis until the finale, which was June 1 in Bird City. Tia Sager of Bird City was the winner, losing 26.8 pounds. Second place went to Dana Howard of Bird City, and third was Juciara Schoenrogge of St. Francis. If you see these ladies around, recognize their efforts.

## Club Clip

### Knifty Knitters

The Knifty Knitters have been meeting every Monday afternoon at 3 p.m. and the knitters would like to recognize the ladies who have presented them with various knitting supplies.

"We have received straight needles and circular needles, some yarn and a few accessories," said Cassie, Katie and Mandi.

The girls are working very hard

on their projects. They have only five weeks until the fair and they aren't quite done. They may have to add a few more meeting days so they can finish their projects in time.

"Thanks again for the gifts of knitting items," the knitters said.

Cassie, Katie and Mandi, reporters



**THE PICNIC AT THE POOL** – The food was yummy on Friday night. The fried chicken had to be refilled four times. Unfortunately, by the time the Saintry Sharks were ready to host the Fun Swim Meet the weather turned uncooperative and the meet was rained out. Majestic Service provided the picnic with part of the proceeds going to the swim team. Serving are Lounie Erskin and Kary Meyer.

Herald staff photo by Karen Krien

# Bonny Corner

**By Vickie Schlepp**  
Bonny Lake State Park  
GOCO Interpreter

Mark July 17 on your calendar for good food, good fun, and a good time at the park. We are still looking for contestants for the Dutch oven and Chili Cook-off for the day. If Dutch oven isn't your thing, dust off your old chili recipe, mix up a pot, bring it down to Bonny Lake State Park and join the fun. There are prizes for the top three entries in each category. Entries are due July 16. Contact the park office at 970-354-7306 for more information.

We could still use a few more sponsors for the cook-off. Donations are used for prizes and to help with expenses, such as plates, forks and spoons. Without sponsors, the cook-off would not be possible.

**Lake conditions**  
Lake conditions: The lake elevation is 3657 (15-feet below normal pool). The recent rains and flooding in the area have raised the level of the lake by 4.08 feet (4,857 acre feet) since July 2. With 3- to 10-inches of rain at or near the park, the north road is washed out from Foster Grove to North Cove. Although Foster Grove campground is accessible, the road is a little rough and very muddy when wet. The North Cove

Off-Highway Vehicle (OHV) area is inaccessible and it is unsure when it will re-open. The south road into the park as of July 6, was flooding at Landsman Creek crossing. Detours are in place on Yuma County Road 2 directing visitors to use County Line Road to access the park.

**Boating conditions**  
Boating conditions: The lake is open for boating, but watch out for floating debris from the recent flood. Very little debris has been noticed, but boaters are warned to keep an eye out. Water clarity is cloudy, but not especially dirty.

The water level at the boat ramp is 6- to 7-feet in depth and 7-foot depth at the sandbar. Water is currently up on the turn-around apron and the depth where the steeper slope of the ramp starts is 24 inches. This may make launching more difficult, especially for lower profile vehicles, as one will have to back out farther in water to get the boat to float.

There is no night operation allowed on weekdays (Sunday night to Thursday night) due to budget cuts. Because of staffing reductions, there will be times that boating will be at your own risk. No pre-inspection is necessary to launch in-state boats. An inspection station will be open 8 a.m. to 4:30 p.m. Friday to Tuesday.

Random, spot checks will be done at other times.

**Fishing conditions**  
Fishing Conditions: The fishing has been fair for all species. It is unsure what will happen with the addition of 4 feet of flood water. Water temp is up to 75 degrees. Due to budget cuts, fishing licenses are no longer sold at the visitor center.

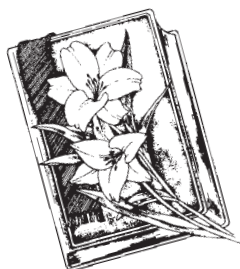
**Trails**  
Trails: Most of the trails in the off-highway vehicle area are under water. It is unsure when this area will re-open.

