

SEPTEMBER IS HERE! The days are still very warm but soon signs of fall will appear and the lazy days of summer will be just a memory. Shane Todd and Liberty Velazques are having a great day.
Herald staff photo by Karen Krien

Book Review

Book review from the St. Francis Public Library

Fang

By James Patterson

Fang Will Be The First To Die... Maximum Ride is used to living desperately on the run from evil forces sabotaging her quest to save the world...but nothing has ever come as close to destroying her as this horrifying message. Fang is Max's best friend, her soul mate, her partner in the leadership of her flock of winged children. A life without Fang is a life unimaginable.

But There Will Be Another... When a newly created winged boy, the magnificent Dylan, is introduced into the flock, their world is upended yet again. Raised in a lab like the others, Dylan exists for only one reason:

he was designed to be Max's perfect other half.

To Replace Fang... Thus unfolds a battle of perfection ver-

sus passion that terrifies, twists and turns... and meanwhile, The Apocalypse Is Coming.

Movie Preview

Inception

Dom Cobb is a skilled thief, the absolute best in the dangerous art of extraction, stealing valuable secrets from deep within the subconscious during the dream state when the mind is at its most vulnerable. Cobb's rare ability has made him a coveted player in this treacherous new world of corporate espionage, but it has also made him an international fugitive and cost him everything he has ever loved. Now Cobb is being offered a chance at redemption. One last job could

give him his life back but only if he can accomplish the impossible -- inception. Instead of the perfect heist, Cobb and his team of specialists have to pull off the reverse: their task is not to steal an idea but to plant one. If they succeed, it could be the perfect crime. But no amount of careful planning or expertise can prepare the team for the dangerous enemy that seems to predict their every move. An enemy that only Cobb could have seen coming.

Across the County

By Marty Fear



County Extension Agent

Options For Late Summer Pasture Weeds

How does your pasture look today? Is it full of weeds?

Weeds have exploded recently in many pastures. Plants like ragweed, ironweed, goldenrod, and vervain are abundant everywhere.

Where did we go wrong and what can you do now?

Recent summer rains stimulated growth of these weeds. Because many pastures only had short grass as competition, these weeds grew almost unchecked. Only pastures or areas in pastures with thick, relatively tall grass stands have few weeds.

Spraying weeds now does little good. Many weeds are too large to kill so herbicides might only reduce some seed production and may make pastures a bit more attractive.

Shredding would actually work better to reduce weed seeds if it's not already too late. Two other approaches are more important for long-term weed control. First, do more rotational grazing next year to improve the health, vigor, and density of your grass. And as you rotate, leave more residue behind when moving animals to a new pasture to maintain higher competition.

Healthy, competitive grass stands are essential to reduce weed populations economically.

Second, apply herbicides when they will be the most effective. Early to mid-June usually is most effective, especially with herbicides like Grazon, Chaparral, Cur-tail, 2,4-D, and Dicamba.

Most perennial weeds, and

many annuals, are sensitive to chemicals in June. Weeds and annuals are actively growing in June and more readily take up the herbicide; making them easier to control.

Weed control, along with good grazing, will thicken your grass stands so herbicides won't be needed as often in the future. Don't let weeds take over your pasture, but don't spend money controlling them needlessly. A good plan will work best.

If there are any questions contact me at 785-332-3171 or mailto: cfear@ksu.edu" cfear@ksu.edu.

Till next time-Marty

Moments With Mila

By Mila Bandel



County Health Nurse

Egg Safety and Recall Information

Egg farms and plants of Iowa voluntarily recalled shell eggs because they had the potential to be contaminated with salmonella. Salmonella is an organism which can cause serious and sometimes fatal infections in young children, frail or elderly people, and others with weakened immune systems.

A person infected with Salmonella Enteritidis usually has fever, abdominal cramps, and diarrhea beginning 12 to 72 hours after consuming a contaminated food or beverage. The illness usually lasts 4 to 7 days, and most persons recover without antibiotic treatment. However, the diarrhea can be severe, and hospitalization may be required. The elderly, infants, and those with impaired immune systems may have a more serious illness. In these patients, the infection may spread from the intestines to the blood stream, and then to other body sites and can cause death unless the person is treated promptly with antibiotics.