**Horse trails**  
Did you know the park has horse trails? We do, and they are now open. If you want an enjoyable trail ride, bring your horse out to the park and enjoy the day or afternoon riding the trails.

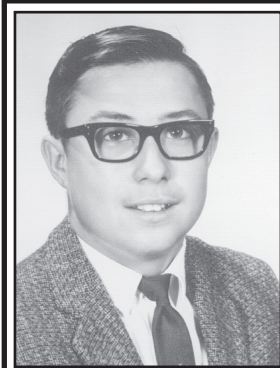
**Swimming conditions**  
Swimming conditions: There is not much sandy beach this year due to submerged vegetation. Because of this, the swim line has been pulled and the swim beach is closed. Swimming is only allowed from a boat displaying an orange flag and swimmers must be wearing a life-

jacket. Come on out to the park and enjoy the outdoors. Hope to see you there!

## Congratulations - Norman Morrow!



**Celebrating 45 years in the Professional Ministry... Teaching God's Word and Serving Others.**



## Happy Birthday

Larry Zweygardt

You made it to the big 60!

Love— your daughter and family

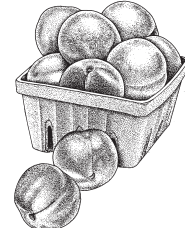
## Open House

**Northwest Kansas Housing, Inc. will be hosting an Open House at the new Fifth Street Apartments in Bird City, Kansas**

**July 13 thru July 15 from 10 a.m to 6 p.m.**

**for the public to view and talk with representatives about our new rentals. Fifth Street Apartments have four 2 bedroom duplex units to rent for income qualifying households and two 3 bedroom homes with basement for rent. Stop in at the home located at 405 S. Penn for cookies and coffee and view the new Bird City rentals.**

## Colorado Peaches For Sale



**Chuck Petitjean is now taking orders for Colorado peaches for delivery in mid to late August.**

**Please contact Chuck Petitjean at 785-332-2484 to place an order.**

## Emergency Management Coordinator Wanted

Cheyenne County is currently looking to fill the position of Emergency Management Coordinator. Candidate should be a resident of Cheyenne County. The successful candidate will provide coverage for Rawlins, Cheyenne, and Sherman Counties, with the base office being based in Cheyenne County at the Emergency Building. Rawlins and Sherman Counties will supply satellite offices. Experience preferred, but not necessary. Salary will be determined by qualification. Applications will be accepted until July 29th, 2010. You may pick up an application and job description in the Cheyenne County Clerk's office, 212 East Washington, Saint Francis, KS.

Has your 11 to 18 year-old had his or her recommended vaccines?

Take advantage of our "Summer Vaccination Event"

**July 28 - 30, 2010**  
**Cheyenne County Health Department**  
**8:30 a.m. - 6 p.m.**  
**No appointment necessary**

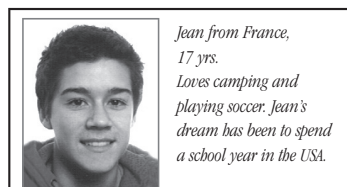
For more information and to see which vaccines your child needs contact the Cheyenne County Health Department at 785-332-2381  
Mila Bandel, RN - County Health Nurse

## HOST AN EXCHANGE STUDENT TODAY!

(for 3, 5 or 10 months)



*Anna from Germany, 16 yrs. Likes skiing, swimming, dancing and art. Anna hopes to join a drama club while in the USA.*



*Jean from France, 17 yrs. Loves camping and playing soccer. Jean's dream has been to spend a school year in the USA.*

Make this year the most exciting, enriching year ever for you and your family. Share your world with a young foreign visitor from abroad. Welcome a high school student, 15-18 years old, from France, Spain, Germany, Thailand, Denmark, China, Japan, Russia or Italy as part of your family for a school year and make an overseas friend for life.

For more information or to select your own exchange student from applications with photos, please call: **Marcy at 1-800-888-9040 or Virginia at (785) 332-3414**



[www.world-heritage.org](http://www.world-heritage.org)

World Heritage is a public benefit, non-profit organization

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*Watch the paper for the date of our open house*