Advice to consumers

Don't eat recalled eggs. Recalled eggs might still be in grocery stores, restaurants, and consumers' homes. Consumers who have recalled eggs should discard them or return them to their retailer for a refund. Visit www.fda.gov/Food/NewsEvents/WhatsNewinFood/ucm223536.htm for a list of companies affected by the recall. The website to find the recalled egg retailers is www.cdc.gov.

Individuals who think they might have become ill from eating recalled eggs should consult their health care providers.

- Keep eggs refrigerated at 45 degrees F (7 degrees C) at all times.
- Discard cracked or dirty eggs.
- Wash hands, cooking utensils, and food preparation surfaces with

soap and water after contact with raw eggs.

- Eggs should be cooked until both the white and the yolk are firm and eaten promptly after cooking.

- Do not keep eggs warm or at room temperature for more than 2 hours.

- Refrigerate unused or leftover egg-containing foods promptly.

- Avoid eating raw eggs.
- Avoid restaurant dishes made with raw or undercooked un-

pasteurized eggs. Restaurants should use pasteurized eggs in any recipe (such as Hollandaise sauce or Caesar salad dressing) that calls for raw eggs.

- Consumption of raw or undercooked eggs should be avoided, especially by young children, elderly persons, and persons with weakened immune systems or debilitating illness.

News from the Past

15 years ago - 1995

Fred Magley was the Grand Marshall of the Cheyenne County Fair Parade. Fred made his first appearance in the fair parade in 1945 when he had a 4-H calf.

Chris Blanchard, former St. Francis Indian, was on the winning West team at the Shrine Bowl at Wagner Field at Kansas State University.

Jill Dodd was the Grand Champion in the senior division of the constructed garments at the 4-H Style Revue. Kristin Lindsten was the reserve champion in this division. In the junior division, Andrea Knodel was the champion and Dennon Zimbelman, the reserve champion.

Bill Gabel, a three-time state high school wrestling champion, received All American recognition by placing fifth at the Junior Nationals held in Fargo, N.D.

Colleen Renk was appointed the new member of the Cheyenne County Hospital Board when the commissioners met on July 31.

Amanda Milne, Heather Draper and Sharissa Stevens were selected to participate in the Kansas Masonic All-State High School Band the week of the Shrine Bowl.

Boy Scouts Dale Rose, Derek Fromholtz and Michael Dorsch painted the shelters at the roadside part as a community service project.

Those enjoying musical productions will once again be in for a treat! The Steering Committee for the Cheyenne Theater productions has tentatively set Feb. 17-29 for the presentation of The Music Man.

Western Gun and Archery has moved from the country to its new location on Main Street in St. Francis across from the courthouse.

40 years ago - 1970

Pam Haack was the 4-H Style Review champion and Gary Morris was the Best Groomed Boy champion.

The St. Francis Equity was the grand prize winner in the Cheyenne County Fair Parade.

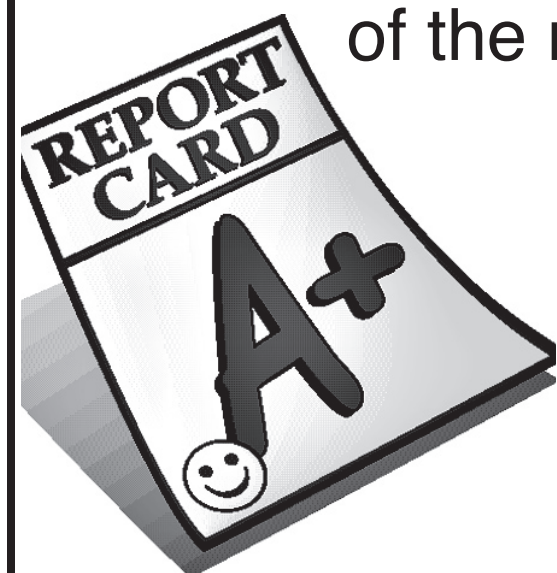
Miss Debbie Gorthy won top honors at the Quarter Hose Show during the fair.

Maintenance and repair work is in full swing at the grade school and high school as the 1970-71 school sessions near. One of the jobs was new windows at the grade school.

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St. Francis \$105/year

Cheylin \$75/year

For more details, contact Casey at:

Bird City Times

The Saint Francis Herald

•• 785-332-3162